

### From the Dean



Dean Janet D. Allan

### **School of Nursing Ranks in Top 10 for Fifth Consecutive Time**

The School of Nursing remained in the nation's Top 10 graduate schools for the fifth consecutive time when *U.S. News & World Report* announced their rankings last spring.

Four of the School's master's specialty programs also received top rankings. The adult nurse practitioner program ranked fifth, the nursing service administration program ranked seventh, and the adult/medical-surgical and community/public health programs were ranked eighth.

"I am very proud that our School continues to achieve Top 10 status," said Dean Janet Allan. "I am very pleased, too, that we attained Top 10 rankings in several of our master's specialty programs. This is a tribute to our highly regarded and nationally and internationally known faculty."

As I begin my second year as Dean of the School of Nursing, I continue to be inspired by the ongoing enthusiasm and excitement of our faculty, staff, students and alumni, and their commitment to the missions of the School.

Despite Maryland's budget dilemma, 2002-2003 was very good for the School of Nursing. We continued to provide excellent educational programs, to partner with communities in offering health care services, to increase our research funding, and, for the fifth consecutive time, we maintained our ranking by *U.S. News & World Report* as one of the Top 10 nursing schools in the nation.

Several years ago, the Pew Health Professions Commission challenged nursing and other health disciplines to incorporate community-based service learning as an integral part of their educational programs. This type of learning involves school-community partnerships that are designed to meet community-identified needs and student learning goals. Our School took that challenge to heart, and today, we are recognized throughout the state and across the nation for our innovative community initiatives such as the Wellmobile Program and the Open Gates Health Center—programs that bring health care to underserved communities. These partnerships are successful because we have focused on the communities' abilities, rather than their disabilities, by viewing them as co-creators of these health care initiatives. We have created a wide range of links with academic institutions, professional associations, charitable organizations, and other health and social care providers, both locally and statewide, in an effort to

enhance our ability to merge hands-on educational experience with muchneeded community outreach.

In this issue of *The Pulse*, we focus on some of the ways our School—the faculty, students, staff and alumni—have reached out to partner with communities in Baltimore and across the state to promote good health, reduce health disparities and meet community-identified needs.

I hope you enjoy reading about some of our innovative partnerships such as our award-winning nurse-managed clinic, the Open Gates Health Center; the assistance given to Baltimore children through our Pediatric Ambulatory Center's Pediatric Asthma Team Intervention program; the outstanding work and dedication of our midwifery faculty and students; our work with HIV/AIDS patients at the Evelyn Jordon Center; and the nursing administration roles and global outreach being performed by some of our stellar alumni.

Janet D. Allan, PhD, RN, CS, FAAN Dean and Professor

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Nurse practitioner Matthew Sommer, MSN, RN, clinical instructor in the Department of Behavioral and Community Health/Child, Women's and Family, examines Dontay Johnson at the Open Gates Health Center.

Photography: Joe Rubino

## Partnering to Build a Healthier Community

Access to health care is a major problem for many inner-city residents, and the people of the Pigtown/Washington Village community of Southwest Baltimore are no exception.

Since 1993, School of Nursing faculty, staff and students at the Open Gates Health Center, Inc., have been providing and advocating for quality health care services for the uninsured and underserved residents of the community. Serving more than 5,000 patients annually, the Open Gates Health Center, a full-service, communitybased health clinic, uses a new model of nursecentered, nurse-managed primary care practice and an interdisciplinary, collaborative approach to care. Nurse practitioners, nurse midwives and nurse psychotherapists work with teams of physicians, dieticians, pharmacists, therapists and other specialists to treat not just a patient's injury or disease, but the whole patient, from many perspectives.

"Knowing that access to affordable, high-quality health care makes a profound difference in the lives of individuals and the life of their entire community, Open Gates emphasizes not only hands-on primary care, but community outreach as well," says Margaret Jozsa, MSW, MA, executive director of Open Gates.

Of the patients served at the Center, 55 percent are uninsured, 40 percent are on medical assistance and five percent are elderly receiving Medicare.

"Because our patients are very poor and not experienced in using the health care delivery system, we must go beyond the walls of the clinic and into their homes and lives," says

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Margaret Austin has her blood pressure checked by Melissa Chvatal, BSN '03, at the Open Gates Health Center.



Margaret Jozsa, executive director of the Open Gates Health Center, greets Barbara Hathaway, a founding member of the Center and ex officio member of the Center's Board of Directors.

#### Open Gates Health Center Recognized as a "Health Care Hero"



Open Gates Healthcare Heroes representatives celebrate with other University of Maryland, Baltimore Healthcare Heroes winners: Roy Bechtel, PT, PhD, assistant professor in the Department of Physical Therapy and Rehabilitation Science; Marla Oros, MS '84, RN, president of the Open Gates Board of Directors and assistant dean for clinical and external affairs, School of Nurisng; Thomas Scalea, MD, physician-in-chief, R Adams Cowley Shock Trauma Center; and Margaret Jozsa MSW, MA, executive director, Open Gates Health Center.

In April 2003, the Open Gates Health Center, Inc., was recognized in the Community Outreach category at *The Daily Record's* First Annual Health Care Hero Awards ceremony. The Center was acknowledged for nearly a decade of service to the underinsured and underserved residents of West Baltimore's Pigtown/Washington Village neighborhood. The Center has also served as a training ground for School of Nursing students.

The Health Care Hero Award was developed by *The Daily Record* to recognize Maryland organizations and individuals—physicians, nurses, hospitals and community outreach programs—in the health care industry that have had a significant impact on the quality of health care in Maryland and who embody the spirit of the word "hero." The award honors excellence, innovation and service; encourages the emulation of successful programs; educates the public; and salutes the health care industry. Most importantly, the award recognizes those organizations and individuals that go beyond the call of duty to enhance the health and quality of life of Maryland residents.

The awards ceremony was held at the Baltimore Wyndham Inner Harbor.



Matthew Sommer, MSN, RN, CRNP, a nurse practitioner and clinical instructor at the School of Nursing.

Open Gates faculty nurse practitioners, assisted by community health outreach workers, provide a comprehensive description of the patient's home and community life. Serving as a link between community residents and health care providers, the outreach workers enable Open Gates to respond effectively and creatively to community needs. The outreach workers, who are employed and trained by the School of Nursing, advocate on behalf of their neighbors, facilitate health care access, and promote wellness and disease prevention within the community.

In addition to services provided to the community, Open Gates has redefined the clinical learning experience through an evidenced-based practice model by serving as a principal clinical training site for nursing students. Baccalaureate and graduate level students get involved in hands-on community health projects, gain experience in clinical practice in numerous specialty areas, and have the opportunity to be precepted and mentored by faculty. Doctoral students also have the opportunity to work closely with faculty on research studies related to community health issues.

"By doing their clinical training at Open Gates, our students get involved in realistic community health projects," says Marla Oros, BSN '84, MS, RN, associate dean for clinical and external affairs and president of the Open Gates Board of Directors. "This is an exceptional site for community-based clinical learning."

The services that the Center provides will continue to grow, when the new building opens this fall. The new 5,600-square-foot facility at 1111 Washington Blvd., will enable the Center to conduct more community-based programs and increase the number of patients served annually.

# Combining Strengths – Interdisciplinary Collaborations Help Vulnerable Populations

Through its clinical enterprise initiative, the School of Nursing reaches out to communities in Maryland by providing direct primary health care services to medically and geographically underserved populations.

One of the hallmarks of this program is the emphasis on collaborative practice — building interdisciplinary teams to address all aspects of a patient's health care needs. In the School's Pediatric Ambulatory Center (PAC), nurse practitioner faculty and students draw on the expertise of diverse health care providers to address the complex — and often interrelated — health problems of children.

The Center provides a place where physicians, nurse practitioners, nursing students, medical residents and other health care professionals gain new perspectives on the unique contributions that each brings to the care of children," says Marla Oros, MS, BSN '84, RN, associate dean for clinical and external affairs at

the School of Nursing. "The result is a kind of health care synergy — the creation of a complex system that is even stronger than the combined strengths of its individual parts."



Brigit VanGraafeiland instructs little Shavra Paige on the use of a peak flow meter, while Dr. Virginia Keane (center); Shavra's mother, Vera Cross; and Marla Oros (right) observe.

The Center's Pediatric Asthma Team Intervention program is a perfect example of an interdisciplinary approach to health care. According to Oros, the program introduced a new, evidence-based disease management approach using a team model of education and practice for the diagnosis and management of children with severe asthma. The approach was developed using a new clinical algorithm based on guidelines disseminated by the National Heart, Lung and Blood Institute. As part of the program, pediatric medical residents, pharmacy residents, and students from the social work and nurse practitioner programs participated in a clinical education and practice rotation in the Center. The new educational intervention combined didactic and experiential learning methods to teach skills, concepts and competencies in team practice.

The asthma intervention program, which concluded in summer 2003, was funded by a \$450,000 Collaborative Interprofessional Team Education grant from the Robert Wood Johnson Foundation. The University of Maryland was one of five campuses in the nation to receive such a grant.

"An interdisciplinary approach to health care forces us to think about how to combine our expertise in a team model, rather than working side by side in a parallel practice," says pediatric nurse practitioner Brigit VanGraafeiland, MS, RN, CRNP, a clinical instructor in the School of Nursing's

Department of Behavioral and Community Health/Child, Women's and Family. "We are learning that as nurse practitioners we excel at preventive care, while physicians are critical to medically managing complex chronic illness. Together we can work better to prevent illness, or to diagnose and treat it more effectively after its onset."

The asthma intervention program also included a yearlong series of seminars, led by faculty from the School of Nursing and the School of Medicine, to teach the concept of managed care to pediatric nurse practitioners, students and residents.

"The current team model is a radical departure," says Virginia Keane, MD, associate professor at the University of Maryland School of Medicine and medical director of the PAC. "For years, our training of pediatric residents was based on a traditional medical model. The addition of nurse practitioners and nursing students required significant collaborative planning between the School of Nursing and the School of Medicine in order to assure a level of mutual understanding."

Through the PAC, teamwork has created a new paradigm – a revolutionary approach that may very well change the way nursing and other health care professions are taught and practiced in the future.

## Midwives and Mothers – Partners for Life

For labor and delivery nurse Kim Buzby, BSN '99, watching a midwife in action presented her with an "aha" moment.

"I knew as soon as I saw her work that I wanted to do what she did," says Buzby. "Afterward, I did whatever was necessary to become a nurse-midwife."

She began volunteering as a doula at Mercy Hospital and enrolled in the nurse-midwifery master's degree specialty program at the University of Maryland School of Nursing.

"What appealed to me is the difference in the approach to childbirth from a midwifery perspective, that is, looking at childbirth from a holistic perspective of it being a natural process and not an illness," says Buzby. "Also being there with the laboring mom for the entire duration, helping her through each contraction, was another big draw for me."

Attracted to the world's second oldest profession, Buzby will join a growing number of certified nurse-midwives—close to 7,000 in the United States and more than 200 in Maryland. And the numbers are growing.



Sheila Bennett, CNM, MSN; Carole Snapp, and Kimberly Buzby attend to Eymi Guerrero minutes before she gives birth at the Prince George's Hospital Center.

Funded by two grants totaling \$1.8 million from the Health Research and Services Administration's Division of Funding, the three-year old master's degree specialty in nurse-midwifery prepares students through a combination of laboratory and clinical experiences. The program is the only one in Maryland, a state that, despite being fourth in the nation in per capita income, has a high infant mortality rate at 12th from the bottom. Consequently, the School of Nursing has focused its curriculum on educating culturally competent providers to address the state's high infant mortality rate.

The Division of Accreditation of the American College of Nurse-Midwives gave the program the maximum possible number of years of accreditation for a new program—five years.

Certified nurse-midwives not only deliver thousands of babies, they provide a wide range of care throughout a woman's life cycle—from adolescence through menopause. Certified nurse-midwives perform breast exams and pap smears, provide women with contraceptive methods, counsel women about preconception and pregnancy, and treat minor health problems, such as vaginal and urinary tract infections.

"Nurse-midwives consistently spend proportionately more time with their patients than do other health care providers, offering individualized care directed toward women's health and educating patients and their families," says Catherine M. Salam, MS, BSN '91, CNM, a clinical instructor in the School of Nursing's nurse-midwifery program.

Certified nurse-midwives counsel women and their families on many topics including proper nutrition, juggling job responsibilities, preparing older siblings for a new baby and finding the most comfortable sleeping position.

"Nurse-midwives are cost effective alternatives to obstetrical care. They can handle normal deliveries, leaving obstetricians to focus on higher risk pregnancies and deliveries," says Sally Tom, EDM, MPH, CNM, FACNM, specialty coordinator in the program. "Although certified nurse-midwives have long served important roles in rural areas and with underserved populations, an increasing number of insured women are now choosing midwives."

Certified nurse-midwives from across the state, including the Baltimore Birth Center, the Center for Addiction in Pregnancy at Bayview, the University of Maryland Medical System and Prince George's Hospital Center, support the program and serve as clinical preceptors for the program.

According to Tom, certified nurse-midwives enjoy numerous career opportunities, with a variety of settings and responsibilities, including administration.

- "Some nurse-midwives specialize even further, choosing to focus on HIV mothers, family planning, or some other aspect of women's health care, depending on their interests," says Tom.
- "The program curriculum continues to evolve," says Carole Snapp, MSN, BSN '79, CNM, a clinical instructor in the program. "Students in the program have the opportunity to gain diverse clinical experience in a variety of settings, including academic health centers and sites in both rural and urban areas."

## Teaming Up to Combat HIV/AIDS

Although treatment for HIV has improved since AIDS was first discovered, HIV/AIDS patients still suffer from many other health problems.

"A number of these patients abuse drugs and alcohol and physically abuse each other. Many are psychologically fragile. Also, the medications and associated side effects cause health problems," says Thomasine Guberski, PhD, RN, CRNP, associate professor in the School of Nursing's Department of Organizational Systems/Adult Health (OSAH).

Through partnerships among the School of Nursing, the School of Medicine and several University of Maryland Medical System clinical centers, such as the Evelyn Jordan Center, a team of health care and social service professionals strive to tackle those problems while educating patients about the disease.

"Because HIV and AIDS patients are living longer, there are a whole new set of challenges," says Stephanie Pons ('77, School of Social Work), a social work coordinator at the Evelyn Jordan Center. "We use a medical team approach, with social workers, nurses, medical staff, physicians, substance abuse counselors, dieticians and psychologists all collaborating on cases. The team approach gives us a certain synergy in providing care."

Located in the 16 S. Eutaw St. building, the Evelyn Jordan Center provides medical care for HIV/AIDS-related conditions and other illnesses, mental health services and substance abuse services to community residents. In addition, the Center offers case management, client advocacy and peer support, a pharmacy and nutritional programming. The Center is affiliated with the Institute of Human Virology and the School of Medicine's Division of Consultation/Liaison within the Department of Psychiatry.

"The most important component is patient education for adherence to drug treatment," says Josephine Tate, BSN '03, an RN who is currently enrolled in the School of Nursing's master's degree program for women's health.

According to Guberski, the Center's partnership with the School of Medicine's JACQUES (Joint AIDS Community-wide Quest for Unique and Effective Treatment Strategies) program supports patient education in adherence to drug treatment. Directed by Derek Spencer,

BSN '90, MS '99, CRNP, JACQUES is a national pilot program designed to help patients, families and health care providers choose treatment support options.

"There are a number of reasons why patients may not adhere to the drug treatment program," says Spencer, "especially for newly diagnosed AIDS and HIV-positive patients and for those whose treatment programs had previously failed."



Derek Spencer consults with Josephine Tate before they begin a busy day at the Evelyn Jordan Center.

"The difference is that when a healthy person skips a dose of medicine, they can take it later. When AIDS and HIV-positive persons skip their medicine, it could be fatal," says Spencer, noting that adherence to drug treatment can extend a person's life. "It's the difference between living and dying. It's the difference of educating patients to choose life over the alternative," he says.

The JACQUES initiative includes several strategies, such as directly observed therapy, in which a patient takes medications at the clinic or at a designated community center, and treatment coach observations, in which a coach from the program observes and encourages a patient to take medication.



In addition to the patient drug adherence component, health care staff partner with social work staff to help patients learn how to manage their disease and to connect them to necessary community resources.

Interns provide psychological assessment, individual and group intervention, and neuropsychological evaluations for HIV-infected patients. Interns are part of a mental health team composed of psychologists, psychiatrists, and social workers, and work closely with medical providers who are also conducting HIV

and associated viral research. In addition, nurse practitioners and nurses do all screenings, telephone triage and patient education.

"It's one of the few clinics where every nurse is an RN," says Guberski. "The Center could not take these types of patients without having nurses on staff."

"I can't imagine it not being a team approach," says Guberski. "We have treated people who have been able to go back to work and care for their families again. This approach often helps very weak patients get much better."

# Collaborating for Patient Care -Alumni Find Fulfillment as Hospital Administrators

Patient care can take many forms. For many nurses, hands-on, bedside direct care with patients represents one of the highlights of the profession. They regard the direct contact as an integral aspect of nursing and consider it the benchmark for excellence in patient care.

Others, however, believe that the guest for excellence in patient care can be painted with broader brush strokes—that it can be achieved through organizational or administrative positions in which handling the largest to the smallest details, including strategy for disease management, supplies, staff scheduling and budget concerns can impact the quality of patient care. They believe that front-line nurses with direct bedside access to patients can only deliver excellent care if they have adequate supplies and tools on hand, that nurses with clinical experience and training who better understand the needs and challenges of frontline practitioners can best manage units and track patients' treatment progress to provide excellence in care. Increasingly, these nurses find that their greatest impact is not on the unit floor, but as an administrator.

Clare Hastings, PhD '95, BSN, '77, RN, chief nurse at the Magnuson Clinical Center, National Institutes of Health (NIH), came to nursing by way of anthropology. The Montgomery County native, who stayed on the West Coast for a short period after completing her undergraduate years



Dr. Clare Hastings

at Reed College (Ore.), didn't picture herself as a nurse. But a divorce left her a single parent, and a move back to Maryland inspired a reevaluation of career choices.

"I had two children to support, and anthropology was not going to cut it," she says. The practical-minded Hastings matriculated into the School of Nursing as a non-traditional student before the School implemented its accelerated

program for mid-career changers. "That was when I had to go back and do two full years of science courses."

Now chief nurse at the Magnuson Clinical Center, Hastings has emerged as a trailblazer and leader within the profession, overseeing patient care for the 250-bed hospital facility and managing 700 employees.

Hastings' pivotal role enables her to assess how care is organized and identify the standards of care and how they can be improved. She also works with representatives of other institutions and scientists conducting clinical trials to determine the best and safest way to incorporate research findings and assays in patient care.

"Because of the research component at NIH, it is not unusual to collaborate with the scientists and physicians, as well as other members of the clinical staff," says Hastings, who clearly enjoys the challenges inherent in the leadership role, as well as the ability to implement changes that improve patient care and clinical nursing operations. Hastings also sits on the Medical Executive Committee Board, a forum representing all the clinical staffs at the facility that determine service/care priorities.

"When SARS popped up, it was this committee that determined what levels of preparedness were necessary for the hospital and clinical staffs," she says.

While the diversity and plethora of responsibilities as chief nurse fill more than an average eight- to 12-hour day, Hastings loves her job. And, it's not wonder. Her natural leadership skills evidenced themselves early in her career when, as a young clinical nurse, she was able to spot problem areas and offer solutions for improvement.

After a brief stint at Baltimore's Sinai Hospital, her first position after earning her BSN, Hastings moved back to Washington, D.C., to work at NIH's Clinical Center for the first time, where she eventually found herself in a leadership role based on her ability to troubleshoot and improve problem areas.

"I went back to school to get my master's degree in nursing because the degree fit the job

I was already doing, rather than the other way around," she says. "I loved that job and wanted to be able to do it better."

After earning her master's degree in 1983, Hastings returned to the NIH Clinical Center and a position specifically created as a response to the AIDS epidemic.

She left that position to pursue a doctorate, earning the degree in 1995 at the University of Maryland School of Nursing.

"In a way, coming back to NIH in this position as chief nurse is a little like coming home," she says.



Kenneth Rempher

Kenneth Rempher, MS '99, a doctoral candidate at the School of Nursing, as well as an MBA candidate at the University of Baltimore, and Katherine McCullough, MS '79, RN, a senior vice president at the University of Maryland Medical Center, are also working in administrative positions where they believe they can have an even greater impact on the ability to provide excellent patient care.

Advice from his grandmother to always be neat and organized has helped Rempher in his simultaneous academic pursuits for a doctorate in nursing and a master's in business, and in his position as the only advanced practice nurse in the Cardiology, Cardiac Surgery and Interventional Radiology unit at Sinai Hospital. The 40-year-old, an alumnus of the School's trauma/critical care master's degree program, is responsible for overseeing patient care for the unit's critically ill patients.



"We see critically ill patients who are not at their best. They are in recovery, scared, depressed and unable to talk. For these patients, there are small triumphs," says Rempher, for whom nursing is a second career. To buttress these small triumphs, Rempher manages a team of nurses, tracks the patients' care through the unit, acts as a liaison between the unit and other hospital departments, and helps the patient navigate a treatment path.

"There is a certain joy in helping people feel better," he says.

Katherine McCullough, who serves as senior vice president for patient care and operations, oversees the Medical Center's inpatient clinical and support departments.



Katherine McCullough

"There are 4,700 employees at the hospital and 3,300 of them deliver care or directly support the delivery of patient care," says McCullough. "These are the people who make things happen for patients."

To stay connected, McCullough sometimes visits with patients and families to ask how their hospital stay is going. She also chairs the Patient Care Services Board, composed mainly of front line clinical staffs that assist in developing policies, procedures and professional development activities.

"Staying connected to the clinical staff enables me to understand what they need to do their jobs," says McCullough. "Managing in today's health care environment is a challenge. I stay focused because ultimately, I feel I am still providing patient care, except at a different level, by working to provide the clinical staff with the tools, human resources and environment they need to deliver excellent patient care."

McCullough says that an important aspect in her role as senior vice president in an academic medical center is partnering with the professional schools. The nursing leadership of the School of Nursing and the Medical Center are meeting to determine how to develop cooperative efforts to attract, educate and retain the best and the brightest nurses.

While McCullough admittedly misses the daily interaction with patients, her clinical experience and keen understanding of front-line issues, her training as a nurse and her dedication to excellent patient care enables her to maintain a positive work environment for lead care providers and sustain a high quality of patient care delivery.

## Partnership With State Department Prepares Embassy Health Workers

Nearly 100 U.S. embassy health care workers from as far away as Moscow and Kathmandu came to the School of Nursing last February to continue their professional education at the Primary Care Medical Conferences.



Conference attendee, Julianna Tang, examines an inner ear in one of the School of Nursing's simulation labs.

The conferences, which began in the spring of 2001, are an initiative between the U.S. Department of State's Office of Medical Services, the School of Nursing and the School of Medicine. Twice yearly, they bring together University nursing faculty, physicians and embassy health care professionals—who work at U.S. embassies and consulates all over the world—for advanced training in primary care and emergency medicine.

- "This year, many of the sessions, which were cotaught by nursing and medical faculty, dealt with global health concerns such as terrorism, bioterrorism, and diseases such as SARS," said Dean Allan
- "The conferences allow participants who work in isolated areas to get together and exchange challenges, ideas, and solutions," says Carolyn Waltz, PhD, RN, FAAN, associate dean for academic affairs and the program's principal investigator.
- "I have enjoyed meeting people from different parts of the world and learning that we have similar health issues," says Janice Reid, an embassy nurse in Port of Spain, Trinidad and Tobago.

The first two primary care conferences were held in Tunisia and Pretoria in 2001. Afterward, the Department of State toured the UMB campus and was so impressed by its technological facilities that it later awarded the schools a four-year, \$664,640 training contract and moved the conferences to Baltimore.

# School of Nursing Hosts EPA Public Listening Session

The U.S. Environmental Protection Agency (EPA) held the last of a series of public listening sessions at the School of Nursing last spring.

The session, co-presided by then-EPA administrator Christine Todd Whitman and Dean Janet Allan, came as a result of an EPA initiative to protect older Americans from environmental health hazards. The sessions are part of a nationwide effort to encourage public participation in the development of a National Agenda on the Environment and Aging.

"Older Americans—even those in good health—are more susceptible to health problems associated with environmental pollutants," said Dean Allan. "I commend the EPA for recognizing their importance and taking proactive steps to address them before they become critical."

The purpose of the session was to identify environmental health threats that affect older



Reporters and students surround former EPA Director Christine Todd Whitman following the EPA learning session.

persons and develop practical interventions to prevent exposures to those hazards; examine the impact that a rapidly aging population may have on our environment; and encourage volunteerism among older persons in their communities to reduce hazards and protect the environment.

## Child and Adolescent Conference Held at School of Nursing

In response to the Surgeon General's call to action to improve the access of youth to mental health services, the School of Nursing recently hosted the Second Annual Conference on Children and Adolescents, "Gateways to Treatment: Linking Service Systems for Mental Health."

The symposium focused on improving links between services to provide advanced mental health services for children and adolescents. Five of the professional schools of the University of Maryland, Baltimore, collaborated with national, state and local representatives to plan and present the needs of this vulnerable population. This year's conference goal was to highlight programs and services that link juvenile justice and health care. The examples provided by judges from Nevada, Florida, Baltimore and Washington, D.C., presented opportunities to apply successful models using nurses and physicians in the treatment of children, youth and families. The conference was also a venue for education, social services, juvenile justice, medical, social work, nursing and pharmacy professionals to develop a national network for improving mental health services for youth.

The Honorable David B. Mitchell, executive director of the National Council of Juvenile and Family Court Judges, delivered the keynote address, "A Call to Action: Ensuring the Best Physical and Mental Outcomes for Our Children."

"This UMB interdisciplinary event was a groundbreaking opportunity for nurses, physicians, social workers and pharmacy representatives to discuss common outcomes for children's mental health with lawyers, judges and state policymakers," said conference chair Sally Raphel, MS,

APRN, CS-P, FAAN, clinical instructor in the School of Nursing's Department of Behavioral and Community Health/Child, Women's and Family.

Next year's conference, scheduled for April 1-2, 2004, will focus on critical issues for children's mental health.



The Honorable Martin P. Welch, Circuit Court for Baltimore City, gives a rousing introduction of keynote speaker, the Honorable David B. Mitchell.

## Collaborative Effort Brings Wellmobile to Anne Arundel County



Celebrating the Wellmobile ribbon cutting are: First row, left to right: U.S. Representative C.A. Dutch Ruppersberger; Wellmobile Advisory Board member Bernard Kapiloff, MD; Dean Janet Allan; Marla Oros, MS, RN, assistant dean for clinical practice and service; Rose Tasker, principal, Van Bokkelen Elementary School; Joan Stein, director, Center for Health Promotion, Education and Tobacco Use Cessation; Maryland Sen. James E. DeGrange, Sr.; and U.S. Representative Benjamin L. Cardin. Second row, left to right: Jose Torres, deputy superintendent, Anne Arundel County Public Schools; Rev. Dr. Cynthia B. Belt, pastor, New Beginnings United Methodist Church; Lt. Josephine Haynes, MS '03; and Top row: Frances Phillips, MHA, RN, Anne Arundel County Health Officer.

A collaboration between the School of Nursing and the Anne Arundel County Health Department resulted in the recent opening of a new Wellmobile site, which will serve the residents of Pioneer Village, Arwell Court and Meade Village in Anne Arundel County.

The official launch took place in June at a ribboncutting ceremony at Van Bokkelen Elementary School, where the Wellmobile will visit twice a month, delivering comprehensive physical exams, immunizations, well-child care, health screenings and other services.

"The Wellmobile is exactly the right service, with exactly the right partners, in exactly the right place," said Anne Arundel Health Officer Frances B. Phillips, MHA, RN. "It has been a conviction of mine to bring the Wellmobile to my county."

During the ceremony, Army Lt. Josephine Haynes, MS '03, received an Angel Award in recognition of her work in initiating the Anne Arundel County Wellmobile program. As part of her graduate course in community health, Haynes was responsible for doing a community assessment, developing a program based on the assessment and working with all the partners on the team to achieve an end result. She also received the Maryland Public Health Association's student award for the project.

Established in 1994 as a partnership among the public, private and philanthropic sectors, Wellmobiles are full-service health clinics on wheels. Operated by the School of Nursing and staffed by its nurse-practitioner faculty and students, the program offers regular, continuing health care for uninsured and underserved children and adults throughout Maryland. The new Anne Arundel County location brings the total to over 40 sites in Maryland served by the Wellmobile program.

## School of Nursing Hosts Congressional Field Hearing

A standing-room-only crowd listened intently as Rep. Elijah E. Cummings led a congressional field hearing at the School of Nursing in July to discuss the ongoing efforts to battle the illegal drug trade in Baltimore.

The hearing was held in response to the murder last October of the Dawsons, a Baltimore family of seven, because of their anti-drug efforts. Because of this tragedy, Cummings, a Democrat whose district includes Baltimore, introduced legislation to expand anti-drug funding for community protection measures. The hearing examined the progress of initiatives to target drug-trafficking organizations and protect citizens and neighborhoods against drug-related violence.

The bill, "The Dawson Family Community Protection Act," directs at least \$1 million in funds for the High Intensity Drug Trafficking Areas Program, to be spent on upgrading neighborhood safety measures

"When the Dawsons perished so tragically, a number of us in the city and in Congress made a decision that we were not going to allow them to die in vain," said Cummings. "Funds from this bill will be used for improved lighting in neighborhoods, anonymous hotlines, extra police protection and overtime for police officers to work with people like the Dawsons."



U.S. Representatives C.A. Dutch Ruppersberger and Elijah E. Cummings lead discussion at the congressional field hearing.

Among those present for the hearing were Rep. Cummings; Rep. Mark Souder, Indiana; Rep. C.A. "Dutch" Ruppersberger, Maryland; retired Gen. Arthur Dean, CEO, Community Anti-Drug Coalitions of America; Thomas Carr, director of the Baltimore-Washington High Intensity Drug Trafficking Area project; Preston Grubbs, U.S. Drug Enforcement Administration; Alan Woods, director of the Governor's Office of Crime Control and Prevention; and a host of Baltimore community leaders and citizens, including Mayor Martin O'Malley and Police Commissioner Kevin Clark.

## National Youth Leadership Forum Visits School of Nursing

Three groups of high school students representing the nation's "best and brightest" visited the School of Nursing last summer as part of the National Youth Leadership Forum's (NYLF) annual tour to help prepare extraordinary young people for professional careers.

The daylong sessions were launched with panel discussions led by nursing faculty and students. Panelists included Susan Antol, MS, RN, director of clinical operations: Therese Craig, MSN, RN, clinical instructor, Department of Organizational Systems/Adult Health (OSAH); Marla Oros, MS, RN, associate dean for clinical and external affairs; Keith Plowden, PhD, RN, vice chair and assistant professor, OSAH; Barbara Resnick, PhD, CRNP, FAAN, associate professor, OSAH; Sally Tom, EDM, RN, CNM, FACNM; assistant professor, Department of Behavioral and Community Health/Child, Women's and Family; and two nursing students—senior Stan Leite and junior Maria O'Dowd. Panelists shared information about career paths and their experiences as students, instructors and professionals.

The tours included visits to computer and research labs and clinical simulation labs, where the students participated in exercises with Sim Man, and role-played as health care providers with standardized patients, practicing interviewing for history and symptoms.

"My guidance counselor nominated me for this," said Joseph Buska, a high school senior from Lemoyne, Pa., who was excited about his visit to the UMB campus. Brooklyne Cowly, a high school senior from Vancouver, Wash., wants to work in health care, but she's not exactly sure in which profession.

"We are very excited about the opportunity for a team approach to expose these high school students, potential nursing school students, not only to nursing as a profession but to a range of health care careers," says Debra Spunt, MS, RN, director of the School's clinical simulation labs and an organizer of the NYLF's summer visits.

Founded in 1992, the NYLF is a non-profit educational organization headquartered in Washington, D.C. Its mission is to bring various professions to life, empowering outstanding young people with confidence to make well-informed career choices. NYLF programs are held in eight cities throughout the United States and in many cities throughout the world.



Students from the National Youth Leadership Forum tour one of the School of Nursing's simulation labs and get hands-on experience placing an endotrachel tube in Sim Man.

## Nursing Night in Annapolis



Dean Janet Allan welcomes Delegates James E. Malone, Jr., and Shirley Nathan-Pulliam to School of Nursing Night in Annapolis.

### is a Great Success

More than 200 guests, including more than 100 legislators and School of Nursing faculty, staff, students and alumni, attended School of Nursing Night in Annapolis held during the first week of the legislative session in January.

The event is designed as a forum to meet legislators and discuss issues critical to nursing and nursing education. Topics included the decrease in state support for funding educational programs; the decrease in federal support for

funding scholarships; the critical shortage of nurses; the growing shortage of nursing faculty; access to health care for the underserved; and scholarship support to enhance student recruitment.

"This event provides a unique opportunity for our students to met our law makers and those who help shape Maryland's health policy," said Dean Allan. "We are pleased that so many legislators took time from their busy schedules to come and talk to our students, faculty, staff and alumni about issues critical to nurses and nursing education."



Delegate Luiz Simon and School of Nursing student Michelle Mays hold a discussion about nursing legislative issues.



Dean Janet Allan; Delegate Shirley Nathan-Pulliam; President David J. Ramsay; and Sue Gladhill, vice president of external affairs, are surrounded by School of Nursing students at the unveiling of the University of Maryland, Baltimore exhibit.

Proir to the reception, Dean Allan and School of Nursing students joined University of Maryland, Baltimore (UMB) President David J. Ramsay, DM, DPhil, and Maryland Senate President, Thomas V. Mike Miller, Jr., an alumnus of the University, at the unveiling of the UMB exhibit, on display on the third floor of the Miller Senate Office Building through January 2004. The exhibit, which illustrates the nearly 200-year history of the University, describes the founding of each school and shows how each school contributes to the University's mission.

## Colleagues and Friends Gather for Annual Cain Lecture

More than 100 faculty, staff, students, alumni and friends assembled at the School of Nursing in April for the annual Ann Cain Lecture in Psychiatric Nursing and to pay tribute to Ann Cain, PhD, RN, CSP, FAAN, a retired School of Nursing associate dean. for whom the lecture is named.

The lecture was established in honor of Dr. Cain upon her retirement from the School in 1994. Through the generosity of students and colleagues, the School established an endowment to support the lecture, which is delivered each year by a scholar with expertise in the area of psychiatric practice, research and education.

This year's featured lecturer, Sally Raphel, MS, APRN, CS-P, FAAN, clinical instructor in the School's Department of Behavioral and Community Health/Child, Women's and Family, presented, "ADHD Through the Lifespan: It's a Hardware Not a Software Problem." Raphel also serves as project coordinator for the HRSA-funded graduate training grant in child and adolescent psychiatric-mental health nursing, and as



Dean Janet Allan (left) and Sally Raphel (right) welcome Dr. Anne Cain. associate director for the School's WHO/PAHO Collaborating Center for Mental Health Nursing.

To ensure the continuation of this important event, additional support is needed. Contributions can be made by contacting the Office of Development and Alumni Affairs, 410-706-8418.

Mark your calendar for next year's lecture, scheduled for Friday, April 2, 2004.

## Nurses Week Festivities Celebrate Our "Everyday Heroes"



Dean Janet Allan greets students in the lobby during National Nurses Week

"Everyday Heroes" was the theme for this year's celebration of National Nurses Week, May 6-12. School of Nursing faculty, staff and students were honored with a number events and recognitions.

Dean Janet Allan kicked off the festivities by presenting Nurses Week pins to faculty, staff and students as they arrived for work and classes, while the U.S. Army and the Office of Admissions and Student Affairs co-sponsored a coffee hour in the lobby. A large banner celebrating our nurse heroes decorated the façade of the School of Nursing, and posters and balloons adorned the hallways. Numerous proclamations, sent by elected officials, were prominently displayed in the School's lobby, and congratulatory ads appeared in area publications.

"Nurses should be recognized for the wonderful work they do," said Dean Allan. "This is just a small token to let them know that we appreciate them."

## 13th Summer Informatics Institute Draws Over 400



Informatics Conference attendees enjoy exhibits at the Baltimore

More than 400 informaticians from across the nation attended the School of Nursing's 13th Annual Summer Institute in Nursing Informatics, held at the School July 16-19.

Linda Burnes Bolton, DrPH, RN, FAAN, chief nursing officer, Cedars-Sinai Health System and Research Institute, delivered the keynote address, "Making Technology Work for Nursing." Judith Matthews, PhD, MPH, RN, associate professor, University of Pittsburgh School of Nursing, presented the distinguished lecture, "Robotics and the Promise of Technological Solutions for Everyday Health." As part of the conference festivities, attendees enjoyed a reception and dinner at the Baltimore Museum of Art, sponsored by Siemens Medical Solutions Health Services Corporation. Siemens was also the lead sponsor for the conference, along with Microsoft, a premium sponsor, and HIMSS, a partner sponsor.



Doctoral student Susan K. Newbold, MS '83, RN, BC, FAAN, and Barbara Covington, PhD, RN, associate dean for information and learning tearning remarks at the Summer Informatics Conference.

The annual conference, designed for nurse managers and executives, nurses interfacing with information systems departments, managers of nursing information systems and informatics educators, benefits nurses who are new to informatics, as well as those who have experience in the field.

Next year's conference will be held July 21-24, 2004.

## Two New Associate Deans Join Faculty Ranks

Dean Allan recently announced the appointments of two new associate deans. Barbara G. Covington, PhD, RN, has been appointed associate dean for information and learning technologies and associate professor in the Department of Organizational Systems/Adult Health (OSAH); and Barbara Smith, PhD, RN, FAAN, has been appointed associate dean for research and professor, OSAH.

### Dr. Barbara Covington, Associate Dean for Information and Learning Technologies



Dr. Barbara Covington

In her role as associate dean for information and learning technologies, Dr. Covington will provide leadership and direction to network and computer support services, the media center, the clinical simulation laboratories, and distance learning and web-based programs. She will also provide leadership in strategic planning related to the integration of

innovative, effective and efficient information and learning technology systems into the educational programs of the School of Nursing. Covington will be responsible for the development, implementation and continuing evaluation of these systems, and for supporting both faculty and students in integrating current and future technology into the teaching and learning process in the traditional classroom and in clinical settings and in distance learning environments.

Covington comes to the School from her previous position as associate dean for information technology and curriculum resources and assistant professor at the School of Nursing, University of Texas Health Science Center at San Antonio, where she provided leadership and direction for the School of Nursing's network and computer support services, the curriculum resource center, the clinical simulation laboratories, distance learning and web enhanced programs. In addition, she taught health care and nursing informatics in both the undergraduate and graduate nursing programs.

Covington possesses over 30 years experience in civilian and military health care systems, distance education and health care informatics. In the past eight years, she has focused her teaching, consulting and research on innovative teaching/learning approaches in both patient and nursing education, using technology, copyright law

in distance education and health care systems implementation. She has done information and technology support and web design work on funded grants with the Department of Nursing, Veterans Administration Hospital, San Antonio; the National Institute on Aging; the Christopher Reeve Paralysis Foundation; and the National Institutes of Health, National Institute of Nursing Research.

#### Dr. Barbara Smith, Associate Dean for Research



Dr. Rarbara Smith

Under Dr. Barbara
Smith's leadership, the
Office of Research will
build an effective
infrastructure that
supports and facilitates
the research faculty,
while creating synergy
between researchers and
other collaborators
across the University of

Maryland, Baltimore campus in order to continue the School's success as a premiere research institution. Smith has an extensive research background investigating the effects of exercise in a variety of chronically ill populations including cardiovascular disease, HIV, cancer, diabetes and osteoporosis. She has had continuous funding over the last decade and has served as a regular member of the National Institute of Nursing Research's (NINR) IRG; chair of the American Nurses Foundation's Scientific Review Committee; and as an ad hoc member of numerous special emphasis panels for the National Institutes of Health/Center for Scientific Review, reviewing proposals from NINR, the National Institute of Allergy and Infectious Diseases and the National Institute of Mental Health. She is a senior scientist in the Comprehensive Cancer Center, the Center for AIDS Research and the Clinical Nutrition Center at the University of Alabama at Birmingham (UAB).

Smith comes to the School of Nursing from her previous position as professor and Marie L. O'Koren Endowed Chair at the UAB School of Nursing. In addition, she was a Sparkman Scholar at the UAB's Sparkman Center for International Public Health, where she worked with nurse faculty to build research capacity in Lusaka, Zambia.

"We are privileged to have these two exceptional nurse leaders join our cadre of distinguished faculty," said Dean Allan. "I look forward to working with them as we continue to advance the missions of the School of Nursing."

## Faculty Transitions



Mary Haack, PhD, RN, FAAN, associate professor, Department of Behavioral and Community Health/Child, Women's and Family, has been named chair of that department. Haack, who joined the School of Nursing faculty i 2001, brings her extensive research background in family substance abuse and mental health issues to this position.



Keith O. Plowden, PhD, RN, assistant professor, Department of Organizational Systems/Adult Health, has been appointed vice chair of that department. Plowden has been on the faculty at the School of Nursing since 1998, and brings extensive background in health disparity research, community development, and administration to the position.



Mary Etta Mills, ScD, RN, FAAN, associate professor, Department of Organizational Systems/Adult Health, has been appointed assistant dean for baccalaureate studies. Mills, who has been a member of the School of Nursing faculty for 13 years, previously served as chair of the OSAH department.



Rachel Smith, PhD '96, MSN, RN, assistant professor, Department of Behavioral and Community Health/Child, Women's and Family, has been appointed director of alumni relations. Smith has been a member of the School of Nursing faculty since 1999, and previously served as director of the School's outreach center in Waldorf. Md.



Kathryn L. Montgomery, PhD '97, RN, assistant professor, Department of Organizational Systems/Adult Health, has been appointed associate dean for organizational partnerships and outreach. Montgomery, who recently re-joined the School of Nursing faculty, brings extensive expertise in organizational management and leadership to this position.



Sue Thomas, PhD, RN, FAAN, professor, Department of Organizational Systems/Adult Health, has been appointed assistant dean for doctoral studies. She has been involved in cardiovascular nursing research for more than 30 years, and has been a member of the School of Nursing faculty



Patricia Morton, PhD, RN, CRNP, FAAN, professor, Department of Organizational Systems/Adult Health, has been appointed assistant dean for graduate studies. A member of the School of Nursing faculty for 23 years, Morton is also master's special coordinator for trauma critical care and emergency nursing.



Susan Wozenski, JD, MPH, assistant professor, Department of Behavioral and Community Health/Child, Women's and Family, has been appointed vice chair of that department. Wozenski formerly served as assistant dean for student affairs, and brings a broad background in administration, public health and law to the position.

## New Faculty



Barker Bausel, PhD, has been re-appointed professor in the Department of Organizational Systems/Adult Health. Bausel holds both a PhD and BS from the University of Delaware, and returns to the School of Nursing from his previous position as professor of family medicine and director of research, Complementary Medical program, University of Maryland School of Medicine.



Susan Coyle, MS '83, RN, has been appointed clinical instructor, Department of Organizational Systems/Adult Health and coordinator of the Western Maryland Area Health Education Center. She holds a BSN from Towson University and an MS from the University of Maryland School of Nursing. Coyle comes to the School from her previous position as director of the Cumberland YMCA Family Support Center



Therese Craig, MS '95, BSN '84, RN, has been re-appointed clinical instructor, Department of Organizational Systems/Adult Health. Craig holds an MS and a BSN from the University of Maryland School of Nursing, and a BS from Towson University. She has returned to the School on a full-time basis from her part-time position as a clinical instructor.



Ericka Friedmann, PhD, has been appointed professor in the Department of Organizational Systems/Adult Health. She earned both a BA (biology) and a PhD (biology/behavior) from the University of Pennsylvania. Dr. Friedmann joins the School of Nursing from her previous position as professor and chair of health and nutrition sciences at Brooklyn College, City University of New York.



E. Jane McCarthy, PhD, CRNA, FAAN, Captain, U.S. Public Health Service, has been appointed visiting professor, and will help develop and implement a master's degree program for nurse anesthesia. McCarthy holds a PhD from the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Md., and an MSN from the University of Tennessee. She joins the School of Nursing from her position as scientist/educator at the U.S. Food and Drug Administration and associate professor at the USUHS.



Eun-Shim Nahm, PhD '03, RN, CS, has been appointed assistant professor, Department of Organizational Systems/Adult Health. Nahm holds a PhD from the University of Maryland School of Nursing, an MS from the University of Hawaii and a BSN from EWHA Woman's University in Seoul, Korea. She comes to the School of Nursing from her previous position as information manager at the Johns Hopkins Geriatrics Center and as a faculty associate in the Graduate Nursing Informatics program at the University of Maryland School of Nursing.



Maria Rodriguez Vaidya, MSN, RN, has been appointed part-time clinical instructor in the Department of Behavioral and Community Health/Child, Women's and Family. Vaidya holds an MSN and BSN from the University of South Alabama, and a Diploma in Nursing from Charity Hospital School of Nursing in New Orleans. She has taught both neonatal nurse practitioner clinical courses and undergraduate neonatal classes for the School of Nursing.

The School of Nursing graduated the largest class of nursing students in the state at ceremonies on May 23 at the Lyric Opera House, Baltimore. Degrees were conferred on 536 nursing candidates, including 316 bachelor's degrees, 195 master's degrees, 18 post master's degrees and seven doctoral degrees.

#### Dean Janet Allan delivered the Convocation address.

"Few other professions offer this amazing opportunity for such meaningful work and for such an exciting career," she said. "You are the well-educated beneficiaries of a rich nursing heritage. It is a truly wonderful time to be in our profession."

#### She encouraged graduates to:

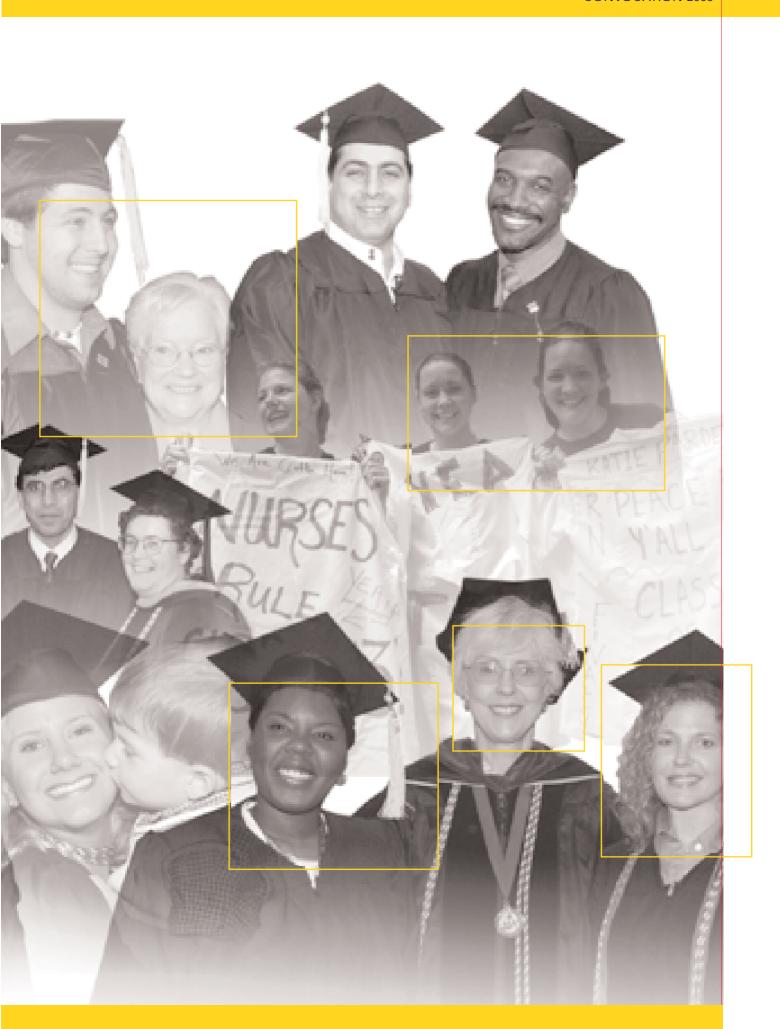
"follow the three 'Rs' - respect for self, respect for others and responsibility for all their actions."

#### Dean Allan closed with a quote from the late diplomat Adali Stevenson:

"You go away with old and good friends. And now, as you leave here, don't forget why it was that you came."

Bachelor's degree candidate Nikkia Graham delivered whimsical remarks on behalf of the graduating students.





## Administrative/Staff Appointments

#### and Transitions

Werner Dirla, MBA, has been hired as an information systems engineer in the Department of Information and Learning Technologies. Dirla holds an MBA from the University of Baltimore and a bachelor's degree from Towson University. He has held a variety of systems support positions, and comes to the School of Nursing from his previous position as systems engineer at Aether Systems in Owings Mills, Md.

Gail Doerr, MS, has been appointed program manager in the Office of Organizational Partnerships and Outreach. She holds an MS from Fordham University and a BS from Mercy College, and comes to the School of Nursing from her previous position as Director of Communications and Outreach for the Tai Sophia Institute in Columbia, Md.

Jacqueline Krueger, BA, has been appointed administrative assistant in the Department of Behavioral and Community Health/Child, Women's and Family. She holds a bachelor's degree from the University of Maryland Baltimore County, and comes to the School of Nursing from her previous position as Office Manager/Bookkeeper at Advocate Mortgage Group, Inc.

Shannon McClellan, JD, has been appointed senior specialist to the dean. McClellan holds both a JD and a BA from the University of Baltimore. She previously served as special assistant, Office of the Governor of Maryland.

Cassandra Okechukwu, MSN, MPH, BSN '00, RN, has been appointed research assistant in the Department of Behavioral and Community Health/Child, Women's and Family. Okechukwu holds an MPH and an MSN from The Johns Hopkins University, and a BSN from the University of Maryland School of Nursing. She comes to the School of Nursing from her most recent position as medical coordinator at the Safe Haven Project, Martha's Vineyard, Mass.

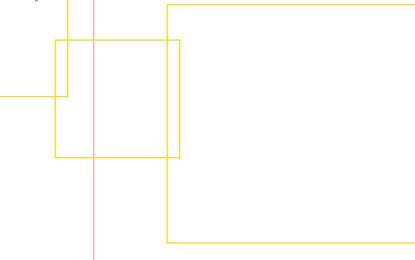
Monica Pinkett, administrative assistant, has joined the staff in the Office of the Dean. She formerly served as an administrative assistant in the Department of Behavioral and Community Health/Child, Women's and Family.

Timothy Purdy, MSN, RN, CRNP, CS, has been appointed nurse practitioner for the Western Maryland Wellmobile. He holds an MSN from Widener University (Pennsylvania) and a BSN from Ursuline College (Ohio). Purdy comes to the School of Nursing from his most recent position as family nurse practitioner at HealthWays Family Medical Center in Reading, Penna.

Sonia Smith, administrative assistant, has joined the staff in the Office of Organizational Partnerships and Outreach. She formerly served as an administrative assistant in the Department of Behavioral and Community Health/Child, Women's and Family.

Starr Walter, BSN, RN, has been appointed Wellmobile Care Coordinator for the Eastern Shore Wellmobile. Walter holds a BSN from Salisbury University and has held nursing positions at Peninsula Regional Home Care, Coastal Hospice and Home Health Care, and Peninsula Regional Medical Center, all located in Salisbury, Md.

Trey Williams, BCE, has been hired as a part-time database engineer in the Department of Information and Learning Technologies. Williams holds a bachelor of civil engineering degree from the Catholic University of America, and has been doing consulting for the School of Nursing since September 2001. She also previously served as the School's database administrator.



## Grants/Contracts-

### **Education & Clinical**

Susan Coyle, MS, RN, clinical instructor, Department of Organizational Systems/Adult Health (OSAH) and Outreach Site Coordinator at Western Maryland AHEC, received a one-year \$32,000 grant from the Governor's Office for Children Youth and Families to identify the needs and resources related to teen pregnancy prevention and the support of pregnant and parenting teens and their children.

Vanessa Fahie, PhD, RN, assistant professor, OSAH, received a one-year, \$50,000 grant from the Maryland Higher Education Commission to assist with the academic achievement of the GEAR UP cohort entering tenth grade in fall 2003 at Lansdowne High School. Students will engage in interactive projects that promote nursing as a career option.

Jane Kapustin, MS, RN, CCRN, CRNP, clinical instructor, OSAH, received a one-year, \$4,000 grant from the VistaCare Hospice Foundation to examine the use of standardized patient encounters in conjunction with the recently released Toolkit for Nursing Excellence at End of Life Transitions (TNEEL) student training course on CD-ROM to assess skill-level and train School of Nursing adult nurse practitioner students in end-of-life care.

The School of Nursing was one of eight colleges chosen by the National League for Nursing (NLN) as a project site for studying the use of clinical simulation in RN education programs. A \$375,000, three-year grant from the Laerdal Medical Corporation to the NLN will support the project, which is a national, multi-site, multi-method study. Debra Spunt, MS '84, RN, director of the School's clinical simulation labs, will serve as the project site coordinator.

#### Sally Tom, EDM, RN, CNM, FACNM,

assistant professor, Department of Behavioral and Community Health Child, Women's and Family, was awarded a five-year \$814,687 grant from the Health Resources and Services Administration to provide leadership education to graduate students in the Child, Women's and Family program and to staff Maryland's health departments.

## Dean's Teaching Scholars

The following faculty members have been selected as the 2003-2004 Dean's Teaching Scholars. The awards are aimed at supporting the creative teaching scholarship to include not only research projects, but also innovation in curriculum teaching strategies.

**Department of Organizational Systems/Adult Health:** 

Dr. Kathleen Charters, "Development of Clinical Decision-Making Skills Using Information Technology/Information Management Tools"

Dr. Dorothy Herron, "Improving Medication Calculation Performance in Undergraduate Students at the University of Maryland School of Nursing"

Dr. Catherine Kelleher, "Needs Assessment and Action Plan to Increase Fit of Health Policy Offerings with Student and Employer Demand"

Department of Behavioral and Community Health/Child, Women's and Family:

**Lily Fountain**, "Integration of the Maternity Simulator Into Undergraduate and Graduate Nursing Education"

Dr. Gail Lemaire, "Assessing Patient's Perceptions of Student Nurse-Provided Care in Psychiatric Settings: A Pilot Study of a Potential Component of Quality Improvement for Psychiatric Nursing Education"

Dr. Carol O'Neil, "The Impact of Web Quests on Student Learning in Online Environments"

## Resnick Selected as UMB Researcher of the Year



Dr. Barbara Resnick

Barbara Resnick, PhD '96, RN, CRNP, FAAN, FAANP, associate professor, Department of Organizational Systems/Adult Health (OSAH) and president of the School of Nursing Alumni Association, was named University of Maryland,

Baltimore's Researcher of the Year and will be honored during the University's Founder's Week celebration in October.

"I was surprised and honored," commented Resnick on being named Researcher of the Year. "My research is driven by clinical experience and is based on behavior of older adults. It is gratifying that my colleagues would recognize behavioral research."

Resnick has focused much of her research career on building an incomparable research program exploring the areas of diet and motivation in older adults. During the past five years, she was principal investigator (PI) on 78 completed and published research projects and is currently PI on four funded grants, 2 RO1s, totaling more than \$5.7 million.

The University of Maryland, Baltimore faculty member selected as Researcher of the Year must demonstrate a scope of work worthy of recognition to peers within their chosen fields and by other disciplines on campus. The candidate must also demonstrate years of investigation resulting in extensive scientific citation and findings that impact clinical practice and/or public policy. The candidate's work must advance public policy research or academic scholarship and his or her personal factors must reflect significant strength of character. Resnick is the first School of Nursing faculty member and the first nurse to recieve this honor.

Resnick, by invitation, has disseminated her researching findings to 38 national and international conferences. She has been able to combine research and teaching by providing graduate students from the United States, Spain, Japan, Malta, Australia, France and Newcastle with specific research measures and interventions that she has developed, providing these students with exemplary examples of a research team, and exposure to work with statisticians, epidemiologists and professionals in other disciplines. In addition, her work has allowed her to address numerous legislative, professional, and research related issues and affect the greater face of health care.

Resnick was also honored in June 2003 by the University of Pennsylvania's School of Nursing with the Expert Alumni Award for Clinical Experience, and, in May 2003, Nursing Spectrum magazine awarded her with an honorable mention for its Nurse Educator of the Year award.

## Honors and Awards

Kathleen Charters, PhD, MSSM, assistant professor, Department of Organizational Systems and Adult Health (OSAH), has earned the designation of Certified Professional in Healthcare Information and Management Systems (CPHIMS) from the Healthcare Information and Management Systems Society. The CPHIMS is a national credential that provides formal recognition of knowledge and competency in healthcare information and management systems.

Jane Kapustin, MS, RN, CCRN, CRNP, clinical instructor, OSAH, attended the Summer Genetics Institute 2003, sponsored by the National Institute of Nursing Research, National Institutes of Health.

#### Patricia Morton, PhD, RN, CRNP, FAAN,

assistant dean for graduate studies and professor, OSAH, has been accepted into the American Association of Colleges of Nursing's Leadership for Academic Nursing Program. This one-year program to train future leaders in nursing is funded by the Fuld Foundation.

Carol Snapp, MSN, CNM, clinical instructor, BCH/CWF, was selected by School of Nursing midwifery students to receive the 2003 Excellence in Teaching Award presented by the American Colleges of Nurse-Midwives Foundation.

## Boards/Review Panels-

### **Education & Clinical**

Dean Janet Allan has been reappointed for a two-year term to the U.S. Preventive Services Task Force and to a one-year term as Vice-Chair of the Task Force. In addition, Dean Allan has been invited to become a member of the National Advisory Committee for The Robert Wood Johnson Foundation's national program, Prescription for Health: Promoting Healthy Behaviors in Primary Care Research Networks. Dean Allan has also been selected to serve on U.S. Congressman Ben Cardin's Health Advisory Committee in the 108th Congress.

Todd Ambrosia, PhD, MSN, CRNP, associate professor and Catherine Sallam, MS, CNM, clinical instructor, Department of Behavioral and Community Health/Child Women's and Family (BCH/CWF) and Thomasine Guberski, PhD, RN, CRNP, associate professor, Department Organizational Systems and Adult Health (OSAH), have been appointed as ambassadors to the National Health Service Corps (NHSC), Bureau of Health Related Professions, U.S. Department of Health and Human Services. NHSC ambassadors are a dedicated group of faculty members from schools across the nation who help inspire, mentor and prepare the next generation of primary care clinicians to serve in areas of greatest need throughout the nation.

Elizabeth Arnold, PhD, RN, associate professor, BCH/CWF, and Outreach Site Coordinator, University Systems at Shady Grove, has been appointed to the Maryland Board of Nursing's Psychotherapists Peer Review Advisory Committee. In addition, she has been invited to co-chair the American Psychiatric Nurses Association's (APNA) Education Council Initiative to develop an Education Council for APNA. Arnold has also been appointed a member of the Shady Grove Academic Planning Advisory Committee. And, the fourth edition of *Interpersonal Relationships: Communication Skills for Nurses*, co-authored by Arnold, has been published.

John Distler, MS, CRNP, clinical instructor, BCH/CWF, has been appointed to the Board of Directors of the Western Maryland Area Health Education Center.

Mary Haack, PhD, RN, FAAN, department chair and associate professor, BCH/CWF and Doris Scott, PhD, RN, assistant professor, BCH/CWF, have been appointed to the Open Gates Health Center's Board of Directors.

Naomi (Bea) Lamm, MS, '81, BS '76, RN, coordinator of the Western Maryland Wellmobile Program, has been appointed to the Maryland Board of Nursing's Continuing Competency in Education Committee.

Marla Oros, MS, RN, associate dean for clinical and external affairs, was named to the advisory board for the Baltimore County Public School's National Science Foundation grant, which is examining a redesign of the science and math curricula for K-12, with a goal infuse nursing throughout the curriculum.

Sally Raphel, MS, APRN, CS-P, FAAN, clinical instructor, BCH/CWF, has been named chair of the Practice and Education Committee of the Maryland Nurses
Association. In addition, Raphel has been appointed to the Maryland Workforce Challenge: Developing New Partnerships to Serve Children and Families, by the Coalition Member, the American Nurses Association.

Mary Tilbury, EdD, RN, assistant professor, OSAH, has been reappointed as a visitor for the Magnet Nursing Recognition Program sponsored by the American Nurses Credentialing Center. In addition, Tilbury has been appointed to the Invest in Nursing campaign cabinet, a major initiative under the direction of the American Nurses Foundation.

#### **Other Staff**

Ann Thomasson, MS, assistant dean for budget and finance, has been appointed to the University Systems at Shady Grove's Academic Planning Advisory Committee.

# Faculty&Staff Publications/Presentations Education & Clinical

Brenda Afzal, MS, RN, consultant, Department of Behavioral and Community Health, Child, Women's and Family (BCH/CWF); Robyn Gilden, MS, RN, program manager, BCH/CWF; and Barbara Sattler, DrPH, RN, research associate professor, BCH/CWF had several articles published in the February 2003 issue of *Policy, Politics and Nursing.* The articles addressed a variety of environmental health issues and their implications for nurses in practice and political advocacy.

Dean Janet Allan presented the keynote address, "Elucidating Women's Experiences with Weight Management: A Cultural-Ecological Perspective," at Sigma Theta Tau's Annual Research Day, held in March at the University of Tennessee.

Dean Allan co-authored a Letter to the Editor, "The Mammography Dilemma," *Annals of Internal Medicine* 138: #9, May 6, 2003. Berg, Alfred, Allan, Janet D. & Woolf, Steven (2003).

Kathleen Charters, PhD, MSSM, assistant professor, Department of Organizational Systems and Adult Health (OSAH), presented, "Distance Nursing Informatics Education: Lessons Learned," at the 8th International Congress in Nursing Informatics, held in Rio de Janeiro in June. At that same conference, Brian Gugerty, DNSC, RN, assistant professor, OSAH, presented a paper, "Development and Piloting of the CISQ-MA to Assess Nursing Towards Electronic Medication Administration Modules of Healthcare Information Systems," and Mary Etta Mills, ScD, RN, FAAN, assistant dean for baccalaureate studies, presented a paper, "Clinical Systems Integration in the Organized Delivery System."

Kathleen Charters; Rachel Smith, PhD, RN, assistant professor, BCH/CWF; and Mary Tilbury, EdD, RN, assistant professor, OSAH, made group presentations at the Teaching On the Net 2003 conference held in June. The panel presentation, "Developing Critical Thinking Skills Online," was part of the completely on-line conference.

Angela Glod, MS, instructional technology assistant; Thomasine Guberski, PhD, RN, CRNP, associate professor, OSAH; Mary Etta Mills, ScD, RN, FAAN, assistant dean for baccalaureate studies; Nola Stair, MBA, instructional design technologist; Carolyn Waltz, PhD, RN, FAAN, associate dean for academic affairs and professor; and Brian Willis, BA, distance learning technician, participated in an interactive videoconference at the request of the Universitat Essen in Germany. Discussion focused on the School of Nursing's history of developing, implementing and managing effective distance learning programs via the University System of Maryland's Interactive Video System.

Barbara R. Heller, EdD, RN, FAAN, executive director of the University of Maryland, Baltimore's (UMB) Center for Health Workforce Development, and Edward H. O'Neil, PhD, MPA, professor, University of California, San Francisco (UCSF), co-authored "A Tale of Two Centers: Is This the Best of Times or the Worst of Times in Health Worforce Development?", which was recently published by the *Association of Academic Health Centers*.

Measurement of Nursing Outcomes, co-authored by Louise Jenkins, PhD, RN, associate professor, OSAH, and Carolyn Waltz, PhD, RN, FAAN, associate dean of academic affairs and professor, was selected for an American Journal of Nursing's Book of the Year Award.

School of Nursing Museum Director Dean Krimmel, and museum docents Margaret Zell '39 and Jean Keenan '48, spoke at the Carroll County General Hospital's Third Annual Conference, "Generations of Caring," held last April.

Gail Lemaire, PhD, RN, CS-P, assistant professor, BCH/CWF, had the following articles published or they are in press. Lemaire, G.S. & Mallik, K. (2003) (In Press). "High School/High Tech: Enabling Technology Careers for Youth With Learning and Psychiatric Disabilities," *The Journal of Vocational Special Need Education;* Mallik, K. & Lemaire, G.S. (2003). "Quality-based Strategic Planning in Community Rehabilitation," *The Journal of Rehabilitation Administration,* 26, 203-212; Mallik, K. & Lemaire, G.S. (2002) (In Press). "Assessing Departing Employee's Perceptions May Lead to Organizational Change to Reduce Staff Turnover," *The Journal of Rehabilitation Administration.* 

Jane Lipscomb, PhD, RN, FAAN, associate professor, BCH/CWF and Barbara Sattler, DrPH, RN, research associate professor, BCH/CWF, had their book, Environmental Health and Nursing Practice, published by Springer Publishing.

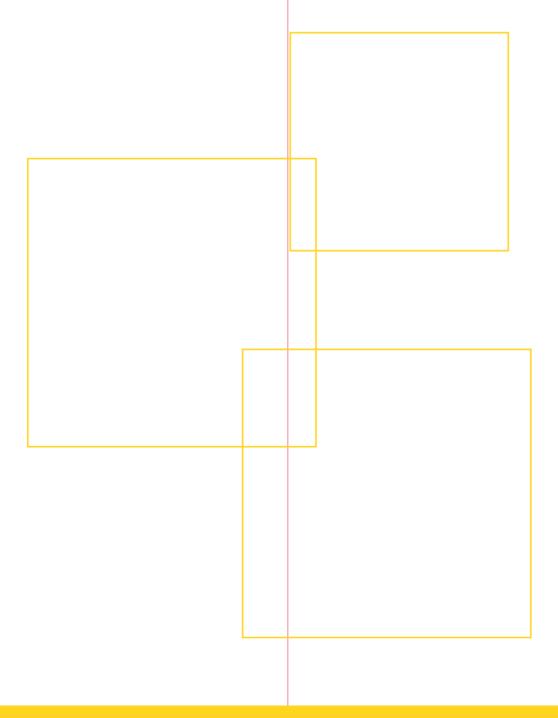
Sally Raphel, MS, APRN/PMH, FAAN, clinical instructor BCH/CWF, presented a paper, "School Based Mental Health Programs: Collaborative Graduate Clinical Practice," at the International Society for Psychiatric Nursing's National Conference held last spring.

Kathy Schaivone, MPA, manager, Clinical Education and Evaluation Laboratory, presented, "Development of a Comprehensive Simulation Experience: A Faculty Training Project," at the International Meeting on Medical Simulation, held in San Diego last January. Co-authors were Dr. Louise S. Jenkins, Dr. David B. Mallott, Nancy Budd and Debra Spunt.

Anne Marie Spellbring, PhD, RN, associate professor, OSAH, co-authored an article, "Medication Administration by Unlicensed Caregivers: A Model Program," which was recently published in the *Journal of Gerontological Nursing*, 2003, 29(6): 48-54.

Mary Tilbury, EdD, RN, CNAA, BC, assistant professor, OSAH, presented a paper, "Using Cinematic Paradigms of Leadership to Measure Student Achievement," at the Hawaii International Conference on Arts and Humanities, held in Honolulu.

Alison Trinkoff, ScD, RN, FAAN, professor, BCH/CWF, co-authored "CIN: Computers Informatics Nursing," in press, May/June 2003 and "Nurse-Computer Interaction: Research, Policy and Recommendations," *CIN: Computers Informatics Nursing*, in press, May/June 2003.



## Media Stars

Dean Janet Allan participated in a discussion on the nursing shortage, which aired on Maryland Public Television's "Direct Connection" on January 30, 2003. Dean Allan was quoted in an article, "Maryland Nursing School Enrollments Rise, While Shortage Looms," which appeared on the *Capital News Service* Newswire on April 23, 2003 and also in an article, "For a Nursing Shortage, an Older Cure," which appeared in the *Washington Post* on May 2, 2003.

A front-page article in the Maryland section of the *Baltimore Sun* on March 1, 2003, "**Budget Crisis a Setback for Industry on the Mend,**" discussed the nursing and nursing faculty shortage, the School of Nursing's enrollment and programs, and Dean Janet Allan's vision for the School. Dean Allan and doctoral candidate Beverly Meadows, BSN '69, MS '84, were quoted in the article. Pictured in photos accompanying the story were Blanche Brown, MSN, RN, PNP, clinical instructor, Department of Behavioral and Community Health/Child, Women's and Family (BCH/CWF), nurse practitioner student Holly Petracci and Debra Spunt, MS '84, RN, director of the School's clinical simulation laboratories.

The following media outlets contained stories during the first week of July, quoting Dean Allan on the U.S. Preventive Task Force's recent recommendations on the use of vitamins to prevent heart disease and cancer: Reuters Health, the Associated Press, the Washington Post, the Wall Street Journal, the Atlanta Journal Constitution, the Pittsburgh Post Gazette Journal, the Philadelphia Inquirer, MSNBC.com, CNN.com and WRUF AM 850, Gainesville, Fla.

Dean Allan was quoted in a story, "Maryland Nursing Schools Struggling to Find Faculty," which appeared in the July 18, 2003 edition of the *Baltimore Business Journal*. In addition, Dean Allan was pictured and quoted in an article, "Nursing Faculty Shortage Opens Campus Doors," which appeared in the August 31, 2003 edition of the *Baltimore Sun*. Conrad Gordon, MS, RN, clinical instructor, Department of Organizational Systems/Adult Health (OSAH), was also quoted in the story.

**Dean Allan** was interviewed several times during the month of August regarding the U.S. Preventative Task Force's Behavioral Interventions to Promote Breastfeeding. Resulting articles appeared on *NurseZone.com* and in the *Report on Medical Guidelines and Outcomes Research*.

Todd Ambrosia, PhD, MSN, CRNP, assistant professor, BCH/CWF, was quoted in a story, "Is There an NP in the House?" which appeared in the May 2003 edition of *Baltimore Magazine*.

Mary Dunleavy, MS, FNP, clinical instructor, BCH/CWF, and Patricia Adams, BA, assistant director for media relations and publication, were quoted in an article, "Well on Wheels – Mobile Clinic Makes First Stops in Pioneer City," which appeared in the July 30, 2003 edition of the Maryland Gazette.

Brian Gugerty, DNSC, RN, assistant professor, OSAH, was quoted in an article, "Misunderstood Field Makes Impact Every Day," which appeared in the July 20, 2003 edition of the *Baltimore Sun*. In addition, Gugerty was quoted in a story, "Nurses Leading the Chart Against Medical Errors," which appeared in the August 26, 2003 edition of *Health IT World*.

Barbara R. Heller, EdD, RN, FAAN, executive director of the University of Maryland, Baltimore's Center for Health Workforce Development, was quoted in an article "Teaming Up to Battle Nursing Shortage", which appeared in the *Baltimore Sun* on August 13, 2003.

The School of Nursing's museum was featured in a story, "Nursing Museum Captures Profession As Well As Past," which appeared in the Health Careers section of the May 18, 2003 edition of the Baltimore Sun. Museum Director Dean Krimmel; Dorothy Herron, PhD, RN, assistant professor, (OSAH); and museum docent Jean Warfield Keenan, BSN '48, were quoted in the article. Krimmel and Herron were pictured in an accompanying photo.

Cara Krulewitch, PhD, CNM, assistant professor, BCH/CWF, was interviewed extensively about her research on homicide in pregnancy as part of the media blitz on the Laci Peterson murder case. Krulewitch appeared on the television show, *Inside Edition*, on April 23, 2003; she was quoted in an article, "Murder Most Foul," which appeared on *Salon.com*; and she was quoted in an article, "Laci's Fate Puts Focus on Violence to Pregnant Women," which appeared in the April 23 edition of the *Philadelphia Daily News*.

Jane Lipscomb, PhD, RN, FAAN, associate professor, BCH/CWF, was quoted in an article, "The Beat Goes On: Researchers Consider Aging Baby Boomers' Health," which was featured in the July 3, 2003 on-line edition of *Environmental Science and Technology*.

Dean Allan was also quoted in the story.

Ann Mech, JD, RN, coordinator, legal and contractual services, was featured in an article, "Health Official Leaving Her Post," which appeared in the June 24, 2003 edition of the *Howard County Sun*.

Kathryn Montgomery, PhD, RN, associate dean for organizational partnerships and outreach, was quoted in a story, "Nurse Administrators Are Big Players in Health Industry," which appeared in the June 22, 2003 edition of the Baltimore Sun.

#### Patricia Morton, PhD, RN, CRNP, FAAN,

assistant dean for master's studies and professor, OSAH, was quoted in an article, "A Wealth of Specialties Available to Nurses Today," which appeared in the Health Careers section of the January 12, 2003 edition of the *Baltimore Sun*.

Barbara Resnick, PhD, CRNP, FAAN, FAANP, associate professor, OSAH, was featured on the front cover and in a four-page article, "Helping the Elderly Live More Active Lives," in the May 2003 edition of *News-Line for Nurse Practitioners*. Resnick was pictured on the front page of the Baltimore Sun's education supplement on July 13, 2003, and she and Ann Marie Spellbring, PhD, RN, associate professor, OSAH, were quoted in the lead story, "Gerontology Specialists in Demand." Marjorie Simpson, BSN '90, MS '01, GNP-C, CRNP, was also quoted in the story.

Barbara Sattler, PhD, RN, associate professor, BCH/CWF and Marian Condon, MS '01, co-authored an article, "Environmental Health Risks in the Health Care Industry," which appeared in the November, December, January edition of *The Maryland Nurse*.

The School of Nursing's patient simulation mannequin, SimMan, was featured in a front-page story, "High-Tech Patient Prepares Nurses of the Future," which appeared in the Baltimore Sun's education supplement on February 23, 2003. Debra Spunt, MS, RN, director of the simulation labs; Kathy Schiavone, MPA, manager of the clinical education and evaluation lab, and graduate student Jennifer Mays BSN, RN, were quoted in the story. Appearing in accompanying photos were Spunt, Mays, undergraduate student Rudolph John, and graduate student Lou-Ellen Lallier.

Kathy Schaivone, MPA, manager of the clinical education and evaluation laboratory (CEEL), was quoted in an article, "Actors Wanted at Maryland's Medical Schools," which appeared in the March 20, 2003 edition of the Daily Record. Nancy Budd, MPH, coordinator of the CEEL, and School of Nursing students Norman Retener and Jennifer Timmons were pictured in the accompanying photo.

#### Sally Tom, EDM, RN, CNM, FACNM,

assistant professor, BCH/CWF, was quoted and pictured in an article, "Nurse-midwives Find Great Satisfaction," which appeared in the Health Careers section of the *Baltimore Sun* on March 9, 2003.

Brigit Vangraafeiland, MS, CPNP, clinical instructor, BCH/CWF, was pictured and quoted in an article, "Future Doctors and Nurses Learn Team Approach to Care," which appeared in the Health Careers section of the *Baltimore Sun* on April 20, 2003. Dean Allan and Marla Oros, MS, RN, associate dean for clinical practice and services, were also quoted in the story.

Carolyn Waltz, PhD, RN, FAAN, associate dean for academic affairs, was quoted in an article, "Multi-Faceted Efforts Focus on Expanding Nursing School Enrollments," which appeared in the Healthcare Jobs section of the February 2, 2003 edition of the Washington Post.

The April 28, 2003 edition of *Nursing Spectrum* magazine included a news brief announcing the SChOOl Of Nursing's Top 10 national ranking by *U.S. News & World Report.* 

The School of Nursing was mentioned in a front-page story, "EPA Finds Life Worth the Same at Age 70," which appeared in the May 8, 2003 edition of the *Baltimore Sun*. The article discussed the Environmental Protection Agency's listening session for older Americans, which was hosted by the School on May 7, 2003. News briefs about the event (including photos) also appeared in the *Nursing Spectrum and Advance for Nurses* magazines.

The ribbon-cutting event for the newest VVellmobile site at Van Bokkelen Elementary School in Severn, received extensive news coverage. The June 24, 2003 edition of the Anne Arundel County (Baltimore) Sun included a feature story, "Severn Area Welcomes Rounds by Wellmobile;" the June 24 Annapolis Capital included a news brief, "Visit Set for Wellmobile;" the Anne Arundel County (Washington) Post carried two photos with captions on June 24; and the July 30 edition of the Maryland Gazette included a story, "Well on Wheels," in which Mary Dunlavey, clinical instructor, BCH/CWF was quoted and pictured.

## Letter From the Alumni President

In keeping with the theme of this issue of The Pulse, "Partnering With the Community," I thought it would be fitting to report on some of the community partnership initiatives in which the Alumni Association is involved.

Last spring, Dr. Lois Neuman, BSN '63, traveled throughout the state, meeting with alumni who have volunteered to speak at elementary and secondary schools about the importance of a nursing career. This significant connection to our community is a way that we, as nurses, can play a part in helping to alleviate the nursing workforce shortage. This project is sponsored by a grant from the Alumni Association-International, Inc. (AAI) and will involve as many as 250 alumni in all areas of Maryland.

In another collaborative effort held at the School of Nursing in the spring, the Alumni Association Joined with the Office of Admissions and Student Affairs and with the Nursing Student Government Association to sponsor a career fair. The event was designed to bring our nursing students together with potential employers to explore job opportunities, internships, the benefits and advantages of particular employment settings and locations, and opportunities for career advancement and lifelong learning.

Elsewhere in this issue of *The Pulse*, you will read about a nursing history lecture series, "A Conversation With...," which is also sponsored by AAI. This organization fosters and financially supports alumni programming throughout the University System of Maryland (USM), with the goal of strengthening USM alumni organizations.



Dr. Barbara Resnick

As University of Maryland School of Nursing alumni, we are partners in our mission to advocate for the School of Nursing, its faculty, students and friends. Let us not forget the community partnerships that are at the heart of our work.

Sincerely,

Barbara Barrick BAD 100 CDAY FAAN FAAND

Barbara Resnick, PhD '96, CRNP, FAAN, FAANP President

## Alumni Association Council

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Barbara Resnick, PhD '96

#### Vice President

Pam Williams, BSN '84, MS '00

#### Treasurer

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Jane Johnson, DIN '47
Sue Kim-Saechao, BSN '99
Natasha Leskovsek, BSN '89
James Manning, BSN '99, MS '00
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Kathy McCullough, MS '79
Kathryn Montgomery, PhD '97

Partricia Morton, MS '79, PhD '89
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Lisa Rowen, MS '86
Janet Southby, MS '71
Sandra Sundeen, MS '68
Japp Tekelenburg, BSN '96
Sue Thomas, BSN '69, PhD '79
Carolyn Waltz, BSN '63, MS '68
Greg Williams, BSN '97
Beth D. Yarnold, BSN '96, MS '98

# Dean Allan Appoints New Directors for Development and Alumni Relations

Dean Janet Allan recently named a new director of development and a new director of alumni relations.



Mr. Gary Porto

Gary Porto has been appointed director of development. He comes to the School of Nursing from the American Lung Association of Maine where he served as a senior development officer and oversaw all major gift activity. Prior to working at the American Lung Association, Porto spent 10 years at the University of Maine, where he served as the director of major gifts. He worked to advance the university's relationship with more than 200 major donor prospects and raised \$1 million annually in major gifts.

"Gary Porto brings exemplary experience and a strong commitment to excellence to this new position," says Dean Janet Allan. "He will provide leadership and expertise for our Board of Visitors and its president, David Oros, as the Board creates a new vision and strategic plan."

"I look forward to working with Dean Allan and the Board of Visitors to advance the School of Nursing's mission," says Porto.



Dr. Rachel Smith

Rachel Smith, PhD, '96, MSN, RN, assistant professor, Department of Behavioral and Community Health/Child, Women's and Family, has been appointed director of alumni relations. Smith, who has served on the School of Nursing faculty since 1999, will dedicate half of her time to the alumni position and half to her faculty role.

As former coordinator of the School's outreach center in Waldorf, Smith brings experience in project coordination, advising and mentoring to her new position. As an alumna of the School, she is well aware of the significance of alumni relations.

"Rachel Smith brings to this position the requisite leadership skills and commitment to expanding connections to the School's alumni," says Dean Allan.

"I am excited about undertaking this new challenge," says Smith. "I look forward to meeting and working with our alumni."

# Out of Africa (and Back Again) Senior Practicum Takes Student Back to His Homeland



Bryan Adkins, BSN '03, surrounded by Sudanese children.

Born and raised in Kenya, the son of missionaries, Bryan Adkins, BSN '03, recalled boyhood trips to the marketplace. He also remembered the tall, thin, dark-skinned people who had unusual tribal scars refugees from Sudan.

What the young Adkins did not realize then is that later in life his career path would lead him back to Africa to care for the Sudanese.

"I knew when I left Africa at age 18 that I wanted to someday return to work there," says Adkins. "But it was during my time as a student at the School of Nursing that I really began to pursue my desire to work in an international setting."

As the time approached for Adkins to choose a place for his senior practicum, the yearning to return to Africa stirred within him. He began to wonder if there would be a hospital in Sudan where he could fulfill his practicum requirement.

With the help of Susan Antol, MS, RN, clinical instructor in the Department of Behavioral and Community Health/Child, Women's and Family, and Debra Spunt, MS, '84, RN, director of the School's Clinical Simulation Laboratories, Adkins found a location for his practicum—a hospital that had been bombed by the Sudanese government eight times since it opened in 1997.

At this hospital in Sudan, Adkins learned the real meaning of partnership. Working with a professional staff that included a surgeon, a pediatrician and a nurse preceptor, Adkins helped perform medical tasks in a masonry building with a tin roof, one operating theater, no running water and no electricity. About 100 local Sudanese volunteers assisted with basic hospital chores, such as carrying water. They did a wonderful job, according to Adkins, although they "lacked the education we are privileged with."

"I can't say enough about what the Sudanese volunteers taught me by their perseverance, eagerness and thirst for knowledge," says Adkins.

There was no limit to the number of people in need of medical attention. In fact, some of them had to be turned away because they had terminal cancer or other medical problems outside of the team's scope of work. The team treated many conditions including malaria, bronchial pneumonia, gastritis, oncherciasis (river blindness), leprosy and tuberculosis. The drugs needed for treatment were flown in from Nairobi.

"The lack of running water posed the worst problem for the hospital," says Adkins. "That complicated every aspect of care from bed baths to cleaning the operating theater."

To remedy the situation, the staff sent men to the river each day to fill water tanks with buckets. Of course, the lack of electricity didn't help matters. Power was obtained from battery cells that were charged with a generator.

"As you can imagine, delivering care with limited supplies, language barriers, and the 'Sudan way' of doing things were immensely challenging," said Adkins. "But I have gained so much from this experience. I probably received more than I gave because the people there taught me a lot about real life."

Adkins says that some days he felt helpless and like he should have been able to do more for the people. There were days when he felt horribly inexperienced and discouraged. But, he says, "The people of Sudan were so receptive and so resilient, that the experience really captured my heart."

# Alumnus Wins Patent for Medical Kit Daughter to Benefit from Dad's Invention

With her severe allergies to wheat flour and cheese, the last thing baby Leah Narte needed was a bite of her brother's pizza.

Leah's resulting allergic reaction brought an emergency response from the Branch Medical Clinic at Marine Corps Air Station Iwakuni in southern Japan.

Severe allergic reactions can send a person into anaphylactic shock and a life-threatening shutdown of the airway. Luckily, the wakuni Clinic now has prepacked kits of information and medications, developed by Navy Nurse Lt. Gino Narte, BSN '96, Leah's dad.

Like millions of people, Leah is allergic to many different foods, pollen and animals. In a severe reaction, she becomes extremely swollen and itchy, and has difficulty breathing.

"She's been taken to our Urgent Care Clinic about six times now," said Narte. "She almost died back in December 2001."

Back in 2001, staff members had to look for medications, often stored separately, and then had to calculate dosages depending on the age and size of the patient and the severity of the reaction. Now, they grab a kit, tear it open and are ready to respond.

Separate kits for adults and children are prepacked with a dosage calculation sheet and all the medications needed. Health care providers evaluate the type and severity of the allergic reaction – "mild," "moderate" or "severe" – then follow the printed instructions. It saves a lot of time, according to Narte.

"Time is important in responding to an emergent allergic reaction, because you're concerned about their breathing and their airway."

Narte received notification and certification from the Library of Congress in May that his prepacked kits had been awarded a U.S. patent.



Lt. Gino Narte, BSN '96, displays the adult and child anaphylacatic kits he designed at Branch Medical Clinic Iwakuni.

Narte, who will leave Iwakuni soon after a threeyear tour, notes that the new kits have helped the clinic reduce hospitalization costs and return adult patients to work more quickly. But what inspired him to create the innovative packets were the risks his daughter faces.

Narte commends the outstanding leadership of Dorothy Herron, PhD '95, RN, assistant professor, Department of Adult Health Nursing/Child, Women's and Family, who he says, "motivated him and provided him with a great deal of support during his time as a student at the School of Nursing."

"Since we came up with this, it's been great," he said. "This will really help with Leah's care."

Narte hopes the packets will become known as "Leah Kits," and that they'll be used at other military treatment facilities.

Lt. Narte is division officer (manager) for urgent care and fast track at the Clinic in Iwakuni. It is the sole medical facility for the Marine Corps Air Station Iwakuni, serving more than 6,000 people in an isolated area 600 miles from a larger medical treatment facility.

# First Annual Career Fair is a Huge Success



Representatives from the Children's Hospital of the King's Daughters discuss job opportunities with School of Nursing student Damien Wilder

Thirty-four employers participated in the School of Nursing's first career fair, held at the School last spring.

Sponsored jointly by the Nursing Alumni Association, the Office of Admissions and Student Affairs, and the Nursing Student Government Association, the event provided an opportunity for students to meet with potential employers and compare job opportunities in a variety of sectors. Representatives from regional specialty and general health care organizations, as well as the military, were present to meet and greet the more than 100 students in attendance.

A number of School of Nursing alumni were also on hand to answer questions and offer advice about career paths. Cmdr. Katherine Lambros Matrakas, BSN '80, MS '91, from the Food and Drug Administration; current doctoral student Marjorie Simpson, BSN '90, MS '01; and Jeanne Smoot, MS '01, a nurse practitioner at the University of Maryland Hospital's Greenebaum Cancer Center, participated in a panel discussion moderated by Mary Etta Mills, ScD, MS '91, BSN '71, FAAN, assistant dean for baccalaureate studies and associate professor at the School of Nursing. The topic was "My Nursing Career: Alumni Speaking About Their Career Experiences."

The University of Maryland Medical Center's Department of Patient Care Services sponsored a luncheon for the students as part of the day's festivities. Next year's Career Fair is scheduled for Monday, March 8, 2004.

# "Conversations With..." Program Invites Discussion About Nursing

In March 2000, the School of Nursing Museum launched a series of public programs titled, "A Conversation with...." Supported by funding from the University System of Maryland Alumni Association-International, Inc., the series serves as a forum for University of Maryland School of Nursing alumni to discuss their experiences in nursing with faculty, students, fellow alumni and the public.

Hector Cardellino, BSN '61, the first man to earn a BSN at the School of Nursing, got the series off to a rousing start. The programs continued last March with a talk by Esther McCready, BSN '53, who shared her memories of the challenges she faced as the School of Nursing's first African American student. Historian David Taft Terry also spoke, providing a broader context for understanding this momentous event. This year marks the 50th anniversary of McCready's historic graduation, and her pioneering efforts continue to inspire and motivate a new generation of nursing students.

In April, the third program of the series marked the 20th anniversary of the School of Nursing's Trauma, Critical Care and Emergency Nursing master's specialty program with a lively conversation about the evolution of trauma nursing. Pat Leather, BSN '56, described her work with a pioneering thoracic surgical nursing team assembled by Dr. R Adams Cowley and Dean Florence M. Gipe. Hermie Nudo, BSN '64, recalled her experiences in the Shock Trauma

Unit in the mid-1960s. Joyce Maslyk, MS '97, offered an insider's view of the Shock Trauma Center where she has worked for 26 years. Retired School of Nursing Professor Betty Shubkagel, BSN '54, discussed the changing role of trauma nurses from the perspective of a nurse educator.



Esther McCready and Dean Janet Allan.

Suggestions for future topics or speakers should be directed to Mr. Dean Krimmel, director of the School of Nursing Museum, 410-706-1502.

# School of Nursing Seeks Sponsors for New Lockers

The School of Nursing recently acquired 168 lockers for student use beginning in the fall 2003 semester.

In order to defray costs associated with the lockers and to purchase additional lockers, a new fundraising program, the Locker Project, has been initiated. School of Nursing faculty, staff, students, alumni and friends can sponsor a locker for a fee of \$50.

The tax-deductible fee includes an engraved plaque that will be permanently affixed to the locker. Sponsors can choose to name lockers after themselves or a famous person, in honor of or in memory of someone, or they can use their creativity and craft a really unique name.

Among those already purchasing lockers are State Comptroller William Donald Schaefer, who named a locker in memory of his life-long friend, Hilda Mae Snoops; Dean Allan, who named lockers in honor of several state and federal legislators; and others who have purchased and named lockers in memory or in honor of the former deans of the School of Nursing. Other examples for naming



New student lockers line the hallway outside the student lounge.

lockers include, "The Florence Nightingale Locker," "The Ravens Nest" and "The Terrapins Shell."

The lockers are located in the basement of the School near the new student lounge. Students can rent the lockers for \$10 per student, per semester, on a first-come, first-served basis.

For more information about locker sponsorships, call Donna Cucina, 410-706-6109.

# Alumni Outreach Project Sends Nurses Back to Schools

"What's the grossest thing you've ever seen?" "Are the courses hard?"

These are typical questions asked of School of Nursing alumni who are participating in the Alumni Outreach Project, a new program that takes them to area high schools to discuss the nursing profession and the variety of opportunities available to nurses today.

Funded by a grant from the Alumni Association-International, Inc., a pilot group of 25 alumni have been provided with resources and training that prepares them to go to high schools in Maryland to talk about their nursing experiences. The purpose of the program is to get young people interested in pursuing nursing careers. Hospitals are reporting shortages of nursing and other health care professions at unprecedented levels. With a large number of nurses expected to reach retirement age in the next few years, the nursing shortage could

become even more acute. Therefore, it is important to start developing the next generation of nurses.

Alumni Outreach Coordinator Lois Neuman, PhD, MS, BSN '63, has been traveling the state to conduct training programs where alumni live and work.

"I am so impressed by the number of alumni who have volunteered for the program," said Neuman. "This type of outreach work is certain to spark some interest in high school students."

Alumni outreach volunteers are scheduling visits to schools beginning in fall '03. The School of Nursing and the Nursing Alumni Association hopes to bring more volunteers into the project. Anyone interested in volunteering should call the Alumni Office, 410-706-7640.

## Class Notes

#### 1953 -

Esther McCready, DIN '53, was featured in an article, "Sharing Tales of Triumph from a 'Trying Time'," which appeared in the March 18, 2003 edition of the *Baltimore Sun*. In addition, McCready was featured in a front-page story on the same subject in the March 21 edition of the *Baltimore Times*.

#### 1983 -

Doctoral student Susan K. Newbold, MS '83, RN, BC, FAAN, spoke at NI 2003: Eighth International Congress in Nursing Informatics held recently in Rio de Janeiro. Newbold also participated at the Invitational Post Conference.

#### 1994 -

Ann Creech, MS '94, RN was pictured and quoted in an article, "Informatics Nurses Increase Efficiency," which appeared in the *Baltimore Sun's* Careers in Health supplement on February 29, 2003. Doctoral student Caterina Lasome, MSN/MBA, MHA, RN, was also quoted in the article.

Joyce Willens, PhD '94, RN, was one of 15 pain management experts from across the nation who were invited to participate in the National Pain Management and Oncology Nurse Care Clinical Advisory Meeting held recently in Las Vegas.

#### 1998 -

Marilyn Tuls Halstead, PhD '98, RN, AOCN, assistant professor in Towson University's Department of Nursing, recently received the Oncology Nursing Society Publishing Division's Quality of Life Award. The award recognizes her article, "Restoring the Spirit at the End of Life: Music as an Intervention for Oncology Nurses," which was published in the Clinical Journal of Oncology Nursing, as an outstanding scholarly presentation in the area of quality-of-life issues for patients and families.

#### 2002 –

Mike Keene, MS/MBA '02, has accepted a position with the Centers for Medicare and Medicaid. He has been assigned to the Center for Medicare Management.

#### 2003 -

Toresha Bethune, MS '03, RN, has accepted a position as Director of Managed Care Operations at the Amerigroup Corporation in Virginia Beach, Va.

U.S. Air Force Capt. Patricia N. Bradshaw, MS '03, RN, CCRN, CEN, presented "Add Alcohol and Shake Well: Withdrawal in the ED," at the Maryland State ENA Convention held in Ellicott City, Md.

Maher El-Masri, PhD '03, MS '98, RN was accepted into *Who's Who in America* (February, 2003).

Eun-Shim Nahm, PhD '03, assistant professor in the School of Nursing's Department of Organizational Systems/Adult Health, won first prize in the Computer Science and Information category for her oral presentation, "A Model of Computer-Mediated Social Support Among Older Adults," at the spring Graduate Research Conference held at the School of Nursing. Also receiving awards at the conference were doctoral student Sun-Mi Lee, who won second prize in the Health Science category, and doctoral student co-presenters Charles Larew and Piyatida Junlapeeya, who won second prize in the Nursing category.

The School of Nursing won an entire category (Social/Behavioral/Clinical Science) at the University Maryland, Baltimore's Aging and Women's Health Research Poster Day held last spring. Doctoral student Caryn Andrews, ARNP, MSN, won first place for her poster, "Defining Modesty Among Jewish Women: A Q Methodological Approach; Eun-Shim Nahm, PhD '03 won an honorable mention for her poster, "A Model of Computer-Mediated Social Support Among Older Adults;" and doctoral student Marjorie Reth, MS '01, BSN '90, displayed her poster, "End-of-Life Treatment Preferences Among Older Adults: A Nurse Practitioner Perspective."

### Alumni Heritage Celebration on Tap for October 25

Attention Classes of '53, '58, '63, '68, '73, '78, '83, '88, '93 and '98!

Mark your calendar and plan to attend the 2003 Alumni Heritage Celebration on Saturday, Oct. 25, from 10:30 a.m. to 4:30 p.m. at the School of Nursing. While all School of Nursing alumni are encouraged to attend, special recognition will be given to the five-year classes from 1953 through 1998. The highlight of the day will be the celebratory pinning of this year's Heritage Class, the Class of 1953.



Dr. Loretta Ford

A new addition to this year's agenda will be the Virginia Lee Franklin Lecture, featuring guest speaker Loretta Ford, EdD, RN, PNP, FAANP, professor and dean emeritus, University of Rochester School of Nursing, and a pioneer in the nurse practitioner movement. The lecture will begin at 2 p.m. in the School of Nursing auditorium.

The registration fee for the full day is \$50, which includes the alumni heritage program, a seated luncheon, tours of the School's museum and clinical simulation laboratories, the Franklin Lecture and a reception following the lecture. There is no charge to attend only the Franklin Lecture, however, there is a fee of \$25 for those requesting continuing education contact hours.

To register for the event or for more information, call Kimberly Owens, 410-706-7630, or visit the School of Nursing's website at http://www.nursing.umaryland.edu.

We hope to see you there!

## In Memoriam

Josephine Toms Wycall, DIN '31 Marguerite H. Rowen, DIN '34 Yolande Gregory, DIN '35 Mabel Hogge, DIN '35 Dorothy Travers, DIN '35 Anne Taylor, DIN '36 Maj. Irma H. Winfield, DIN '38 Ruth Cate Schnitker, DIN '40 Geraldine Cross, DIN '47 Margaret Bittner, DIN '49 Betty K. Weyn, BSN '56 Hector Cardellino, BSN '61 Janet L. Kraft Miller, BSN '64 Sharon L. Elliott, BSN '72 Rachel E. Brown, MS '74 Joyce C. Bankowki, BSN '75 Linda S. Blum, BSN '80

# Board of Visitors Appoints New Chair, New Member

The School of Nursing's Board of Visitors recently named a new chairman and welcomed a new member. David S. Oros, president and chief executive officer of Aether Systems, Inc., was named Board Chair, and Jan C. Rivitz, executive director of The Straus Foundation in Baltimore, is the new Board member.



David S. Oros

"I am honored to accept the role as chairman," said Oros. "I look forward to helping this Top 10 institution reach even greater heights by leading an active Board in shaping creative responses to issues facing nursing today, such as the

shortage of nurses and nurse faculty, the health needs of the uninsured and underserved, and nursing research to help improve health care for everyone. Together, we will strive to gain philanthropic support for these issues."

Oros, who founded Aether Systems in 1996, brings to the Board many years of experience in the business community, where he also sits on the boards of Novatel Wireless, Corvis Corporation and Port Discovery.

Continually recognized for his entrepreneurial and personal achievements, Oros has been acknowledged as the Ernst & Young Entrepreneur of the Year, *Mobile Computing* magazine's Person of the Year and the KPMG High Tech Entrepreneur of the Year. He earned a bachelor's degree in mathematics and physics from the University of Maryland Baltimore County and holds a U.S. patent for a multifunctional radar.



Jan C. Rivitz

Jan Rivitz has been involved in the field of philanthropy for 23 years. She has served as executive director of The Straus Foundation in Baltimore since 1989, and for the past 10 years has been a consultant to numerous family

foundations in the fields of strategic planning, inter-generational training, trustee succession planning and policy development. She was on the founding Board of the Association of Baltimore Area Grantmakers, serving as its president for five years. She serves on numerous nonprofit boards and commissions, most recently as Chair of the Baltimore Giving Project, an initiative designed to increase the formation of organized philanthropy in the region; and Chair of the Board of Overseers for the Baltimore School for the Arts.

"I am honored to serve on the School of Nursing's Board of Visitors," said Rivitz "It is considered a center of excellence not only in Baltimore, but in the nation. Under its dynamic new leadership, I believe the School has the potential to take the lead in elevating the field of nursing to a completely new level, with limitless possibilities for improving health care for all citizens."

"I am delighted that these two stellar community members have joined our Board," said Dean Janet Allan. "I look forward to working with them and the rest of the Board to continue to develop community support for initiatives such as scholarships, nursing research and our extensive clinical enterprises in the community."

### Board of Visitors 2003-2004

Members of the School of Nursing's Board of Visitors come from the ranks of corporate and community leadership, and from committed alumni and friends of the School. These distinguished members actively participate by lending their skills and expertise to the areas of fundraising, public relations, advocacy and education.

#### David S. Oros

Chairman, Board of Visitors President & CEO Aether Systems

#### Douglas L. Becker

President & CEO Sylvan Learning Systems, Inc.

#### Lynne Brick

President Brick Bodies Fitness Services, Inc.

#### Jane Durney Crowley

Executive Vice President Catholic HealthCare Partners

#### John C. Erickson

Chairman Erickson Retirement Communities

#### **Arthur Gilbert**

Senior Vice President TBG Financial

#### Sonya Gershowitz Goodman '73

#### Donna Hill Howes '75

Vice President, Corporate Development The Staywell Company

#### Gail S. Kaplan

Director of Marketing Classic Catering

#### Rose LaPlaca '81

#### Anthony R. Masso

President Executive Consulting Services

#### Esther McCready '53

#### Carolyn McGuire-Frenkil

President National Safety Alliance Choice Point

#### Marian Osterweis

Executive Vice President/CEO Director, Division of Global Health Association of Academic Health Centers

#### Judith A. Reitz '71, '76

Senior Vice President & COO The Johns Hopkins Health System

#### Barbara M. Resnick '96

Associate Professor University of Maryland School of Nursing President, Alumni Association

#### Jan C. Rivitz

Executive Director
The Straus Foundation in Baltimore

#### Alan Silverstone

Independent Consultant

#### David D. Wolf

Executive Vice President Medical Management & Strategic Planning Carefirst

## The Pulse

The University of Maryland School of Nursing, Office of Communications, publishes *The Pulse* biannually. We welcome your comments, suggestions and story ideas. E-mail: comments to padams@son.umaryland.edu

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## Mark Your Calendar

#### Undergraduate Open House

Saturday, Oct. 18, 2003 10 a.m. to 2 p.m. For information, call 1-866-687-7386 or e-mail: openhouse@son.umaryland.edu

#### Alumni Heritage Celebration

Saturday, Oct. 25, 2003 10:30 a.m. to 4 p.m. For information, call 410-706-7640.



## UNIVERSITY OF MARYLAND SCHOOL OF NURSING

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