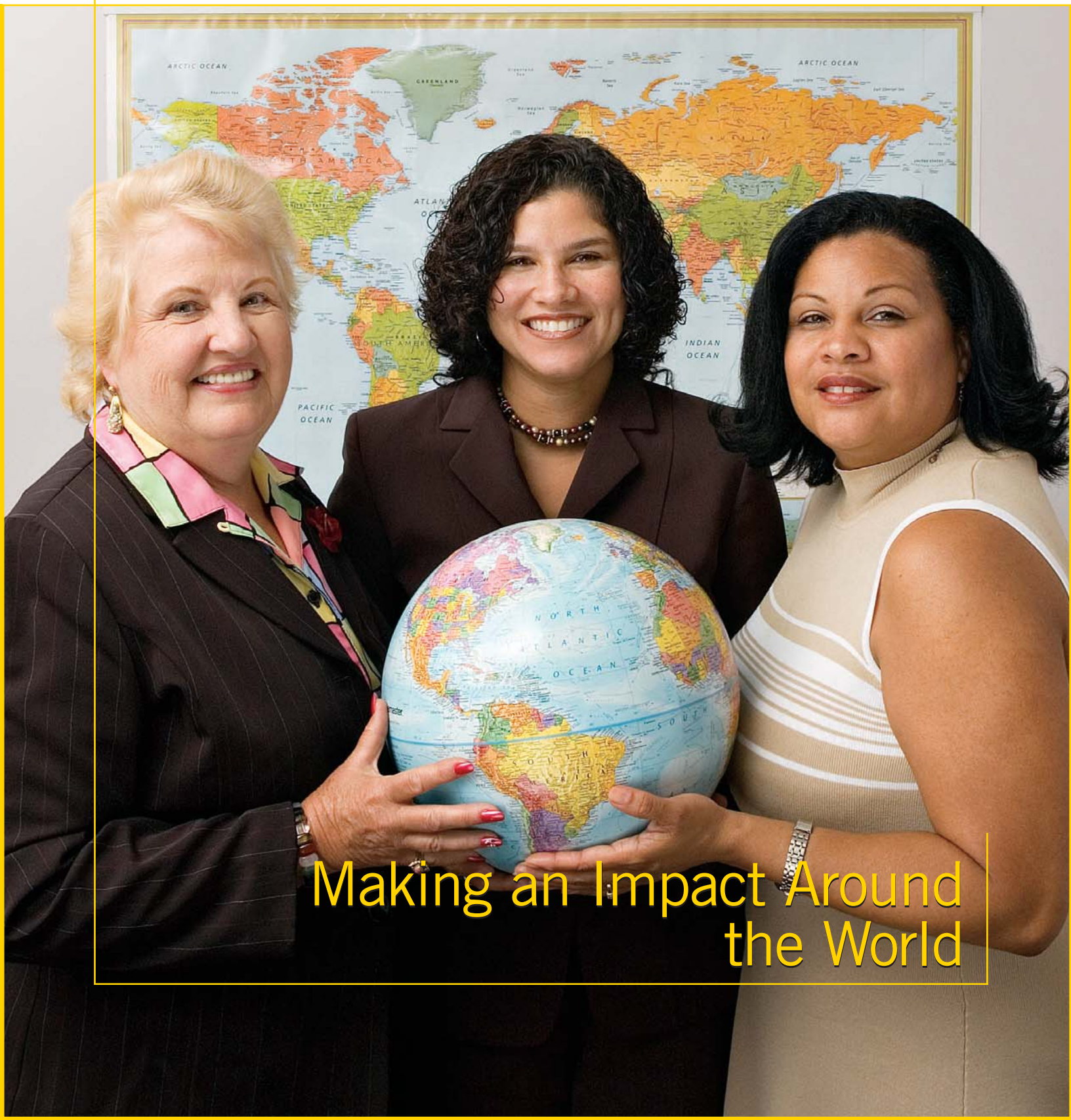


University of Maryland

NURSING

LEADERSHIP — PARTNERSHIP — INNOVATION



Making an Impact Around
the World

University of Maryland NURSING

The University of Maryland School of Nursing, Office of Communications, publishes University of Maryland NURSING biannually. We welcome your comments, suggestions, and story ideas. E-mail comments to: padams@son.umaryland.edu.

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Table of Contents

<i>From the Dean</i>	3
<i>From the Co-Guest Editors</i>	4-5
<i>Making an Impact Around the World</i>	6-19
<i>New Programs</i>	20-21
<i>New Equipment Advances Student Learning</i>	22-24
<i>Events</i>	25-31
<i>Faculty Appointments</i>	32-34
<i>Staff Appointments</i>	34-35
<i>Alumni Pulse</i>	36-47
<i>Development</i>	48-53

On the Cover

The leaders of the School of Nursing's World Health Organization/Pan American Health Organization Collaborating Center for Mental Health Nursing (left to right) – Sally Raphael, MS, APRN/PMH, FAAN deputy director of the Center; Susanna Nemes, PhD, director of the Center; and Evelyn Avilés-Santiago, secretary.

From the Dean



Dean Janet D. Allan

We truly live in a global society. Internationally, nursing is viewed as a vital and integral partner in every health care system. However, nursing and other health and social disciplines are challenged in their ability to establish healthy communities that are threatened by disease, environmental hazards and conditions, violence and socioeconomic disparities. Effectively dealing with infectious diseases is a global problem; the nursing shortage is a global crisis.

To meet these challenges, Sigma Theta Tau International Honor Society for Nursing convened three multidiscipline/multinational Arista (a Greek word meaning the brightest) conferences with the goal of creating a blueprint for nursing's "preferred" global future that focused on promoting healthy communities. These conferences resulted in a set of recommendations for achieving nursing's "preferred" global future.

Across all geographic regions, four consistent elements of nursing's "preferred" global future have been identified as:

- the need to restructure the nursing profession so nurses are a vital part of every health care system
- the importance of a focus on delivering culturally appropriate, evidence-based, holistic, humane care

- the commitment to deliver care to maximize the health of individuals, families and communities, and
- the critical need to achieve equitable health outcomes across the life span.

Three years ago, the University of Maryland School of Nursing was designated as the nation's first World Health Organization/Pan American Health Organization (WHO/PAHO) Collaborating Center for Mental Health Nursing. In this issue of *University of Maryland NURSING*, we celebrate the establishment and accomplishments of the Center, which is one effort to make this preferred global future a reality. We also highlight and celebrate the many international activities sponsored by the School, and acknowledge faculty and staff endeavors in these activities.

At the School of Nursing, we continually celebrate our diversity. International students made up six percent of our student enrollment for the fall 2005 semester. You will have the opportunity to read about three of these remarkable students – one from India, one from Africa, and one from Taiwan – in this publication. You will also read about other international outreach efforts in which our faculty, staff, and students are involved.

Through our WHO/PAHO Center, our international activities and our collaborative efforts around the world, we continue to strive to strengthen the knowledge base for mental health education and practice, and promote research into critical mental health problems. By reaching out to our international colleagues and offering opportunities for exchanging ideas, our School of Nursing will be an active participant in the globalization of health professions, education, and health care. It is our desire to advance the goals of all WHO Collaborating Centers and to achieve true "Health for All."

Janet D. Allan, PhD, RN, CS, FAAN
Dean and Professor

From the Co-Guest Editors



Sally Raphael, MS, APRN/PMH, FAAN, deputy director of the WHO/PAHO Collaborating Center for Mental Health Nursing and Susanna Nemes, PhD, director of the Center.

The University of Maryland School of Nursing is proud to house the nation's first World Health Organization/Pan American Health Organization (WHO/PAHO) Collaborating Center for Mental Health Nursing. Our School of Nursing and the Nursing Collaborating Center of the University of Alberta, Canada, are the only WHO-designated nursing centers in the world dedicated to improving mental health care.

PAHO, one of the seven regions for WHO, covers the Americas, so our work during this first term of designation (2002-2006) is focusing on South and Central America, the Caribbean, and Mexico.

WHO designated the School of Nursing as a collaborating center to help carry out the WHO millennium development goals, which include commitments to reduce poverty and hunger, and to tackle ill-health, gender inequality, lack of education, lack of access to clean water, and environmental degradation. The School's collaborating center is addressing the mental health aspects of some of those goals. The projects in this first designation period have focused on educating nurses about mental health and promoting nursing leaders in policy issues for health in the Americas.

The Center's central theme is advancing the work force of skilled mental health nurses and mental health providers to improve the care and access to care for millions of people in need in the PAHO region. In the three years since designation by WHO, we have worked hard for and achieved the leadership role in mental health nursing in the Americas. Our pledge to WHO/PAHO is to assist with meeting the nursing human resource needs of Latin and Central America, the Caribbean, and Mexico through nursing education projects.

A second commitment is to work in the area for quality of care improvement. Through ongoing partnerships with other collaborating centers, Sigma Theta Tau International Honor Society, and universities throughout the country, work is proceeding for best practices and competencies for nurses and mental health service providers. In addition, to enhance care, we have an initiative to understand the role and capacity of community health workers to increase access to crisis intervention in the region. Finally, we are developing funding sources for research opportunities in conjunction with other collaborating centers.

In March 2004, we were happy to participate in the biennial meeting of the Global Network for Nursing and Midwifery in Johannesburg, South Africa, where we shared and learned from the 36 WHO-designated nursing collaborating centers around the world. These centers focus on areas such as primary care, HIV, research, community health, public health, gerontology, and policy development. Since our designation, PAHO nursing staff have arranged more than 12 visits to our Center for deans of Latin American universities, psychiatrists, and experts seeking information on collaboration for their particular needs.

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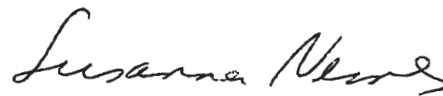
We have also built a strong worldwide reputation for emphasis on mental health. Throughout the course of our association with PAHO, we have served as consultants to Guatemala, the Guatemalan Nurses Association, and the Honduras Mental Health Team. In addition, we have conducted workshops in Costa Rica and Mexico. This has been accomplished through close cooperation with PAHO representatives and use of regional consultants who have many years of experience in the field of nursing.

The solidarity with the other centers provides opportunities for collaboration. Some of our past and current collaborations include the University of Panama School of Nursing; the University of Misiones, Posadas, Argentina; the University of Austral, Argentina; the University of Sao Paulo, Ribeiro Preto, Brazil; the National University of San Marcos, Perú; and Asociación Colombiana de Facultades de Enfermería. Our Center has been fortunate to bring together an ongoing cadre of nurse experts and specialists from the Latin region, including educators and researchers from Argentina, Brazil, Chile, Colombia, Honduras, Panamá, Perú, Uruguay, and Venezuela.

The Center supports the efforts of the Hispanic Association of Nursing Students (HANS) at our School of Nursing. And to show our support, we hosted the first-ever International Nursing Health

Day, which concentrated on nursing efforts and our international master's and doctoral students. There has been strong support, cooperation, and consultation from the faculty on matters such as psychiatric and mental health, informatics, environmental nursing, learning laboratories, and policy leadership.

We encourage you to visit the Center, located in Suite 480, when you are in the School of Nursing building.



Susanna Nemes, PhD
Director
WHO/PAHO Collaborating Center for Mental Health Nursing



Sally Raphael, MS, APRN/PMH, FAAN
Deputy Director
WHO/PAHO Collaborating Center for Mental Health Nursing

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The Nurse Specialists for Psychiatric Nursing, Department of Family & Community Health, University of Maryland School of Nursing

North American WHO/PAHO Nursing Collaborating Centers

Case Western Reserve University
Columbia University
George Mason University
The Institute for Johns Hopkins Nursing
McMaster University
Mount Sinai Hospital, Ontario
New York University
University of Alberta, Canada
University of Alabama at Birmingham
University of California, San Francisco
University of Illinois at Chicago
University of Maryland
University of Michigan
University of Pennsylvania
University of Texas, Galveston

Helping the World

Combat Mental Illness

Mental and behavioral disorders cause enormous suffering, altering the lives of people throughout the world. Public health statistics show that 11.5 percent of the global burden of disease in 2001 was represented by mental disorders such as depression and schizophrenia. By 2010, the number of people suffering from mental illness in the Western Hemisphere is expected to reach 176 million.

Two of the international public health organizations that reported those statistics, the World Health Organization (WHO) and the Pan American Health Organization (PAHO), have joined forces with the School of Nursing to tackle the problem head-on. PAHO, which works to improve health and living standards in countries throughout the Americas, also serves as the regional agency of WHO, the public health arm of the United Nations.

To help combat mental disorders, the School of Nursing was named as the nation's first WHO/PAHO Collaborating Center specifically for mental health issues. The School's Center focuses on mental health nursing through education, training information, and research projects that involve interdisciplinary collaborations with institutions in South and Central America.

"We are extremely honored to have the only WHO/PAHO Collaborating Center in the nation, which focuses specifically on mental health nursing, housed within our School," says Dean Janet Allan. "This collaborative effort with our colleagues in Latin and Central America, the Caribbean and Mexico, will strengthen the knowledge base of mental health nursing and practice, and offer opportunities for faculty and student involvement in a variety of exciting initiatives."

The WHO/PAHO Collaborative Center has four goals:

- collaborate with colleagues in the WHO/PAHO regions to strengthen the knowledge base of mental health nursing, education and practice;
- improve the access to quality care provided by mental health professionals;
- participate with colleagues in developing, conducting, and evaluating community education programs for the promotion of mental health, and prevention and clinical management of alcohol and other behavioral problems; and



Dean Janet Allan; Sue Thomas, PhD, RN, FAAN, professor and assistant dean for doctoral studies; Jose Caldas de Almeida, chief, mental health and specialized programs, PAHO; and University of Maryland, Baltimore President David J. Ramsay, DM, DPhil, celebrate the opening of the WHO/PAHO Center.

- promote and conduct collaborative interdisciplinary research across the WHO/PAHO region focused on mental illness and mental health promotion.

The designation allows the School to create specific projects that address mental health treatments and quality care initiatives, and to raise funds to implement them.

According to Sally Raphel, MS, APRN/PMH, FAAN, deputy director of the Center, the School hopes to advance three collaborative projects focusing on research, education, and practice.

For instance, a project with the International Society of Psychiatric Nurses; Sigma Theta Tau International; the University of Alberta, Canada; and Georgetown University involves a partnership with the University of Panama School of Nursing. The project entails training mental health workers, including nurses, according to local needs, creating best practices that offer safe and effective nursing services.

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continued from pg. 6

“The idea is to focus on mental health promotion and the prevention of illness by strengthening nurses’ abilities to provide quality care and support human rights. This role includes the obligation to safeguard the mental health and rights of patients and to ensure that they and their caregivers receive appropriate information prior to consenting to treatment or before participating in research,” says Raphael.

Another important goal has been the development of teaching guidelines for mental health nursing for consistent practice at the baccalaureate or basic level. This two-year endeavor consisted of joint School of Nursing and WHO/PAHO development and consensus building conferences in Central and South America.

The collaborating center has also developed databases of mental health programs and nurse experts in the WHO/PAHO region. This will aid the effort to develop a unified nursing information system shared between countries, and boost opportunities for online educational courses and training, while helping to increase best practices and leadership in mental health nursing.

During a symposium in Lima, Peru, in November 2004, conducted by Raphael and attended by Dean Janet Allan, researchers from the School’s Center, the University of Alberta, and other universities in South America presented papers on the topic of mental health.



Sally Raphael, co-director of the WHO/PAHO Center (third from right), and Professor Gloria Montenegro (standing) led a work group of nurse experts from Argentina, Uruguay, Paraguay and Brazil at a “Meeting of Experts” in the Teaching of Mental Health Nursing of the Southern Cone.



Sally Raphael, co-director of the WHO/PAHO Center (center) takes part in a presentation at the Nursing Curriculum Meeting in Posadas, Argentina. Pictured with Raphael are Ingeniero Carlos Galian, Secretario de Ciencia y Tecnología, Universidad de Misiones, Argentina (left); and Carmen Gritis de Cardozo, Dean, School of Nursing, Universidad de Misiones, Argentina.

After the event, the School conducted a pilot survey of the roles of community health workers in the area of mental health for the region. The findings described the difficulties community health workers encounter while performing their roles, and identified needs for continued education. The next step includes obtaining support from health authorities to train mental health services personnel.

Another project in the planning stages focuses on reducing the number of adolescents at-risk for HIV infection in Puerto Rico, in partnership with the University of Turabo, Puerto Rico. The Center also looks forward to working on a violence-reduction initiative in Bogotá, Colombia.

PAHO has funded representatives of nine Latin and Central American countries to collaborate with the School to identify best practices for mental health nursing. This project will build on the *Best Practices* annotated bibliography completed by the School’s psychiatric and community nursing faculty, which is being prepared for publication.

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continued from pg. 7

"The present circumstances and opportunities in the practice arena of Latin America have combined to compel that this first phase of the project be dedicated to nursing in mental health in the community," says Raphel.

The School participated in a conference of 34 WHO Collaborating Centers for nursing and midwifery development in Johannesburg, South Africa, to share information collected since the School's center designation in July 2002.

Through collaboration with the Global Network of Nursing Collaborating Centers, the School conducted the first International Health Day Celebration in spring 2005. In future policy initiatives, the WHO/PAHO Center plans to

concentrate on human resources because of issues that include workforce scarcity, migration and health expenditures for this region of the world.

"The Center provides us with unique credentials for obtaining funding and educating students in the international arena," says Susanna Nemes, PhD, the Center's new director. "We look forward to conducting more research in collaboration with other centers around the world to increase the scientific knowledge related to mental health."

Looking ahead, Nemes says the School will explore WHO millennium development goals and PAHO guidelines to plan for the re-designation of the School's Collaborating Center in July 2006.

Embassy Health Care Workers

Enhance Skills at State Department Conferences

Leila Awad works at the American Embassy in Beirut, Lebanon. As a nurse with the U.S. Department of State, she is responsible for the clinic that serves Americans and their families, and local staff working in the embassy in Beirut. Awad and 200 other nurses from around the world traveled to the School of Nursing in March 2005 to gain a comprehensive understanding of the latest information in child development—from infancy through adolescence—including proper assessment and documentation techniques for pediatric health care, a keener understanding of the latest treatments for pediatric emergencies, and treatment options of pediatric behavioral concerns.

The three-day conference, which took place at the School of Nursing from March 16 to 18 and was repeated March 21 to 23, offered sessions with topics ranging from growth and development issues, to handling common dermatological health issues, to treating childhood obesity and sports injuries. Faculty members from the School of Nursing presented the sessions, which included both classroom work and hands-on clinical elements in the School's simulation laboratories.

"The conference represented the scope of pediatric topics that the State Department wanted to emphasize, based on the joint process of identifying and refining what the needs of the nurses were," says Dawn Mueller, PhD, CRNP, assistant professor, Department of Family and Community Health, who, along with Kathryn Montgomery, PhD, RN, associate dean for organizational partnerships, outreach, and clinical enterprise, created the conference curriculum.

"State Department planners also wanted to make sure the sessions were geared to a variety of educational levels since the nurses employed at the embassies often have diverse backgrounds," says Mueller.

In planning the conference, organizers had to meet the needs of a diverse group, living and working in equally diverse areas, where politics can play an integral role in treatment.

"Many of these professionals are trained in foreign countries with various standards of education and practice, which presents a major challenge for creating a meaningful program to address the

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continued from pg. 8

diverse backgrounds for an audience of (generally) 200,” says Montgomery.

“This was truly an experience where I learned as much from the students as they learned from me,” says Mueller, who co-taught a session on newborn assessment. “Nurses are often the front line of care in remote areas. In a session on immunizations, one patient shared the observation of a rise in rabies cases, which can be a serious situation if embassy families have not been immunized against rabies before being stationed at their posts.”

“In some countries where there is only one road to the airport, and that airport happens to be closed for political reasons, nurses must take additional steps to deliver treatment and care, including making arrangements to transport patients out of the country, if necessary,” says Mueller. “And they are often the front line workers, many miles away from a physician or a nurse practitioner.”

For Allie D. Watts, a nurse consultant; Flora Peri, a nurse practitioner; and Irisdeane Charles, a nurse consultant, all working in the State Department’s Medical Clearance office in Washington, D.C., the conference proved to be a way to share learning modules and meet their overseas colleagues face to face.

“It was exciting being able to place a face with a name,” says Watts. “I learned how my job makes the lives of the nurses overseas a lot easier. This conference provides a wonderful opportunity for that.”



Conference attendees work with a heart and lung sound simulator.



Simulated child mannequin provides a realistic learning scenario.

The primary care medical conferences are funded by a four-year, \$664,640 training grant between the State Department, the School of Nursing, and the University of Maryland School of Medicine, which provides for a minimum of four primary care medical conferences a year for embassy health care workers from all over the world.

Although the conferences have been offered in Baltimore each year for the past four years, faculty from both schools have also traveled the world to conduct regional conferences. In 2004, women’s health conferences were held in Santiago, Chile; Tunis, Africa; and Cape Town, South Africa. And, to include the regions of Asia, Indonesia and Australia, a conference was held in Hawaii.

“Developing and conducting these conferences each year results in bringing the globalization of medical care to life—as our faculty realize the unique challenges of meeting standards of care when access to the latest technology and choice of settings to practice in are so varied,” says Montgomery.

The 2006 conferences, which will focus on trauma, are scheduled for May 10 to 12 and May 31 to June 2 at the School of Nursing.

Visiting Scholar Program Attracts Nurses from Around the Globe

Although the School of Nursing is a long way from the Pacific Rim, Europe, or the Middle East, it has become a beacon for nursing scholars worldwide. Through the International Visiting Scholar and Residency program, scholars come to the School to customize their learning experiences based on goals, objectives, needs, and interests; to interact with expert clinicians, administrators, and researchers; to learn and apply advanced technologies and innovative nursing practice in a variety of educational, clinical, and research settings; and to access the resources of an urban health science environment.

"Having international visiting scholars is mutually beneficial," says Carolyn Waltz, PhD, RN, FAAN, director of international activities at the School of Nursing, who plans and coordinates the visits. "We are very open to hosting scholars who are equally interested and involved in expanding knowledge of nursing research, education, and practice," she says, noting that visiting scholars have individualized programs based on their own objectives.

The Visiting Scholar program has enjoyed steady growth, and now attracts more than 50 participants annually from countries such as the United Kingdom, Afghanistan, Egypt, Thailand, South Korea, China, Japan, and Taiwan.

"The Visiting Scholar program is very popular in South Korea," says Sue Song, PhD, RN, an adjunct associate professor at the School of Nursing who also holds adjunct faculty positions at Seoul National University and Chung Nam University in South Korea. Song has been involved with the Visiting Scholar program for the past several years, working with Waltz to promote the program and to ensure that the Korean scholars' learning experiences are culturally relevant and readily adaptable to the Korean culture.



Dr. Sun-Ock Lee and Dr. Mirian Eom pose with Dr. Carolyn Waltz during the School of Nursing's International Day of Celebration held in October.

The fall 2005 semester brought two scholars from Korea—Sun-Ock Lee, PhD, RN, professor, Department of Nursing, Korea National Open University in Seoul; and Miran Eom, PhD, RN, associate professor, School of Nursing, Eulji University, South Korea—who will be here until May 2006.

Lee's specialty is gerontology, and her research focuses on the relationship of social support and depression of older adults in Korean-American women. Eom is spending her sabbatical year at the School of Nursing to expand her knowledge and experience with new developments in nursing education and learning strategies. Her research has focused on aging experiences of older women, effectiveness of educational strategies, and effects of relaxation therapy on pain.

"I believe the factors of nursing education for 'excellence in nursing' consist of knowledge, skill, attitude, and critical thinking, and that educators must use methods to stimulate these factors in students and evaluate them in the same way," says Eom. "I would like to develop reliable and proper measurement tools about nursing educational efficacy, including knowledge, skill, and attitude. I hope the Visiting Scholar program will help me achieve this."

Recent participants in the Visiting Scholar program include Zhen Lin, MS, associate professor of nursing at the Nanjing Medical University in China; and Sunah Kim, PhD, associate professor, Yonsei University School of Nursing, South Korea.

Lin, a researcher who is widely published in China, focuses on holistic nursing for gastrointestinal patients. She explored how the curriculum dovetails with clinical teaching and nursing research while at the School of Nursing.

continued on next page

continued from pg. 10



Visiting scholars Dr. Sunah Kim and Ms. Zhen Lin.

“I am interested in the holistic approach to nursing—taking care of patients as a whole, not just the disease—and educating families on how to take care of patients,” says Lin.

Kim, whose expertise is mental health nursing, says the Korean educational system for nursing students is modeled closely on the American system, but there is a difference in nursing care.

“The difference in nursing is the diversity of settings and the breadth and depth of nursing care,” says Kim, who would like to develop nursing interventions for battered women in Korea and for Korean-Americans in the U.S.

Waltz and Song, along with Barbara Covington, PhD, RN, associate dean for information and learning technologies at the School of Nursing, will lead a group of faculty, staff, alumni, and students from the School on a study tour to South Korea in March 2006. During this inaugural South Korean exchange, participants will take part in customized learning programs, create professional networks supported by a variety of technologies, and sample the rich cultural traditions and customs of the Korean people.

In addition to the Visiting Scholar program, the School of Nursing is expanding its global presence as an associate of Sheffield University in England through the Worldwide Universities Network (WUN). An international alliance of leading higher education institutions, WUN builds on its partners’ commitment to research, quality, and innovation to develop collaborations in interdisciplinary areas of global significance.

WUN provides support for student and faculty exchange, both within the alliance and with corporate partners. In addition, the partners work together to deliver graduate-level distributed learning. Other U.S. member institutions include the University of Washington; the Pennsylvania State University; the University of Wisconsin; and the University of California, San Diego.

“The School of Nursing’s participation as an associate of WUN creates outstanding opportunities for our faculty to collaborate with world-class nursing researchers in conducting research of global significance and in offering ongoing educational opportunities for researchers seeking to advance their knowledge and skills in research methods,” says Waltz.

Reaching Out to HIV

Patients in Africa

“This is probably the best thing I do,” says School of Nursing Associate Professor Thomasine Guberski, PhD, CRNP, with a gleam in her eye and a smile on her face. For Guberski, working with nurses and HIV/AIDS patients in Africa is not only her work, it is her passion.

Guberski is part of a faith-based group that is providing Antiretroviral Therapy (ART) to HIV/AIDS patients receiving care through President Bush’s Emergency Plan for AIDS Relief (PEPFAR) initiative. With funding from a five-year, \$335 million grant from the U.S. Centers for Disease Control and Prevention, through the Health Resources Services Administration, Guberski, along with infectious disease physicians, an adherence specialist, and a laboratory technician from the University of Maryland Institute of Human Virology, travels through Uganda—one of the nine countries served under PEPFAR—providing care and education to these patients.

One goal of PEPFAR is to empower providers, through the development of a care and treatment plan, to convert the initiative into a day-to-day reality of providing ART treatment. Part of that plan includes educating local nurses on how to administer ART to the patients, how to evaluate patients who receive ART, and how to treat them throughout a continuity of care.

“In Africa, most patients and providers are accustomed to acute care only—they go to the clinic, then they go away,” says Guberski. “The idea of continuity is a new concept to them.”

To that end, Guberski is leading the development of a nursing curriculum and constructing modules that will help Ugandan nurses:

- become accustomed to providing a continuity of care over time, whether people are sick or well
- expand their roles (in general, Ugandan nurses have not had major independent responsibility for health care)
- learn about the side effects of HIV drugs and how to monitor patients who are receiving them

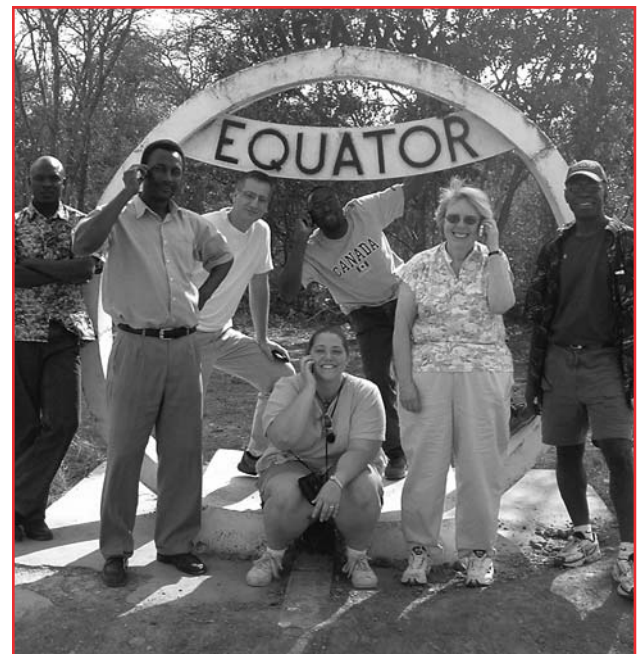
“What I enjoy most about this work is the opportunity to implement the curriculum, which I have done many times in Uganda,” says Guberski. “It is really a living curriculum; I try it out and make changes based on feedback. I love to teach, and I get to teach nurses.”

Although Guberski is thoroughly enjoying this experience, she says that she and the rest of the team must learn to adapt to many unusual situations. For instance, there might be only one electrical outlet in your room, so you must decide whether to plug in your computer to do work or plug in your fan to keep cool. Sometimes, there are only cold showers, and it is not unusual for the electricity to switch off and on.

Getting to their destination is not easy either. Each time the team travels to Uganda, they take boxes of lab equipment, laptop computers, pillboxes for patients, projectors, educational materials, textbooks, and more. When they arrived at one of their destinations, they landed on a dirt landing field with a 20-foot round hut known as the “airport.”

In spite of all the challenges they encounter along the way, Guberski and the rest of her team know that their efforts are worth it. “We have placed approximately 10,000 people in therapy in Uganda,” she says. “I know our work will increase the life span for these patients.”

“HIV and AIDS is my niche in nursing,” says Guberski, who has been working in the field since 1988. “This is what I love to do.”



Dr. Thomasine Guberski (second from right) poses at the equator with representatives from the University of Maryland Institute of Human Virology and the Catholic Relief Services, who are part of the team that travels with her.

School of Nursing Part of Global Web-Based Learning Initiative

The School of Nursing is among a group of world-class academic institutions collaborating to develop a digital repository of e-learning materials and a wide range of educational products and services for use in nursing education worldwide. The purpose of the venture—the International Virtual Nursing School (IVINURS)—is to provide global educational solutions to meet local health care needs through a collaborative network of international partners.

IVINURS has adopted an educational approach that promotes best practices in learning and teaching. It is centralizing quality, reusable learning objects, including multimedia, clinical case studies, learning modules, and full courses, making them accessible to others around the world to modify or use “as is” to meet their specific needs.

IVINURS resources will strongly reflect the values of 21st century nursing education and practice, and will be used to enhance existing curricula through a repository of products and services classified as learning and teaching, quality in e-learning, and support services.

The School was invited to be one of the founding partners of IVINURS based on the reputation of its outstanding nursing and distance learning programs. Other partner institutions include Akershus University College, Norway; Chaing Mai University, Thailand; Mid-Jutland Nursing Schools, Denmark; Queen's University, Belfast; and Napier University, the University of Dundee, the University of Southampton, and the University of York, all located in the United Kingdom.

“This approach, which leverages innovations in technology, is especially significant in times of shrinking budgets and nurse and nursing faculty shortages, since it reduces duplication of production time and efforts in creating and sharing quality nursing learning materials,” says Barbara Covington, PhD, RN, associate dean for information and learning technologies at the School of Nursing, who chairs the IVINURS Technology Task Force and is a member of its Board of Directors.



IVINURS Founding Partners meeting in Edinburgh, Scotland.

The IVINURS organization is built on five key areas:

- a strong education foundation and structure
- the best and most appropriate e-learning technology
- sound business and financial principles
- leadership by nurse representatives from the founding partner institutions, and
- a strong quality assurance structure.

“IVINURS aims to deliver high-quality, learner-centered educational products and services that have utility for a diverse, international client base,” says Carolyn Waltz, PhD, RN, FAAN, director of international activities at the School of Nursing, who serves on the IVINURS Education Task Force. “The challenge is to determine the best way to provide for these client differences through rigorous, ongoing evaluation and quality improvement, so that availability and accessibility are not inadvertently limited, while at the same time maintaining the high quality to which IVINURS aspires.”

“A major advantage of IVINURS is that it will be governed by nurses, for nurses, and for nursing,” says Covington.

IVINURS was formally implemented at a meeting of the Founding Partner Institutions held in November 2004 in Edinburgh, Scotland, when a Board of Directors was established and the non-profit company, IVINURS, Ltd., was formed. In addition to Covington and Waltz, Ann Thomasson, the School of Nursing's associate dean for finance and administration, serves on the IVINURS Finance Task Force.

Helping Disaster Victims at

Home and Abroad

Faculty Member Travels to Sri Lanka to Aid Tsunami Victims

After the tsunami wreaked havoc in many parts of Asia late last year, Karen McClure, MS '04, BSN '03, a clinical instructor at the School of Nursing, traveled to Sri Lanka with a Mission To the World (MTW) Disaster Relief Team.

McClure and her team provided medical care, counseling, and health education in a refugee camp of approximately 1,400 homeless people displaced by the tsunami. In addition to McClure, who is a family nurse practitioner, the team consisted of a neonatologist, an internist and pediatrician, a physician pilot, two family practice doctors, a U.S. Special Forces medic, a neonatal intensive-care nurse, a retired neurosurgical nurse, and a student.



School of Nursing clinical instructor, Karen McClure, gives medical assistance to a tsunami victim.

"At our clinic, we treated dysentery, dehydration, penetrating wounds, ruptured ear drums, malaria, scabies, and pneumonia, to name a few maladies," says McClure. "One man had developed psychogenic deafness after watching his wife being swept into the sea." McClure says she performed triage, treated patients, and documented records for the World Health Organization, the Pan American Health Organization, and the MTW.

"People in the camp were very curious and wondered why we were doing this," says McClure. "They even sent a 'spy' to determine our purpose."

She said that other groups had brought medicine, food, and water to the camp, but they would only stay a few hours, and then leave. The people couldn't figure out why her team was staying. According to McClure, most people suffered from post-traumatic stress disorder and sought counsel in the camp. They all had stories to tell of their escape from the giant wave.

"Over a two-and-a-half day period, our counselors held support groups and private sessions for 81 fishermen and others," she says. "These people, including the fishermen, had become afraid of the sea and the fish because they thought they had 'eaten their families.'"

"The wave of destruction changed the lives of these people forever. Everyone in the village lost at least one family member or friend in the tsunami, and they continue to be haunted by visions of the disaster," McClure adds.

McClure, whose luggage was misplaced during the trip to Sri Lanka, says the loss of her luggage is small compared to what the tsunami victims lost. "My luggage held personal possessions that can be replaced," she says. "I am truly blessed, and this is why I have a passion to serve others who are less fortunate."

Alumnus Lends Assistance to Disaster Victims in Thailand

Soon after the tsunami hit Thailand, Kevin Driscoll, BSN '04, RN, volunteered with an international organization, Projects Abroad, to provide emergency assistance to children orphaned by the disaster. The group helped establish a temporary shelter in an area north of Phuket, where they coordinated food, clothing, basic health care, and activities to occupy the children. The orphanage grew to serve more than 300 children, and a temporary housing complex made of corrugated steel was built on adjacent land to maximize the relief efforts. However, as more aid poured in to Thailand, the needs of the orphanage diminished.

"It was at that time I asked my contact if there was any greater need in the country," says Driscoll. "He told me about an AIDS hospice in the middle of the jungle outside of Chumphon, so I traveled there to see if I could help. It was there that I found the real, untold disaster."

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continued from pg. 14

The hospice, which was supported by the local monks from the Rachidan Ri Wat, a temple hospice located on the South East Coast of Thailand, consisted of two caretakers, two cooks, and more than 20 patients in the terminal stages of AIDS. Of those 20 patients, five were children, and three of them were orphans.

"The children often contracted the virus from their parents and were cared for by all the patients," says Driscoll. "The caretakers had no background in health care, and relied, for the most part, on intuition."

The patients received expired medications, donated by local hospitals, which consisted of cough syrup, Tylenol and Pepto-Bismol. The remaining medicines were harvested from the jungle, and included corn silk (to act as a diuretic) and jungle opiates.

"I was told that it would cost less than 300 U.S. dollars a month to provide antiviral medication to all the patients, but neither the monks nor the patients had the financial resources," says Driscoll.

According to Driscoll, previous attempts by Western health care workers to provide aid in Thailand have failed because the critical aspect of culturally competent care is ignored.

"Often, they come looking to 'fix' the problem by telling the local people how to care for their patients," he says. "As nurses, we were able to assess and prioritize the care being delivered. I used my time to teach hygiene, infection control, wound management, and comfort measures. Since the mood of the hospice leaned toward death and dying, I taught the children how to play soccer, and made checkerboards out of cardboard and bottle caps, so that they could still enjoy the playfulness of youth."

After returning to the U.S., Driscoll began creating a foundation to provide assistance to the temple hospice.

"I originally went to Thailand to help with the disaster efforts, and never realized that I would uncover the untold disaster, which has received



Kevin Driscoll, BSN '04, RN, cares for a patient at the HIV hospice.

little publicity," says Driscoll. "The temple hospice provided me with insight into the extent of health disparities of people with HIV on a global level. The patients I helped are voiceless due to a lack of financial resources and political clout. Unlike the opportunities provided for tsunami victims, these patients suffer a gross poverty of treatment, resources and hope. Nursing, with its unique approach to health care, may provide the answers for curbing these health disparities—not to cure their disease, but to provide the education and care for their basic needs."

Wellmobiles Journey to Gulf Coast to Help Katrina Survivors

Stocked to the brim with medical supplies and accompanied by a team of spirited nurses, two Wellmobiles from the School of Nursing's Governor's Wellmobile Program traveled to Brookhaven, Miss., a town located 130 miles north of New Orleans, where they stayed for two weeks providing health care to survivors of Hurricane Katrina. Led by Rebecca Wiseman, PhD '93, RN, director of the Wellmobile program, the team consisted of Mary Dunlavy, MS, RN, CRNP, Wellmobile lead practitioner, Central Maryland Wellmobile; Starr Walter, RN, care coordinator, Eastern Shore Wellmobile; Brenda Windemuth, nurse practitioner; Brenda Afzal, MS, RN, project manager in the School's Environmental Health and Education Center; Barbara Sattler, PhD, RN, FAAN, research

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continued from pg. 15

associate professor, Department of Family and Community Health; BSN student Ginni Cook, RN, who is Red-Cross trained in disaster relief; Pamela Meredith, RN, editor of *Nursing Spectrum* magazine; Howard Bohn and Jim Owen, Wellmobile drivers; and Skip Wiseman, coordinator and facilitator.

While in Brookhaven, the team treated 200 to 300 patients daily, including evacuees from Louisiana, local residents, National Guard troops, and Red Cross volunteers. They monitored medical conditions and treated a range of conditions, including urinary track infections, diabetes, leg ulcers, respiratory infections, hypertension, chest pains, dental abscesses, heat exhaustion, and kidney stones. Wiseman said that in addition to general health issues, some patients were suffering from anxiety. "For many, just a smile and a warm 'hello' meant so much," she said.

The team also conducted school physicals so evacuated children could enter local school systems, and referred evacuees for eyeglasses and dental and medical services. They distributed hundreds of bottles of water and sports drinks; worked with local health departments to locate Hepatitis A and tetanus vaccines for evacuees; donated IV fluids, medications and food to the local hospital's evacuee clinic; and provided much-needed supplies to patients in long-term care units that had been evacuated from New Orleans.

During a welcome back ceremony held at the School of Nursing, Dean Janet Allan welcomed the

volunteers with certificates, and lauded their work in Mississippi.

"It would be impossible to properly cite the vital difference you made in the lives of those whose worlds were turned upside down by Hurricane Katrina," said Dean Allan. "But please know that your commitment, sacrifice, and spirit of community is very much appreciated and applauded."

Wiseman added, "We knew we had the School behind us and that we could telephone for anything we needed. We were honored to represent the state of Maryland and the University of Maryland School of Nursing."

The Wellmobile team partnered with the following organizations to make the trip possible: local and regional American Red Cross chapters; King's Daughters Medical Center in Brookhaven; Lincoln County (Miss.) Health Department; Wal-Mart Pharmacy; Walgreen's Pharmacy; the Brookhaven, Miss., police department; and the U.S. Army National Guard troops. Partners in Maryland included Connect Maryland, Inc., a nonprofit organization that helps improve health, education, and leadership skills of Maryland's youth; CareFirst BlueCross BlueShield; Atlantic General Hospital; and the University of Maryland Medical Center.



School of Nursing faculty and staff welcome the Wellmobile team back to Baltimore while Dr. Rebecca Wiseman (right) provides a recap of their trip to the Gulf Coast.

International Students Bring Academic Skills and Diversity to School of Nursing

"We believe that our students benefit significantly from education that takes place in a diverse setting. Our students encounter and learn from others who have backgrounds and characteristics very different from their own," said the American Association of Universities in a statement released in April 2005.

At the School of Nursing, where diversity is a top priority, we couldn't agree more. Each semester, our international student enrollment increases, and for the fall 2005 semester, international students represented six percent of our total student enrollment. This diverse climate provides myriad experiences for students to share and learn information about the many different cultures that make up our increasingly shrinking world. Our international students come from many continents and countries—Japan, Taiwan, Africa, India, China, Thailand, Hong Kong, and Korea—to name a few.

Diana Sunchu, an accelerated BSN student, has lived in the United States for nearly six years. Sunchu, who hails from Hyderabad, South India, attended an American school in her native land, so transitioning to the American education system was not a problem for her. Sunchu previously attended Eastern Nazarene College in Quincy, Mass., where she earned a Bachelor of Science degree in biology.

Sunchu had not considered a career in nursing until she came to the United States, where she heard so much about the profession—particularly from her aunt—who is a nurse at Queens Hospital Center in New York. However, she did receive a slight nudge from her parents, who encouraged Sunchu to consider a profession in health care. Both of her parents work in "helping" professions—her father is in disaster management, and her mother is a social worker.

"I have witnessed the devastation of cyclones, which are prevalent in India," says Sunchu. "People die from disasters all the time because there is no one to take care of them. I have seen firsthand how people in the 'help' professions can make a difference."

But, Sunchu says her brother was the main reason she chose a health profession. "He died of leukemia at age 15, and his dream was to become a doctor," she says. "Now, I want to be a nurse because of him."

Sunchu says that nurses in America do many things that only doctors can do in India. "I believe nurses can make a difference—you don't have to be a doctor to make a difference," she says. "I want to work one-on-one with patients at the bedside."

Sunchu chose the University of Maryland School of Nursing because her father told her about the many international relationships the University has developed and how it has helped India's less fortunate people. The School of Nursing's international reputation, its top 10 national ranking, and the fact that Baltimore is home to a major health care hub, also played a part in her decision to come to our School.



BSN student Diana Sunchu (left) learns from her preceptor Michelle Zimmer, RN, senior partner, Progressive Care Unit, University of Maryland Medical Center.

continued on next page

continued from pg. 17

"I look forward to graduating in December 2005 and possibly returning for a master's degree," says Sunchu, who is interested in cardiology. But in the meantime, she is taking advantage of the "great experience" and "great education" she is receiving here.

Although he was born in New York City, RN to MS student **Bim Fola Akintade, BSN '03, RN, CCRN**, has little memory of his early years in America. When he was two years old, his family moved back to Nigeria, and it is there, in the city of Lagos, where Fola Akintade spent the next 18 years before returning to the U.S. to pursue his formal education.

A love for biology and the memory of his mother's early death from a heart attack were major factors in Fola Akintade's decision to become a nurse. After graduating from the School of Nursing's BSN program in 2003, Fola Akintade enrolled in the master's program, with a specialty in trauma and critical care. He plans to graduate in December 2005.

Although Fola Akintade and his five siblings are graduates of the University of Maryland, he says no one else in his family has chosen a career in health care. "I chose nursing because I like helping people, and nursing is lucrative profession," he says. "It's more fulfilling than I ever imagined."



Master's student Bim Fola Akintade.

Fola Akintade says the preparation he received in boarding school in Africa, where he enrolled at age 11, prepared him for the future. "I learned autonomy at an early age, which helped me throughout my life in transitioning from one country to another, from one educational system to another, and from one profession to another."

Fola Akintade currently works as an RN in the Intensive Care Unit at Doctor's Community Hospital in Lanham, Md., while teaching a clinical group at Prince George's Community College and taking his graduate courses at the School of Nursing.

A huge advocate for the School, he says, "I don't just read about the reputation of the School, I believe that it is one of the top school in the nation. A degree from this nursing school will definitely help me in my nursing career."

"What I like the most about nursing is the appreciation you receive from patients and their families," says Fola Akintade. "That is a constant reminder of why I am a nurse."

Doctoral student **Chi-Wen Kao, MSN, BSN**, recalls her father's suffering from colon cancer and his death when she was a young girl. Her mother, a nursing assistant, worked very hard and raised the family on her own. Kao says her mother's actions were good for the family.

"My mother set a good example for us," she says. "Seeing how hard she worked and what she did as a nursing assistant, sparked my interest in nursing and gave me the inspiration to set my goals high," she says.

Her father's illness also prompted Kao's interest in adult health. Her master's thesis related to self-care abilities and factors of colostomy patients during the pre-discharge period. She says that people in Taiwan are very conservative and have a hard time dealing with health problems such as colostomies.

For her doctoral studies, Kao is concentrating on adult health and patient outcomes, with an emphasis on cardiovascular patient care and quality of life, and physiological status as predictors of mortality in patients with Implantable Cardioverter Defibrillators (ICDs). ICDs are not yet popular in

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continued from pg. 18

Taiwan, so Kao wants to take the knowledge she gains in her doctoral studies back to her homeland, where she plans to return to the faculty at the National Defense Medical Center School of Nursing.

“There are more and more women in Taiwan who are trying to improve their nursing education,” says Kao. “I want to set an example for the women and help them achieve their academic aspirations.” Kao says she would also like to start nurse practitioner programs in Taiwan because the country does not have nurse practitioners in its health care system.

Kao holds both bachelor’s and master’s degrees from the National Defense Medical Center School of Nursing in Kelug, Taiwan, where she taught medical and surgical nursing before coming to the School of Nursing to pursue her PhD. A major in the Taiwanese Army Air Force, Kao was able to take advantage of a military scholarship to support her studies in America. She is the recipient of numerous honors and awards, the author of many publications, and a regular presenter at conferences. In addition, Kao has served as an officer for the Lambda Beta chapter-at-large (Taiwan), Sigma Theta Tau International Honor Society for Nursing, as well as other student and professional organizations.



Professor Sue Thomas, PhD, RN, FAAN, assistant dean for doctoral studies, consults with doctoral student Chi-Wen Kao.

“I am very lucky that I have the opportunity to do my doctoral study at the University of Maryland School of Nursing,” says Kao, who will receive her PhD in May 2006. “I believe the four-year education and training advances my capability to develop and conduct study independently.”

Sunchu, Fola Akintade, and Kao are just a small sample of the many international students we welcome each semester at the School of Nursing. All of these students make our School a better place for faculty, students, and staff.

Two Unique Programs Launched:

Clinical Nurse Leader and MS/JD Dual Degree

In order to address health workforce needs and better serve our students, the School of Nursing initiated two new programs and revised the Bachelor of Science in Nursing (BSN) program for the fall 2005 semester.

Clinical Nurse Leader

The Clinical Nurse Leader (CNL) master's specialty, offered for students with an undergraduate degree in a field other than nursing, is the first in the state of Maryland. The program was launched as part of the American Association of Colleges of Nursing's initiative to improve the quality of patient care and better prepare nurses to assume effective leadership roles in the health care system. The program educates students to become nurses who will have the knowledge and skills necessary to assure quality care for patients in all health care settings.

In practice, the CNL oversees the care coordination of a distinct group of patients and actively provides direct patient care in complex situations. The master's degree-prepared clinician puts evidence-based practice into action to ensure that patients benefit from the latest innovations in care delivery. The CNL will improve patient care by collecting data and creating and implementing plans of care in collaboration with the health care team. In addition, the CNL will assess risk factors for groups of patients and will have the knowledge and skills necessary to make treatment-related decisions and alter plans of care when necessary.

"The CNL role is not one of administration or management," says Gail Schoen Lemaire, PhD, APRN/PMH, BC, assistant professor, who co-directs the program with Assistant Professor Carol Esche, ND, RN, CNA. "The CNL is concerned with the design, implementation and evaluation of plans of care for specific groups of patients."

The roles of the CNL include clinician, outcomes manager, client advocate, educator, information manager, systems analyst and team manager. The CNL also functions as part of an interdisciplinary team by communicating, planning and implementing care in collaboration with other health care professionals, including physicians, pharmacists, social workers, clinical nurse specialists, nurse practitioners, and other nurses.

"The CNL is a leader in the health care delivery system, and the implementation of this role will vary across settings," says Esche. "Patients will benefit from this new role which will provide leadership and accountability for patient outcomes."



Carol Esche, ND, RN, CNA (center), and Gail Lemaire, PhD, APRN/PMH, BC (right), co-directors of the Clinical Nurse Leader program, confer with master's student Marysunshine Santos.

The CNL is a generalist clinician at the master's degree level. Graduate education for this new nursing role is necessary because the CNL must bring a high level of clinical competence and knowledge to the point of care, and serve as a resource for the health care team.

The CNL role is an exciting one for nurses. Students who select this program of study will acquire skills that will enable them to make a difference in the lives of patients by assuring quality care and optimum outcomes in a wide variety of health care settings.

MS/JD Dual Degree Program

The MS/JD dual degree program, a collaborative effort between the School of Nursing and University of Maryland School of Law, was introduced in fall 2005 to prepare students for a diverse range of health care and legal careers, including those in law firms, hospitals, managed care organizations, and large provider groups.

continued on next page

continued from pg. 20

“Increasing complexity in the health, legal and regulatory environments has created a need for attorneys with expertise in health care,” says Mary Tilbury, EdD, RN, assistant professor and director of the program. “The MS/JD program responds to this market demand, and provides many opportunities for registered nurses.” The sharing of electives will allow students to earn the Juris Doctor and the Master of Science in a shorter amount of time. To obtain the JD degree, students must earn 85 credits. The School of Law will allow students to use nine credits obtained in the School of Nursing to fulfill the 85-credit requirement. To obtain the MS with a specialization in health services leadership and management, students must earn 36 credits in the School of Nursing. The School of Nursing will allow students to use six credits earned in the School of Law. The total credits required for the dual degree is 106, which is 15 less credits than if each program is completed separately. The degree must be completed sequentially and can be done on a full-or part-time basis.



Assistant Professor Mary Tilbury, EdD, RN, director of the MS/JD dual degree program, consults with student Martha Abshire.

Revised BSN Curriculum

Based on current trends in health care and in response to the Institute of Medicine’s (IOM) report, *Crossing the Quality Chasm: A New Health System for the 21st Century*, the School of Nursing’s Bachelor of Science in Nursing (BSN) curriculum was revamped for the fall

2005 semester. Courses were revised based on changes in health care delivery and feedback from students and employers.

“By revising the curriculum, our students will be able to think more critically and thus meet the demands of the health care system and health care consumers,” says Assistant Professor Kathy Hausman, PhD, RN, who led the curriculum committee. “The committee looked at how some courses overlapped and how they could be integrated with other courses.”

Keith Plowden, PhD, RN, assistant dean for baccalaureate studies, says the curriculum will include more teaching across the life span, evidence-based practice, and the use of information technology. An example of the revision included the integration of pathophysiology and pharmacology.

“If students are learning about a particular disease, such as HIV, they will learn about the drugs that affect that disease,” Plowden says. “It’s a more integrated curriculum, much like the students will see when in practice.”

The IOM report identified five areas that would shape the strategic direction set out in their 1996 effort focusing on assessing and improving the nation’s quality of care. These areas, which included “Reforming Health Professions Education” and “Encouraging Information Technology,” are addressed in the School’s BSN curriculum revision.

“We have smarter consumers because of technology,” says Plowden. “Nurses need to know what the consumers know and they must be able to correct any misconceptions consumers have.”

Health care is changing, the market is changing, and nursing schools are revising their curricula to meet those changes. With myriad advancements in treatment and technology, shorter hospital stays, and the need to deal with more clinical issues, nurses must keep abreast of changes so they can provide the best patient care.

New Equipment Advances Student Learning and Patient Safety

Students Train on Device That Could Reduce Medical Errors

The School of Nursing is among the first in the nation to teach students how to use a new, cutting edge technology that could avert thousands of medical errors across the country.

The hand-held device, which looks similar to a personal digital assistant, uses barcode wireless technology to identify patients, verify orders, and print time-stamped labels for the patients' charts after delivery of care. The device, made by Care Fusion, can also issue allergy warnings, reminders of care, and safety alerts, and can track the use of IVs, piggyback medications and blood transfusions. Currently, the technology is used in about 25 hospitals, but Care Fusion officials say they expect more facilities to adopt it quickly.

Care Fusion estimates that the device could prevent about 500,000 medical errors and adverse drug reactions during the next 20 years, and that more than \$93 billion could be saved over the same period by shortening hospital stays and averting lawsuits. According to a three-minute video on the company's Web site—which was filmed at the School of Nursing's simulation labs—98,000 deaths from medical errors take place each year.

Debra Spunt, MS, RN, FAAN, assistant professor and director of the School's simulation laboratories, says that Care Fusion made a gift to the School of



Master's student Uros Koprivica demonstrates the Care Fusion hand-held device.

two hand-held devices and system software for training, worth \$20,000. Their use is the first official wireless technology application in the School of Nursing building.

Students use the device to scan both an ID barcode on the patient's wrist and a medical label barcode. This information is then compared to the ordered medication for that patient through a central server. The server database contains a preloaded, realistic dataset supporting the teaching scenarios, which were developed at the School's clinical simulation laboratories.

"Our student nurses are learning this cutting-edge technology so they will be prepared and maybe even be ahead of the curve when they are in the field," says Spunt. She says the University's Information Technology Group worked on making the new technology operational.

Besides helping to create a safer environment for patients, the Care Fusion device reduces charting steps. "It offers an array of applications, and just about every procedure performed on a patient can be documented within the device," says Spunt. "Because they will know how to use this technology, our students will be able to be innovators on the job."

"The students, instructors and the School all benefit from having this technology available in the simulation labs," wrote Barry Lung, MSW, RN, BC, in a study of the simulation system activation. Lung is a master's student at the School, who was on a 135-hour advanced health care informatics internship from Georgia College and State University. "Students experience a variety of simulations in a controlled environment, learning how to avoid errors and respond to problems in a realistic but safe setting."

Simulated Baby Mannequin Will Benefit Pediatric and Family Nurse Practitioner Education

A 9-pound, 10-ounce, \$30,000 computerized baby, the first "delivered" in the state of Maryland, has boosted the level of learning for School of Nursing students. The simulated baby—dubbed "Jordan" by Spunt—has breathing, heart, and bowel sounds, and coos, cries, develops cyanosis in response to a low oxygen level, and promises to revolutionize pediatric nursing education at the School.

continued on next page

continued from pg. 22

Wired to a laptop or personal digital assistant, SimBaby “Jordan” can mimic a range of conditions, injuries, and common illnesses, including meningitis and bronchitis. It can also simulate injuries from auto or other accidents, thereby teaching nursing students to treat infants and young children based on their own assessments of SimBaby’s condition.

“With SimBaby, instructors can present any situation, whether it’s dealing with an asthmatic infant, an infant that needs to be resuscitated, or a post-operative infant, as needed. In a clinical situation, certain circumstances may not always be available to students,” says Spunt. “SimBaby helps faculty address the challenge of providing a wide variety of clinical experiences for students in light of the decrease in length of hospital stays for children.”

Student nurses learn how to monitor SimBaby’s condition in an arena where the instructor controls the scenario to teach particular skill sets. The instructional mannequin provides concise clinical feedback so students learn immediately what can be done to treat a child’s condition. Using SimBaby, student nurses can learn IV skills such as drawing blood, and administering and infusing medications in veins located in a baby’s arms and legs. This simulator broadens pediatric clinical experience to include response to emergency situations such as a cardiac or pulmonary arrest “code.”

“Mock codes [simulated emergency situations] using SimBaby were incorporated into the curriculum this fall [in the simulation labs],” says Spunt. “Every undergraduate student will have the opportunity to participate in a mock code and a post-conference during their pediatric course, and the pediatric and family nurse practitioner programs will utilize this mannequin in several courses.

“Simulations such as those with the SimBaby mannequin afford faculty and students the opportunity to participate in a debriefing and reflective thinking session after the simulation, where students and the instructor analyze what happened, and discuss modifications to practice and other issues such as legal, ethical, and cultural matters that are relevant to patient care,” she adds.

According to Spunt, SimFamily—which now includes SimBaby, as well as “Noelle,” the birthing mother; SimMan “Dexter,” and “David,” a SimChild mannequin of a 2 year-old child, which is not computerized, but has integrated heart and breathing sounds—provides students consistent clinical experiences to develop and test skills. It also better prepares them for real-life patients, who require nurses to use their education and training in situations that demand split-second decisions and actions.



SimBaby “Jordan.”

Spunt also provides consulting services to nursing schools around the world and to hospitals that offer training. The fees earned from her services paid for the addition of SimBaby to the School’s SimFamily of mannequins.

“We are always trying to keep the labs six months ahead of what’s happening in the field,” she says. “This way, our students are fully prepared and often in leadership positions.” Through the consulting fees, Spunt keeps the labs equipped with state-of-the-art technology.

The Braslow kit—filled with the necessary tools to conduct the mock codes on SimBaby, including packets with bellows and masks appropriate for children of different ages—was donated by the School of Nursing’s Class of 1951.

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continued from pg. 23

The delivery of SimBaby “Jordan” to the School, and the extra training that students receive as a result of their interaction with the computerized mannequin, might make the difference between the life or death of an infant or young child in an emergency situation.

New Lifting Devices Teach Safe Patient Handling

Heavy lifting and incorrect working positions are often part of the working environment for nurses. In many cases, this leads to work injuries. According to the Bureau of Labor Statistics, the national injury rate among nurses is 12.6 per 100, which is higher than auto manufacturing, mining and construction.



ARJO representative Jeffrey Link demonstrates the portable ceiling lift system.

“In our survey of nurses, between 6 and 10 percent indicated that they changed jobs because of a neck, shoulder or back injury,” says School of Nursing Professor Alison Trinkoff, ScD, RN, FAAN, who has studied working conditions for nurses and the relationship to physical injuries, specifically musculoskeletal disorders (MSDs), for nearly a decade. “Several factors contribute to MSD injuries among nurses, and moving and lifting patients is at the top of that list.”

Thanks to two new portable ceiling lift systems, a gift from ARJO, Inc., School of Nursing students will once again be at the forefront of learning with the most advanced equipment available—in this case,

special lifts for safe patient handling. The lifts—a Maxi Sky 600 with scale and ceiling lift, and an Opera PP with scale (passive lifter)—recently installed in one of the School’s skills labs, will teach students to handle patients with safety and dignity, while minimizing risk of work-related injuries.

ARJO will permanently upgrade the equipment, currently valued at over \$40,000, as part of their partnership with the School to ensure that students will always be learning on the latest in “liftless” technology. In return, ARJO will have the opportunity to demonstrate the equipment and its applications to potential visitors to the School.

“The Maxi Sky 600 is the most technologically advanced ceiling lift on the market,” says Jeffrey Link, ARJO account executive. “It is an easy-to-operate system that allows a single caregiver to perform transfers using a handset control, without stress or strain and with no manual lifting.”

Link says the device will lift up to 440 lbs., making it ideal for transferring most non-ambulatory patients. The Opera PP is an advanced power lifter with the adaptability to cover a wide range of patient handling requirements.

Spunt says the equipment benefits the health and safety of both nurses and patients. “The lifts will help decrease on-the-job injuries to nurses, while increasing mobility for patients,” she says. “Patient immobility can be life threatening and cause increases in hospital stays and medical costs.”

Annual Lecture Celebrates Psychiatric Nursing

A record crowd gathered at the School of Nursing last April for the 11th Annual Ann Ottney Cain Endowed Lecture in Psychiatric Nursing and to celebrate the 50th anniversary of the School's graduate program in psychiatric nursing.

The event began with two panel discussions – “From the Beginning: The History of Psychiatric Nursing,” moderated by Sally Raphael, MS '84, APRN, CS-P, FAAN, clinical instructor, Department of Family and Community Health and deputy director of the WHO/PAHO Collaborating Center for Mental Health Nursing; and “Setting New Agendas: Using Psychiatric APRN Competencies in New Ways,” moderated by Doris Scott, PhD, RN, associate professor, Department of Family and Community Health.

Following the panel discussions, Angela McBride, PhD, RN, FAAN, distinguished professor and university dean emeritus, Indiana University School of Nursing, delivered the 2005 Cain Lecture, *Psychiatric Nursing Before and After*.

The event concluded with the conferring of emeritus status on former School of Nursing Dean Nan Hechenberger, PhD, RN (Dean



Angela McBride, PhD, RN, FAAN, delivers the 2005 Cain lecture.

Emeritus and Professor Emeritus); and former faculty members Ann Ottney Cain, PhD, RN, FAAN (Professor Emeritus); and Lisa Robinson, PhD, CS-P, BSN '65, FAAN (Professor Emeritus). (See story on p. 26.)

The 2006 Ann Ottney Cain Lecture, scheduled for Friday, April 7, will feature guest lecturer Karen Kleeman, PhD, RN, CS, a clinical specialist in adult psychiatric and mental health, who will speak about *Old Wisdom, New Science: East Meets West in the Practice of Integrative Psychiatric Nursing*. For more information, visit www.nursing.umaryland.edu/events.

School of Nursing Hosts National Conference on Evidence-Based Practice

Rituals and firmly held traditions in nursing are being consistently challenged and replaced by evidence-based practices. New nursing competencies, the movement toward magnet status, and the education of nursing students will demand increasing rigor and consistency in the use of evidence. To address these issues, the School of Nursing hosted a conference in spring 2005, Your Practice Based on Evidence: Transforming Nursing Care.

“The purpose of the conference was to take attendees from the theoretical foundations to clear and practical implementation strategies,” says Kathryn Montgomery, PhD, RN, associate dean for organizational partnerships, outreach, and clinical enterprise.

Conference presenters, including Keynote Speaker Donna Ciliska, PhD, RN, professor, School of Nursing, McMaster University and nurse consultant with the Hamilton-Wentworth Regional Department of Public Health Services, and Distinguished Lecturer Marthe Moseley, PhD, RN, CCRN, CCN, clinical nurse specialist for critical care at the South Texas Veterans Health Care System at Audie Murphy Hospital in San Antonio, gave tangible, usable information and tools based on the most current research in evidence-based practice.

The 2006 conference is scheduled for April 6 and 7 at the School of Nursing. Information will be posted on the School's web site (www.nursing.umaryland.edu) as it becomes available, or call 410-706-3767.

Four Awarded Emeritus Status

Emeritus status was conferred upon a former School of Nursing dean and three former faculty members at special events held last spring at the School of Nursing. The four honorees join Professor Emeritus Mary V. Neal, PhD, RN, FAAN, who was awarded emeritus status in 1983.

Dean and Professor Emeritus Nan B. Hechenberger, PhD, RN, served as a faculty member beginning in the early 1970's, and as dean and professor from 1978 to 1989. Under her leadership, the doctoral program—one of a few in the nation designed for nurses—was initiated; the School attained national prominence in the area of outcome evaluation research; a number of the 18 graduate program tracks were the first in the nation; and the first RN-BSN outreach programs were started at centers in Western Maryland and on the Eastern Shore. Prior to becoming dean, Hechenberger taught the administration and education component of the School's graduate program. She had previously taught in the Walter Reed Army Institute of Nursing (WRAIN) program.



Dean Janet Allan poses with Dean and Professor Emeritus Nan B. Hechenberger, PhD, RN; Professor Emeritus Ann Ottney Cain, PhD, RN, CS-P, FAAN; and Professor Emeritus Lisa Robinson, PhD, MS '65, APRN, FAAN, after granting them Emeritus status.

Professor Emeritus Ann Ottney Cain, PhD, RN, CS-P, FAAN, served more than 30 years as a faculty member, beginning in 1959 as a clinical instructor in the psychiatric component of the undergraduate program, and retiring in 1994 as associate dean for graduate studies and research. Cain was a pioneer and self-proclaimed maverick in the early days of psychiatric nursing and family therapy, and in 1967, she broke new ground by declaring family therapy a professional option for psychiatric advanced practice nurses. An endowed lecture in psychiatric nursing, named in her honor, is held annually at the School.



Dean Janet Allan congratulates Professor Emeritus Betty Shubkagel, PhD, BSN '54, RN, after granting her Emeritus status.

Professor Emeritus Lisa Robinson, PhD, MS '65, APRN, FAAN, a graduate of the School of Nursing's Master of Science program, began her career as a faculty member in 1970, teaching graduate psychiatric nursing courses. She later served in various administrative roles, including interim department chair and coordinator of the graduate program in psychiatric mental health nursing, until her retirement in 1990. Robinson is an originator and champion of the role of psychiatric consultation-liaison nurse, and produced a documentary film that garnered appreciation for the unique contributions of nurses in this role.

One of the first baccalaureate graduates of the School of Nursing, **Professor Emeritus Betty Shubkagel's, PhD, RN, BSN '54,** tenure spanned nearly three decades, beginning in 1957 as a faculty member in the undergraduate program. When she retired in 1985, she was chair of the Medical-Surgical graduate program, and had developed the School's gerontology and trauma/critical care programs. Shubkagel is co-author of the classic pharmacology text, *Pharmacology and Therapeutics*, first published in 1965. She continues to serve the School today as a docent in the Living History Museum.

"Each of these individuals has made a major impact on the nursing profession and on our School of Nursing," says Dean Janet Allan. "In honoring these scholars, we honor the values of education, research, service, and leadership to our School, the community and the nursing profession."

WRAIN Graduates Honor One of Their Own and Establish Scholarship

More than 50 School of Nursing alumni, including graduates of the Walter Reed Army Institute of Nursing (WRAIN) program, gathered at the School of Nursing last spring for a reception honoring the accomplishments of Maj. Gen. Gale S. Pollock, BSN '76, MBA, MHA, MS, CRNA, FACHE, a 1976 graduate of the WRAIN program, and to announce the establishment of the WRAIN Honors Scholarship.



WRAIN graduates gather for a photo with fellow alumna Maj. Gen. Gale S. Pollock.

Pollock, who had recently been appointed the 22nd Chief of the Army Nurse Corps, had served as the School of Nursing's Convocation speaker and had also received an honorary doctoral degree at the University of Maryland, Baltimore's (UMB) Commencement program earlier the same day.

The WRAIN Honors Scholarship was established for students entering the School of Nursing's Honors program. Honors Scholars must have a GPA of 3.8 or higher and successfully complete a rigorous prerequisite and application process. The intensive program includes graduate level experiences with both research and clinical mentors.

"Nurses associated with WRAIN, the University of Maryland School of Nursing, and Walter Reed Army Medical Center have long been recognized for significant contributions to the education of nurses, and to the advancement of nursing practice and research," says Dean Janet Allan. "The WRAIN Honors Scholarship will perpetuate and enrich this legacy."

The WRAIN program was initiated in 1964, following a contractual agreement between the Department of the Army and academic officers at the University of Maryland. Students in the four-year program were subsidized by the U.S. Army and, following graduation from the School of Nursing, were obligated to serve for three years in the Army Nurse Corps. The WRAIN program ended in 1978, having graduated about 1,100 nurses.

Contributions to the WRAIN Honors Scholarship can be made by contacting Samantha Davis, director of alumni relations and annual support, 410-706-0674, or e-mail: ssdavis@son.umaryland.edu.

Convocation 2005

The School of Nursing graduated the largest class of nursing students in the state at ceremonies held May 20, 2005, at the Lyric Opera House in Baltimore. Degrees were conferred on 588 nursing candidates, including 395 bachelor's degrees, 180 master's degrees, and 13 doctoral degrees.

Major General Gale S. Pollock, BSN '76, MBA, MHA, MS, CRNA, FACHE, 22nd Chief of the Army Nurse Corps, delivered the Convocation address, including these excerpts:

"As you embark on a new segment of your journey, I have four thoughts for you,

Enjoy your accomplishments and successes – take time each day to notice how you have made a difference in the life of another person.

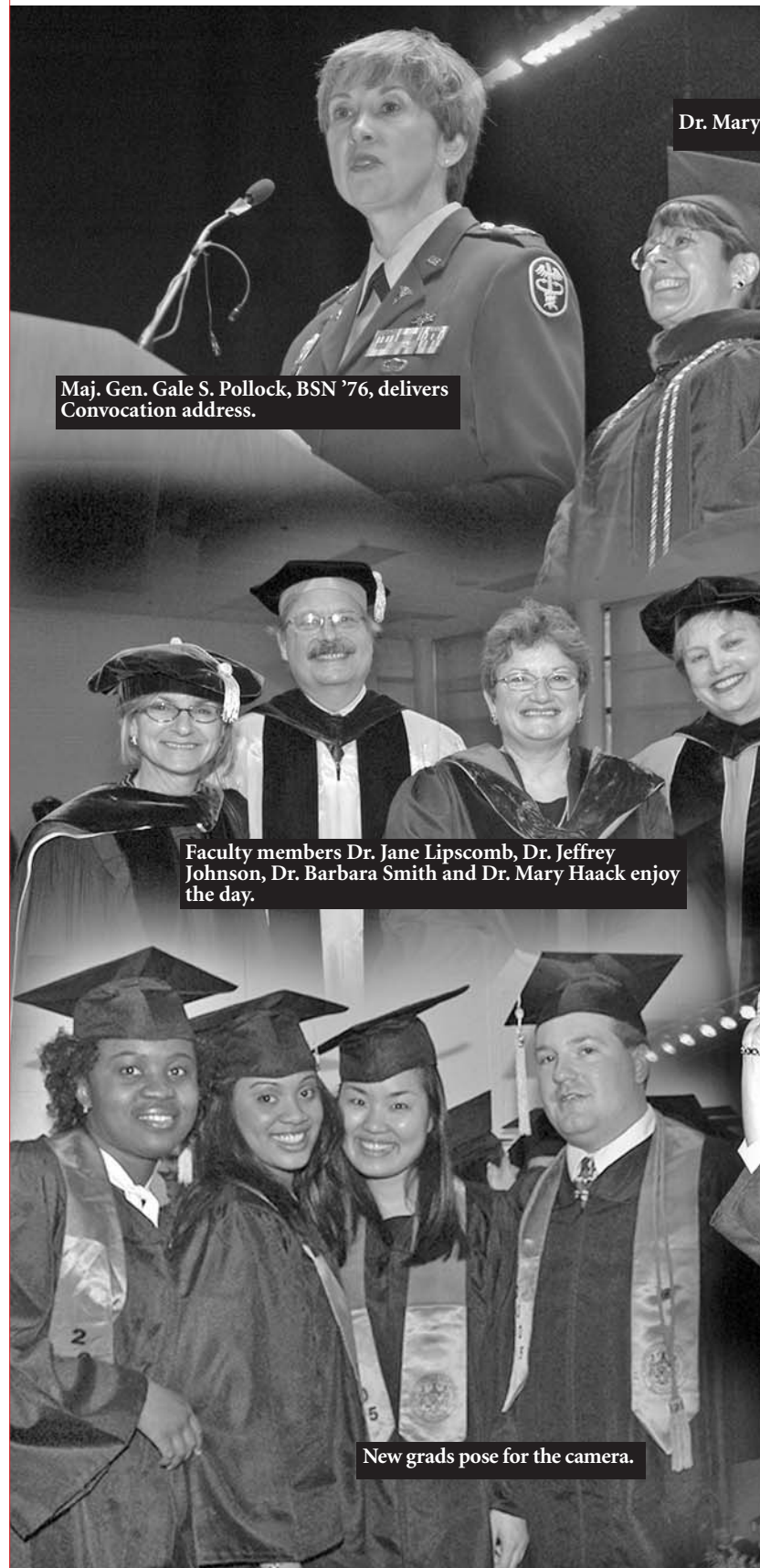
Nursing is a demanding profession – you must stay healthy and energized.

Remember each day why you chose nursing as a profession – nurses are servants, and you are serving your patients.

When you leave the University and initiate your professional work, you must become a leader – your professional growth should never stop – leaders make a difference in small and big ways."

Bachelor's degree candidate Anthony Majeran delivered remarks on behalf of the students.

Congratulations to all 2005 graduates!



Dr. Mary

Maj. Gen. Gale S. Pollock, BSN '76, delivers Convocation address.

Faculty members Dr. Jane Lipscomb, Dr. Jeffrey Johnson, Dr. Barbara Smith and Dr. Mary Haack enjoy the day.

New grads pose for the camera.



Etta Mills presents a new PhD grad with her hood.

Happy grads celebrate the day.

Anthony Majeran delivers student remarks.

Faculty member Caleb Rogovin presents Scott Manning with his diploma.

"I did it!"

Dean Janet Allan (center) poses with RADM Nancy Lescavage J. Lescavage, BSN '79, and MG Gale S. Pollock, BSN '76.

Summer Informatics Conference

Draws Record Attendance

The 15th Annual Summer Institute in Nursing Informatics, Breaking the Barriers of Healthcare Informatics – People, Process & Technology, was held last July at the School of Nursing. A record number of participants (573 on-site; 116 via web cast), representing 13 countries, took part in the conference, which featured presentations by international leaders in the nursing informatics field.

Linda Fischetti, MS, RN, health informatics architect, Future Health Systems Design and Usability, Veterans Health Administration, delivered the keynote address, "The National Health Information Technology Agenda: Now Nurses Can Get On Board," which addressed how the nurse informaticist can become a strategic partner in driving the national health care informatics agenda.

As part of the conference, participants enjoyed an evening of dining, networking and dancing at Baltimore's 1840's Ballroom, a venue that offers a unique look back at Baltimore in the 1800s with exquisite architecture and timeless murals.

The annual conference is designed for nurse managers and executives, nurses interfacing with information systems departments, managers of



Conference attendees check out a Smart Pump.

nursing information systems, and informatics educators. It benefits nurses who are new to informatics, as well as those who have experience in the field.

The 2006 Summer Institute in Nursing Informatics, "Advancing Clinical Practice Nursing Informatics," is scheduled for July 19-22 at the School of Nursing. More information about the event is available at www.nursing.umaryland.edu/informatics.

Two From School of Nursing

Inducted into Academy

Ann Marie Spellbring, PhD, RN, FAAN, associate professor in the Department of Organizational Systems and Adult Health, and Debra Spunt, MS '83, BSN '79, RN, FAAN, assistant professor and director of the School of Nursing's simulation laboratories, were inducted as Fellows of the American Academy of Nursing (FAANs) at ceremonies held Nov. 13 in Scottsdale, Ariz. They join 15 of their School of Nursing faculty colleagues who also hold this prestigious honor.

Also inducted into the Academy this year were School of Nursing alumnae Cecelia Marie Gatson Grindel, PhD '88, RN, CMSRN; Patty Joy Hale, PhD '94, RN, FNP; and Georgia L. Narsavage, PhD, BSN '69, APRN, BC, bringing the total number of alumnae Fellows to 65.

Established in 1973, the Academy is comprised of more than 1,500 nursing leaders in education,

management, practice and research who work to shape health care practices for the benefit of the public. The invitation to Fellowship not only recognizes one's accomplishments within the nursing profession, but also affords the opportunity to work with other health care leaders in addressing current issues.



Ann Marie Spellbring, PhD, RN, FAAN and Debra Spunt, MS '83, BSN '79, RN, FAAN.

Fall Lectures

Deliver Timely Messages

The School of Nursing auditorium was filled to capacity for two thought-provoking lectures held last fall.

The first event, the Edmunds Lecture in honor of the Millicent Geare Edmunds Fund, was held Oct. 12, and featured Tim Porter-O'Grady, PhD, RN, FAAN, who discussed, "Creating Energy for Tomorrow's Solutions: Leadership Innovations for a New Age." Porter-O'Grady, senior partner of Tim Porter-O'Grady and Associates, and associate professor at Emory University, said the four rules for today's leaders are: 1) they must have a sense of humor; 2) they must always be catalysts with "spark" – they see the world from the balcony, not from the box; 3) they create context – they are analogous to a symphony director; and 4) they recognize that you are moving on a journey.

"The primary role of leaders today is to close the door on the age we are living in.... the script we need to write looks nothing like the script for the place where we are going," says O'Grady. "New age health care is fluid, flexible, portable and functional."

The 2005 Virginia Lee Franklin Dean's Lecture, honoring the memory of nurse and educator Virginia Lee Franklin, also celebrated the establishment of the School's first Center of Excellence—the Center for Occupational and Environmental Health and Justice. Award-winning journalist Suzanne Gordon was the guest lecturer for the Nov. 15 event.

Gordon, a nurse advocate, but not a nurse herself, has been writing about nurses for 20 years. Her



Suzanne Gordon signs a copy of her book at the post-event book signing.

lecture, "Changing the Odds for Nurses: Creating Healthy Work Environments," addressed many of the critical steps needed to change the odds to be more in favor of nurses and their patients, including adjusting nurses' work hours, giving nurses more authority over their practice in the hospitals and improving doctor-nurse relationships.

Gordon said that nurses tend to talk about their virtues, but not about their skills. She identified five things nurses must let the public know: 1) the primary role of a nurse is to protect patients; 2) nursing requires great skill, knowledge, and experience; 3) providing safe, efficient, humane care requires a nurse whose educated eyes are on the patient enough of the time; 4) the nurse's educated eyes and brain prevent infections, complications, and relapses; and 5) nursing care decreases the risk of patient injuries, illness, and deaths.

"We are turning health care workers into patients as they take care of patients," says Gordon, referring to the long work hours and stress levels of nurses. "We must change the odds for nurses and patients, and to do that, nurses must move from silence to voice."

"We were honored to host these two lectures and to welcome Ms. Gordon and Dr. Porter-O'Grady to our School of Nursing," says Dean Janet Allan. "The messages delivered by both speakers were both timely and meaningful to the nursing profession."



Kathryn Montgomery, PhD, RN, associate dean for organizational partnership, outreach and clinical enterprise; Dean Janet Allan; Mary Etta Mills, ScD, RN, FAAN, associate dean for academic affairs; and Ruth Harris, PhD, RN, CRNP, FAAN, professor and chair, Department of Organizational Systems and Adult Health, welcome Dr. Tim Porter O'Grady to the School of Nursing.

Faculty Appointments



Marjorie Buchanan, MS, RN, has been appointed clinical instructor in the Department of Family and Community Health. Buchanan holds an MS from Arizona State University College of Nursing and a BSN from the University of Cincinnati. She comes to the School of Nursing from her previous

position as a senior consultant with Community Health Connections: Public and Environmental Health Consulting.

Kristin Bussell, MS, '98, BSN '84, has been appointed clinical instructor in the Department of Family and Community Health. Bussell holds an MS and BSN from the University of Maryland School of Nursing. She comes to the School of Nursing from her previous position as a program therapist with Foundation Schools.



Karen Clark, PhD, RN, has been appointed assistant professor in the Department of Family and Community Health and director for the School of Nursing's program at the Universities at Shady Grove in Rockville. Clark holds a PhD, an MSN and a BSN from George Mason University. She comes to the School of Nursing

from her previous position as an adjunct faculty member at George Mason University and as the Magnet Project Coordinator for Washington County Hospital in Hagerstown, Md.



Joan Davenport, PhD '00, RN, has been appointed assistant professor in the Department of Organizational Systems and Adult Health. Davenport holds a PhD from the University of Maryland School of Nursing; an MSN from the University of Alabama, Birmingham; and a BSN from Salisbury University.

She comes to the School of Nursing from her previous position as an associate professor of nursing at York College of Pennsylvania.



Carol Esche, ND, RN, CNA, has been appointed assistant professor in the Department of Organizational Systems and Adult Health, and co-director of the School of Nursing's Clinical Nurse Leader program. Esche holds an ND from the Frances Payne Bolton School of Nursing, Case Western University; an

MA from the Teacher's College, Columbia University; and a BA from Goucher College. She joins the School of Nursing from her previous position as a clinical instructor at the Johns Hopkins University.

Andrea Fisch, MPH, MS '04, has been appointed clinical instructor in the Department of Family and Community Health. Fisch holds an MPH from the Johns Hopkins School of Hygiene and Public Health, an MS from the University of Maryland School of Nursing, a BA from the University of Miami, and a BSN from the University of Colorado School of Nursing. Her prior experience includes working as a school nurse and as a public health nurse.

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continued from pg. 32



Katherine Fornili, MPH, has been appointed clinical instructor in the Department of Family and Community Health. Fornili holds both an MPH and a BSN from Virginia Commonwealth University. She comes to the School of Nursing from her

previous positions as a human services program consultant with the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services, and as a member of the adjunct clinical faculty at the Virginia Commonwealth University School of Nursing.



Yun Guan, MD, PhD, has been appointed assistant professor in the Department of Organizational Systems and Adult Health. Guan received his MD from the Department of Medicine, Capital University of Medical Sciences, Beijing, China, and his MSc from

the Department of Physiology, Chinese Academy of Medical Sciences and Peking Union Medical College in Beijing. He holds a PhD from the Program in Neurosciences, University of Maryland, Baltimore. Guan comes to the School of Nursing from his previous position as a Post Doctoral Fellow in the Department of Anesthesiology and Critical Care Medicine, Division of Pain Medicine, The Johns Hopkins University School of Medicine.



Louis Heindel, DNP, CRNA, has been appointed assistant professor in the Department of Organizational Systems and Adult Health and director of the Nurse Anesthetist master's program. Heindel holds a DNP and an MS from Rush University College of

Nursing, an MA from Webster University, and a BSN from the University of Wisconsin. He received his Certified Registered Nurse Anesthetist (CRNA) from St. Francis Medical Center. Heindel comes to the School of Nursing from his previous position as a CRNA at Walter Reed Army Medical Center and at Kimbrough Ambulatory Care Center, Ft. Meade, Md.

Betina Lee, MS '99, BSN '80, has been appointed clinical instructor in the Department of Family and Community Health. Lee holds both an MS and a BSN from the University of Maryland School of Nursing. She previously served as a clinical instructor at the School of Nursing from 1998 through May 2005.



Susanna Nemes, PhD, has been appointed associate professor in the Department of Family and Community Health, and director of the School of Nursing's WHO/PAHO Collaborating Center for Mental Health. Nemes holds an MA and a PhD from Temple University,

and a BA in psychology from Harvard University. She comes to the School of Nursing from her previous position as vice president of tobacco, drug and alcohol research, Danya International, Inc., and adjunct assistant professor, George Mason University, College of Nursing and Health Sciences.

continued on next page

continued from pg. 33



Lynn Oswald, PhD, RN, has been appointed assistant professor in the Department of Family and Community Health. Oswald holds a PhD and an MSN from the University of Texas Health Science Center, and a BSN from the University of Wisconsin School of Nursing. She comes to the School of

Nursing from her previous position as an instructor at both the Johns Hopkins School of Medicine and the Johns Hopkins School of Nursing.



Debra Wiegand, PhD, RN, has been appointed assistant professor in the Department of Organizational Systems and Adult Health. Wiegand holds a PhD and MBE from the University of Pennsylvania, an MSN from Wayne State University, and a BSN from Bowling Green State University. She comes to the

School of Nursing from her previous position as a Postdoctoral Fellow at Yale University.



Linda Walker Young, MS, CRNA, has been appointed clinical instructor in the Nurse Anesthesia program, Department of Organizational Systems and Adult Health. Young holds a BSN from the Medical College of Virginia and attended the Old Dominion University Graduate School of Anesthesiology. She

comes to the School of Nursing from her previous position as a Certified Registered Nurse Anesthetist at the University of Maryland Medical System/Maryland General Hospital and as a staff anesthetist at Washington Hospital Center, Washington, D.C.

Administrative/Staff Appointments

Maisha Ali, BS, has joined the Office of Student Affairs as an academic program specialist. Ali holds a BS in Business Administration from the University of Baltimore. Her prior experience includes work as a client services representative and lab assistant at the American Red Cross, and customer service representative at the Levindale Geriatric Center.

Anouche-Marie Chapman, BA, has joined the Office of Student Affairs as an admissions counselor. Chapman holds a BA from Morgan State University. She comes to the School of Nursing from her previous position as acting program coordinator and administrative assistant at Morgan State University.

Alvette Chase has joined the Office of Development and Alumni Relations as an administrative assistant. She comes to the School of Nursing from University Physicians, Inc., where she served as an administrative assistant in General Surgery.

Steve Cukierski, BA, has joined the Office of Development and Alumni Relations as manager of the Living History Museum. He previously held the position of museum photographer and exhibit design assistant at University of Southern Illinois, where he received his BA in photography and museum science.

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continued from pg. 34

Aisha Fort, has joined the Department of Information and Learning Technologies as an office clerk for the customer service window. Her previous experience includes customer service for Maryland's EZ Pass program, and most recently as an assistant in the University of Maryland School of Medicine's Student Affairs office.

Jessica Franz, MBA, has joined the Office of Student Affairs as an administrative counselor. Franz holds an MBA from Canisius College and a BA from SUNY Brockport. She possesses several years experience in higher education, and comes to the School of Nursing from her previous position as a title abstractor at J&M Abstracts.

Eula Gautreaux, BS, has joined the Office of Student Affairs as an admissions counselor. Gautreaux holds a BS from Jacksonville University, and comes to the School of Nursing from her previous position as a career coordinator with Baltimore City Community College.

Betty Goff, BS, has joined the Office of Student Affairs as an office clerk. Goff holds a BS from East Stroudsburg (Penna.) University. She comes to the School of Nursing from her previous position as a customer accountant executive with Comcast Cable.

Russell Harris, BA, has joined the School of Nursing as a Wellmobile driver. He holds a BA in psychology from Sojourner-Douglass College. Harris served as a firefighter/paramedic with the Anne Arundel County Fire Department for 20 years.

Cynthia McKoy has joined the Office of Student Affairs as an administrative assistant. She comes to the School of Nursing from her previous position as clerkship program secretary in the University of Maryland School of Medicine's Department of Pediatrics.

Nick Pantelides, BS, has joined the Office of Admissions and Student Affairs as director of admissions. Pantelides holds a BS from the U.S. Naval Academy, where he served as director of admissions for more than 20 years.

Matthew Rietschel, MS, has joined the Information and Learning Technologies staff as an instructional design technician. Rietschel holds an MS in instructional technology from Towson University, and has broad experience in technology and instructional design.

Danyelle Rosebrough, has joined the Department of Organizational Systems and Adult Health as a research project coordinator. She will be working with Associate Professor Catherine Kelleher, ScD, MPH, MS, RN, on her grant, "Home Care Outcomes of Expanded Home Health Aide Roles."

Brian Walls, BA, has joined the Office of Student Affairs as an academic coordinator. Walls holds a BA from the University of Maryland Baltimore County (UMBC). He comes to the School of Nursing from his previous position as assistant director of scholarships at UMBC.

Barbara Wilkerson has joined the Department of Organizational Systems and Adult Health as an administrative assistant. Wilkerson comes to the School of Nursing from Morgan State University, where she worked as an administrative assistant in the School of Education and Urban Studies.

Richard Zdanis, BS, has been appointed program coordinator for the Maryland Hospitals for a Healthy Environment Initiative, housed in the School of Nursing's Environmental Health and Education Center. Zdanis holds a BS from the University of Maryland College Park. He comes to the School of Nursing from his previous position as associate director of environmental services at Children's National Medical Center in Washington, D.C.

Letter from the Alumni President

Greetings fellow alumni!

This is my first letter as the new president of the School of Nursing's Alumni Association. I am honored to have the opportunity to serve you, the School, and our students, faculty, and staff. It is also a pleasure to follow Barbara Resnick, PhD '96, CRNP, FAAN, who has made a tremendous mark on the Association during her tenure.



Caleb A. Rogovin

I graduated from the School of Nursing in 1992 with a master's degree in trauma critical care and then embarked on a career focused on trauma—as an educator, clinician and specialist. My attention was later drawn to anesthesia, and after becoming a Certified Registered Nurse Anesthetist (CRNA), I worked at Cook County Hospital in Chicago and at San Francisco General Hospital. Although those positions were rewarding, I always loved teaching and knew that my career path would lead to nursing education.

In Nov. 2003, I received a call from Professor Patricia Morton, PhD '89, MS, '79, ACNP, FAAN, assistant dean for master's studies and the Doctor of Nursing Practice program at the School of Nursing, informing me that the School was starting a nurse anesthesia program. Dr. Morton had been one of my instructors and my lifelong mentor. Her phone call was one that would change my career path and my life. I am now assistant program director for the School's nurse anesthesia program, and I am privileged to be working with Lou Heindel, DNP, CRNA, director of the program.

There continues to be a strong, positive force flowing through the School. Dean Janet Allan initiated a Strategic Plan in 2003 that is now in full swing, several new programs have been introduced, and student

enrollment is at an all-time high. Our current students are a diverse group of the best and brightest in the nation, amazing research continues to take place in the School's labs, and the latest technological methods for educating nurses continue to improve student learning.

The Alumni Association Council has been hard at work on many new projects, including a special alumni luncheon held during the School's annual Summer Institute for Nursing Informatics. It was amazing to see so many of our alumni who have taken the nursing informatics world by storm.

The Alumni Heritage Celebration and Reunion in May was very special to me. As the incoming president of the Alumni Association, it was a pleasure to meet the newest members of our Heritage Class (alumni who graduated 50 or more years ago)—the Class of 1955. Their spunky wit, lifelong friendship, and continued support of the School are truly exceptional.

Another spring event brought graduates of our Walter Reed Army Institute of Nursing (WRAIN) program back to the School for a reception in honor of Maj. Gen. Gale Susan Pollock, BSN '76, MBA, MHA, MS, CRNA, FACHE, who received an honorary doctoral degree from the University during the 2005 Commencement.

The Alumni Council is working hard on a number of new projects, including a mentoring program and our first trip abroad. In addition, they are working on ways of bringing alumni together at regional and national conferences, and ways of bringing alumni and current students together. You will be hearing more about these projects as we move forward.

The Alumni Association is your connection to the School, and it can only be successful with your support. And, support is not only about giving money. It is also about giving time—as a volunteer on committees, at events, and with other outreach initiatives.

As you read this edition of *University of Maryland NURSING*, you will notice expanded alumni pages and updates. We encourage you to contact us with your news, and let us know how you are, where you

continued on next page


continued from pg. 36

are, and what's going on with your career and your life. Also, send us your ideas on how we can help you and let us know how you would like to get involved.

Samantha "Sam" Davis, director of alumni relations and annual support, is planning new alumni events, outreach activities, and more, but she cannot do it alone. Together, we can build on our strengths to make the Alumni Association a strong and integral part of the School.

Please do not hesitate to contact either Sam or me with any comments, questions, or concerns you may have. This is your Alumni Association!

Sincerely,



**Caleb A. Rogovin, MS '92,
CRNA, CCRN, CEN**

Alumni Office contact information:

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Alumni Association Council

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Janet Rexrode Southby, MS '71
Sandra Sundeen, MS '68
Sue Thomas, BSN '69, MS '73

Romano Named Chief Nurse of U.S. Public Health Service

Rear Admiral (RADM) Carol A. Romano, PhD '93, MS '85, BSN, 77, RN, BC, CNAA, FAAN, was recently selected as the Chief Nurse Officer, U.S. Public Health Service (USPHS). In her new role, RADM Romano is responsible for providing leadership and coordination of Public Health Service (PHS) nursing professional affairs for the Office of the Surgeon General and the PHS in contacts with groups at the state, national and international levels, and with professional societies concerned with nursing issues. RADM Romano will provide guidance and advice to the Surgeon General and the Nurse Professional Advisory Committee (N-PAC) on matters such as standards, recruitment, retention, readiness and career development of PHS nurses.

RADM Romano began her civil service career as a clinical research nurse at the National Institutes of Health (NIH) Clinical Center in 1971. She was appointed to the Commissioned Corps in 1986 and assimilated as a Regular Corps Officer in 1993. RADM Romano has worked at NIH in a variety of positions, including associate investigator, clinical research nurse, nurse educator, nursing information systems specialist, director of marketing and recruitment, and director of clinical informatics and quality assessment. Her research includes completed and published studies in the area of informatics education, confidentiality of clinical records, and the adoption of innovations.

"My career in the USPHS has focused on improving the quality of health care and the delivery of health service through the use of information technology," says RADM Romano. "As a nurse in the Corps, I have had the opportunity to participate in national and international initiatives that address the privacy and management of individual's health information."

RADM Romano is a recognized pioneer in the field of nursing informatics. She was involved in designing and implementing one of the first computerized medical information systems in 1976, which provided electronic medical orders and clinical documentation for patients in ambulatory and hospital environments. She was a co-architect of the world's first graduate curriculum in nursing informatics at the University of Maryland School of Nursing, and she has mentored numerous students in this field. She has authored over 50 published papers, edited two books, served on three editorial boards, given numerous presentations at national and international conferences, and has held several adjunct faculty appointments. She served as chair of



RADM Carol A. Romano

continued on next page

continued from pg. 38

the Commission on Certification (1997-1998) for the American Nurses Credentialing Center, a member of the Advisory Board on Therapeutic Information Management (1995-2000) for the U.S. Pharmacopeia's Drug Index, and co-chair of the Maryland State Board of Nursing Task Force on Standards of Practice (2001).

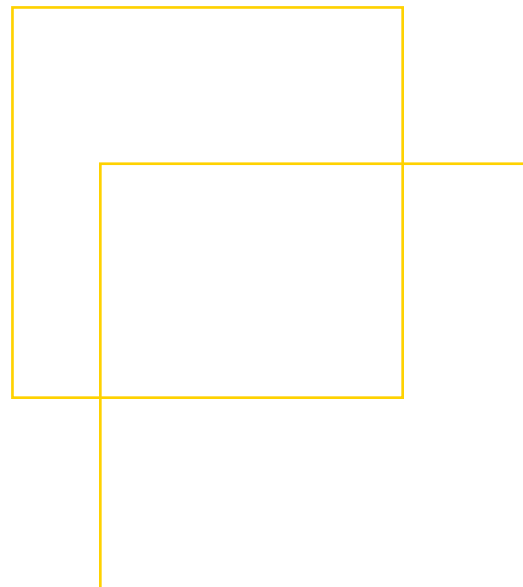
RADM Romano has been an advisor to the World Health Organization on management of manpower and health information across developing countries. In addition, she provided consultation to the Department of Health and Human Services (DHHS) Commission on Nursing and the NINR panel on research priorities in informatics. She was appointed as Executive Secretary to the Surgeon General's Workgroup on Physical Activity and Health, Chair of the NIH Advisory Committee for Women, and as a member of the NIH Diversity Congress. RADM Romano also co-developed the NIH Nurse Scientist Training Program. She has played a leadership role in emergency response and was instrumental in creating the Federal Volunteer Line within the first couple of days after Hurricane Katrina landed. She is currently assigned as the Deputy Chief Information Officer at the NIH Clinical Center in Bethesda, Md., where she directs the clinical operations for development, implementation and evaluation of the NIH Clinical Research Information Systems.

"I am excited about the opportunity to contribute to nursing in this new capacity," says RADM Romano. "There are many challenges, including the need to create the future of Public Health Service Nursing and the next generation of public health service nurses. Some of the issues that will frame my direction in the next four years include nurse readiness and preparedness for emergency responses, focusing on evidence-based practice and inquiry, recruitment and progressive career development for nurses, and communications and partnerships with stakeholders in health and education."

RADM Romano has received numerous awards, including the PHS Meritorious Service Medal, three PHS Outstanding Service Medals, a Commendation Medal, two PHS Achievement Medals, two PHS Citations, three PHS Unit Commendations, the PHS Crisis Response Medal, the NIH Director's Award, the Clinical Center Director's Award, and two DHHS Quality of Life Awards. She has been named to the *World's Who's Who of Women* and *Who's Who in American Nursing*.

RADM Romano received a diploma in nursing in 1971 from the Geisinger Medical Center in Danville, Penna.; and a Bachelor of Science in Nursing in 1977, a Master of Science in 1985, and a PhD in 1993 from the University of Maryland School of Nursing. She completed the Senior Manager's in Government Training Program at Harvard University School of Government (1997) and the Interagency Federal Health Care Executive Training Program at George Washington University (1993). She is Board Certified by the American Nurse's Credentialing Center in nursing informatics and in advance nursing administration.

"We are proud to count RADM Romano among our cadre of distinguished alumnae," says Dean Janet Allan. "We wish her great success in her new role."



Alumni Serve Their Country at Home and Abroad

Lt. Col. John Nerges, MS '02, RN, CCNS, is a critical care nurse manager at Madigan Army Medical Center in Tacoma, Wash., where he runs the Center's critical care nurses training program. Today, his patients are primarily active duty soldiers, their families, and military beneficiaries.

Nerges, who has been in the U.S. Army since 1982 and on active duty since 1992, has spent more than half his career treating the military and their families. Before he came to Madigan in mid-2005, he was head nurse at the Medical Intensive Care Unit at Walter Reed Army Medical Center in Washington, D.C. Nerges' three years at Walter Reed included a six-month deployment to Kuwait, during Operation Iraqi Freedom.

"I was head nurse in a combat-support intensive care unit when the ground offensive was being initiated. It was a hot, sandy, intense couple of months," Nerges says. But in some ways, he adds, working in the desert—even with the heat, insects, viruses, and dehydration—was no tougher than caring for wounded soldiers back in the U.S. "It was just a different kind of challenge," he says.

In the desert, Nerges and his staff stabilized wounded soldiers so they could travel to an American base in Germany and then be transferred to a stateside military hospital. He didn't take care of any one soldier for a long period of time, he says.

Back home, the environment was different. At Walter Reed, his patients were primarily soldiers injured in combat, a significant number of whom had serious injuries. Many were amputees who had been wounded by the now ubiquitous improvised explosive devices (called IEDs). As a result, they had long recovery and rehabilitation times.

Nerges says that in his job as an administrator, he was also taking care of soldiers' families' needs.

"Typically, an injured soldier's family is flown to Walter Reed to be with the soldier while he or she recovers," Nerges says. "The Army spent a lot of time making sure families were cared for. I worked very closely with social workers." Soldiers' families needed services and counseling, and sometimes—simply to be comforted.

"The family is overwhelmed and scared when their loved one has been seriously injured in combat. They want to be assured. They want you to talk with them," he says. "Sometimes, families are happy just to sit down with a cup of coffee and have someone listen to them. Just listen. I did a lot of that."

Nerges says that working at Walter Reed was the toughest, and also the most personally rewarding, nursing job he has had. "My patients provided me with many enlightening moments," he says.



Lt. Col. John Nerges

Nerges describes one such moment. "I was riding in the elevator one day, frowning, wrapped up in my thoughts, when a soldier says, 'Hey sir, you look like you're having a bad day.' 'I looked up to see who had spoken. It was a soldier in a wheelchair, a double-amputee. Then he says, 'You know, sir, everything is going to be OK.' He was telling me not to let the circumstances of my life get to me," recalls Nerges.

Nerges was struck by the soldier's optimism.

"Soldiers like him helped me keep things in perspective," he says. "I thought to myself, 'Wow, what did America ever do to deserve a soldier like this?'"

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continued from pg. 40

Col. Rita A. Kerrick, BSN '71, thought she would try out military life in 1973 by enlisting in the U.S. Air Force Reserves for weekend duty as a flight nurse. Thirty-two years later, on March 19, 2005, she was honored during her retirement celebration at Andrews Air Force Base as Colonel Rita Kerrick, Commander of the 49th Aeromedical Evacuation (AE) Squadron with the 459th Air Refueling Wing – Maryland's only Air Force Reserve Unit.

Kerrick has served her country at home and abroad. During her service time, Kerrick flew around the United States and the world in Air Force cargo planes to countries such as France, Germany, Panama, Spain, Italy, and England, on training missions learning to be combat-ready.

"I would not have seen the world if I hadn't joined the Air Force Reserves," says Kerrick. "Although the training and live missions were fun, it was the people I worked with that kept me around for so long. There is something about being around people in that environment that made it worth it."

As a flight nurse, (Major) Kerrick, flew injured soldiers during the Desert Shield/Desert Storm War from Germany back home to the U.S. In 1996, following that conflict, she was a member



Col. Rita A. Kerrick

of the crew that flew the Kohbar Tower bombing victims from Lebanon back to the U.S. She continued to move up the ranks as Officer in Charge of Medical Readiness, Quality Assurance and Aircrew Training; Director of Operations; Chief of Standardization and Evaluation; and Chief Nurse, before assuming the role as Commander of the 459th. She has served as Chief Flight Nurse, instructor and examiner, with over 2,000 flight hours, on C-9, C-141, C-130 and KC-135 cargo aircrafts. Kerrick was the recipient of the 60th Aeromedical Evacuation Squadron Commander's Award for Superior Performance, and was honored in 2000 by the 22nd Air Force and Headquarters Air Force Reserve Command as Officer Reserve Technician of the Year.

The mission of an AE Squadron is to get wounded and injured military personnel out of harm's way and back home alive, which takes a great deal of training and commitment by the whole team. "There is a quality of care given on Air Force planes that is the best there is," she says.

As Commander, Kerrick says she had to see the "big picture" to assure that every member in her squadron—whether they were nurses, AE technicians, medics, health services administrators or radio operators—was trained and equipped to perform their specialty for aeromedical evacuation missions. That meant that at any point, at any time, squadron members were ready to get on a cargo plane and turn it into a medical and nursing care environment.

"I proudly supported the current Iraqi War by sending the best trained and skilled nurses and aeromedical technicians to pick up and return the injured and wounded back home for medical treatment," she says. "Aeromedical personnel are unique people who are willing to work hard because they believe what they do makes a difference."

(The portion of this story about Col. Rita Kerrick was reprinted with permission of the *Baltimore Times*. The original story, "Colonel Rita Kerrick Serves Her Country Well at Home and at War," by Janine Guerrier Smith, was published in the April 22, 2005 edition of the *Times*.)

Class Notes

2005 –

Air Force Captain Kristi Norcross, BSN '05, was featured in a front-page article and photo, "Nurse-Midwives Bring Personal Touch to Births," in the "Local News" section of the April 18, 2005 edition of the *Hampton Roads (Va.) Daily Press*. Norcross is a practicing midwife at the Langley AFB Hospital in Hampton, Va.

Gbola Oladele, BSN '04, was elected to the City Council in Cheverly (Prince George's County), Md.

2004 –

Karen Kaiser, PhD '04, RN, AOCN, received the 2005 Pain Initiative Champion Award at the American Alliance of Cancer Pain Initiatives annual meeting held in St. Louis. The award recognizes individuals who have made an outstanding contribution to the growth, development and accomplishments of a pain initiative.

April (Nefferdorf) Saathoff, MS '04, had the following article published: Saathoff, A. (2005). "Human Factors Considerations Relevant to CPOE Implementations." *Journal of Healthcare Information Management*, 19(3), 71-78.

Meaghan Taylor, MS '04, RN, had an article, "ARDS Diagnosis and Management: Implications for the Critical Care Nurse," published in the September/October 2005 issue of *Dimensions in Critical Care Nursing*.

2003 –

LCDR Eric J. Davis, NC, USN, MS '03, authored the article, "Educating Perioperative Managers About Materials and Financial Management," published in the April 2005 edition of the *AORN Journal*.

Doctoral candidate **Young-Ju Kim, MS '03, RN**, and **Karen Soeken, PhD, RN**, a professor in the School of Nursing's Department of Organizational Systems and Adult Health, had the following article published:

Kim, Y.J. & Soeken, K.L. (2005). "A Meta-Analysis of the Effect of Hospital-Based Case Management on Hospital Length of Stay and Readmission." *Nursing Research*, 54(4), 255-264.

In addition, Kim co-authored the following publications: Xiao, Y., Kim, Y. J., MacKenzie, C., Gardner, S., & Faraj, S. (2005). "Coordination and Technology: National Survey of Trauma Centers." University of Maryland, Baltimore, Maryland.

Peragallo, N. P., DeForge, B., O'Campo, P., Lee, S., Kim, Y. J., Cianelli, R., & Ferrer, L. (2005). "A Randomized Clinical Trial of an HIV Risks Reduction Intervention Among Low-Income Latino Women." *Nursing Research*, 54(2), 108-118.

Maher El-Masri, PhD '03, MS '98, received the 2005 AACN-Sigma Theta Tau Critical Care Grant for his study, "Examining the Effectiveness of 0.12% Chlorhexidine Gluconate Oral Rinse in Reducing the Rate of Ventilator Associated Pneumonia in ICU Patients: A Controlled Randomized Double Blind Study."

A story, "Worn Soldiers, Storm Victims Grateful for Navy Ship's Comforts," which appeared in the Sept. 7 edition of *The Virginia Pilot* and was posted on *PilotOnline.com*, featured the work of 80 health care workers from Portsmouth Naval Medical Center who were dispatched to the U.S.S. *Iwo Jima* (based in New Orleans) to provide medical assistance to Hurricane Katrina victims. **LCDR Clifford Pyne, MS '03, RN**, who was part of the group, was pictured in the photo that accompanied the story.

2002 –

Pamela Ann Gill, BSN '02, RN, graduated with her Master of Science in Nursing and a minor in Nurse Anesthesia Education from the University of Pittsburgh School of Nursing last December. She has accepted a staff position at Tampa (Fla.) General Hospital. In addition to practicing as a nurse anesthetist, Gill plans to acquire her Doctorate in Nursing Practice and teach part-time as a didactic and clinical instructor for the new University of Southern Florida Nurse Anesthesia Program.

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continued from pg. 42

2001 –

U.S. Air Force Maj. Susan Dukes, MS '01, co-authored "Cardiovascular Aspects of Septic Shock," which was published in the April 2005 issue of *Critical Care Nurse*.

Marilyn Kelly, MS '01, RN, a research nurse at the Warren G. Magnuson Clinical Center, National Institutes of Health, won first prize for her poster presentation, "Skeletal Site Involvement and Pain in Fibrous Dysplasia and McCune Albright Syndrome," at the Pediatric Endocrinology Nursing Society meeting held in New Orleans.

Connie Ulrich, PhD '01, and **Karen Soeken, PhD**, a professor in the School of Nursing's Department of Organizational Systems and Adult Health, co-authored the following article:
Ulrich, C. & Soeken, K. "A Path Analytic Model of Ethical Conflict in Practice and Autonomy in a Sample of Nurse Practitioners." *Nurse Ethics*, 2005 May; 12(3):305-16

Dr. Ulrich also co-authored the following article:
Ulrich, C., Danis, M., Koziol, D., Garrett-Mayer, E., Hubbard, R. & Grady, C. "Does It Pay to Pay?: A Randomized Trial of Prepaid Financial Incentives and Lottery Incentives in Surveys of Nonphysician Healthcare Professionals." *Nurse Research*, 2005 May/June; 54(3):178-183.

2000 –

Elaine Feeney, PhD '00, RN, C, CARN, associate professor, York College of Pennsylvania School of Nursing, has been granted tenure at that institution. Dr. Feeney opened two new nurse-managed wellness centers in September 2005, bringing the total to four centers founded by her.

Jamie Green, BSN '00, RN, a post-master's student in the Health Services Leadership and Management program, was selected for a health policy fellowship in the U.S. Congress, working with Congressman Elijah Cummings. She is developing policy aimed at eliminating health disparities and improving access to health care.

1999 –

Teresa Richardson, BSN '99, has been elected secretary of the American College of Nurse Practitioners' Board of Directors. Richardson received a post-master's certificate as a psychiatric family nurse practitioner from the School of Nursing in 2002, and is currently working as a psychotherapist for children and adolescents in Bethesda, Md.

1998 –

Kiersten Jossi Henry, BSN '98, RN, a trauma, critical care and emergency nursing ACNP student, traveled with a small team of RNs and respiratory therapists from Montgomery General Hospital to provide medical assistance to patients at the Louisiana State University Field Hospital in the wake of Hurricane Katrina. An article, "A Journal from Katrina's Front Lines," written by Henry's mother, Kyle Louise Jossi, RN, was published in the Sept. 26, 2005 edition of *Nursing Spectrum* magazine. Henry co-authored the article, which included excerpts from her daily e-mails to her family about her experiences.

Dee Jones, BSN '98, began the master's program at Wilmington College (Delaware) last fall, where she is majoring in Nursing Leadership and Business Administration. Jones was awarded the 2005-2006 Professional Nurse Trainee Scholarship for graduate studies. In addition, she was named to the 2004-2005 list of "Who's Who Among Teachers" for the second consecutive year.

Samson Omotosho, PhD '98, a faculty member at Coppin State University, had his book, *Being an African Student: Stories of Opportunity and Determination*, published by the University Press of America in March 2005.

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1996 –

Air Force Major Maria DeJong, PhD, MS '96, completed her PhD in nursing at the University of Kentucky last May. In addition, DeJong was lead author of an article, "Using a 0-10 Scale for Assessment of Anxiety in Patients with Acute Myocardial Infarction," which was published in the May/June 2005 issue of *Dimensions of Critical Care Nursing*.

1994 –

Sandra Swoboda, MS '94, received the 2005 AACN Critical Care Grant for her study, "Does Isolation for Infection Control Increase Adverse Events and Decrease Patient Satisfaction in an Intermediate Care Unit?"

1993 –

Kenneth Zeri, MS '93, RN, president and CPO, Hospice Hawaii, was featured in an article, "Leadership Corner: Ken Zeri," which was published in the *HonoluluAdvertiser* in February 2005. The article also appeared on the Web site, www.HonoluluAdviser.com.

1988 –

Joan Warren, PhD, MS '88, RN, BC, has been named Director of Professional Practice and Research at Franklin Square Hospital in Baltimore.

1985 –

Sharon Kelley, MS '85, RN, vice president of patient services and chief nurse executive, Mt. Washington Pediatric Hospital (Baltimore), recently graduated from the Johnson & Johnson-Wharton Fellows Program in Management for Nurse Executives, an intensive three-week management education program held at the Wharton School of the University of Pennsylvania. She was one of 43 senior nurse executives selected to participate in the program, which provides participants with critical business and management knowledge.

Frances Lessans, MS '85, BSN '80, president of Passport Health and a member of the School of Nursing's Board of Visitors, was named an Innovator of the Year for 2005 by the *Baltimore Daily Record*, and was featured in the newspaper's Sept. 22, 2005 supplement highlighting the 2005 honorees.

1983 –

Doctoral candidate Susan K. Newbold, MS '83, RN, BC, FAAN, FHIMSS, and **Barbara Covington, PhD, RN**, associate dean for information and learning technologies at the School of Nursing, presented, "Technology's Role in Addressing Maryland's Nursing Shortage," at the Canadian Nursing Informatics Association's first conference, held last September in Toronto. In addition, Newbold presented, "Health Information Seeker Identified Utility of Search Strategies for Web-Based Health Information," at the Sigma Theta Tau International Honor Society of Nursing's 16th International Nursing Research Congress held last summer in Hawaii.

Newbold was quoted in an article, "Bold New World," which was published in the May 2005 issue of the *American Journal of Nursing*. In addition, she was awarded a \$2,000 graduate scholarship from the National Capitol Area Chapter of the Healthcare Information and Management Systems Society. The new scholarship is for students who are studying health management or information systems.

1979 –

Peggy Chamberlain Wilmoth, PhD, MS '79, BSN '75, RN, a professor in the Department of Adult Health Nursing, College of Health and Human Services, University of North Carolina-Charlotte, was recently promoted to Brigadier General, U.S. Army Reserve. In addition, she is Commander of the 332nd Medical Brigade, headquartered in Nashville, which includes 7,000 soldiers in 67 units across eight different states and Puerto Rico. She is the first nurse in the history of the Army to be board selected to command a Medical Brigade.

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continued from pg. 44

1977 –

Cheryl Beversdorf, MHS, MA, BSN '77, was named President/CEO of the National Coalition for Homeless Veterans, an organization representing community-based groups throughout the country that provide services (mental health, substance abuse, employment, housing) to homeless veterans.

1975 –

Linda Flynn, BSN '75, assistant professor, Rutgers College of Nursing, had her study, "The Importance of Work Environment: Evidenced-Based Strategies for Enhancing Nurse Retention," published in the June 2005 issue of *Home Healthcare Nurse* (Vol. 23, Issue 5). In addition, Flynn's research, "Organizational Attributes Valued by Hospital, Home Care and District Nurses in the United States and New Zealand," was featured in the first quarter issue of the *Journal of Nursing Scholarship* (Vol. 37, Issue 1).

1974 –

Susan Markus, BSN '74, RN, OCN, a graduate student in the School of Nursing's Clinical Research Management program, received an Oncology Nursing Society Foundation Academic Scholarship in the amount of \$3,000. In addition, Markus authored the following article: "A Research Department of One," *ONS Clinical Trials Newsletter*, Vol. 16, Issue 1, April 2005.

1972 –

Patricia Hong, MA, BSN '72, RN, CCRN, retired from the University of Alaska Anchorage in July 2005, after serving 22 years as a faculty member in the Associate of Applied Science Nursing Program. Hong was granted Emeritus status upon her retirement. She also retired from the U.S. Air Force Reserve in 1999.

1971 –

Air Force Col. Rita Kerrick, BSN '71, was featured in an article, "Colonel Rita Kerrick Serves Her Country Well at Home and War," which was published in the April 22 edition of the *Baltimore Times*. The article highlighted Kerrick's 32 years of service in the Air Force, upon her recent retirement (see article on p. 41.)

1969 –

Teri (Friedman) Reid, BSN '69, a pediatric nurse practitioner at Womack Army Medical Center, Ft. Bragg, N.C., was recently named Nurse Practitioner of the Year for the Ft. Bragg, N.C. community. Reid developed the Medical Center's Post Partum Depression program. She also wrote books for children whose parents have gone to war.

1966 –

Sharon Hanopole, BSN '66, completed a 22-hour continuing education course in the "Artist in Hospitals" certificate program at Montgomery College (Md.). She will be doing artwork with patients at Suburban Hospital in Bethesda, Md., in addition to her job as Case Manager in Maternal Child Health at Howard County General Hospital in Columbia, Md. Hanopole also holds an associate's degree in graphic arts from Montgomery College.

1965 –

Maxine Roge' Johnson, MS '65, RN, director of grants, planning and development, and associate professor at Northwestern State University (NSU) in Louisiana, has been inducted into the NSU Hall of Distinction, the "Long Purple Line," for 2005. This Induction is the highest honor bestowed on NSU alumni.

Class of 1955 Inducted Into Heritage Class

2006 Event Scheduled for May 5-6

An all-class reception at the B&O Railroad Museum kicked-off the School of Nursing's 2005 Alumni Heritage Celebration, held May 6 and 7. A large number of alumni, faculty, staff and friends of the School enjoyed reminiscing, sharing stories, mingling with friends and visiting the historic railroad car exhibits. The following day, 24 members of the Class of 1955 were inducted into the Heritage Class – a special honor for those who graduated 50 or more years ago. During the program, Class of 1955 alumna Audrey Layman Clemens, presented Dean Janet Allan with a generous check from her class to support student scholarships and the School's Institute for Educators in Nursing and Health Professions.



The Class of 1955.

The Class of 1945, celebrating their 60th reunion, was also well represented, with 14 class members in attendance. During the program, Barbara Kurz, DIN '45, presented the first Alice Catherine Horine Scigliano Nursing Scholarship to Jamie Boswell, who will graduate from the BSN program in May 2006.

Another highlight of the event was the introduction of new Alumni Association President Caleb Rogovin, MS '92, CRNA, CCRN, CEN, assistant director of the School's nurse anesthesia program. Rogovin succeeds Professor Barbara Resnick, PhD '96, CRNP, FAAN, who served as the Alumni Association president for many years. The program also featured the bestowing of Professor Emeritus status upon Betty Shubkagel, DIN '54. (See article on p. 26.)

Mark your calendars now for the 2006 Alumni Heritage Reunion and Celebration weekend, scheduled for May 5-6, when the Class of 1956 will be inducted into the Heritage Class, and all classes ending in "1" and "6" will be honored. The event will also include a

continuing education program and an all-class reception. All alumni are encouraged to attend; you do not have to be in a celebrating class to join in the fun. Anyone interested in helping to plan the event should contact Samantha Davis, director of alumni relations and annual support, 410-706-0674, or e-mail: ssdavis@son.umaryland.edu



Dean Janet Allan and Heritage Class members enjoy the B&O Railroad Museum.

In Memoriam

Eva E. Bankert DIN '30
 Ruth C. Frothingham, DIN '30
 Ruth Horrigan, DIN '35
 Virginia Danner, DIN '36
 Dorcas Beaubien, DIN '40
 Grace Pendelton, DIN '42
 Florence Tarr, DIN '42
 Eloise R. Sith, DIN '44
 Doris Macomber, DIN '45
 Doris Heaver, DIN '46
 Mrs. Robert F. Lamb, DIN '47
 Dorothy Arthur, DIN '49
 Betty Ferguson, DIN '51
 Mary Ann Keller, DIN '51,
 BSN '62

Lorraine T. Olmedo, DIN '51
 Selma M. Brawner, DIN '53
 Barbara Yates Elgin, DIN '54
 Betty A. Ferguson, DIN '54
 Marie H. Glotfelty, DIN '54
 Ann Taylor Gould, DIN '55
 Valda B. Emerson, BSN '57
 Mrs. Todd Messick, BSN '57
 Harriet H. Bond, MS '60
 Chairaine A. Bentz, MS '62
 Evelyn M. Cortezi, BSN '63
 Virginia A. Gossard, BSN '66
 Elizabeth Kreiger, BSN '68
 Ralph G. Syankowski, BSN '68
 LTC Joanne M. Brinkmann,
 MS '69

Clarence E. Gibney, BSN '69
 Betty L. Likins, BSN '70
 Dr. Elizabeth V. Stewart,
 BSN '70
 Naomi White, BSN '72
 Elizabeth Hweitzel, BSN '74
 Kathryn P. Martinez, BSN '74
 Lois Mason, BSN '78
 Ferlene E. Bailey, MS '80
 Susan L. Kruchko, MS '84
 Linda W. Viscardo, BSN '85,
 MS '90
 Sharon Coleman, MS '94
 David A. Purpora, BSN '97
 Joanne W. Leverton, BSN '98
 Gerda K. Hatem, MS '99

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- Dinner at Rules Restaurant (oldest restaurant in London)
- Escorted tour of Windsor Castle and a Thames River Cruise, including lunch
- A full-day visit to the Nightingale Museum, including lunch
- Afternoon High Tea in London
- Leisure time to enjoy London on your own (or take an optional tour to the English countryside)
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COST for this Escorted Tour:

\$2195 per person, based on double occupancy, including round-trip air fare from Baltimore

* (Note: Price may be less depending upon number of people traveling in the group.)

Mark your calendar now, and plan to join us for this exciting trip abroad. Watch for further information, or contact Samantha Davis, director of alumni relations and annual support, 410-706-0674, or e-mail: ssdavis@son.umaryland.edu.

Board of Visitors Names New Chair, Adds New Members

*The School of Nursing's Board of Visitors has added eight new members and named current Board member **Steven S. Cohen** as its new Chair. Cohen will succeed David Oros, CEO of Aether Holdings, Inc., who has held the position of Board Chair for the past two years.*



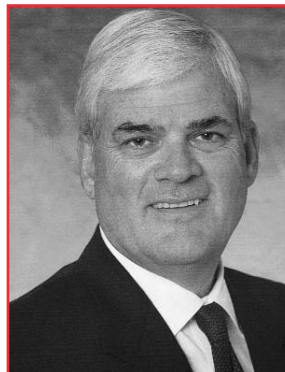
In his role as senior vice president for medical affairs and network management at CareFirst BlueCross BlueShield, **Eric R. Baugh, MD**, is responsible for providing leadership to the company's entire medical system for HMO and PPO products, Utilization Review, Medical Quality Assurance, Preventive Medicine, and Medical

Policy. Dr. Baugh previously served as executive vice president of medical affairs and medical director of Mid-Atlantic Medical Services, Inc., and prior to that, he served 21 years in the United States Air Force.



Suzanne Beckner, PhD, is a biochemist and associate director at Westat, a clinical research organization located in Rockville, Md. In this role, Dr. Beckner is responsible for corporate oversight of Phase I and IV clinical trials, preclinical research, and laboratory and other types of biomedical studies.

She possesses 20 years experience in the biopharmaceutical industry and 15 years experience in basic biomedical research.



In his role as Senior Vice President of Integrated Operations at MedStar Health, **Steven S. Cohen** is responsible for the coordination and leadership of numerous operational departments, diversified business units and service lines, including comprehensive home care physician practices, pharmacy services, laboratories, imaging and facilities management. He also directs MedStar's system-wide work redesign and integration process.



As Senior Operations Executive at Erickson Retirement Communities, **Debra Doyle, MBA, RN**, is responsible for standardization of productivity improvements throughout the Erickson Communities enterprise. Her current operational responsibilities include managing and defining

standards for dining, general services and new community start-up. Erickson Communities serve over 14,000 residents and employs over 7,000 people at sites located across the United States.

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continued from pg. 48



Antonella Favit-Van Pelt, MD, PhD, is Medical Director for the Department of Clinical Pharmacology and Experimental Medicine at Guilford Pharmaceuticals, Inc. She also heads the Neurodegenerative and Movement Disorders program and leads the

strategic development program on neuroprotection for Parkinson's Disease and related disorders. She has pioneered the theranostic approach to medical management of neurodegenerative disorders and continues to promote and develop unique approaches to preventive medicine through predictive diagnosis in movement disorders and dementias.

As Director of the Division of Special Needs Populations for Maryland's Mental Hygiene Administration, **Joan B. Gillece** is responsible for developing and sustaining services for Maryland citizens who have serious mental illnesses and may also be incarcerated in local detention centers, or homeless people suffering from co-occurring substance abuse disorder or be deaf. She has been successful in obtaining private state, local and federal funding to create a variety of services for special needs populations.



School of Nursing alumna **Kathryn McCullough, MS '79, RN**, is senior vice president for patient care services at the University of Maryland Medical Center. In this role, McCullough is responsible for operational leadership of clinical and

support patient care functions. She is the organization's principal link with physicians and staff in the design and delivery of patient care services. McCullough previously served as vice president of patient care services and director of neurocare and surgical services.



School of Nursing alumnus **Caleb Rogovin, MS '92, CRNA, CCRN, CEN**, assistant program director for the School's Nurse Anesthesia program, has joined the Board as part of his duties as President of the School of Nursing's Alumni Association.

Rogovin previously worked as a Certified Registered Nurse Anesthetist at some of the major trauma centers throughout the United States, and has served as an adjunct faculty member at Rush University and the Samuel Merritt College.

Julia Smith, MBA, CPA, principal, JAS Finance, LLC, founded her firm in 2000, with an objective of providing assistance to owners and operators of long term care companies in obtaining capital, acquiring assets, and arranging the sale of assets, as well as providing support in other finance-related capacities. Smith previously worked for Bank of America for 15 years, specializing in serving the health care industry.

"We welcome our new Board members and look forward to working with them on future projects to benefit the School of Nursing," says Cohen. "We would also like to recognize the outstanding work of David Oros, who led the Board through reorganization and restructuring during his tenure as Board Chair."

Board of Visitors

Steven S. Cohen

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Senior Vice President
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Senior Vice President of Medical
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Antonella Favit-Van Pelt

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Guilford Pharmaceuticals, Inc.

Jack Gilden

President
Gilden Integrated

Joan B. Gillece

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Needs Populations
Maryland Mental Hygiene
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Katherine McCullough '79

Senior Vice President for Patient
Care Services
University of Maryland Medical
System

Carolyn McGuire Frenkil

President
Substance Abuse Services, Inc.

David S. Oros

CEO, Aether Holdings, Inc.

Marian Osterweis

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Director, Division of
Global Health
The Association of Academic
Health Care Centers

Judy Akila Reitz

Executive Vice President
and COO
The Johns Hopkins Hospital

Caleb Rogovin '92

Assistant Director, Nurse
Anesthetist Program
University of Maryland School of
Nursing
President, Alumni Council

Alan Silverstone

Independent Consultant

Julia Ann Smith

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JAS Financial, LLC

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American Society of Health
System Pharmacists

Philanthropic Investment – A Great Choice for Everyone

In recent years, the University of Maryland School of Nursing has seen a dramatic shift in how it is funded. State support dropped from 20 percent of the operating budget in 2000 to less than 11 percent in 2005, resulting in an increase in tuition to help pay for the School of Nursing's operations. The net result is twofold – students are graduating with an average debt of \$20,000, and many students are delaying their college education or completely giving up on it.

State universities have always had a mandate to provide access to all citizens who desire an education, especially those individuals who cannot afford the cost of a private school. As tuition rises, more and more students are being denied access to a college education.



How can philanthropic investment help?

Philanthropic investment in the School of Nursing can help with this dilemma. It is expected that, during the 2005-2006 academic year, philanthropic partnerships with alumni, friends, businesses, corporations and foundations will provide over \$3.5 million to support the School's \$25 million annual operating budget.

As you are probably aware, our nation is experiencing nurse and nurse faculty shortages, and these shortages are expected to increase throughout the decade. Since state support of higher education continues to decline, philanthropic investments by partners like you have become increasingly important for providing outstanding nursing education, and thus contributing more nurses to the health care work force and adding more nursing faculty to the academic ranks. It is people like you who have helped the School become a national leader in nursing education, research, and clinical practice, and who have contributed to the development of the nursing profession.

Why should I support the School of Nursing's annual fund?

By supporting the School of Nursing's annual fund, you become a partner in providing excellent nursing education. The resources are used to pay faculty salaries, support academic departments, provide scholarships for undergraduate and graduate students, expand and upgrade technological capabilities, provide funds for guest lecturers and programs, sustain the Living History Museum, and support other important areas of the School. The annual fund supports the quality of education our students receive and helps the School maintain its outstanding national and worldwide reputation.

continued on next page

continued from pg. 51

How can I invest in the School of Nursing?

Investing in the future of the University of Maryland School of Nursing is easy. Call 410-706-7640 or visit: <http://giving.umaryland.edu/Giveonline/index.htm>. The School of Nursing Development Office staff is available to answer any questions you may have.

The University of Maryland Baltimore Foundation, Inc., accepts cash, checks, money orders, and credit cards. Please make all checks payable to the University of Maryland Baltimore Foundation, Inc. Credit card payments can be made by calling the Development Office at 410-706-7640.

Appreciated Securities –

An investment of long term-appreciated securities has two major advantages. It provides an income tax deduction and it eliminates capital gains tax deductions to the fullest extent allowable under the law. If you wish to transfer appreciated securities to the School of Nursing, please contact the University of Maryland Baltimore Foundation, Inc., 410-706-4385, for instructions on transferring.

Corporate Matching Programs –

Many companies offer matching gifts to support the philanthropic investments of their employees. Contact your employer's Human Resources or Personnel Office to find out if they have a corporate matching gift program.

There are several other ways to make a philanthropic investment in the School of Nursing, including:

Endowed Funds –

Over the years, many donors have chosen to create endowed funds to support an academic program, a faculty endowment, undergraduate and graduate student scholarships, a lecture series, and/or a library book fund. A gift of \$25,000 or more is required to create an endowed fund. Endowed funds become part of the University of Maryland Baltimore Foundation, Inc.'s endowment portfolio. The principal of the fund is preserved, and only the income from the fund is used to support the

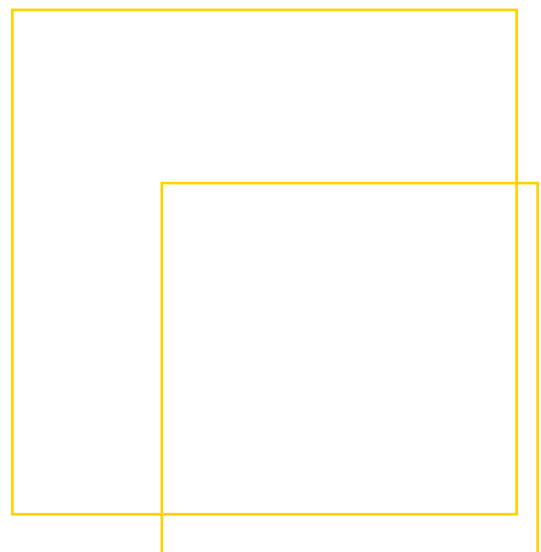
specified program or activity. All endowments are managed to increase and protect the principal investment. For more information, contact Gary Porto, director of development, 410-706-8418, or e-mail: porto@son.umaryland.edu.

Bequest or Planned Gift –

The School of Nursing has established the Legacy Council to honor individuals who designate that all or a portion of their estate be provided to the School of Nursing through a bequest or deferred gift commitment. Bequests and planned gifts can provide significant estate, capital gains, and income tax deductions, as well as life income opportunities. For more information, contact Christine Lambert, 410-706-2069, or visit: <http://giving.umaryland.edu/Guide/planned.html>.

Any gift, no matter the size, will make a difference. Please consider making a donation today!

You Make a Difference!



School of Nursing Marketplace

Offers New Items

The School of Nursing's Marketplace has been a great success, and some new items have been added to the inventory to accommodate requests from alumni and friends. The School of Nursing spirit wear, gifts and souvenirs make great holiday, graduation and thank-you gifts. Proceeds benefit the School's Living History Museum and the Alumni Association. (New items are indicated with an asterisk.)



Shirts

Golf Shirt (pink, light blue, maize, navy blue and hunter green; Sizes M-XL)	\$30
Long Sleeve T-Shirt (Red, white; Sizes M, L, XL)	\$15
Short Sleeve T-Shirt (Red, white; Sizes M, L, XL)	\$10
Sweatshirt (Gray or red; Sizes M, L, XL)	\$20



Hats:

Baseball Cap (Navy blue, maroon)*	\$15
Visor (Maroon)*	\$9

Umbrellas:

Golf Umbrella (Red/white, black/gold)*	\$25
Tote Umbrella (Red, black)*	\$15



Carrying Items:

Lunch Sack (Red)	\$7
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Mugs:

Travel Mug (Brushed aluminum)	\$13
Ceramic Mug (Red, white)*	\$7

Clocks:

Flip Clock*	\$15
Photo Frame Clock*	\$15

Disc Charms:

14K Gold	\$260	Gold Overlay	\$45
10K Gold	\$210	Sterling Silver	\$35

Wooden Building Replicas:

Davidge Hall	Parsons Hall	\$15 ea.
1970 School of Nursing	1999 School of Nursing	



Pen with Pouch (Black)	\$3
Alumni Key Ring (Gold and black metal)	\$8
License Plate Holder*	\$15
Journal*	\$10
Calculator*	\$15
School of Nursing Poster (18"x24")	\$15
Nursing Nostalgia Note Cards (12 per set)	\$10

Item	Quantity	Price Per Item	Total
			Total _____

Name: _____

Address: _____

E-Mail Address: _____

Daytime phone: _____ Cell phone: _____

Mail order form with payment to: **Valerie James, Development Associate**

University of Maryland School of Nursing, 655 West Lombard Street, Room 729, Baltimore, MD 21201-1579

(Make checks payable to: University of Maryland School of Nursing) **Questions? Call Valerie James, 410-706-7640.**

Leadership • Partnership • Innovation



Current master's student Dora X. Frank, RN.



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Nursing Informatics and Health Services Leadership and Management master's specialties are available completely on-line.

Coming Fall 2006

**New Doctor of Nursing Practice Program
(pending approval)**

Call 410-706-4378 for information.

Alumni – Share Your News!

Please send us information about what's happening in your life – appointments, presentations, honors, awards, advanced education/degrees – so we can include your news in the “Alumni Pulse” section of the magazine. Photos are welcome! Your news items will be used as space permits.

NAME (INCLUDE MAIDEN NAME): _____

DEGREE(S) & YEAR OF GRADUATION:

HOME ADDRESS:

IS THIS A NEW ADDRESS? YES NO

DAYTIME TELEPHONE: EVENING TELEPHONE:

E-MAIL ADDRESS: CURRENT POSITION(S):

NEWS:

[illegible]

PLEASE COMPLETE FORM, DETACH, AND RETURN TO:

Samantha Davis
Director of Alumni Relations and Annual Support
University of Maryland School of Nursing
655 West Lombard Street, Suite 729
Baltimore, MD 21201
E-mail: ssdavis@son.umaryland.edu
Fax: 410-706-0399

Mark Your Calendar

Ann Ottney Cain Lecture in Psychiatric Nursing

"Old Wisdom....New Science: East Meets West in the Practice of Integrative Psychiatric Nursing"
Friday, April 7, 2006

For information, call 410-706-3767 or
visit www.nursing.umaryland.edu/events

Evidence-Based Practice Conference

Thursday and Friday, April 6 and 7, 2006

For information, call 410-706-3767 or
visit www.nursing.umaryland.edu/events

Alumni Heritage Celebration

Friday and Saturday, May 5 and 6, 2006

For information, call 410-706-0674
visit www.nursing.umaryland.edu/events

Convocation

Friday, May 19, 2006

9:30 a.m.

Baltimore Convention Center

Commencement

Friday, May 19, 2006

3 p.m.

First Mariner Arena

Alumni Trip to London

Saturday, June 3 – Friday, June 9, 2006

For information, call 410-706-0674

Summer Institute in Nursing Informatics

Wednesday, July 19 – Saturday, July 22, 2006

For information, call 410-706-3767 or
visit www.nursing.umaryland.edu/informatics



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