# Innovation in Action

The University of Maryland School of Nursing From Its Founding in 1889 to 2012





The Way We Were:

A Role Model of Prof

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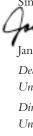
## DEAN'S LETTER

For more than a century, the University of Maryland School of Nursing has been committed to excellence in educating nurses who have become experts in their fields, clinicians, educators, and leaders in Maryland, the nation, and around the globe. The School of Nursing was established as a hospital training school in 1889, emerged as an autonomous entity in 1952, and is celebrating its 125th anniversary in 2014. As we celebrate our past and look to our future, we cannot forget the nurse pioneers who came before us. We value the legacy of those who carried the torch in the name of nursing, including Clara Barton, Dorothea Dix, Mary Mahoney, Florence Nightingale, Louisa Parsons, Lucile Petry, and Lillian Wald, whose names are all etched on the façade of our building. If I might borrow the sentiment of Robert Burton's quote, "I light my candle from their torches."

The previous history publication, Building the Future, was published in 2002 and highlighted the School's accomplishments from its founding through the tenure of its fifth dean, Barbara R. Heller, EdD, RN, FAAN. This new publication Innovation in Action adds to that chronicle the School's achievements during the tenure of Dean Janet D. Allan, PhD, RN, FAAN, who led the School from 2002 to 2012.

During Dean Allan's tenure, the School continued to grow and thrive with two strategic plans. Partnerships were cultivated with the Army Nurse Corps and the University of Maryland Medical Center, and we became participants in the Joining Forces Campaign, an initiative to further educate our nation's three million nurses so they are prepared to meet the unique health needs of service members, veterans, and their families.

Two Wellmobiles were sent to Mississippi to provide health care to survivors of Hurricane Katrina. The School worked to become a Robert Wood Johnson Foundation/Institute of Medicine (IOM) Action Coalition to further the goals of the nursing profession as outlined in the IOM's Future of Nursing: Campaign for Action report. The Doctor of Nursing Practice program and the state's first Certified Registered Nurse Anesthesia master's specialty and Clinical Nurse Leader program were launched. The Institute for Educators in Nursing and Health Professions was established to address the nurse faculty shortage, and the Office of Global Health was formalized. Two centers of research excellence were formed-the Center for Biology and Behavior Across the Lifespan and the Center for Health Outcomes Research—and the School's ranking in funding (for nursing schools) from the National Institutes of Health rose to 11th. The Clinical Education and





Evaluation Laboratory was expanded, as was our nursing program at the Universities at Shady Grove. And, we launched a Student Success Center to help nursing students become more efficient and effective learners. Our School is only as strong as its alumni, and we are proud of the 20,000 we call our own. These amazing men and women continue to make a lasting impression on the nursing profession and the health care system. They are leaders in academia, the Armed Forces, hospitals, and other health care organizations. You will read about some of them in this publication. I would be remiss if I did not acknowledge the hard work and support of our outstanding faculty, staff, and students who have helped form the legacy of our top-ranked School. As we move forward through the 21st century, we will continue to build upon our history, cultivate relationships, launch new programs, and elaborate upon our multiple mosaics-of academic programs, students, faculty, alumni, and staff. We hope that by documenting the last decade, we

will continue to inspire and inform not only potential and current health care professionals, but also friends of our School and the University.

We hope that you enjoy reading this publication and that you will join us in celebrating our 125th anniversary in 2014. I am proud to be serving as the sixth dean of the University of Maryland School of Nursing and look forward to leading the School to even greater heights.

Jane M. Kirschling, PhD, RN, FAAN

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Jane M. Kirschling PhD, RN, FAAN

# THE WAY WE WERE: THE SCHOOL OF NURSING FROM 1889 TO 1978 Adapted from Dr. Marion I. Murphy's "Nursing" (1976)



he history of the University of Maryland School of Nursing contains many unique features. Prominent among them is its origins in 1889 in a university hospital setting under the direction of a graduate of the first modern school of nursing—that Hospital Training School, the two-year program was among the earliest established along the Eastern seaboard; its identification with a medical school and a teaching

the University of Maryland in 1952 occurred somewhat later than was the case in several state institutions with similar backgrounds. The School of Nursing was unique, however, in its ability to establish a graduate program in nursing very shortly after the baccalaureate and to achieve national accreditation of both programs simultaneously in 1957.



### At the Beginning: **A Nightingale Comes to Baltimore**

Louisa Parsons (1855-1916), a native of Devon in England's west country, became the School of Nursing's first Superintendent of Nurses in December 1889. Although her term was brief—she served for some 22 months until January 1892-Parsons' professional background helped place the school on solid footing while her later nursing accomplishments inspired generations of students and graduates.

Parsons was an 1880 graduate of the renowned Nightingale Fund Training School for Nurses, located at St. Thomas' Hospital, London. She came to Baltimore in April 1889 as one of four head nurses hired to supervise nursing care at Johns Hopkins Hospital, which opened in June of that year. She had been one of four finalists out of 80 applicants for the position of superintendent, a job that went to the now legendary nursing leader Isabel A. Hampton. When Parsons' six-month contract with Hopkins ended, the University of Maryland medical faculty hired her to open a nurse training school at their hospital.

Then in her mid-30s, Parsons was hailed in local newspapers as a decorated nursing veteran of British Army campaigns in Egypt and Sudan, and a product of the world's best-known nursing school. This was clearly someone with practical experience and professional pedigree. With professional nursing education still somewhat novel in 1889, the selection of Parsons signaled to young women considering nurses' training and to the growing public market for hospital services that the Maryland University Hospital was modern and up to date.

As superintendent, Parsons instituted a two-year course of nurse training, convinced the medical faculty to build residential quarters for student nurses, and introduced a student cap modeled after the one worn at the Nightingale School. The cap, known affectionately as the Flossie in honor of Florence Nightingale, became the School's official graduate cap and served for decades as a symbol of the wearer's professionalism and the school's connection to the founder of modern nursing.

Leaving Baltimore in 1892, Parsons resumed her peripatetic life, working briefly with Clara Barton and the Red Cross in Beaufort, South Carolina, following the devastating Sea Islands Hurricane (1894), serving as a contract Army nurse during the Spanish-American War (1898), and rejoining the British army in South Africa during the Anglo-Boer War (1900-1902). In between these dramatic nursing episodes, Parsons spent much of her time in the Boston area, where she became involved with the Massachusetts Nurses Association and a local chapter of the American Red Cross.



Louisa Parsons' Royal Red Cross



Parsons returned to England sometime around 1912 to care for her ailing mother and much to her later regret never came back to the United States. There is a poignant story of her terminal illness when she expressed a wish to see Dr. William Osler, whom she had known at Hopkins, then serving as regius professor at Oxford. When word reached him, he went to see her immediately, later communicating by cable with a common friend, "Miss Parsons failing-have seen her today-not suffering-sends love. William Osler." Parsons died on November 2, 1916 and was buried with full military honors. Osler, who attended, reported that it was the most impressive funeral he had ever seen given to a nurse. Quite fittingly, Parsons' long service to American nursing was marked by obituaries in Baltimore, New York, and Boston newspapers. Although no evidence survives of contact between Parsons and her former students, a short time before

First graduating class, 1892



### Farewell banquet for 42nd and 142nd units, April 1942

her death Parsons' nurse recorded, "She lives only to get her treasures packed for those she wishes to possess them." In addition to a legacy, Parsons' will left all of her military decorations, including the prestigious Royal Red Cross, to the University of Maryland School of Nursing Alumni Association. One can only wonder if, at the end of a long professional life in which war service had played such a prominent part, having established a School of Nursing may have had a particularly significant meaning to her-perhaps a viable memorial to peace.

In November 1922, six years after Parsons' death, the School of Nursing dedicated a new nurses' residence as Parsons Hall. Over the next six decades until its conversion into faculty offices, thousands of students would call Parsons Hall their home. The seven-story residence was demolished in 1998. The Nurses Alumni Association honored the memory of Parsons by commissioning a portrait, which was presented at the school's 75th anniversary in December 1964. The portrait now hangs in the School of Nursing's auditorium.

### The Years Between 1892 and 1952

The University of Maryland Hospital Training School graduated its first class of eight nurses in 1892, and classes of gradually increasing size soon followed. By 1905, the enrollment stood at 55 students. Early School of Nursing graduates were active in the establishment of the Maryland Nurses Association and the Maryland State Board of Examiners of Nurses. After passage of the state's first nurse practice act in 1904, the State Board of Nursing formally approved the School of

Nursing. There was, for many years following Parsons' departure, considerable turnover in the position of superintendent. At two different times between 1908 and 1910, members of the medical faculty served as temporary superintendents. During World War I, 35 School of Nursing graduates served overseas and at home under the Army Nurse Corps, including several who were decorated for meritorious service.

In 1920, when the University of Maryland's Baltimore and College Park campuses merged under a single Board of Regents, the School of Nursing became a separate unit of the university, although it continued to be administered by the University of Maryland Hospital. In 1926, a combined academic program leading to the degree of Bachelor of Science and a diploma in nursing was inaugurated. The five-year program required students to complete two years at College Park and three years at the School of Nursing in Baltimore. This program represented an early phase in the development of the generic baccalaureate education for nursing.

A glimpse of student life and the cost of living during the war years can be gained from the following excerpt from material provided for nursing students for 1943-1944.

"A fee of \$50 payable on entrance is required of all students, and a student activity fee of \$5. Due to the fact that the clinical experience is obtained on the wards of the University Hospital and the student so helps furnish nursing service, it is considered that the student earns her complete maintenance, which includes room, board, laundry, and begins with admission to the School of Nursing. During the preclinical period, the

student provides her own uniforms, obtained through the hospital at a nominal cost, but upon completion of the first six months, uniforms, shoes, and textbooks are provided. Her personal expenses during her course will depend entirely upon her individual habits and tastes. We estimate the cost to the student for fees and uniforms to be about \$100."

Records of the Nurses Alumni Association and the School of Nursing contain high praise for the military contribution of its nurses during World War II. The hospital furnished nursing personnel for two units assigned to the Pacific: the 42nd and the 142nd general hospitals. By 1945, more than 150 School of Nursing graduates had become involved with the war effort at home and abroad through service in the Army Nurse Corps, Navy Nurse Corps and the American Red Cross.

After the war, even as educational standards for nursing students and faculty rose, the School of Nursing's close relationship with University Hospital continued. In February 1946, Florence M. Gipe, a master's-prepared nurse, was appointed Director of the School of Nursing and Director of Nursing Service at University Hospital. This dual responsibility, which had hindered previous attempts at curricular reform, would not prevent Gipe from realizing her vision of transforming the hospital-dominated School of Nursing into a modern academic nursing institution. In 1946, the teaching faculty of the School of Nursing had been increased to 10 instructors, eight of whom held college degrees. By 1952, Gipe had earned a doctoral degree in education from the University of Maryland, College Park and had laid the groundwork for the creation of baccalaureate and master's programs.

### **Development of Baccalaureate** and Graduate Programs



The School of Nursing was changing in other ways as well during the post-war years. In September 1950, more than 60 years after its founding, the School admitted its first African-American student. Esther E. McCready, a 19-year-old Baltimore native, gained admittance to the School after the Maryland Court of Appeals ruled in her favor in April 1950. Earlier, the University of Maryland's offer to pay McCready to attend a Tennessee nursing school had been upheld as legal by a Baltimore court. The Court of Appeals thought otherwise, agreeing with the argument put forth by McCready's attorney, Thurgood Marshall, who had already gained prominence for his work with the National Association for the Advancement of Colored People. Despite the hardships that came with the role of pioneer, McCready completed the School's three-year diploma program and graduated in 1953. McCready later served as a member of the School's Board of Visitors from 1996 to 2002 and as a docent in the School's Living History Museum.

In May 1952, the School of Nursing won approval to begin a new, generic four-year curriculum leading to a Bachelor of Science degree in Nursing. Under the leadership of Dr. Florence M. Gipe, who became the school's first dean, the combined five-year program was immediately terminated and the three-year diploma program gradually phased out. The new generic baccalaureate program, according to contemporary school literature, "utilized University Hospital as a clinical facility but gave the School of Nursing full autonomy." Students completed lower division requirements at College Park and came to Baltimore for their junior and senior years.



Florence M. Gipe, PhD Dean, 1952-1966

Esther E. McCready, 1953

In 1954, the School of Nursing became a department of the Graduate School, which awarded the degree of Master of Science with a major in nursing to qualified candidates. Psychiatric nursing was the first of the clinical nursing areas to develop a program of master's study. Under the direction of Dr. Mary K. Carl, who became Assistant Dean for Graduate Studies, the School of Nursing was awarded one of the early psychiatric-mental health training grants by the National Institute of Mental Health, Department of Health, Education and Welfare (DHEW). After Carl's departure in 1966, the graduate program in psychiatric nursing continued to flourish because of outstanding faculty members such as Dr. Ann Ottney Cain and Dr. Lisa Robinson.

With the psychiatric nursing program established, other programs in main clinical areas soon followed: Maternal Child Nursing in 1956, Medical Surgical Nursing in 1958, Administration in 1960, Child Psychiatric Nursing in 1962, and Public Health Nursing in 1963. In 1957, both the undergraduate and graduate programs were granted full accreditation by the National League for Nursing.

Walter Reed Army Institute of Nursing (WRAIN) commissioning ceremony, 1976

One of Dean Gipe's lasting contributions to nursing education in the South was her participation and leadership in establishing a project in graduate

education in nursing within the Nursing Council of the Southern Regional Education Board. Together with the deans of five other schools of nursing with accredited programs, she led the way in setting guidelines and interpreting the need for graduate programs of high quality. The five other schools of nursing that co-sponsored the project were the University of Alabama at Birmingham, Emory University, the University of North Carolina, Vanderbilt University, and the University of Texas.

The Pi Chapter of Sigma Theta Tau, International Honor Society of Nursing, was installed at the School of Nursing in 1959. Dean Gipe and a number of faculty, students, and alumni became charter members. One of the sorority's founders, Ethel Palmer Clarke, had been a 1906 graduate of the School of Nursing and had served as Superintendent from 1911 to 1914.

The School of Nursing administrative offices were housed in a back portion of Parsons Hall until 1959 when Whitehurst Hall, a new connecting structure, was dedicated on the school's 70th birthday. Named in honor of Sara A. Whitehurst, the first woman to serve on the University of Maryland Board of Regents, the new building provided space for administration, faculty offices, classrooms, and conference rooms.



In 1964, after negotiations between the Department of the Army and academic officers of the University of Maryland, a contractual arrangement resulted in the establishment of the Walter Reed Army Institute of Nursing (WRAIN). Students in this four-year program were subsidized by the U.S. Army and, following graduation from the School of Nursing, were obligated to serve for three years in the Army Nurse Corps. Faculty appointed by the University of Maryland utilized university-approved clinical resources in providing learning experiences, which met requirements of the School of Nursing curriculum. Although headquartered at Jane Delano Hall on the grounds of the Walter Reed Army Medical Center, WRAIN faculty and students functioned as one body within the total School of Nursing. The WRAIN program ended in 1978, having graduated some 1,100 nurses.

Florence M. Gipe retired in 1966 after 14 years as dean and a total of 20 years of service to the University of Maryland. She was succeeded in 1967 by Dr. Marion I. Murphy, a Midwesterner, whose educational preparation for nursing, in addition to a hospital school, had taken place at the Universities of Minnesota and Michigan, where she had held academic appointments as professor and associate professor.

### **Curriculum Revision**

The Baccalaureate Curriculum: In line with national movements in nursing, a program of curriculum revision was launched in the summer of 1967. Total nursing faculty, both graduate and undergraduate, participated in a workshop led by Dr. Mary Harms, associate dean, University of California, San Francisco. Because of the Dental School's current involvement with curriculum change, particularly in community dentistry, Dean John J. Salley was invited to share highlights of that school's experience. Later, a subcommittee on philosophy invited Dr. R. Lee Hornbake, academic vice president, to review the university's philosophy and goals. Group work, which continued throughout the academic year, culminated in the summer of 1968 by identifying faculty task forces to visit main subjectmatter departments on the College Park campus. The purposes, to clarify nursing's changing needs and to interpret a revised curriculum, were well received. Although the undergraduate faculty met its time schedule for approval of a skeletal plan for the new curriculum by the College Park Senate Committee on Programs, Curricula, and Courses so that freshmen could enter in fall 1969, clinical implementation in the

In fall 1974, competitive admission to the junior class was stabilized at 260 for the School of Nursing's Baltimore campus and 40 at the newest "satellite," the Mercy Hospital Clinical Center. Organized similarly to WRAIN, with Mercy Hospital bearing the main expenses of instruction, the Mercy program represented a unique way in which one private hospital chose to continue its support of nursing education after closing

junior year had to be delayed from 1971 to 1972. Reasons were associated not only with decisions regarding traditional versus nontraditional approaches, but also with an unanticipated swell in junior year enrollment.

It had become apparent in 1971 that usual predictive measures for assessing the size of the junior class for fall 1972 were grossly inadequate. In addition to juniors "coming up" from College Park, an increasing number of prenursing students were completing requirements at the new University of Maryland, Baltimore County campus. The number of students wishing to transfer from other accredited institutions was also increasing. According to longstanding University and School of Nursing policy, all students who had completed the school's lower division requirements with a 2.0 (C) grade point average were eligible. The following figures illustrate the dilemma:

Year Entering	1970	1971	1972	1973
Projected Enrollment-Junior Year	130	170	210	275
Actual Enrollment-Junior Year	154	186	254	324

Late in 1971, an appeal was made to the Board of Regents that selective admission of upper-division students be instituted in the School of Nursing and that the junior class for the fall 1972 be limited to 225. After due consideration, the board felt that implementation of any limitation had to be delayed until 1974 so that advance notification could be given to incoming freshmen. Thus, the school was faced with implementing a new curriculum, utilizing a team teaching plan, with 254 junior students on the Baltimore campus in fall 1972 and 324 students in September 1973. Fortunately, funding was provided for extra faculty.

Although the years from 1972 through 1975 constituted an uphill struggle for faculty and students, graduation of generic senior classes of 217 in 1974 and 283 in 1975 represented a triumph. Courageous as well as innovative leadership provided by associate and assistant deans and junior administrative faculty made it more than just survival.

its hospital school. The first class of 33 School of Nursing students, whose main clinical base had been the Mercy Hospital Clinical Center, graduated in June 1976.

In summer 1976, an Alternative Curriculum Timing Program for juniors and seniors was introduced at the Baltimore campus. This program was designed for students whose life experiences might have prevented them from completing the nursing major in the usual two academic years. Students admitted to this modification of the baccalaureate curriculum enrolled for two summer sessions and had the benefit of certain academic and personal support services during the two years they were integrated with the total student body.

The Graduate Curriculum: During the years when undergraduate faculty members were coping with curriculum revision and unprecedented enrollment, the graduate program, which had grown to be the largest in the Southern region, also underwent internal scrutiny. Faculty members who returned from leave with earned doctorates, plus those newly recruited, continued to re-examine the philosophy of graduate education and consider how nurses might best be prepared for leadership roles. The development of a new conceptual framework drew heavily on several years of intensive work initiated by the maternal-child health faculty whose chairwoman, Dr. Mary V. Neal, had secured a curriculum development grant from

the Department of Health, Education and Welfare's Maternal and Child Health Services. Slowly, graduate faculty members with diverse clinical backgrounds showed increased commitment to building for the future.

What had seemed like slow movement intensified perceptibly during summer and fall 1975, culminating in approval of a revised graduate curriculum by the total School of Nursing faculty in January 1976 and by the Graduate School shortly after. The revision, which was

characterized by flexibility in the choices offered to graduate students, was also responsible for the creation of a new Department of Primary Health Care.

Continuing Education: The School of Nursing's employment of Frances P. Koonz as assistant professor and director of continuing education in 1969 resulted in much improved services to graduate nurses across

Maryland. As a state-supported institution, the School of Nursing wholeheartedly embraced its obligation to state nurses. By the mid-1970s, the School of Nursing was offering a wide range of workshops, seminars, and short courses designed to meet specific continuing education needs of registered nurses in the state. Such offerings were built upon the basic preparation of the registered nurse and were not a substitute for an organized sequence of studies leading to an academic degree.

Throughout the decade, the Continuing Education program succeeded in enhancing or updating the knowledge and professional competency of nurses in the delivery of health services. Participation of the learners during the planning, implementation, and evaluation of each continuing education offering was encouraged. Activities were coordinated with professional groups, other educational institutions, and health-related agencies in the state to encourage cooperative planning and interdisciplinary programming. In addition to three regional committees consisting of nurses in Western Maryland, the Hagerstown area, and the Eastern Shore, each workshop was sponsored by a special-interest committee whose members participated in planning and evaluation.

The School of Nursing created a Faculty Advisory Committee to assist the director of continuing education in identifying needs and overall program planning. Individual faculty members participated in

planning and teaching specific

Units (CEUs), based upon

by the School of Nursing.

workshops. Continuing Education

guidelines and criteria established

by the National Task Force on the

Continuing Education Unit, were

awarded to participants completing

offerings sponsored or co-sponsored

Beginning in 1972, Continuing

Education Director Florence Koonz

and her staff became involved with

three types of programs to prepare

"Many of my master's students submitted well-researched papers for conferences, and many went on to earn doctorates in nursing at prestigious

nurse practitioners. The first was a short-term program for pediatric nurse practitioners, which was funded by the Maryland Regional Medical Program. The School was awarded a three-year contract by the Division of Nursing, National Institutes of Health, for the preparation of family nurse practitioners. Another three-year program, to prepare primary care nurse practitioners, was funded by DHEW's Division of Nursing and later extended into a fourth year.

### **Special Resources of the School of Nursing**

Instructional Media Center: A grant from DHEW's Division of Nursing during 1969-1974 provided the stimulus for the development and use of newer teachinglearning strategies. An Instructional Media Center staffed with nursing faculty and skilled technicians was created for use by faculty and students on both an individual and group basis. The rationale was simple: Because the knowledge and skills needed by individual nursing students vary at any given time, it would be better to have appropriate materials available in a self-instructional format. The environment for this type of self-study was an Instructional Media Laboratory that featured 68 carrels and a variety of equipment. Undergraduate students were required to study specific units as course requirements and pursued other self-instructional materials relevant to their individual learning needs. Graduate students began utilizing the laboratory on a selective basis.

By the mid-1970s, classroom instruction was supported through a variety of media services, including movie projectors, overhead projectors, and audio tape recorders. Materials for and assistance with the production of slides and overhead transparencies were made available for faculty members who wished to use those techniques. The School of Nursing also installed a closed-circuit black-and-white television studio where live or taped programs could be produced. A portable videotape system and production assistance were made available for faculty and students who wanted to videotape projects on their own.

Center for Research and Evaluation: As nursing moved forward in the establishment of its own theoretical base and explored its relationship to other human services, research, formerly given only token recognition, assumed new dimensions. A research development grant from DHEW's Division of Nursing, which was awarded to the School of Nursing from 1970 to 1975, served to increase faculty's involvement in research. The establishment of a Center for Research and Evaluation in 1975 provided for the coordination of research courses as well as additional consultative services to both faculty and students. As a result, the School of Nursing began providing introductory courses in research methodology for undergraduate seniors and more advanced offerings for graduate students. Center for Research and Evaluation faculty members, in addition to teaching, assisted faculty and graduate students with research design, sampling procedures, techniques of measurement, data collection and analysis preparation, reports, and proposals. In 1976, a specialist in educational evaluation joined the Center faculty to provide leadership in evaluation of curricula and other areas. The School of Nursing established a small statistical laboratory where instruction was available to faculty and students. Computer service facilities on both the Baltimore and College Park campuses also were utilized extensively. During the 1970s, School of Nursing faculty began participating in a regional research consortium, and graduate students from a tri-state area met annually for informal presentations of their research projects. Undergraduate and graduate faculty and interested students served on a School of Nursing Research Committee. Multidisciplinary research became increasingly possible as nursing and other health disciplines identified common problems. The School of Nursing began scheduling two Research Days during the academic year to highlight such activities as part of its faculty development program.

Marion I. Murphy, PhD Dean and Professor 1967-1978

First male graduate Hector Cardellino, 2001



Expansion of Educational Opportunities for Registered Nurses: Since the mid-1950s, the baccalaureate curriculum had been available to registered nurses who wished to pursue further study. In the 1970s, faculty increased its efforts to encourage motivated nurses to seek options, which were increasingly available to adult learners in other fields of higher education. The School of Nursing introduced new challenge examinations to facilitate admission to the School of Nursing's integrated upper-division clinical program. Clinical experiences available to registered nurses provided innovative approaches to meeting objectives of the baccalaureate curriculum without the duplication, which too often had characterized academic study for registered nurses. Further evidence of the School's concern for increasing the pool of baccalaureate prepared nurses in Maryland was the launch in 1975 of an outreach program for "community-bound" nurses in Western Maryland and on the Eastern Shore. This program enabled registered nurses to complete all requirements for the baccalaureate degree in nursing through enrollment on a part-time basis at regional centers. Requirements for achieving senior-year status were the same as on the Baltimore campus; the usual senior-year curriculum involving 33 earned credits was arranged over a three-year time span.

Alumni pin



Increase in Minority Enrollment: In 1971, the Faculty Organization's Bylaws created a standing committee on the Recruitment and Retention of Students from Minority Groups. Begun as a voluntary effort on the part of a small group of faculty members whose work served to demonstrate need, the committee worked through the 1970s to fulfill an important role. Interest in various forms of advocacy increased, as did sensitivity to social issues. By the mid-1970s, some 15 years after the graduation of Hector Cardellino, the first man to earn a baccalaureate degree, male students constituted a new and vocal minority. In fall 1976, total minority enrollment on the School of Nursing's Baltimore campus reached 12.5 percent. Male students constituted 5.5 percent of the total enrollment.

Faculty Associates: In 1970, beginning with nurses in leadership positions at University of Maryland Hospital, the School of Nursing initiated a system of faculty associates, honoring those who had contributed in various ways to facilitating the smooth operation of the School's clinical teaching programs. Nurses holding administrative or clinical specialist positions were initially eligible, but later, invitations were extended to nurses in similar positions in other hospitals or health agencies where undergraduate or graduate faculty members utilized facilities for teaching students. By the mid-1970s, a small number of physicians and other non-nursing personnel who were making outstanding contributions to the School of Nursing were designated as faculty associates.

Nurses' Alumni Association: Any description of School of Nursing resources would not be complete without recognition of continuing support from alumni. Organized between 1895 and 1897, School of Nursing alumni provided early leadership in the organization of the Maryland Nurses Association and in passage of the state's first nurse registration and practice act in 1904. Over the years, alumni demonstrated not only their strong support of the school, but also their awareness of changes taking place in nursing. Although incorporated as Alumnae, the association changed its name to Alumni in 1964, establishing the eligibility of male graduates for membership. The historic pin, designed by Tiffany's for the class of 1894, bore the inscription Nurses' Alumni Association until 1970 when, by action of the association, the lettering for future graduates was changed to School of Nursing, University of Maryland. The Nightingale cap, which was the property of the Alumni Association, was available to all baccalaureate graduates beginning in 1968.

(The class of 1979 was the last to formally wear the Nightingale cap, though later students often posed for yearbook photographs wearing one.)

The 1970 School of Nursing Building: The original architectural design provided approximately twice the space, which became available in the new building when it was completed in 1970. Unfortunately, a reduction in the appropriation of state matching funds prior to implementation of the original design resulted in a facility that was overcrowded at the time of its dedication in April 1971. Subsequent increases in enrollment and number of faculty members produced conditions that made the maintenance of a quality educational program increasingly difficult.

### What is Past is Prologue

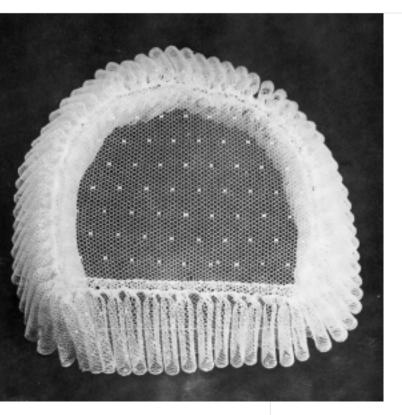
By the 1970s, under the School of Nursing's second dean, Marion I. Murphy, it would be fair to say that the faculty was one of the best prepared in the nation and, even more importantly, that it was constantly working toward further excellence. In 1976, 27 faculty members had earned doctorates; that number would soon increase. In addition, a small number of full-time, non-nurse faculty members had similar preparation.

The graduate faculty gained recognition during 1976 by securing approval and funding for four grants from federal and private sources. Two members of the medical-surgical nursing faculty were awarded a one-year grant from the Administration on Aging for the development of curricular content to prepare leaders in gerontological nursing. Two grants, each for three years, enabled the School to continue its Primary Care Nurse Practitioner program and provided support for the new Department of Primary Care. The School of Nursing was one of four nursing schools (out of 20 applicants) selected by the Robert Wood Johnson Foundation to administer a three-year, \$675,000 fellowship program designed to prepare nursing leaders for teaching and administrative positions in primary care.

The School of Nursing also enjoyed growing ties with the other professional schools on campus. Nursing had established "teaching connections" with all the schools by the mid-1970s but utilized more assistance than it supplied. That was already beginning to change, however, as more nursing faculty were beginning to coteach courses and participate in other interschool activities on the Baltimore campus.

In 1978, as a fitting tribute to her years as dean, Marion Murphy learned that the School of Nursing had received a full eight-year accreditation from the National League for Nursing.

[Dean] Murphy saw the school through tremendous changes. During her tenure, both baccalaureate and master's programs became among the largest in the country. She pioneered an outreach program for Maryland nurses, started primary care programs for nurse practitioners, and laid a foundation for the doctoral program. By the early 1970s, the school was nationally recognized as one of the [best in the country]. Throughout her long career at the Universities of Michigan and at Maryland, Murphy was recognized as a spirited leader, dedicated to excellence. In 1985, University of Maryland at Baltimore awarded her an honorary Doctor of Science degree.



### A Postscript

When Marion Murphy resigned from the deanship and retired in 1978, she left a school that was moving steadily toward greater fulfillment of the research goal of a university and the development of a doctoral program that would help to expand and validate the scientific basis of nursing practice. Interdisciplinary research and programs were also on the horizon. Murphy died on June 2, 1993, at the age of 82. According to the Summer 1993 Pulse newsletter:

Student cap, the Flossie



Museum. 20

## A ROLE MODEL OF PROFESSIONALISM: THE WORK OF DR. MARY V. NEAL



Mary V. Neal PhD, RN, FAAN, 1995

and Hechenberger eras. Neal's groundbreaking research in the care of premature infants is celebrated in the School's Living History Museum. Her pioneering work in developing nursing theory and concepts in maternal child health, collaborating with other members of the health care team, and expanding the role of the

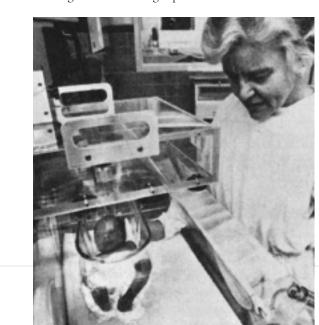
he tenure of Professor Mary V. Neal, from 1968 to 1983, overlapped both the Murphy

Born in Frostburg, Md., one of seven children, Neal earned a diploma in nursing at Memorial Hospital in Cumberland, Md. She joined the U.S. Army Nurse Corps and served in Iceland and England during World War II. After her return, Neal earned a baccalaureate degree in education at the University of Maryland, College Park, and a master's degree in literature at the University of Pittsburgh. During this period, public health nursing in Pennsylvania was under the American Red Cross, and Neal did polio nursing for that organization in Pennsylvania while earning her degrees. She went to Hawaii in 1953 as Director of Red Cross Nursing Services, where she organized classes for mothers and procured interpreters for the many language groups.

In 1961 Neal began doctoral study at New York University while working for the National League of Nursing as a consultant in maternal and child health. She gained additional experience with childbearing families at settlement houses in New York City. Her dissertation, an experimental study of motion in premature infants, was carried out in four New York City-area hospitals under the guidance of Dr. Beatrice Perlmutter and Dr. Martha Rogers. Neal noted that many infants died after about four weeks in an incubator, while they were fed and monitored but handled very little. Since neural activity in the fetus begins early in its development, she hypothesized that lack of motion the infants would have experienced in utero may be related to their high mortality or developmental and neurological handicaps.

Neal enlisted the approval of physicians at the Cornell University-New York Hospital to test her hypotheses. She designed a motorized canvas hammock that could be used inside an incubator or small crib. The "rocking hammock" provided motion and vestibular stimulation to each infant for 30 minutes, three times a day, for a maximum of 56 days. One Adelphi University graduate nursing student who assisted with the research at the Long Island Jewish Hospital was future School of Nursing dean, Barbara R. Heller, BSN, RN.

Various indices were used to measure results in the experimental and control groups. The findings indicated that the excitation of the vestibular cells by a particular body-motion pattern did have a relationship to development of premature infants. Those who had not been rocked showed less weight gain; those who had been rocked had fewer abnormalities. The study was the basis of many further investigations on the care of premature infants involving motion, handling, and stimulation, so that today these infants have closer contact with their caregivers and earlier institutional discharge than was thought possible.



identified the growing necessity of a system of information retrieval, which later spurred the development of computerized databases. Mary Neal was elected a fellow in the American Academy of Nursing (AAN) in 1977, the first University of Maryland School of Nursing faculty member to achieve that honor. She used her expertise to serve the community, the state, and the profession on many boards and councils as a consultant in maternal child health. In 1984, she received the Governor's Citation from the State of Maryland in recognition of her outstanding contributions to the welfare of mothers and children, and that same year the School of Nursing established the Mary V. Neal Research Award. After her retirement in 1983, Professor Emeritus Neal continued to serve as a mentor and an inspiration

After receiving her doctoral degree, Neal directed the undergraduate program at Adelphi University. She joined the University of Maryland faculty in 1968 as associate professor and then became Chair of the Maternal and Child Health Nursing Department. Beginning in 1972, she received Department of Health, Education and Welfare grants for 11 consecutive years to develop the expanded role of the professional nurse in maternal and child health care, both in collaboration with the physician and as a member of the health care team. Emphasis was on the development of concepts, constructs, and theories of practice that underlie the expanded role.

In the fourth year of the grant, the faculty began to offer a series of invitational conferences on the concepts that emanated from their work. The presenters were primarily faculty members and students of the School of Nursing, but several other faculty members at the University of Maryland also presented their work. Most of the nursing faculty members who participated in the studies went on to earn doctorates. A framework for the teaching and practice of maternal child health nursing was developed over a period of 12 years. As a result of their research in concept formulation, the participants

to students at the University of Maryland as well as to many nurse researchers. She was designated a Living Legend by the AAN in 1996 in recognition of her leadership in enlarging the scientific basis of nursing practice. Mary V. Neal died in 2007 at the age of 89.

early conferences. participants were able retrieval that later promoted the creation of computerized databases ... 30 years before the advent of informatics."

Pulse magazine, fall 2006.

Professor Mary V. Neal uses her specially designed rocking hammock to care for a premature infant, 1960s



# SETTING THE STANDARDS



hen Marion Murphy announced that she would retire in June 1978 after 10 years as dean, a search committee began to receive applications for the leadership of the rapidly developing School. The committee chose Dr. Nan B. Hechenberger, a faculty member who had been teaching in the administration and education component of the graduate program since the early 1970s. Earlier, Hechenberger had taught in the Walter Reed Army Institute of Nursing (WRAIN) program that was being terminated by the Army Nurse Corps because of budget cuts and the lack of success in retaining graduates in the military after they served their payback time. In its 12 years of operation, from 1966 to 1978, the WRAIN program graduated more than 1,100 nurses.

The professional schools on the Baltimore campus were then independent of each other. A council of deans met monthly with the chancellor of the campus, but each school had its own way of operating. Nursing had begun the approval process for a doctoral program that would place it more firmly in the context of the overall mission of the University of Maryland, but a major need was faculty preparation to support

the research element of the program. Only 16 percent of the faculty members held doctoral degrees, and although the School had several training grants for program support, there was no funded research.

When the School's doctoral program began in 1979, it was one of few in the nation designed for nurses. Several, such as the one offered by the Teachers College, Columbia University, were in education, since the need for doctoral-prepared faculty members was urgent. Others offered the Doctor of Nursing Science in a clinical nursing specialty. But from the very beginning of the doctoral program in nursing at the University of Maryland, the emphasis was on research and theory development and on the preparation of scholars and researchers who would advance the theoretical and empirical basis for nursing practice and provide visionary leadership to the profession. Dr. Elizabeth Lenz served as Director of the Doctoral Program through the 1980s.

Dean Hechenberger challenged faculty members to earn their doctorates, and a plan was developed to assist them through sabbatical leaves and delayed tenure decisions. Appointment, promotion, and tenure policies and criteria were revised, as were policies and procedures related to the distribution of that portion of the faculty salary pool reserved for merit increases. The implementation of these changes served as incentives for faculty members to complete requirements for the doctoral degree and to engage in research and other scholarly pursuits.

While 55 percent of the School of Nursing's budget was derived from general fund revenues provided by



and gifts.

the State of Maryland, the School was responsible for earning the remaining 45 percent through tuition revenue, grants, contracts, and gifts. When the collaborative program with Mercy Hospital closed in 1979, the financial impact on the School was considerable. This was coupled with the termination of capitation grants from the federal government that had provided \$250,000 per year in revenue. This forced a major restructuring of the School's budget, close monitoring of expenses, and the development of a plan to increase income through grants, contracts,

In keeping with Dean Hechenberger's self-described administrative style to "delegate and hold accountable," the School embarked on a program of organizational development that aimed to streamline the organizational structure, clarify roles, and create a sense of teamwork. Assistant dean positions were eliminated, graduate programs merged, faculty committees reduced, and the faculty council elected its chair from the faculty ranks rather than the dean being the designated chair. Concurrent with these organizational changes, three administrative retreats per year were held with the dean, associate deans, department chairs, and directors, and in 1982-1983, the group developed the first strategic plan for the School. The first priority was to develop a climate and environment that facilitated and supported faculty research and scholarship. This

Dean Nan B. Hechenberger with Brig. Gen. Connie Slewitzke, BSN '71, 1985



Dr. Jessie M. Scott, Dr. Barbara R. Heller. and Dean Nan B. Hechenberger, 1988

was a major change in direction for the School and clearly integrated it with the University's goals. In 1980, Dr. Ada Jacox joined the faculty as director of the School's research center, and in 1988, she became Director of the Center for Health Policy Research until 1990. Dr. Patricia Prescott also joined the faculty and continued her funded research on the development of the Patient Intensity Nursing Index.

Both administrators and faculty members participated extensively in professional activities and consulting and became nationally recognized. A Board of Visitors was appointed to assist with public relations, marketing, and fund raising, and the School began publishing a biannual newsletter, The Pulse.

The School of Nursing attained national prominence in the area of outcome evaluation research with work that took place over more than two decades by Dr. Carolyn Waltz, whose name remained associated with this activity. An alumna of the School, Waltz joined the faculty during Marion Murphy's deanship. With a doctorate in measurement and evaluation, she was one of the first nurse educators to introduce the concept and practice of formal comprehensive program evaluation into schools of nursing.

As Director of the School's Center for Evaluation, Waltz worked with Dr. Sylvia Hart and Dr. Carl Miller, the National League for Nursing (NLN), and the Fuld Foundation to develop tools to measure educational outcomes. NLN accreditation requirements were expanded to include a formal evaluation process, and packets were prepared and disseminated to schools of nursing for adaptation to individual use beginning in 1982. In 1988, Waltz and Dr. Ora Strickland published their seminal work, Measurement of Nursing Outcomes, in four volumes

funded by a grant from the Division of Nursing, Health Resources and Services Administration. Waltz was appointed Coordinator of Evaluation for the School, and an evaluation plan was developed.

The School held its first biannual alumni awards dinner in October 1985. Outstanding achievement awards were given to alumnae Brigadier General Connie Slewitzke, BSN '71, chief of the Army Nurse Corps, and the Honorable Adele Wilzack, BSN '85, secretary of the Maryland State Department of Health and Mental Hygiene. Former dean Marion Murphy was designated Dean Emeritus and received an honorary degree from the University. The School's first phonathon set a goal of \$24,000, and reached \$26,000. An alumni lounge in Parsons Hall was furnished and opened with the money raised.

Several alumni of the School of Nursing served on the original board, including Jean Warfield Keenan, DIN '48, president of the Alumni Association; Dr. Joan Ganong, MS '59, president and nursing management consultant, W.L. Ganong Company; Commander Lura J. Emery, MS '79, NC, USN (Retired); The Honorable Adele Wilzack, MS '66; BSN '85, secretary, Department of Health and Mental Hygiene in Maryland; and Mrs. Georgia Brown Younger, BSN '55, '57. Other members included Dr. R Adams Cowley, director, Maryland Institute for Emergency Medical Services Systems; William Donohoe, New York manager, National Geographic; Howard Batton, media director, Franklin Mint; Anthony Jannetti, publisher, Nursing Economics; and Robert Rock, director of public relations, Johnson & Johnson.

### The Master's Program

A number of the School's 18 graduate program tracks were the first in the nation and were recognized as on the cutting edge of nursing education. Each program included an area of concentration, a functional role track, thesis and non-thesis options, and written comprehensive examinations. Only 4 percent of nurses in the state of Maryland had graduate degrees, and in 1982, the State Board of Nursing required that all nursing faculty members have master's degrees that included at least six education credits.

Dr. Jessie M. Scott, who had recently retired as Assistant Surgeon General of the United States, was recruited to develop a new program in nursing health policy and to advise the dean on governmental relations. In 1988, a program in nursing informatics, the world's first, was designed by Dr. Barbara R. Heller, then chair of the Department of Education, Administration, Informatics, and Health Policy, and

Carol Romano, MS '85, BSN '77, director of clinical information systems and quality assurance at the Clinical Center, National Institutes of Health and a student in the School of Nursing's doctoral program. The Trauma and Critical Care program, one of the first in the nation, was established by Dr. Dorrie Fontaine in collaboration with the R Adams Cowley Shock Trauma Center.

A clinical specialty in gerontological nursing was developed, and the first endowed chair in the School of Nursing was in gerontological nursing. Given by an alumna, Sonya Ziporkin Gershowitz, MS '78, BSN '73,

its purpose was to encourage research and practice in this area of need. At the time, it was the largest gift by an alumna in the history of the University System of Maryland. Dr. Beverly Ann Baldwin was appointed as the first occupant of the chair in 1991.

### **Registered Nurse Curriculum**

The School of Nursing's first outreach program for registered nurses

interested in earning a bachelor's degree was offered beginning in 1975 at centers in Western Maryland and on the Eastern Shore. Directed by Dr. Helen Kohler and partially funded by a three-year grant from the W.K. Kellogg Foundation, the outreach program produced its first graduates, 117 in all, in 1978. In 1979, the outreach programs were extended to the graduate level to accommodate place-bound nurses. The program moved to the University of Maryland, Baltimore County (UMBC) campus in Catonsville in 1983 due to a lack of space at the School's downtown campus, not to return until 1996. By the mid-1980s, additional outreach sites had been established in Washington, Montgomery, Charles, and Harford counties, bringing the total to six.

After completing additional pre-professional courses and challenging many of the baccalaureate-level nursing courses, registered nurses could complete the Bachelor of Science in Nursing (BSN) program in one additional year of full-time study. In the early 1980s, a bill was introduced in the Maryland legislature that would require the School to grant 60 college credits to each registered nurse in recognition of a diploma or associate degree in nursing education. The School was joined in its opposition to this bill by many schools of nursing in Maryland, as well as by professional nursing organizations and several federal agencies. After 22 months of discussion, the bill failed by an extremely close vote in the legislature. Opposition was based on the fact that there was no

"We must welcome the that soon it will be respect the past, remembering that once it was all that was humanly possible." – George Santayana

requirement in the legislation for development of a mechanism to evaluate previous learning.

As a result of the discussion, however, a statewide nursing education articulation model was developed. Under the plan, implemented by the School to provide articulation of all nursing programs and educational mobility for all nurses in Maryland, nurses were given three options: They could take transition courses; they could directly transfer nursing credits from stateapproved associate degree or diploma programs; or they could take challenge examinations. The faculty, under

> the direction of Dr. Mary Fry Rapson, MS '67, BSN '61, associate dean for undergraduate programs, evaluated the outcomes of the new program, particularly in regard to the choices made by the applicants. No significant differences were found. The students' senior-year clinical experiences were more individually designed, and many were able to work with mentors. The plan served as a model for many other states with the same

goal of increasing the supply of professionally educated nurses while maintaining the standards and integrity of baccalaureate programs.

In March 1986, after 18 months of preparation, the School of Nursing hosted an NLN accreditation site visit. Since the School had been accredited for eight years in 1978, Dean Hechenberger was optimistic that the it would impress the visiting team of four nurse educators. In fall 1986, the Council of Baccalaureate and Higher Degree Programs Board of Review, which reviewed the site visitor report, recommended that the School be granted full accreditation by the NLN. In academic year 1986-1987, Dr. Frieda Holt, associate dean for graduate programs, served as acting

UMB President Dr. Eroll Reese, Dr. Barbara R. Heller, Dr. Beverly A. Baldwin, Jerome Goodman, and Sonya Ziporkin Gershowitz Goodman, MS '78, BSN '73, 1991







Dr. Frieda Holt, 1987

Dr. Ada Jacox, 1988

dean while Dean Hechenberger used a sabbatical to visit schools of nursing with a history of successful marketing and fund raising. Faculty members continued publishing papers, conducting workshops, and engaging in substantive research and scholarship, and, for the first time, the School qualified for a Biomedical Research Support Grant from the National Institute of Health.

National Institute of Hear

The School's Continuing Education program, which received full accreditation from the American Nurses Association in 1987, contracted with the Army's 7th Medical Command in Heidelberg, Germany, to hold 10 workshops for Army nurses each year. The planning of these programs was based on site and needs assessment, and included clinical, administrative, and research content.

The School also continued sponsoring programs for registered nurses in Maryland. A national nurse practitioners conference, first organized in 1981 by the School's Continuing Education staff and later known as the National Nurse Practitioner Symposium, attracted hundreds of nurses from across the state and region, and became an annual event.

One of the early attempts to rank schools of nursing was done by Patricia A. Chammings, and was published in *Nursing Outlook* (32:5) in 1984. In this study, based on the reports of a volunteer sample of deans and members of the American Nurses Association's Council of Nurse Researchers, the University of Maryland School of Nursing was ranked 11th in the nation. Since all of the reports were based on multiple factors, a subsequent study was done by the School of Nursing at the University of Texas and published by the NLN in 1985, to more clearly identify factors that characterized the top-ranked schools. Six schools were chosen randomly from the top 20, and the University of Maryland was one of them. The qualitative data was reported collectively, but several tables offered data about selected characteristics of the participating schools. The School of Nursing reported 126 full-time faculty members, of whom 48 percent were doctoral prepared. There were 545 full-time baccalaureate students, 130 master's students, and 14 doctoral

students. All of the schools in the

producer of BSNs in the nation, but

consistent with the national trend,

decline. In 1987 the baccalaureate

program admitted 150 students, a

decrease of 50 percent over three

years, but the RN-to-BSN program

study had doctoral programs.

those numbers had begun to

Maryland remained the largest

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."

### 1988-1989

When Dean Hechenberger returned from her sabbatical, she appointed Dr. Frieda Holt Executive Associate Dean for the School. Brigadier General Connie Slewitzke, now retired, became director of development. In fall 1989, the full program of study for the Master of Science degree in nursing administration, an initiative spearheaded by Dr. Barbara R. Heller, chair of the Department of Education, Administration, Informatics and Health Policy, was made available in Montgomery County. At UMBC, an accelerated RN-to-BSN/MS program, combining elements of the BSN program for RNs with the master's program specialty tracks, was launched under the direction of Dr. Lesley A. Perry, the program administrator.

was over-enrolled.

The School celebrated its centennial in 1989, and a phonathon campaign reached \$40,000. A

commemorative coin was issued, and a group of alumnae traveled to England to visit the grave of Louisa Parsons. The University awarded an honorary degree to Dr. Ada Sue Hinshaw, the first Director of the Center for Nursing Research at NIH. Dr. Jessie M. Scott was honored for her achievement as architect of the graduate specialty in health policy, the first program to prepare nurses for public policy positions.

By the late 1980s, most School of Nursing faculty had responded to Dean Hechenberger's challenge to upgrade their credentials. By 1989, 67 percent of the faculty members held a doctorate, the School had nearly \$2 million in funded research, and it ranked 8th in the nation in grants. A total of 1,200 students were enrolled, including 20 doctoral candidates, and each May, some 300 BSN students were graduated. In 1989, Dr. Audrey Gift, the first graduate of the doctoral program in 1984, joined the faculty. The doctoral program had produced seven graduates.

Dean Hechenberger served on the Board of Directors of the NLN, and as chair of that organization's Council of Baccalaureate and Higher Degree Programs from 1983-1985. She chaired the governmental relations committee of the American Association of Colleges of Nursing, and was president elect, 1988-1989. She co-authored the book, *Strategic Planning, Marketing, and Evaluation for Nursing Education and Service*, with Dr. Carolyn Waltz and Susan Chambers, which was published by the NLN in 1989.

In 1989, Dean Hechenberger was appointed president of Neumann College in Aston, Pa. When she left the School of Nursing, discussions were underway about a dual degree with the University's business school. The need for a new building was evident, but not yet recognized by the University for submission to the Maryland Legislature. Faculty practices to supplement the budget and fund part of their salaries were not yet common, and faculty members were not eager to change.

In 1990, Dr. Hechenberger received the Adelaide Nutting Award from the NLN, the organization's top award for outstanding leadership in nursing education. She had been nominated by School of Nursing faculty members, whom she later described as the most competent and committed professionals she had ever met.







Dr. Lesley A. Perry, 1989

Centennial commemorative coin, 1989

Dr. Carolyn Waltz, 1989

# **REALIZING THE VISION**



r. Barbara R. Heller became the School of Nursing's fourth dean on July 1, 1990. Informatics, and Health Policy, Heller brought more than 20 years of experience in nursing education, research, administration, and public policy to the position. Drawing on a broad range of skills and a fiery commitment to excellence, Dean Heller immediately went to work reshaping the School. The results were profound. During Heller's 12-year tenure, the School appeared four consecutive times in the top ten rankings by *U.S.News & World Report*. Enrollment, which had dropped below 900 by the late 1980s, surpassed 1,600 in 1996 before leveling off to more than 1,400 by 2002. In 1994, and again in 2002, the National League for Nursing accredited the School for the maximum period of eight years. Yet, perhaps nowhere was Dean Heller's vision for the future better realized than in the \$38 million state-of-the-art nursing facility that opened in 1998 and epitomized the integration of instruction, research, and clinical services that had become central to the School's mission.

Barbara R. Heller, EdD, RN, FAAN Dean and Professor, 1990-2002



Before joining the School of Nursing faculty in 1981, Dean Heller had been Assistant Dean for Academic Programs at the Villanova University College of Nursing and Chair of the Department of Nursing at the State University of New York at Farmingdale. She had completed an intergovernmental personnel assignment as director of research and education for the Nursing Department in the Clinical Center of the National Institutes of Health from 1981 to 1983. During a sabbatical in 1989, she had served as a congressional fellow in the U.S. House of Representatives, where she gained experience with policy analysis and formulation in issues on aging, health care, and higher education.

Initially faced with significant state budget deficits, Dean Heller saw a need to reorganize and consolidate the School's administrative structure and reduce costs. Dr. Lesley A. Perry, a faculty

member since 1974, was appointed associate dean for undergraduate studies and outreach in 1991. Dr. Joan L. Creasia became director of statewide programs and chair of the RN-to-BSN program. Dr. Mary Etta Mills, a faculty member and former vice president for nursing at the University of Maryland Hospital, was named chair of the Department of Education, Administration, Informatics, and Health Policy.

Dean Heller's vision for the decade was that the School would be known as "one of the most innovative and highest quality nursing programs in America." To fulfill that vision she was determined to attract and retain a high-caliber faculty; enhance research; increase enrollment, diversity, and outreach programs; strengthen student and alumni relations; improve interdisciplinary collaboration; and increase resources, space, and facilities. She also envisioned harnessing technology to extend and improve both education and research.

### Accreditation

In September 1992, two years into Dean Heller's tenure as dean, School of Nursing faculty and staff began a rigorous period of self-study in preparation for an exhaustive review by members of the National League for Nursing Accrediting Commission (NLNAC). Eighteen months later, in spring 1994, the School hosted an on-site review of its undergraduate and master's programs, and it subsequently won full reaccreditation based on the high quality and excellent content of its curriculum and programs, the credentials and

"Grant continuing accreditation to the baccalaureate and master's programs for eight years."

in trailers.



qualifications of its faculty, and the high professional standards met by its graduates.

The School of Nursing's reaccredidation in 2002, again for the maximum of eight years, was a tribute to the School's continuing educational leadership and innovation. Among the School of Nursing's many

patterns of strength noted in the NLNAC's final program evaluator report were its strong tradition of community service exemplified by its clinical enterprise; the diversity of faculty talents in teaching, research, and service; the commitment to recruitment and retention of a diverse faculty and student body; an undergraduate and graduate curricula strongly grounded in contemporary nursing practice; the vast nursing clinical enterprise

affording faculty and students opportunities for interdisciplinary collaborative practice; and Dean Heller's visionary leadership in procuring human, physical, and fiscal resources in support of the School's mission.

### **A New Building**

The need for increased space and facilities was evident as the School was housed in three separate buildings. Both Parsons and Whitehurst Halls were used for faculty offices and classrooms. In 1990, faculty and staff moved into temporary quarters during a \$5 million asbestos abatement project in the School of Nursing. During this period, the RN-to-BSN program on the University's Baltimore County campus was still housed

A space-utilization and projected-needs study conducted in 1990 determined that the School's space requirements would more than double by 2000. Dean Heller, assisted by Dr. Carolyn Waltz and Dr. Lesley A. Perry, developed the justification for a new building that would need the approval by the campus, the University System, the governor, and the legislature. The building plans were drawn up in consultation with Governor William Donald Schaefer and Dean Barbara R. Heller celebrate the School's first top 10 ranking, 1993

Dr. Lesley A. Perry, Dean Barbara R. Heller, and Dr. Carolyn Waltz at the groundbreaking ceremony for the new building, 1996

Dean Barbara R. Heller helps to hoist the cornerstone of the new building, 1998



faculty, staff, alumni, and student task groups that detailed their needs for each component of the building.

In 1991, the School of Nursing and the University of Maryland, Baltimore Office of Facilities Management submitted plans for a \$38 million, 154,000-square-foot addition to the existing School of Nursing building that would support the School's development into a major nursing research and instructional facility. The 1970 building would become the north wing of the new facility. Dean Heller worked with the University System of Maryland, testifying before the

"I am fully committed to working toward the continuing growth and success of the School of Nursing as it begins education and service to the citizens of the state of Maryland."

state legislature through several revisions of the plan until the School finally received state appropriations in 1995 to support its capital budget.

The groundbreaking of the new building addition in September 1996 was marked by the ceremonial turning of the shovel by a group of state leaders that included Governor Parris Glendening, State Comptroller Louis Goldstein, State Treasurer Richard Dixon, State Delegate Nancy Kopp, Chancellor Donald Langenberg, and UMB President David Ramsay, among others. A two-year construction period

followed, punctuated by a topping-out ceremony in 1997, at which time an iron beam was placed at the highest point of the structure. Dr. Lesley Perry, associate dean for administrative services, assumed the role of project manager.



Because of her thorough knowledge of the School, faculty, and state system, Perry was able to resolve many problems during the construction process. She went to the construction meetings and toured the site each week in her hardhat.

The cornerstone setting on June 22, 1998, was a festive occasion attended by public officials, campus leaders, faculty, staff, students, and alumni. Many people who helped make the building a reality signed the back of the stone and presented Dean Heller with items for the School's time capsule. UMB President Ramsay and the Baltimore Orioles mascot, the Bird, helped Dr. Heller hoist the stone to its place at the southwest corner of the building. A ballpark picnic followed the ceremony.

The grand opening and dedication of the new facility was held on schedule on November 14, 1998 and was attended by more than 1,000 guests. Distinguished speakers at the black-tie event included Denise Koch, WJZ news anchor, who served as mistress of ceremonies; UMB President David J. Ramsay; University System of Maryland Chancellor Dr. Donald N. Langenberg; Senator Paul S. Sarbanes; Congressman Benjamin L. Cardin; Congressman Elijah E. Cummings; Maryland Senate President Thomas V. Mike Miller; Delegate Marilyn Goldwater, RN; State Treasurer Richard N. Dixon; and Baltimore Mayor Kurt L. Schmoke. Among the crowd were former Dean Hechenberger; Dr. Shirley Chater, former Commissioner of the United States Social Security Administration; Dr. Patricia Grady, MS '68, director of the National Institute of Nursing Research at the National Institutes of Health; Dr. Martin Wasserman, Maryland Secretary of Health and Mental Hygiene; pioneering feminist author Betty Friedan; members of the School's Board of Visitors; and faculty, staff, students, and alumni.

Guests premiered Building the Future, a video produced by Academy Award winners William

Whiteford and Susan Hadary highlighting the School's accomplishments; toured the state-of-the-art building; and saw demonstrations in the clinical simulation laboratories, computer teaching theater, and distance learning center. In addition, the cuisine and wines of Maryland were served.

The seven-story, brick and limestone building facing West Lombard Street was set back from the street with a gated landscaped courtyard area in front, one of the few large green spaces on the UMB campus. Carved on the façade were the names of eight nurse leaders chosen by the faculty: Florence Nightingale, Dorothea Dix, Clara Barton, Mary Mahoney, Louisa Parsons, Lillian Wald, and Lucile Petry. Dean Heller explained,

"These are the pillars of modern nursing, so we wanted their names above the pillars of our new building. It symbolizes our desire to build on the past as we prepare for the future." Metal panels on the facade depicted the 1894 emblem of the pins graduates are entitled to wear and a St. George's cross with a serpent, representing wisdom. A glass bridge linked the building to the 1970 structure.

A 22-foot ceiling covered a glass-fronted entrance atrium facing the courtyard. The interior included a 480-seat auditorium, a nurse-managed clinic, and interactive video technology for distance learning. Faculty offices were located in proximity to the clinical simulation laboratories to facilitate interaction with students. Lecture halls, seminar rooms, computer classrooms, and clinical simulation laboratories were equipped with the latest technology for teaching and learning. The School's investment in state-of-the-art research facilities was evident in the new building. More than one-third of the interior was dedicated space for clinical, behavioral, health policy, and health services research. Wet laboratories for biological and physiological research were fully equipped for that purpose.

In fall 1999, faculty, staff, and students of the School hosted more than 100 deans and nursing leaders attending a meeting of the American Association of Colleges of Nursing in Washington, D.C. The guests



enjoyed tours, demonstrations, a preview of the Living History Museum, and a dinner reception. The deans agreed that the new building was a source of pride for all of nursing.

The older building continued to be used for offices but was slated for a \$10 million renovation in 2006 to enhance student support. Both Parsons and Whitehurst Halls were demolished to provide ground space for new hospital buildings. The Alumni Association held a Wrecking Ball and sold bricks from Parson's Hall as memorabilia.

### **The Research Initiative**

One of Dr. Heller's major priorities as dean was to position the School of Nursing as a leader in the nursing profession's efforts to advance the science of nursing by developing a research-intensive environment that supported the work of outstanding faculty and students. During the 1990s, the School made great strides in attracting renowned investigators to complement its existing cadre of research faculty, expanding the faculty's research portfolio, and dramatically improving its laboratory space and research facilities. By 2002, the School topped the \$18 million mark in grant and contract awards. Among its many strengths were its numerous prominent research faculty members and alumni, a strong record of publication, an international reputation for advancing nursing science and research, and a clear vision for the next phase of its research mission.

The School's first comprehensive research plan of the 1990s focused efforts on six areas consistent with the national agenda for health care recommended in the Surgeon General's Healthy People 2000, including family and child health, gerontology/geriatric nursing, trauma and critical care, mental health/psychiatric nursing, nursing administration, informatics, and health policy. By 1998 the School's growing research portfolio included studies on HIV/AIDS and substance abuse prevention; reduction of cardiovascular risk factors;

UMB President David I. Ramsav: UM Chancellor Donald N. Langenberg; Senator Paul S. Sarbanes, Congressman Benjamin L. Cardin, Congressman Elijah E. Cummings, Senate President Mike Miller, State Treasurer Richard N. Dixon, and Dean Barbara R. Heller cut the ribbon on the new building, 1998

management of chronic geriatric conditions; reduction of infant mortality and domestic violence; and many other health policy and health services initiatives.

The research enterprise had grown slowly at first. Despite the availability of equipment, space, assistance and a university computer center, it soon became clear that a more aggressive effort was needed. This was begun by School of Nursing professor Dr. Barker Bausell and continued in 1999 by Dr. Leonard R. Derogatis, a clinical psychologist with expertise in pharmacological clinical trials research, who was first appointed director and later associate dean for research. With Dean Heller's full support for staff, space, and resources, Derogatis concentrated on helping faculty members achieve success in submitting fundable research proposals. He negotiated a dual appointment in the medical school and gained entry to campuswide research groups with which nursing faculty members could collaborate. The Office of Research identified new funding sources, provided technical support, and reviewed research proposals. An internal School of Nursing clinical research review committee was

Denise Korniewicz DNSc, RN, FAAN professor, Adult Health Nursing, 1999



Keith Plowden, PhD, RN assistant professor, Adult Health Nursing, explains his research to a student, 1999

Sandra Fulton Picot. PhD, RN, FAAN associate professor, Adult Health Nursing, and Sonya Ziporkin Gershowitz endowed chair in Gerontology, 2001





established to expedite approval of research involving human subjects. Improving the quality of research proposals resulted in a significant increase in the number of proposals submitted, approved, and funded.

Dean Heller recruited a critical mass of researchoriented faculty members and committed resources to them. In 1999, Dr. Sandra Fulton Picot was appointed to the Sonya Ziporkin Gershowitz Endowed Chair in Gerontology, the School's first endowed chair. Picot had been a student of Dr. Beverly Baldwin, the first occupant of the chair from 1991 until her death in 1995. The goal of Dr. Picot's research on the role of African-American family caregivers of the elderly was to develop practice guidelines and educational initiatives for future practitioners.

As more proposals were funded, Dean Heller and Derogatis established a research advisory council (RAC) of funded researchers to ensure communication and resolve problems. Among the group were Patricia Abbott, MS '92, BSN '89, PhD, RN, FAAN; Nalini Jairath, PhD, RN; Louise S. Jenkins, PhD, RN; Denise Korniewicz, DNSc, RN, FAAN; Jane Lipscomb, PhD, RN, FAAN; Sandra McLeskey, PhD, RN; Carles Muntaner, MD, PhD; Nilda Peragallo, PhD, RN, FAAN; Sandra F. Picot, PhD, RN, FAAN; Keith Plowden, PhD, RN; Barbara Resnick, PhD '96, CRNP, FAAN; Donald Stull, PhD; Sue Thomas, MS '72, BSN '69, PhD, RN, FAAN; Alison Trinkoff, ScD, RN, FAAN; Chris Ward, PhD; and Derogatis. A reward system for faculty researchers was developed. In 2001, the doctoral program curriculum was revised to include in-depth rotations with active funded researchers for all students to enhance their research competency. A culture of research was fostered among students and faculty members.

In 2002, the School of Nursing issued the third volume of Advancing the Science of Nursing, a series of publications that profiled the research and scholarship of the School's distinguished faculty. Guiding the faculty's research efforts were 10 targeted research areas that were identified by the School based on the most serious health problems facing the population served by the School and its graduates. Those research areas included child, women's, and family health; behavioral health/addictions; gerontology/aging; environmental/occupational health; emerging and re-emerging infections; cardiovascular health; cancer prevention, early detection, and treatment; trauma/ critical care; informatics; and health policy and health services.

Dedication of the University's Health Sciences and Human Services Library in 1998 completed the array of resources available to researchers. The six-story,



state-of-the-art building housed library services and collections, as well as campus computing. With a 35work-station research and information area, it provided access to databases, the Internet and World Wide Web. and computer software packages. The library contained 111 study carrels, approximately 2,300 periodical subscriptions, and more than 360,000 volumes, and served as the Regional Medical Library for the National Network of Libraries of Medicine in the Southeastern/Atlantic region.

### **The Centers**

The School of Nursing developed centers of special focus and expertise to organize research and grant proposal efforts. In 1996, the School of Nursing and the University of Maryland School of Medicine cosponsored the University of Maryland Organized Research Center on Health Promotion and Disease Prevention. This Center, housed in the School of Nursing, was intended to bring together faculty members from medicine, pharmacy, dentistry, social work, and law, with nursing researchers in multidisciplinary studies.

A research agenda was launched in the area of occupational and environmental health and workplace hazards, including worker violence and physical injuries. Dr. Barbara Sattler, whose research focused on childhood lead poisoning, directed the University's Environmental Health Education Center, also housed at the School of Nursing. Sattler was responsible for developing and managing projects related to environmental exposure and health effects and for uniting faculty and students with community organizations to provide health education, health assessment, and evaluation tools geared toward environmental protection.

In 1998, the School received a three-year, \$1.3 million grant from the W.K. Kellogg Foundation to enhance

in this area.





environmental health content in nursing education and practice. As nurses moved out into communities, they needed to identify and investigate environmental health problems, such as water-borne organisms, lead paint toxins, hazardous wastes, and environmental consequences of natural disasters. Dr. Sara Torres, Dr. Carolyn Waltz, Dr. Jane Lipscomb and Sattler led this initiative. In 1999, Sattler and Lipscomb were invited by Environmental Protective Agency Administrator Carol M. Browner to attend a White House meeting of scholars engaged in research

Another important community initiative was the University's Center for Community Partnerships for Children and Families. Dr. Linda Thompson, who had served in the Governor's Office for Children, Youth, and Families, was named director and was responsible for developing alliances between the University, government agencies, and nonprofit groups to benefit urban communities. The Center sponsored research, analysis, and strategic planning for community health and trained family support workers within their communities for primary prevention of child abuse and childhood obesity, a proven risk factor in many adult illnesses.

In 2000, Dean Heller was appointed Vice Chair of the Maryland Statewide Commission on the Crisis in Nursing, and she began to focus her attention on the



Natalie France, BSN '02, with Sandra McLeskey, PhD. RN, associate professor, Adult Health Nursing, 2001

Linda Thompson, DrPH, RN, FAAN, associate professor, Child. Women's and Family Health and associate dean for Policy and Planning, reads to children at one of the School's community based health centers, 1998

Barbara Sattler. DrPH, RN, FAAN, associate professor, Behavioral and Community Health, 2001





Barbara Resnick, PhD, '96, RN, CRNP, FAAN, associate professor, Adult Health Nursing, 2001

> Governor's Wellmobile, 2002

care professionals. On July 1, 2002, Dean Heller moved from the deanship to the position of first executive director of the University of Maryland, Baltimore's Center for Health Workforce Development. The mission of this interdisciplinary center was to assist health care professionals, the health professions schools, the health care industry, and public policymakers to meet the challenges of educating and managing an evolving health workforce. One of the center's first projects was The Nursing Workforce Project, funded by a grant from the Aaron Straus and Lillie Straus Foundation to document the nature and extent

unprecedented shortage among nurses and other health

of the nursing shortage in Maryland, determine its projected impact on Maryland's economy and the quality of health care, and evaluate the most effective approaches to alleviating the crisis.

### **Practice: The Clinical Enterprise and Community Outreach**

Nurse educators traditionally prepared their students for the practice discipline of nursing through a combined focus on knowledge acquisition, skill development, and clinical application. Community outreach and faculty practice, not

yet commonplace in many nursing education programs, received new emphasis at the School of Nursing during Dean Heller's tenure. To provide for this vital aspect of evidence-based practice, the School developed extensive clinical initiatives not only for the benefit of student learning and faculty practice, but also to serve the residents of Maryland. The enterprise was largely developed and managed by Marla Oros, MS,

BSN '84, RN, associate dean for Clinical and External Affairs.

Open Gates Health Center, a nurse-run, full-service community health clinic, opened in 1993 with a \$654,579 grant from the Division of Nursing, Health Resources Services Administration (HRSA) to Dr. Mildred Kreider, chair of the School's Department of Community Health Nursing. The origins of Open Gates dated back to 1990 when Dean Heller was appointed to the Board of Directors of Paul's Place, a soup kitchen and shelter for the homeless, located in St. Paul's Church in Baltimore's Pigtown/Washington Village neighborhood. The School of Nursing had

"The question that dominated the 20th century was "What do nurses do?" In the next century, the key question will become "What do how do they use that knowledge to

been offering health services to the population there since 1986. When the growing demand for health care services could no longer be accommodated in the church, a new entity, Open Gates, and a new board were created.

Open Gates opened in 1993 in two row houses that had been purchased and renovated with a \$250,000 grant from the Middendorf Foundation, along with generous gifts from other donors. Another grant from the Division of Nursing, HRSA for \$592,597, enabled the School of Nursing to design and implement a

nurse-managed primary care practice that would provide screening, diagnosis, treatment, and management as well as health promotion and education by faculty, students, and community health outreach workers. Open Gates used a family-focused service model and allowed students to become involved in community health projects. It later became a multidisciplinary facility that was part of University Care, Inc.

In May 2002, Open Gates broke ground for a new \$2 million facility that would continue providing community-based care to the uninsured and working poor. Baltimore Mayor Martin O'Malley was a featured speaker along with Dr. Peter Beilenson, Baltimore City Commissioner of Health; Marla Oros, president of the Open Gates Board of Directors; and Dean Heller.

Another enterprise, the Governor's Wellmobile Program, included mobile health clinics that provided primary health services and health education to underserved populations in Central Maryland. The program grew out of an idea conceived by Maryland State Delegate Marilyn Goldwater, RN. Established in 1994 as a partnership among the public, private, and philanthropic sectors, the Wellmobile Program soon expanded services to Maryland's Eastern Shore with a \$537,728 grant from the Division of Nursing, HRSA. By 2002, the program had grown into a fleet of five full-service mobile health clinics and classrooms.

From the rural Eastern Shore to the mountains of Western Maryland, Wellmobiles provided a reliable source of continuing health care for children and adults. Nurse practitioners and students, many Spanish-speaking, staffed the 33-foot-long vans that served underinsured Marylanders in the state's more remote areas by providing full-service primary care, prescriptions, physical exams for employment, and referrals for follow-up. Each van featured a waiting room and two examination rooms, educational videos and booklets, and refrigerators. Nurse practitioner faculty members supervised the clinical practice done by nursing students with at-risk populations. The staff worked with county health officers to identify areas of need.

Of the five Wellmobiles, two were funded by the State of Maryland, one by the federal government, and two through private donations. The newest Wellmobile was the gift of Marla and David Oros, who presented a





check for \$600,000 along with an additional pledge of \$600,000 annually for nine years on behalf of Connect Maryland, a private foundation they initiated in 2001. The Wellmobile serving Western Maryland was inaugurated in January 2002 at a festive ribbon-cutting ceremony held at the Maryland State House in Annapolis. Distinguished speakers included Lieutenant Governor Kathleen Kennedy Townsend; Delegate Michael E. Busch, chairman, Economic Matters Committee; Delegate Marilyn Goldwater; Marla and David Oros; and Thomas P. Barbera, president and CEO of Mid-Atlantic Medical Services, Inc., who presented a \$25,000 check from his organization in support of the newest Wellmobile. Dean Heller chaired the Governor's Wellmobile Advisory Board. School-based wellness centers, managed and operated by the School of Nursing, were established in 17 schools in Baltimore City, Baltimore County, Harford County, and on the Eastern Shore. Primary care nurse practitioner faculty members and students identified and treated children with a high incidence of asthma and behavioral problems and provided children

Amy Barlow, MS '99, RN, ANP, clinical instructor, Adult Health Nursing, with a young patient at the Open Gates Health Center, 1999

Marla Oros, MS, BSN '84, RN, associate dean for clinical and external affairs, Baltimore Mayor Martin O'Malley, and Dean Barbara R. Heller break ground for the new Open Gates Building, 2002

New Open Gates Health Center, January 2003





Surrounded by faculty, public officials and others, Maryland Lieutenant Governor Kathleen Kennedy Townsend and Marla Oros help Dean Barbara R. Heller cut the ribbon on the new Western Maryland Wellmobile, 2002

Joyce Hughes, principal, Kelson Flementary School; Dr. Robert Booker, former Chief Executive Officer, Baltimore City Public Schools: Nancy Grasmick, Maryland State Superintendent of Schools; and Kelson Elementary School students join in the celebration as William Couper, president, Bank of America of Greater Baltimore presents a \$100.000 check to Dean Barbara R. Heller in support of the school-based wellness centers in West Baltimore, 2000 with sports physicals, flu shots, blood tests, immunizations, and health education. Nurse practitioner and community health students also did health teaching and developed appropriate educational materials, often in Spanish. The school-based wellness centers were supported by a \$100,000 gift from the Bank of America, along with donations from the Enterprise Foundation and the Annie E. Casey Foundation, among many others.

In 1999, a Pediatric Ambulatory Center (PAC) opened in the new School of Nursing building and functioned as a collaborative effort of nursing, medicine, pharmacy, and social work. Supported by grants totaling nearly \$500,000 from the Robert Wood Johnson Foundation, as well as Medicaid reimbursement, the PAC's main emphasis was on developing interdisciplinary models of care for children with chronic conditions. More than 400 children, primarily from West Baltimore, who lacked access to adequate health care, were seen in an average week for primary care, specialty medical services, and social services.

Another community outreach effort was the Southwestern Family Center program at Southwestern High School. Supported by funds from Friends of the Family and the Annie E. Casey Foundation, the center provided teenage parents who attended the school with prenatal health services, child health care and day care, parenting education, and academic enrichment to support their efforts to complete their education and to be able to care for their families. The Center also provided clinical practice experiences for nursing students and their faculty mentors while addressing critical health issues.

Another initiative, Healthy Child Care Maryland, part of a national campaign known as Healthy Child Care America, was aimed at improving well-child care by educating child care providers who are licensed but may be lacking in health care knowledge, particularly for emergencies such as acute asthma attacks. The School



of Nursing designed an electronic and telephone consultation service for local health care providers in targeted regions of the state and began to train nurse consultants to serve as a local health care resource for providers. Undergraduate, master's, and doctoral students were involved in all of these community outreach efforts.

Among the School of Nursing's many successful ventures were two important and innovative initiatives that did not accomplish their expected goals. For several years, beginning in 1997, School of Nursing faculty worked with a Baltimore organization, Project Life, to create a nurse-run primary health care clinic aboard the USS Sanctuary, a former naval hospital ship docked in the Baltimore Harbor. Community opposition to the project arose, however, and the clinic did not materialize. For 18 months, beginning in 2000, the School operated a nurse-managed, community-based primary care center for senior adults in an impoverished West Baltimore neighborhood. Funded by a Division of Nursing, HRSA grant, the center closed after administrative changes at the partner institution.

Through its innovative, broad-ranging, and highly successful clinical enterprise, the School of Nursing created a new model of clinical learning that emphasized hands-on, community-based experience and provided health care services to the most vulnerable residents throughout Maryland. The School of Nursing's leadership in extending the benefits of education and practice to all citizens went a long way toward enhancing its reputation and dramatically increasing its value to the community, the state, and the nursing profession.

### **Endowed Lectures**

Under Dean Heller's leadership, the School of Nursing also continued serving the region's professional nurses

through endowed lectures, a tradition that began in 1982 with the first Virginia Lee Franklin Distinguished Lecture. Established to honor the work of a 1954 School of Nursing graduate whose career in medical, surgical, and neurological nursing was cut short by her death in 1981, the Franklin Lectures recognized eminent scholars, clinicians, and other contributors to the nursing profession. Distinguished lecturers included Dr. Marguerite Kinney of the University of Alabama; Donna Diers, MS, RN, FAAN, of Yale University; Gail Sheehy, the critically acclaimed author of *Passages*; and award-winning journalist and television correspondent Linda Ellerbee.

In 1999, the School of Nursing hosted the inaugural Ann Ottney Cain Lecture in Psychiatric Nursing. This important lectureship was established by students, faculty, alumni, and friends to honor Ann Cain, PhD, RN, CSP, FAAN, who spent more than 30 years on the School of Nursing faculty before retiring in 1994. Described as a maverick in her specialty of family therapy, Cain demonstrated great leadership as an educator and clinician in psychiatric nursing.

### **An International Scope**

Recognizing the trend toward the globalization of health care, the School of Nursing became increasingly involved during the 1990s in the advancement of nursing scholarship, science, and practice worldwide. The School demonstrated international leadership and extended its influence around the globe by fostering international partnerships and student and faculty exchanges; encouraging multicultural education and clinical practice; collaborating with international health care organizations and universities, nursing leaders, educators, and government agencies; serving as a host for faculty, researchers, and students from other countries; and attaining World Health Organization Collaborating Center status.

The groundwork for the School of Nursing's expanded international presence was laid early in Heller's tenure when groups from Japan and Egypt visited the Baltimore campus. In October 1991, the School of Nursing, in conjunction with the School of Medicine, co-hosted a symposium on the health care of the elderly for the benefit of a Japanese delegation visiting Baltimore as part of Maryland's Sister State program with Kanagawa Prefecture. In September 1992, the School of Nursing sponsored a visit by an eight-member delegation of physicians and nurses from Egypt as part of Project HOPE (Health Opportunity for People Everywhere). The delegation worked with nursing and medical faculty members to learn about

curricula, patient care, systems management, and health care leadership.

The initial collaboration with Egypt resulted in Egyptian doctoral students returning to work as fellows here in 1993 and 1994 and the School of Nursing's signing of a formal agreement with Egypt's High Institute of Nursing. Several faculty members, notably Dr. Helen Kohler and Dr. Virginia Ruth,

later traveled to Egypt as dissertation advisors and served as preceptors to international residents. From 1996 to 1998, a Fulbright Partnership allowed Dr. Carolyn Waltz, Dr. Sara Torres, and Visiting Professor Dr. Florence Downs to visit Egypt and present national seminars to five university schools of nursing on the subjects of educational methods and curriculum development.

Fully committed to expanding opportunity for international experience, exchange, and learning, the School of Nursing sent its faculty and students to locations as diverse as China, Japan, Taiwan, Jordan, Korea, Australia, Brazil, Hungary, the Czech Republic, Poland, Sweden, Thailand, Spain, Botswana, and South Africa to develop joint educational programs, establish research protocols, make scholarly presentations, and exchange ideas. Dr. Carolyn Waltz, associate dean for academic affairs, spent the summer of 1993 as a Visiting Professor at the University of Alberta College of Nursing in Edmonton, Canada, where she taught measurement courses to graduate students and provided advisement for faculty and student research projects. In summer 1994, Waltz was a Visiting Professor in Program Development and Evaluation at the National Taipei College of Nursing in Taiwan.

Meanwhile in Baltimore, the School of Nursing hosted international visitors from many of these countries, as well as from Great Britain, Russia, Israel, Ghana, and the Marshall Islands, and continued offering residency programs and providing consultations to nursing colleagues worldwide.

In 1997, Dean Heller and Assistant Professor Barbara Resnick traveled to Israel to develop a partnership between the School of Nursing and the Henrietta Szold Hadassah-Hebrew University School of



Visiting Delegation from Zhejiang Province, China, 2000

Nursing in Jerusalem. The Szold school sought help in establishing a clinical master's program. Later that year, the School of Nursing hosted a visit from the dean and faculty members of its Israeli "sister school." Two years later, following Dean Heller's second trip to Israel, officials from the Szold school, Hadassah, and the Hadassah Medical Organization toured the newly opened School of Nursing building in Baltimore.

The School of Nursing's considerable ties to Taiwan, home to more than 35 alumni, were further strengthened in the late 1990s through the efforts of Dr. Carolyn Waltz, BSN '63, and Dr. Mary Etta Mills, MS '73, BSN '71. In October 1998, Mills met with Taiwanese alumni and established cooperative agreements with two colleges of nursing to promote interest in teaching and research activities. She also made presentations on future directions of informatics, legal and ethical issues, and computer use in health professions management. In July 1999, Waltz was invited by the Chung Shan Medical and Dental College and Taiwan Nurses Association to

address their annual conference.

In 1999, Margaret Bull, PhD, RN, FAAN, associate professor in the Department of Behavioral and Community Health, traveled to Great Britain as the first School of Nursing Fulbright Scholar. During a six-month assignment at King's College, London, Bull developed a collaborative research program in areas relating to health care for elders with the Florence Nightingale School of Nursing and Midwifery. Also in that year, the School established an affiliate

was cited by the U.S. Department of Defense as one of only 10 employers in Maryland that provided support "above and beyond the law" during Operation Desert Storm.

relationship with the World Health Organization (WHO) Collaborating Center at the University of Alabama, Birmingham.

School of Nursing faculty members served as overseas consultants closer to home as well. In 2000, as part of an interdisciplinary grant from the Fogerty Foundation to the School of Medicine, Institute of Human Virology, faculty traveled to the University of the West Indies in Jamaica to implement training programs in infection control and HIV prevention for health care workers.

As part of the School of Nursing's continuing International Student Exchange Program, six Taiwanese nursing students visited the School in July 2001. Similar exchanges that year also brought students to the School from Cyprus, Korea, and England.

The School of Nursing's traditional support for the military and American citizens working abroad continued, years after the closing of the WRAIN program. In 1992, the School was cited by the U.S. Department of Defense as one of only 10 employers in Maryland that provided support "above and beyond the law" during Operation Desert Storm. When Army Reservist Dr. Ruth Harris was called to active duty with only a day's notice—she was one of three faculty members to be activated along with a number of students—the School quickly rearranged teaching schedules and supported her with continued benefits and mail during her six-month service as a nurse practitioner with the 30th Field Hospital in Germany.

Building on its experiences developing and delivering workshops for the 8th Army Medical Command in Europe during the 1980s and 1990s, the School of Nursing collaborated with the University of Maryland School of Medicine in 2000 to obtain grant funding to provide continuing education to health care professionals employed at U.S. embassies. In 2001, School of Nursing and School of Medicine faculty members conducted a

series of primary care conferences in Pretoria, South Africa and Tunis, Tunisia. The training program updated embassy personnel on skills, technologies, drugs, epidemiology, and current problems, such as anthrax, as well as emergency health care issues.

The School of Nursing was awarded another grant by the U.S. Department of State in 2002, this one for \$664,000, to expand its continuing nursing and medical education conferences. Under the direction of Associate Dean Carolyn Waltz, and again held in conjunction with the School of Medicine,

the conferences were scheduled to continue over a four-year period and deal with a range of primary care and emergency health care issues. In March 2002, several hundred embassy personnel from around the world attended the first conference at the School of Nursing.

In fall 2001, Dean Heller, Waltz, and Mills joined Maryland Secretary of Business and Economic Development David Iannucci and other state officials on the Maryland-China Mission 2001. The two-week exchange program provided the opportunity to visit nursing and medical schools throughout the country; make important contacts among Chinese nursing leaders; learn about China's approach to health care and education; and lay the groundwork for future collaboration in research, teaching, and practice. As a result of the mission, the School of Nursing developed agreements to help improve nursing education



in China, welcomed Chinese nursing students to its Baltimore campus, and broadened the scope of its international activities.

In 2002, after two years of extensive outreach, education, and training initiatives involving the School of Nursing and international health care organizations throughout Latin America, the School was designated a Pan American Health Organization (PAHO)/World Health Organization (WHO) Collaborating Center for Nursing in Mental Health Promotion. As a PAHO/ WHO Collaborating Center, the School established a relationship with staff from both organizations, as well as nurse educators from various Latin American countries, to strengthen the knowledge base of psychiatric health nursing education, practice, and research in the PAHO region. Sara Torres, PhD, RN, FAAN, associate professor and chair, Department of Behavioral and Community Health, was named the Center's director.

The impetus for this innovative collaboration was established in the School of Nursing's strategic plan, which identified expanded efforts in international and multicultural education, research, and clinical service as one of its top priorities. The School was uniquely positioned to address the severe shortage of mental health services in Latin America because of its location in Baltimore and proximity to Washington, D.C., where there were large populations of Latino immigrants. During the two-year pre-designation period, Torres visited several Latin American countries, including Guatemala, Panama, Honduras, Costa Rica, Brazil, and Colombia, to meet and consult with health officials on mental health issues related to nursing. Mental health was designated a WHO priority in the 2000 World Health Report. At the time, there were fewer than 10 psychiatric nurses practicing in Guatemala, Honduras, and El Salvador combined.

**Dive** One

### **Diversity**

One of Dean Heller's major goals was to increase the diversity of the School of Nursing's student and faculty population to better reflect the population of Maryland and the nation. The School launched an aggressive recruitment effort throughout the state, and within a decade, the School's minority representation more than doubled from 15 percent to 35 percent, with the largest minority group, African-American students, demonstrating a 156 percent gain. The number of male students nearly doubled, rising from 7 to 12 percent of the total student population, with the greatest increase in the second-degree program. Foreign students were recruited, welcomed, and increasingly well integrated into the student body. By 2000, one-third of the doctoral students were minorities, and 14 were from foreign countries. Taking note of the School's success in 2002, The Journal of Blacks in Higher Education reported, "Among the most prestigious nursing schools in the nation, the University of Maryland School of Nursing has the highest percentage of black students and also the highest percentage of black faculty." To help raise awareness of African-American

contributions to nursing, the School created a Minority Interest Task Force and began working with the Black Student Nurses Association (founded in 1982) to produce an annual Black History Month Celebration. Distinguished speakers over the years included Brigadier General Dr. Clara Adams-Ender, chief of the U.S. Army Nurse Corps; Vernice Ferguson, MA, RN, FRCN, FAAN, former assistant chief medical director for Nursing Programs at the Veterans Administration; retired brigadier general Hazel Johnson-Brown, former Chief of the Army Nurse Corps and the first African-American woman to achieve the grade of brigadier general; Dr. Rhetaugh G. Dumas, president of the National League for Nursing; Esther McCready, Dipl '53, the School of Nursing's first African-American student and a member of the School's Board of Visitors from 1995 to 2002; M. Elizabeth Carnegie, prominent nurse educator and historian; Dr. Beverly Malone, first African-American president of the American Nurses Association; Dr. Linda Thompson, faculty member and former special secretary for the Governor's Office of Children, Youth, and Families; Congressman Elijah E. Cummings; and Dr. Bernardine Lacey, founding dean of Western Michigan School of Nursing.

Efforts to increase student diversity also extended to recruitment and retention programs. Under the leadership of Vanessa Fahie, PhD '94, BSN '76, the School of Nursing was awarded a \$670,000 grant in 2001 from the Division of Nursing, HRSA to launch the Alliance for Building Careers in Nursing (ABCN). Sara Torres, PhD, RN, FAAN, chair and associate professor, Department of Behavioral and Community Health, 2002 First Graduating Class, Universities at Shady Grove, 2002



Through ABCN, the School collaborated with the Baltimore City Public School System and Baltimore City Community College to encourage enrollment in professional nursing and practice in underserved areas.

Faculty diversity also improved during Dean Heller's tenure. As a result of aggressive recruiting, the representation of full-time male faculty members nearly doubled, rising from 7 to 12 percent, between 1998 and 2001. The number of minority faculty members also rose significantly, from 11 to 17 percent. By 2002, the School of Nursing boasted five Hispanic faculty members, among them Sara Torres, PhD, RN, FAAN, chair and associate professor, Department of Behavioral and Community

"There can be no final conception of the right it must be a steady evolutionary process.'

Health; Nilda Peragallo, DrPH, RN, FAAN, associate professor; noted researcher Carles Muntaner, MD, PhD; and Elias Vasquez, PhD, NNP, PNP, FAANP. In 2002, Torres and Peragallo became editors of a new, peer-reviewed professional journal Hispanic Health Care International, and Peragallo was elected president of the National Association of Hispanic

Nurses. Dean Heller gave the keynote address at the first National Hispanic Nurses Day on Capitol Hill in Washington, D.C., in May 2002.

### Curriculum

### Undergraduate

Under the direction of Dr. Lesley A. Perry, then associate dean for undergraduate studies, the undergraduate program expanded in the 1990s to meet the needs of the rapidly changing health care system, as

well as student demographics. In 1991, the baccalaureate curriculum was revised in consideration of the increasing complexity of health care, health care financing, technological and information systems, the social and environmental context of health and disease, and national health care goals, including health promotion and disease prevention and community-based care. One outcome of the revision was the development and implementation of an accelerated program for students with a degree in another field. The first group of second-degree students, numbering 23, enrolled in September 1992. In 2000, a complete traditional baccalaureate program, coordinated by Dr. Elizabeth Arnold, was offered at the Universities at Shady Grove in Rockville, Md.

The student body was changing and becoming more heterogeneous than in the past. Students were generally older, more life experienced, and had greater family responsibilities. It was necessary to provide them with more flexibility and choices in course and clinical scheduling and sequencing. Individual learning styles had to be considered as well. In the new curriculum, students were encouraged to be more independent and responsible for their own learning. Most traditional program students were full time and completed their work in two years. Accelerated students with a degree in another field usually completed their program in 16 months.

Another curriculum change took place in 1996-1997, when undergraduate students were encouraged to choose a clinical focus area for their future practice. A zero-based curriculum revision was initiated, using focus groups to consider how the changes in the health care system would affect the needed competencies of baccalaureate graduates. The faculty used Ernest

Boyer's integrated scholars model, as described in his 1990 publication Scholarship Reconsidered, along with the principles of adult learning to decide on core knowledge and competencies as well as sequencing. A series of seminars introduced students to the various practice areas to determine their interests. Seniors were able to choose their clinical experience in their focus area with a preceptor. Several hospitals offered a clinical scholars program and payment of a semester's tuition to students with a GPA of 3.0 or higher in exchange for a one-year work commitment in a focus area. More than \$1 million was raised to support the clinical scholars program. All students took gerontology and informatics courses, and technological fluency was integrated into the curriculum. The research course included more active learning, with competency in the use and management of databases as a desired outcome. Students often had the opportunity to work with a faculty member on a research project.

After the School of Nursing received a \$1.3 million W.K. Kellogg grant in 1998 to enhance environmental health content, the curriculum was augmented to increase awareness of health dangers and the need for leadership in educating and coping with them. Many of the courses were Web-based, increasing student accessibility and convenience.

### **RN-to-BSN**

The baccalaureate program for registered nurses was offered for many years at six locations in Maryland by faculty members who lived in the area or traveled to the outreach sites. The first course offered by interactive video technology, by which students and faculty at both Baltimore and the outreach sites could see each other and communicate without using a telephone, was one in nursing administration taught by Dr. Joseph Proulx, professor, Department of Education, Administration, Informatics, and Health Policy. It was transmitted from a classroom at the



School to a classroom at Frostburg State University in fall 1991. Three master's level courses and one RN-to-BSN course were offered at the Universities at Shady Grove. By 1995, distance technology enabled the School to offer programs in six counties (Allegany, Charles, Harford, Montgomery, Talbot, and Washington) through a combination of interactive video and on-site instruction.

In 1996, the School was offering the complete RN-to-BSN program, as well as the entire Adult Nurse Practitioner, Pediatric Nurse Practitioner, and Health Policy master's specialties tracks at the Universities at Shady Grove. RN-to-BSN students updated their health assessment skills and took a precepted clinical course in community health. By 2002, the entire RN-to-BSN curriculum was offered online.

### Master's Program

The master's program made great progress in the 1990s, growing to more than 500 students in 20 different specialties. In 1997, Dr. Louise S. Jenkins was appointed director of graduate studies, and the master's program was revamped in response to the shifting demands in the health care industry and to include a focus on community and preventive health. Hospitals had planned to decrease their inpatient census, and nurses were needed in outpatient settings, home care, hospice, and community agencies.

The trauma/critical care speciality continued to grow under the guidance of Patricia G. Morton, PhD '89, MS '79, RN, ACNP-BC, FAAN, program coordinator and editor of the scholarly journal Critical Care Nursing. The acute care specialty, combining aspects of nurse practitioner and clinical specialist preparation, produced graduates who were in great demand in hospitals and private physicians' practices and during Operation Enduring Freedom in Afghanistan.





Patricia G. Morton, PhD '89, MS '79 RN, CRNP, FAAN, professor, Adult Health Nursing, 1999

Anne Marie Spellbring, PhD, RN, associate professor, Adult Health Nursing, 1998

Louise S. Jenkins, PhD '85, MS '81, RN, director of Graduate Studies, 1998

A MS/MBA joint degree program with the University of Baltimore's Robert G. Merrick School of Business was established in 1990 to develop nurse administrators with expertise in nursing and business management to work in health care organizations. The only one of its kind in Maryland at the time, it was later expanded to include the School of Business at Frostburg State University and the Robert H. Smith School of Business, University of Maryland, College Park. By 1999, the Smith School of Business program was offered in its entirety at the School of Nursing in Baltimore.

As needs changed, several practitioner specialties were expanded to include new specialities. In 2000, five were ranked among the top 10 nationally by U.S. News & World Report: Nursing Service Administration, Adult Nurse Practitioner, Gerontology, Psychiatric/Mental Health, and Community/Public Health Nursing. Through the efforts of Spellbring and her colleagues in the Department of Adult Health Nursing, gerontological nursing received recognition and several awards for integration of content throughout the undergraduate curriculum. In 1999, the School received the runner-up award for Exceptional Baccalaureate Curriculum in Gerontological Nursing from the John A. Hartford Foundation Institute for Geriatric Nursing and the American Association of Colleges of Nursing (AACN). In 2001, Dr. Spellbring received a \$90,000 grant award from the Hartford Foundation for "Enhancing Gerontology/Geriatric Nursing Education."The project was to build on the School's existing RN-BSN online option by developing Web-based undergraduate level courses with an emphasis on long-term care. In 2002, Spellbring received a \$66,940 grant for gerontological nurse practitioner scholarships, funded by the AACN/Hartford Foundation. The award was to support seven full-time students over a three-year period. A neonatal nurse practitioner specialization was added to the Maternal Child Health program

Patricia Abbott,

RN. FAAN.

Education.

Policy, 2002

Administration.

PhD, MS '92, BSN '89,

Informatics, and Health

assistant professor,

in fall 1993. The program was also open to certified practitioners who wanted to update their skills and complete requirements for a master's degree. A master's degree specialty in midwifery was added in fall 1999 to augment obstetrical services in underserved areas of the state. Funded by an initial \$815,000 grant from the Division of Nursing, HRSA, the program immediately attracted aspiring certified nurse midwives and later received pre-accreditation. The Midwifery specialty was fully accredited by the Board of the American College of Nurse Midwifery in 2002.

When the master's specialty in Nursing Informatics was implemented, the use of computers in research, health care systems, and society as a whole was burgeoning. Anticipating a rapidly growing demand for nurses competent in both nursing practice and informatics, Dean Heller was awarded a \$666,631 grant from the Division of Nursing, HRSA that enabled the School, under the direction of Dr. Mary Etta Mills, to expand the graduate program in informatics into a doctoral emphasis area. Maryland became the first school of nursing in the nation to offer this preparation. Carol Romano, PhD '93, MS '85, BSN '77, a national leader in informatics, who, as a doctoral student at the School of Nursing, collaborated with Dean Heller on the School's new informatics program, lectured in the program. As Chief of Clinical Informatics Services at the Clinical Center, National Institutes of Health (NIH), Romano also provided mentoring opportunities for students at NIH and in her own research program. In 1996, Dean Heller co-authored a book, Information Management in Nursing and Health Care Systems, with Mills and Romano.

Graduates of the informatics master's specialty, the largest graduate specialty, were prepared to integrate technology with nursing practice, administration, education, and research. They worked in the corporate health care industry, consulting and evaluating designs for new systems, and in sales and marketing. They were in demand in research and development firms that built systems for health care institutions. Their one-semester practicum often resulted in employment offers. The department offered a certificate in informatics to other master's graduates, which could be completed on the Web.

Dr. Patricia Abbott, who had become the informatics track coordinator, conducted research focusing on information management in long-term care and was co-investigator on several faculty grants that involved data management.

In 1991, the School of Nursing organized a Summer Institute in Nursing Informatics (SINI) that attracted leaders in informatics, as well as hundreds of



participants. Dean Heller was the guiding force of SINI, and within the School and throughout the nation she was considered a pioneer in the field of informatics as she mentored both faculty and students. SINI, later spearheaded by Abbott, became an annual event that drew nurse executives, managers, educators, and researchers from around the globe. Beginning in 1999, SINI was broadcast over the Internet, allowing the School of Nursing to extend its educational services to even more nurses. Keynote speakers included Dr. John Eisenberg, director of the Agency for Healthcare Quality and Research; Dr. Clement McDonald, distinguished professor of medicine, Indiana University School of Medicine; Dr. William R. Braithwaite, author of the Health Insurance Portability and Accountability Act (HIPAA); and Dr. Nancy Lorenzi, professor of biomedical informatics and clinical professor of nursing at Vanderbilt University.

The Health Policy program, launched by Dr. Jessie M. Scott in 1980, was later coordinated by Dr. Barbara Hanley and her successor, Dr. Carole Jennings. In 2000, Jennings became editor of the journal, Policy, Politics, and Nursing Practice. Some health policy students chose a track combining informatics and administration to support their future interests. Many came into the program because they saw a need for fundamental change at the highest levels of administration and management and wanted to learn how to bring it about. The program included 12 to 15 credits at UMBC's Policy Institute; students could also choose to complete 21 course credits at the Policy Institute and earn a certificate. Many students were offered employment in the agencies in which they did their fieldwork projects. Several students qualified for the Presidential Management Internship, a national



program in policymaking, that offered students in their last semester support for a two-year commitment with three rotations.

### **Doctoral Study**

In 2002, the School of Nursing's doctoral program was one of only two in Maryland and one of 79 in the nation. In 1999, the program celebrated its 20th anniversary with a gathering of its graduates. With 175 graduates in its 23-year existence, its aims were clear: to produce graduates who were both researchers and scholars. In 1996, the requirement for the compilation of a scholarly portfolio was introduced. A major revision of the doctoral program was begun under the leadership of Dr. Florence Downs, a distinguished nurse educator who, after her retirement from the University of Pennsylvania, accepted an appointment at the School of Nursing as Visiting Scholar and served as interim associate dean for graduate studies and research from 1994 to 1997. While at the School, Downs continued as editor of the prestigious scholarly journal, Nursing Research.

Entering students were assigned to the faculty advisor who best matched their scholarly interests, but later, as their interests became more focused, they could request a different advisor, who then became chair of their dissertation committee. Beginning in fall 2002, all first-year students were to have a mentored research experience with a faculty researcher to refine their focus and were to begin to be socialized into the role of an interdisciplinary researcher, scholar, and practitioner. In earlier years, nursing students gained such experience later in their program by completing rotations with different researchers. With modifications in master's curricula during the previous decade, however, many entering students were not required to

Students practice in clinical simulation lab, 1999

carry out a research project in their master's programs and were therefore encouraged to do several small studies, and even to seek funding, before beginning their dissertations. The doctoral program was favorably evaluated in 1994 and 2002 by an external review team commissioned by the University of Maryland, Baltimore Graduate School.

### **Pre-Clinical Simulation Laboratories**

In the area of pre-clinical laboratory instruction, the School of Nursing became a model for nursing schools worldwide during the 1990s. The School's success was rooted in its decision to become a leader in creating safe, simulated learning environments in which students could practice and gain mastery in both psychomotor and psychosocial skills. As patient acuity in many clinical settings rose, it became increasingly important that nursing students be well skilled before interacting with patients.

The School's leadership in pre-clinical simulation began early in 1990 with the opening of a \$138,000 "mini hospital" for undergraduates. The two-story facility, funded by the Helene Fuld Foundation and located in Whitehurst Hall, was directed by Dr. Elizabeth Arnold. The Helene Fuld Nursing Laboratories simulated a critical care unit and allowed students to practice advanced procedures in the same manner as in an actual hospital setting.

When the new School of Nursing facility opened in 1998, it featured 24 state-of-the-art pre-clinical laboratories, including basic skills and specialty units. These, and additional units at the Universities at Shady Grove, were supervised by Debra Spunt, MS '83, BSN '79, RN, who served as clinical simulation laboratory manager and clinical instructor. These laboratories were outfitted with state-of-the-art clinical equipment, most of which was donated by vendors known as health care partners. Many of these labs were named in honor of those health care partners, including Physio-Control, SpaceLabs, and Arrow International.

In April 2000, the School of Nursing hosted the eighth biennial North American Learning Resource Centers Conference, a gathering of more than 300 people from 38 states and eight nations. The conference offered participants the opportunity to explore the pre-clinical simulation labs and learn how the School had integrated new technology and learning resources into curriculum and clinical practice.

Donna Hill Howes, MS '82, BSN '75, introduces the oldest living alumna Emeline Yingling Albert, DIN '20, at the Alumni Assocation 100th anniversary celebration, 1995

**Clinical Education and Evaluation Laboratory** In January 2001, the School of Nursing launched an innovative program for the evaluation, assessment, and teaching of clinical skills. Building on the success

of its clinical simulation laboratories, the Clinical Education and Evaluation Laboratory (CEEL) employed and trained actors, known as standardized patients, to portray actual patients with specific medical, social, or emotional problems while being examined by students. A joint project of the School of Nursing and School of Medicine, the CEEL was co-directed by Dr. Louise S. Jenkins, director of graduate studies, and Dr. David Mallott, associate dean for medical education, and managed by two professional staff.

Through this collaborative effort, a wide range of students from throughout the University of Maryland, Baltimore campus received valuable interactive, simulated experiences in a controlled setting. In the CEEL, student-actor interactions were videotaped and reviewed by students and instructors. The standardized patients also provided students with immediate feedback through comments and evaluation of their performance. In making the CEEL available to every School of Nursing student, regardless of program or level, the School provided another method for improving nurses' communication and clinical skills.

### Alumni Association

The School of Nursing Alumni Association celebrated important milestones during the tenure of Dean Heller. The century-old association forged a closer relationship with the School, rewrote its bylaws, created a new organizational structure, added thousands of new members, and sought new ways to reach out to current students and graduates.

The Alumni Association's Centennial Celebration in 1995 was marked by a series of activities culminating with a banquet that drew more than 300 alumni, including the School's oldest living graduate, Emeline Yingling Albert of the Class of 1920. Donna Hill Howes, MS '82, BSN '75, a distinguished alumna and member of the School's Board of Visitors, served as master of ceremonies. Among the many honorees were alumni Jean Warfield Keenan, BS/Dipl '48 and Margaret Zell, Dipl '39, who were key organizers of the centennial celebration, and three School of Nursing graduates who were members of the Maryland legislature: Delegate Adelaide C. Eckardt, MS '81, BSN '78;



Delegate Shirley Nathan-Pulliam BSN '81; and Delegate Mary Roe Walkup, DIN '45; State Senator Paula Hollinger and Delegate Marilyn Goldwater, both nurses, were made honorary members of the Alumni Association. The yearlong celebration garnered national attention. NBC weatherman Willard Scott of the *Today* show recognized the association's anniversary on national television by donning a Flossie, the School's historic lace cap. In recognition of the historical significance of the School of Nursing and its alumni, the Smithsonian Institution's National Museum of American History added a Flossie to its permanent collection.

Beginning in 1997 and reflecting its closer affiliation with the School, members of the Alumni Association spearheaded the Alumni Heritage Campaign to raise funds for a new museum, while association officers worked with School staff to obtain grant funding for annual reunions, educational programs, and special initiatives. The campaign committee included Shirley Bederman, BSN '62; Margaret DeLawter, Dipl '36; Doris A. Heaver, Dipl '42; Jean W. Keenan, BS/Dipl '48; Judith H. Littlejohn, MS '92, BSN '75; Gladys Poffenberger, Dipl '42; Joann G. Sheely, BSN '56; and Maggie K. Whall, BSN '75.

To mark the dedication of the new School of Nursing building, an Alumni Reunion Weekend was held in November 1998. Shirley S. Chater, PhD, RN, then Commissioner of the Social Security Administration, was the luncheon speaker. Supported with a grant from Alumni Association-International, Inc. (AAI), one of many provided by AAI in the 1990s, the reunion attracted several hundred graduates who got their first look at the new facility. A year later, in October 1999, the grand opening of the Living History Museum helped attract another record-setting crowd to the annual alumni reunion, which was again supported by AAI.

As the decade drew to a close, the Alumni Association took action to reshape itself for the new century. In spring 1999, the membership voted to transform the association from a dues-paying to an all-inclusive organization. By doing so, membership dramatically expanded from its base of 600. To accommodate these dramatic changes, the association adopted new bylaws, which called for the creation of a new governing bodyan Alumni Council, headed by a five-member executive committee.

The 12,000-plus members of the School of Nursing Alumni Association, more than two-thirds of whom were Maryland residents, represented a tremendous resource for the School and the nursing profession, as well as the health care industry in general. School of Nursing graduates were employed in every nursing practice field, from acute care to informatics, and in health care settings throughout the nation and around the globe. Thousands

### **Board Of Visitors**

In an effort to enhance the role of the Board of Visitors in the early 1990s, Dean Heller invited a number of community leaders to join the group to expand its responsibilities. These new members, like their predecessors, came from the ranks of corporate leadership and from committed alumni and friends of the School of Nursing. Guidelines were established for Board responsibilities, and Board committees were formed to help with fundraising, public affairs, education, and advocacy. A nominating committee was formed to provide names of new members who could lend their skills, expertise, and leadership to the School.

The School of Nursing's Living History Museum, one of the only museums of its kind in the nation, was envisioned in the earliest plans for the new building. While the museum's origins date back several decades, when dedicated alumni began collecting, preserving, and exhibiting nursing artifacts, the vision and support of Dean Heller during the 1990s made the creation of a world-class museum possible. The Living History Museum was designed as a

unique learning environment for the presentation and interpretation of the School's history from its founding in





of graduates made important contributions to the health and wellness of tens of thousands of people through patient care, clinical teaching, and nursing research. Every day, members of the Alumni Association continued the legacy of excellence begun by the earliest School of Nursing graduates more than a century ago.

### **The Living History Museum**

U.S. Navy Lt. Cmdr. Cindy Baggott (left), MS 'oo, RN, CCRN, with HM3 Timothy Bickerton and Lt. Cmdr. Beth Ann Movinsky, NG. USN, CRNA, on the flight deck of the USS Kitty Hawk, 2002

Uniform exhibit Living History Museum, 1999



Museum docents: Bette Rohr Singleton, DIN '47; Esther E. McCready, DIN '53; Jean Warfield Keenan, DIN '48; and Margaret Culler Zell, DIN '39, 2005 1889 to the present. Through hundreds of original nursing artifacts, historical photographs, letters, and documents, as well as audio and video presentations, the museum traced the evolution of the School's mission in nursing education, research, and practice from its early years as a hospital training program to its emergence as a premier professional school.

A team of museum professionals, led by Gail Fishman, formerly with the Smithsonian Institution, worked with a museum advisory team comprised of School of Nursing administrators Dean Heller, Dr. Lesley A. Perry, and Dr. Carolyn A. Waltz; Alumni Association officers Judith H. Littlejohn, MS '92, BSN '75 and Maggie K. Whall, BSN '75; Alumni Association members Jean Warfield Keenan and Dr. Margaret Tyson; nursing student Michelle Willis; and, nurse historians and educators Dr. M. Louise Fitzpatrick, dean of Villanova University College of Nursing and Alma Woolley, former dean of Georgetown University School of Nursing.

As part of the project, the team also archived and catalogued thousands of photographs, uniforms, caps, hospital artifacts, and papers that had been part of the Alumni Association's collections for generations. They employed the latest museum techniques and methods to make the exhibition attractive and engaging, and above all, accurate in its portrayal and documentation of people and events. Members of the Alumni Association pledged \$100,000 toward the exhibition, and the Alumni Heritage Campaign set a goal of \$600,000 in endowment funding to support ongoing archival, curatorial, and design needs.

Soon after the museum's October 1999 opening, more than 40 alumni volunteered to serve as docents for visitors so the museum could be open to students and the general public on a regular basis. Faculty members were encouraged to integrate history into the curriculum and have their students use the museum for assignments. In July 2000, Dean Krimmel, the project historian and curator, became the museum's first director.

The Living History Museum was an immediate success with alumni, students, visiting dignitaries, and

nurses from around the world. It also garnered substantial attention from local and regional media. True to the vision of its many founders, the museum immediately assumed a vital educational role at the School of Nursing by introducing nursing students to the history of their profession, strengthening relations with alumni, raising the public profile of the School, and providing a compelling vehicle for the exploration of the historical dimensions of contemporary issues in nursing.

### **Building The Future Campaign**

In the summer of 1995, the School of Nursing launched the Building the Future Campaign, its firstever capital campaign. State support for the School had declined from nearly one-half to one-quarter of the total budget. Part of a University of Maryland Systemwide campaign, the goal for the School of Nursing was set at \$7 million. Funds raised by the Building the Future Campaign were earmarked to meet the needs of the new School of Nursing building, enhance faculty and academic programs, increase student scholarships, strengthen diversity, and raise the level of unrestricted financial support through the Annual Fund. Before the campaign ended on June 30, 2002, more than \$10 million had been raised, surpassing the \$7 million goal by more than \$3 million. Support came from corporate, private foundation, and individual donors.

One major donor to the campaign was former Maryland Governor William Donald Schaefer, who established the Hilda Mae Snoops Memorial Scholarship in 1999 to honor his longtime friend and companion who had passed away that year. This \$1 million endowment fund was one of many named funds given in memory of faculty, alumni, and loved ones by generous donors to the campaign.

Other individuals who chose to generously support the campaign included Marla and David Oros, Dr. Marie Hesselbach, Dr. Lesley A. Perry, Dr. Florence Downs, and Dean Heller and her family. Major donors from the alumni included Norma Tinker, DIN '48; Commander Lura Jane Emery, BSN '79; Mary E. Gilley, DIN '44; and Patricia Yow, BSN '80. Robert Pollock endowed a scholarship fund in memory of his mother, Dorothy Toom Pollock, DIN '37, and in honor of his niece, Patricia Robinson Smith, BSN '96; and the family of Judith H. Littlejohn established an endowed scholarship in her name. Gifts came in the form of cash, stocks and securities, and bequests.

A number of corporate donors provided gifts in the form of equipment to outfit and enhance the School's state-of-the-art laboratories. Gifts of equipment for labs came from Abbott Laboratories, Marquette Medical Systems, Edwards Lifesciences, Hill-Rom, Medtronic Physio-Control, Arrow International, and Spacelabs Medical. Bell Atlantic Maryland (later Verizon) provided two gifts of equipment for two distance learning classrooms.

Health care providers supported the campaign by providing nearly \$1 million in scholarships for top students to gain clinical experiences in their facilities. These included the University of Maryland Medical System, Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center, Sinai Hospital of Baltimore, Mercy Medical Center, Suburban Hospital in Montgomery County, Washington Hospital Center in Washington, D.C., Mt. Washington Pediatric Hospital, and Inova Health Systems.

Significant gifts were obtained for the School of Nursing's growing clinical enterprise from a number of private foundations, corporate donors, and generous individuals, while the Living History Museum was supported by generous alumni and other donors who designated their gifts to this project.

Donors to the Building the Future Campaign were recognized through six gift clubs established at levels beginning with \$1,000. These included The Century Club for donors of \$100,000 or more, The Dean's Circle for donors of \$50,000 through \$99,999, The Nightingale Society for donors of \$25,000 through \$49,999, The Louisa Parsons League for donors of \$10,000 through \$24,999, The Sarah Whitehurst Society for donors of \$5,000 through \$9,999, and the Lombard League for donors of \$1,000 through \$4,999. A permanent donor wall in the lobby of the new building recognized donors of \$5,000 or more. Those making smaller gifts could have a named chair in the new 480-seat auditorium. For a gift of \$250, an engraved brass plaque was positioned on the arm of an auditorium chair, giving donors an opportunity to recognize a classmate or faculty member, an honored colleague, or a loved one. By 2002, when the School's first and most successful capital campaign ended, the University of Maryland School of Nursing's total endowment stood at \$14,561,000.

### **The Nursing Shortage**

One of the hallmarks of the 1990s for the School of Nursing was the development of innovative, broadbased strategies to confront the severe shortage of professional nurses that threatened to compromise the nation's health care industry. Nursing shortages had occurred previously in American history, and the

nursing profession responded to the nation's needs for nursing care in different ways.

Throughout the 1990s, the nation experienced a serious shortage of nursing personnel that showed little sign of abating as the new century began. A survey by the U.S. Department of Health and

Human Services in 2000 reported that although the nation's population had increased by nearly 14 percent between 1990 and 2000, the rate of nurses entering the workforce between 1996 and 2000 was only 4.1 percent. The number of candidates taking the licensing exam (NCLEX-RN) for the first time dropped from 96,438 in 1995 to 68,759 in 2001, while the U.S. Department of Labor predicted a 21 percent increase in the need for nurses from 1998 to 2008. The American Association of Colleges of Nursing reported that the median age of active nurses

"No occupation can be quite intelligently followed or correctly understood unless it is, at least to some extent, illumed by the light of history interpreted from the human standpoint." —Lavinia Dock and Isabel Stewart 1025

in March 2000 was 43.3 years and that the RN population under the age of 30 had dropped from 25.1 percent of the nursing population in 1980 to 9.1 percent in 2000. High vacancy rates in both hospitals and community facilities were reported throughout Maryland and the nation.

The graving of the nursing workforce was partly due to the rising age of entering students, particularly in community colleges and second-degree programs and also at the School of Nursing, where the average undergraduate was 33 years old, resulting in a shorter working life trajectory. The decreasing number of entering students, on the other hand, was the result of many societal factors. In the past, most career-minded women were limited primarily to teaching or nursing, but from the 1970s, as the doors opened to other professions, many women chose medicine, engineering, law, and finance over nursing, with their perceived higher status and financial rewards. At the same time, changes in the health care system increased the demand for more technologically skilled nurses, those with competency in community-based care, and for practitioners who could provide primary health care. Universities and colleges had also raised their expectations for nursing faculty members' academic preparation and no longer regarded the master's as a terminal degree for nursing faculty. Many nurses without bachelor's degrees returned to school for additional credentials, and faculty members with



master's degrees entered doctoral programs. By 2002, national data indicated the beginnings of a faculty shortage in nursing.

### The School of Nursing's Response

The University of Maryland School of Nursing, which supplied 41 percent of the state's professional nurse workforce according to a 1998 study by the University of Baltimore's Jacob France Center, saw an increase in graduations of new nurses until 1995, when a downward spiral began. In response to national and statewide demands, and anticipating even greater needs in the future, the School assumed a leadership role in identifying and recruiting potential nurses by negotiating agreements with both community and four-year colleges that would ease the transition of students to the upperdivision baccalaureate program; streamline the accelerated program to encourage career-changers; offer flexible and accessible schedules for all programs and increase access through distance learning; and engage in extensive marketing and advertising to encourage both men and women of all ethnic backgrounds into nursing.

Dean Heller accepted a \$1.2 million contribution of cash and in-kind gifts from Gilden Integrated, a Baltimore advertising and public relations firm, which developed a comprehensive marketing and media campaign to revitalize the public perception of nursing and promote it as a career. By fall 2000, the School had a significant increase in undergraduate applications for admission, resulting in an upward trend in enrollment.

Another creative response was the School's collaboration with the Baltimore Public School System to initiate a Pre-Nursing Academy at Southwestern High School, which opened in September 2001. Supported by the Abell Foundation, this school-within-a-school prepared college-bound youth who were interested in a career in nursing. The curriculum was grounded in the sciences and included introductory courses in nursing history, nursing's place in society, and the health care system. Careful documentation of students' progress, graduation rates, and entrance into the profession was an integral part of the project.

Looking through the entrance at the new School of Nursing Building, 1998

During the 2001 session of the Maryland State Legislature, the School of Nursing organized its first School of Nursing Night in Annapolis. The event gave students, faculty, and alumni the opportunity to meet legislators and discuss their concerns about nursing practice and nursing care. More than 200 people attended the second School of Nursing Night in Annapolis in 2002.

### **Looking Ahead**

When Barbara R. Heller became dean of the School of Nursing in 1990, she already had more than 20 years of academic, administrative, and clinical experience at public and private institutions in New York, Pennsylvania, and Maryland. In 1981, Dean Heller was elected a Fellow of the American Academy of Nursing (FAAN) and joined the School of Nursing faculty. Upon completion of an intergovernmental personnel assignment as director, Research and Education, Nursing Department, Clinical Center, National Institutes of Health in 1982-83, she was appointed chair of the School's Department of Education, Administration, Informatics, and Health Policy in 1985. From 1985 to 1990, she served as a Congressional fellow in the U.S. House of Representatives during a sabbatical from the University. In 1991, only a year after becoming dean, Dean Heller was called upon as senior dean on the Baltimore campus to serve as President Pro-Tem of the University from 1991 to 1994.

Throughout her tenure, Dean Heller continued to be a student as well as a leader in the University and the nursing profession. She studied policy sciences at the postgraduate level at UMBC, business administration in the MBA program at the Sellinger School of Business at Loyola College of Maryland, and in 1997, completed the Maryland Chamber of Commerce's Leadership Maryland program. In 1998, the Robert Wood Johnson Foundation named Dean Heller one of its first Executive Nurse Fellows. She was named one of Maryland's Top 100 Women by the Baltimore Business Journal in 1996 and 1999, and in 2001, she was inducted into the Circle of Excellence for Sustained Achievement — the Top 100 Women's Hall of Fame for those women named three times to this distinguished list.

Dean Heller's academic experience spanned undergraduate, master's, and doctoral levels of education. She was a frequent consultant and advisor to nursing and medical schools, hospitals and nursing homes, and state, national, and international organizations, as well as federal



agencies. She gained a broad perspective on issues of higher education through her extensive accreditation experience as an evaluator for the Commission on Higher Education of the Middle States Association of Colleges and Schools and as a member of the Boards of Review of the National League for Nursing (NLN) Council of Baccalaureate and Higher Degree Programs and the NLN Council of Associate Degree Programs. Dean Heller also served on the Board of Directors of the Southern Council on Collegiate Education for Nurses of the Southern Regional Education Board from 1995 to 1997 and on the Board of Governors of the NLN for the term 1997-2001. In 1999, Dean Heller was appointed to the Board of Directors of the Hadassah Medical Organization in Jerusalem. In 2000, she was appointed to the Board of Directors of the Washington Hospital Center.

With expertise and interest in sociopolitical trends and issues in higher education and health care delivery, Dean Heller served on numerous state and local commissions and task forces. She was a member of the Commission on Health of Montgomery County (1987-1990); the director of the University of Maryland's Center for Health Policy Research (1991-1995); the co-chair of Governor Parris Glendening's Task Force on Assisted Living (1994-1995); a member of Congressman Benjamin L. Cardin's Health Care Advisory Committee; a member of the Advisory Panel of the State Department of Health and Mental Hygiene for Healthy People 2010; and served as the vice chair of the Statewide Commission on the Crisis in Nursing. As an advocate and spokeswoman for nursing and health workforce development, Dean Heller was frequently sought for television, radio, print, and Web-based interviews.

Dean Heller's commitment to research and scholarship included voluntary service as a peer reviewer for research grants and contracts for the Division of Nursing, HRSA; the National Institute on Aging; and the Agency for Health Care Policy and Research. Her pioneering work in nursing informatics resulted in membership on boards and organizations concerned with computerization of health care records, notably as Vice Chair of the Computer-Based Patient Record Institute, and as a reviewer of scientific papers for the American Medical Informatics Association. Dean Heller's numerous papers and publications had

to nursing.

Signing of SB 311 and HB 363 to create the statewide Commission on the Crisis in Nursing, 1999

significant implications for health care, nursing education, informatics, and gerontology. She was also responsible for the development, implementation, and direction of her own funded research, training, and special projects grants. By 2002, Dean Heller had led the faculty to accomplish most of the goals they had envisioned for themselves, their students, and the School. In the face of fluctuating enrollments, budget constraints, and dramatic changes in the health care system, the School of Nursing had earned four consecutive top 10 rankings in U.S. News & World Report. The School's research, practice, and training grants and contracts surpassed \$18 million, and 18 members of the faculty had been elected as Fellows of the American Academy of Nursing in recognition of their scholarship and contributions

In July 2002, Dean Heller assumed new responsibilities as Executive Director, Center for Health Workforce Development, University of Maryland,

Baltimore. She also remained on the faculty as the School's first Rauschenbach Distinguished Professor, an endowed professorship dedicated to the improvement of nursing and nursing education through research and teaching. That same year, the School of Nursing faculty and staff established the Barbara R. Heller Lectureship in Health Policy.

Like her predecessors, Dean Heller attributed her success as a dean of the School of Nursing to the faculty and the support they gave in translating a vision into action. In building a research program and enhancing the School's research portfolio, growing the clinical enterprise, constructing a state-of-the-art facility, developing new educational programs, increasing student and faculty diversity, and conducting a successful fundraising campaign, Dean Heller was inspired and motivated by a "great team" of talented and energetic faculty, superb students, proud and dedicated alumni, and the many loyal friends of this world-renowned school of nursing.

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# A NEW CENTURY



anet D. Allan, PhD, RN, FAAN, became the fifth dean of the School of Nursing in June 2002. A nationally recognized academic leader, Dean Allan was previously the dean of the School of Nursing at the University of Texas Health Science Center at San Antonio. She had been vice chair of the 15-member U.S. Preventive Services Task Force, a member of the Board of Directors of the American Academy of Nursing, and president of the Nursing Research Society.

Dean Allan holds a PhD in medical anthropology from U.C. Berkeley and U.C. San Francisco (UCSF); an MSN in community health and a post-master's certificate as an Adult Nurse Practitioner from UCSF; and a BSN from Skidmore College. Her nursing career was deeply rooted in community health nursing, and she worked for many years as an adult nurse practitioner with the underserved in Austin, San Antonio, and San Francisco. Her research focused on the issue of weight management by women, and she conducted one of the first studies in the

Janet D. Allan, PhD, RN, FAAN Dean and Professor, 2002-2012

nation on the comparison of different ethnic groups' attitudes toward women's weight and how to manage it. She also studied the challenges of living with HIV and was instrumental in the creation of a hospice for HIV patients that serves as a national model.





Dean Allan published more than 170 articles, book chapters, and abstracts. In 2001, she received the Distinguished Researcher Award from the Southern Nursing Research Society, and the NONPF honored her with a Lifetime Achievement Award in 2002. Dean Allan was honored as one of Maryland's Top 100 Women by the Daily Record in 2004 and 2006. In 2008, she was inducted into the Top 100 Women's Circle of Excellence, honoring those who were named to the Top 100 list three times. The annual award program recognizes the outstanding achievements of professional women who are making an impact on the state of Maryland.

When Dean Allan arrived, the School enrolled more than 1,400 students and was consistently ranked among the top 10 schools of nursing by U.S.News & World Report. It had gained national prominence in nursing education, research, and practice; had a new building with state-of-the-art research labs, simulation labs, and



The Plan set the stage for many of the elements that would become hallmarks of the next 10 years, including the use of technology, systems thinking, and teamwork as foundations in patient care, research, and nursing education; addressing critical health problems through Centers of Excellence; nurse-centered, communitybased clinical enterprise; market-based master's program specialties; and innovations to address the shortages of nurses and nursing faculty. The second Strategic Plan followed in 2007,

expanded classroom space; and had opened a nursing museum, the only one in the nation located in a school of nursing. Building upon this strong foundation, Dean Allan led the School for a decade with her principles of leadership, partnership, innovation, and collaboration, taking the School to even greater heights.

### Leadership

In 2003, the first of three Strategic Plans developed during Dean Allan's tenure was launched with the goal of positioning the School as the "principal architect for innovative educational models and research preeminence by 2006." Developed with input from faculty, staff, students, and stakeholders, the Plan contained three strategic initiatives:

• Prepare nursing leaders to shape and influence the profession and the health care environment • Establish Centers of Excellence in research that build on current strengths

• Foster a positive environment for faculty, staff, and students

building on the previous plan and designed to hold the

Karen Kauffman, PhD, RN, and Dean Ianet D. Allan launch second Strategic Plan under Allan's deanship, 2007

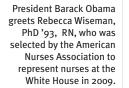
Army Nurse Corps faculty members: Maj. Thomas Sawyer, MS, RN, APRN-PMH; Mai. Sarah Williams-Brown. MSN, RN, CCRN; Maj. Clausyl ("C.J.") Plummer, MS, RN; Dean Janet D. Allan; Col. Richard Knowlton. MS, RN, FNP-BC; Lt. Col. Doris Reeves, MSN, RN, CCRN; and Lt. Col. Beth Pettit-Willis, MSN, CNOR, 2010

School's community accountable to its stated initiatives. While the former plan provided a vision for how the School's community would work together, the new plan further advanced the School by consistently analyzing its successes and challenges and refining and defining its education, research, and practice missions. In the U.S. News & World Report ranking of graduate schools that year, the School reached its highest ranking ever, rising three points over the previous rankingfrom 10th to seventh-marking its sixth consecutive top 10 ranking. At the same time, three master's specialties received top 10 status: the Family Nurse Practitioner specialty was ranked No. 5, and the Adult Nurse Practitioner and Nursing Service Administration specialties were both ranked sixth.

### Partnership

When Dean Allan first arrived, there was a very limited relationship with the University of Maryland Medical Center (UMMC). She immediately began discussions to develop a stronger relationship for integrating clinical

School of Nursing student Hershaw Davis, Jr. and Dean Janet D. Allan traveled to Washington, D.C. in 2009 to participate in President Barack Obama's town hall meeting on health care reform.







practice and education. The arrival of Lisa Rowen, DNSc, MS '86, RN, FAAN, as UMMC's vice president for patient services and chief nurse officer in 2007, enabled the establishment of an innovative partnership, UM Nursing. The partnership to which UMMC contributed \$750,000 per year in faculty support to the School of Nursing sought to optimize patient outcomes by enhancing nursing education, research, and practice. Both institutions widely benefited from the arrangement.

The goal of the partnership was to increase the number of student clinical placements in the hospital and provide exciting positions for graduates, helping with UMMC's goal of attracting a well-educated, committed workforce. Initially, a School of Nursing faculty member served part time as clinical nurse researcher spearheading projects at UMMC, which drove outcome-based research. Small, quantitative research studies, such as those being performed in the hospital, helped develop evidence-based care for the practice of nursing.

The partnership went on to increase by 16 percent the number of nursing students receiving clinical placements at UMMC, and by 2009, 21 master's and doctoral-prepared UMMC nurses would teach at the School of Nursing one day each week. The partnership also created a program to assist new graduates in transitioning from nursing school to the rigors of practice. Both institutions contributed \$20,000 per year to fund research projects, each led by a team including a School of Nursing researcher and a Medical Center clinical nurse.

Also in 2007, a discussion about the nursing faculty shortage between Dean Allan and alumna Major General Gale S. Pollock, BSN '76, MBA, MHA, MS, CRNA, RN, FACHE, then acting Army surgeon general and commander of the U.S. Army Medical Command and chief of the Army Nurse Corps, led to an innovative partnership between the School and the U.S. Army Nurse Corps (ANC).

Under the pilot program, up to six ANC officers became undergraduate nursing faculty members, at no

cost to the School, for a maximum of two academic years. The officers' backgrounds included psychiatric nursing, family nurse practitioner, and adult health/critical care. They taught a variety of courses and led students through clinical rotations.

The partnership offered multiple benefits. By increasing teaching capacity, the additional faculty members expanded the pool of nurses, and Army nurses served as role models for students and assisted with Army recruitment. Because many Army nurses were interested in teaching, it helped the Army retain excellent nurses.

### National Dialogue

In 2009, President Barack Obama held a town hall meeting on health care reform, and Dean Allan and Hershaw Davis Jr., a Bachelor of Science in Nursing (student, were among the 120 invited participants. It was a powerful opportunity to raise the issue of insufficient educational capacity in nursing schools and the challenge of achieving high-quality, low-cost health care.

Davis, who was chosen to speak during the town hall, described the increases in patient load due to patients not having a source of primary care and asked how Obama's administration could help place primary care providers back in the community so that emergency rooms need not be the source of America's care. The president discussed incentives for family physicians, loan-forgiveness programs, elevating the team approach to health care, and the Medicare and Medicaid reimbursement structure.

About a month later, Rebecca Wiseman, PhD '93, RN, assistant dean for the School's program at the Universities at Shady Grove, was chosen by the American Nurses Association to represent nurses at a



White House Rose Garden press conference. White House staffers were so impressed with the nurses that they were invited back, and Wiseman had a second chance to represent the profession in Washington.

### Diversity

In 2010, the School joined nine other Maryland academic health institutions and historically black colleges in signing a memorandum of understanding officially launching the Maryland Alliance to Transform the Health Professions. The Maryland Alliance aims to address the state's growing need for a larger and more ethnically representative health care workforce and to provide a working model for other states also committed to expansion and diversification. The School's enrollment was 37 percent minority and 12 percent male at the time of this commitment.

### **Convening Leaders**

In response to the groundbreaking 2010 Institute of Medicine (IOM) report The Future of Nursing: Leading *Change, Advancing Health*, the School hosted a Maryland Summit in fall

2011 that included nursing education and health care leaders, as well as physicians, elected officials, state government organizations, and business leaders. The purpose was to develop a strategic plan to implement the report's eight recommendations in Maryland. Dean Allan, a founding member of the Maryland Action Coalition Executive Committee, which led

leaders are not only in their leadership styles, but being. Not only are they advocates of are living examples of reflection in and BA, RGN, RNT, FRCN,

> Maryland Action Coalition Executive Committee: Kelly Nevins Petz, president, Maryland Association of Nurse Anesthetists; Pat Travis, past president, Maryland Nurses Association; Larry Strassner, vice president of Patient Care and CEO, Franklin Square Hospital and president, Maryland Organization of Nurse Executives: Lynn Reed. executive director, Governor's Workforce Investment Board; Dean Janet D. Allan; Nancy Adams, president, Maryland Board of Nursing; and Frank Calia, vice dean of Clinical Affairs, University of Maryland School of Medicine, Not pictured: Neil Meltzer, president and CEO, Sinai Hospital/senior vice-president, LifeBridge Health, 2011

Nurse anesthesia student Chelsea Nistler administers general anesthesia to a simulated patient under the watchful eve of Associate Professor Joseph Pellegrini, PhD, CRNA, director of the Nurse Anesthesia master's specialty, 2010



the summit, issued a vision statement: "Maryland will have progressive educational programs that cultivate a highly skilled nursing workforce to participate in the implementation of long-term sustainable change within health systems and allow for access to our entire diverse population. We envision a health care system where all Marylanders have access to high-quality care, in which nurses are contributing as vital members of a health care team to the full extent of their capabilities in providing exceptional patient care across the life span."

The following year, the School took part in another summit-the University of Maryland, Baltimore's spring HIV Summit—which highlighted each of the professional schools and their role in the fight against HIV. The initiative, a conference aimed at addressing the HIV crisis, positions the University at the forefront of achieving the goals of President Barack Obama's National HIV and AIDS Strategy.

### Curriculum

To address the nurse and nursing faculty shortages and to prepare students for success in the rapidly shifting 21st century health care system, the School developed numerous new programs of study during Dean Allan's tenure. The first of these was the Nurse Anesthesia master's specialty—the first in the state—launched in fall 2004 to address Maryland's shortage of nurse anesthetists by preparing advanced practice nurses to provide anesthesia for all types of surgery. Funding of more

than \$1 million from UMMC and the Johns Hopkins Hospital enabled the School to launch the specialty.

Nurse anesthetists administer more than 65 percent of the 26 million anesthetics given in the U.S. each year, and the need for certified registered nurse anesthetists had skyrocketed because as people live longer they tend to have more surgical procedures and routine tests that require sedation. Hundreds of Certified Registered Nurse Anesthetists were in practice in Maryland, but the Maryland Hospital Association said nurse anesthetists had the highest job vacancy rate, so the School was asked by the Maryland chapter of the American Association of Nurse Anesthetists to start the program. Admission was competitive; 45 applications for 18 slots were received even before the program was officially accredited and allowed to advertise. For the fall 2013 semester, 172 applied and 27 were accepted into the program.

In 2003, the Maryland Hospital Association reported a 10.8 percent shortage of nurses in the state's hospitals, and a survey conducted by the School revealed that nearly 2,000 qualified applicants were denied admission to associate's and baccalaureate degree nursing programs in Maryland due primarily to lack of faculty. To address this critical and growing shortage, the School launched the Institute for Educators in Nursing and Health Professions in fall 2004, with an earmark provided by Senator Barbara Mikulski and the Maryland delegation.

To work as a faculty member, nurses must have a master's degree in nursing or a related field or a doctoral degree. Under the leadership of Louise S. Jenkins, PhD '85, MS '81, RN, and Carol O'Neil, PhD, RN, the new Institute centralized nurse education resources to prepare nurses with the essential knowledge and skills needed to assume educator roles in both academic and clinical settings, and it became a forerunner in specifically preparing nurses and other health professionals to become instructors of their practice. The 12-credit curriculum was offered both in the classroom and online to MS and doctoral students and faculty members from the School, the campus, and the community. By the end of 2012, 288 students completed the certificate program.

To meet the needs of students with an undergraduate degree in a non-nursing field, the School launched Maryland's first Clinical Nurse Leader (CNL) master's specialty in 2005. Part of the American Association of Colleges of Nursing's initiative to improve the quality of patient care and better prepare nurses to assume effective leadership roles in the health care system, the program's goal was to educate students to become nurses with the knowledge and skills necessary to assure quality care in all health care settings.

The CNL oversees the care coordination of a distinct group of patients and actively provides direct patient care in complex situations, putting evidence-based practice into action to ensure that patients benefit from the latest innovations in health care delivery.

The MS/JD Dual Degree Program, a collaborative effort between the School of Nursing and the University





of Maryland Francis King Carey School of Law, was also introduced in 2005 to prepare students for a diverse range of health care and legal careers, including those in law firms, hospitals, managed care organizations, and large provider groups. It was designed to meet a need for attorneys with expertise in health care due to increasing complexity in the health, legal, and regulatory environments.

Also in 2005, a new Master of Science specialty in Clinical Research Management, the first of its kind in Maryland, debuted in response to the increasing demand for nurse leaders who are able to manage clinical research studies in collaboration with principal investigatorsa demand created by the rapid growth in clinical trial research designed to test new pharmacological agents and technical devices as treatments and diagnostic interventions for use in patient care.

First graduates of the Doctor of Nursing Practice program: Bridgette Gourley, Jocelyn Farrar, Brigit VanGraafeiland, and Kathleen Martin, 2008

Gail Schoen Lemaire (right), PhD '96, PMH/CNS. BC. director of the Clinical Nurse Leader program. consults with CNL students, 2009

A three-year, \$717,881 training grant from the U.S. Department of Health and Human Services' Health Resources and Services Administration (HRSA) facilitated the career advancement, retention, and educational component of the program.

New guidelines adopted by the American Association of Colleges of Nursing (AACN) called for advanced practice nurses and other RNs seeking top leadership roles in nursing practice to be educated at the doctoral level. In response to the AACN's recommendations to offer a practice-focused doctorate as a viable alternative to the research-focused doctorate, the School launched Maryland's first Doctor of Nursing Practice (DNP) program in 2006.

To support the DNP program, the School received a five-year, \$1,020,000 grant from the Maryland Health Services Cost Review Commission's Nurse Support II program, an initiative conceived and developed by Dean Allan and her peers and other health care providers to help alleviate the state's critical shortage of nursing faculty and bedside nurses.

Myrna Petersen, director of development; Dean Janet D. Allan; Professor Deborah McGuire, PhD. RN. FAAN. co-director of the grant; Professor Sandra McLeskey, PhD, RN, director of the grant; and Kevin Cullen, MD, director, UMMC Marlene and Stewart Greenebaum Cancer Center, accept check from Robin Prothro, MPH, BSN '79, executive director, Komen Maryland (third from left), 2006

In 2008, the School became the first in the state to offer a combined Adult Nurse Practitioner and Gerontological Nurse Practitioner (ANP-GNP) master's specialty. This specialty, combined in response to a recommendation by the American Association of Colleges of Nursing, addresses current demographic trends by preparing more advanced practice nurses with specialized knowledge in the care of older adults across multiple health care settings.

### **Breast Cancer Education**

Reflecting a strong commitment to enhancing breast cancer education, the School received a three-year grant to develop a comprehensive higher education program for increasing awareness about breast cancer

treatment and care from the Maryland Affiliate of Susan G. Komen for the Cure. The innovative partnership-The Komen Maryland Affiliate Nursing Partnership: Advancing Education and Practicestarted with funding of \$200,000 in 2006 and was the first of its kind in the nation linking the Komen Foundation with a nursing school. Its purpose was to heighten the knowledge and skills of nursing faculty and students at all levels of the curriculum regarding the current science of the prevention and detection of breast cancer and the treatment and care of persons living with the disease.

Led by three School of Nursing oncology faculty members-Assistant Dean for Research and Professor Sandra McLeskey, PhD, RN; Professor Deborah McGuire, PhD, RN, FAAN; and Assistant Professor Heidi Ehrenberger, PhD, RN, AOCN, the program included a Komen visiting professor to help introduce evidence-based expertise about breast cancer into the existing curriculum; a Komen scholar in residence to develop innovative breast cancer related curriculum and community-based projects; a Komen distinguished lecture focusing on a breast cancer topic; Komen conferees, who received stipends to attend regional and national conferences on breast cancer research and practice; and the Komen Educational Outreach program, a community-oriented initiative in breast cancer related activities.

In 2011, the Maryland Affiliate of Susan G. Komen for the Cure awarded the School \$204,738 to continue to advance education and practice in the treatment of breast cancer. The project expanded to several disciplines, institutions, and clinical partners.

### Serving Those in Service

In 2012, the School of Nursing, along with more than 150 state and national nursing organizations and more than 500 nursing schools, joined a broad, coordinated effort called Joining Forces to further educate our nation's three million nurses on post-traumatic stress disorder and traumatic brain injury so they are prepared to meet the unique health needs of service members, veterans, and their families.

The School's participation in the Joining Forces campaign is in keeping with its long involvement in educating military nurses and veterans.



### **IOINING FORCES**



### Shady Grove

Ever since the School started offering BSN courses at the Universities at Shady Grove (USG) in Rockville in 2000, enrollment had grown steadily. By 2008, the School announced plans to expand the program at USG in response to the increasing demand for highly skilled nurses in the Baltimore-Washington, D.C., region. Dean Allan had worked hard to convince lawmakers that investing in nursing education was the most effective way to alleviate the state's increasingly critical nurse shortage, which was driven by a lack of faculty to teach the many nursing school applicants. Gov. Martin O'Malley allocated \$3.4 million for the School in the 2009 budget, which was used to expand undergraduate student enrollment at USG, as well as add more graduate nursing student slots at the School's Baltimore location. The commitment doubled the enrollment at USG.

### Innovation

Always a leader in nursing education, the School received the American Association of Colleges of Nursing (AACN) Innovations in Professional Nursing Award in the Academic Health Science Centers category in 2010. The award acknowledges the work of AACN member schools to re-envision traditional models for nursing education and lead programmatic change. In particular, the award recognized the School's innovative approach involving faculty and community stakeholders to enhance evidence-based practice student learning outcomes throughout the undergraduate and graduate curricula.

### Lab Expansion

In 2012, the Clinical Education and Evaluation Lab moved into a larger space to enhance educational opportunities for undergraduate and graduate students. The new space, at 4,962 square feet, includes 12 fully equipped outpatient examination rooms, four hospital rooms, and two family counseling rooms with video and two-way audio-response capability in each room,





as well as a computer-supported automation system, to enable students to see multiple standardized patients in a streamlined teaching or testing process. The lab, which opened in 2001 as a joint program between the School of Nursing and the University of Maryland School of Medicine, was one of the first in the nation to educate nursing students using this method of teaching and assessment.

### Research

With its research-intensive environment supporting the work of faculty and students alike, the School of Nursing became a leader in research. By 2006, more than onethird of its physical space was devoted to resources and laboratories for clinical, behavioral, health policy, and health services research, including fully equipped wet laboratories for biological and physiological research. In 2009, the School rose from 58th to 23rd place over the previous 10 years among nursing programs receiving research funding from the National Institutes of Health's (NIH) National Institute of Nursing Research. A priority was to strengthen the foundation for scientific inquiry in an area of scholarship by providing an environment rich in specialized expertise, with opportunities for the integration of education and practice and mentorship of new scholars.

In 2011, faculty members attracted more than \$2.5 million in NIH grants for research in areas such as chronic pain, impulsivity and drug abuse, neuromuscular disorders and bone health. In 2012, the School achieved its highest research ranking ever from the NIH, advancing to 19th place among nursing schools receiving NIH research funding. In Fiscal Year 2012, the School received extramural research funding of \$7.6 million and total extramural funding of \$12.8 million.

### Centers for Research

In 2004, the Center for Occupational and Environmental Health and Justice became the School's first Center

Students celebrate the expansion of the School of Nursing's program at USG with Governor Martin O'Malley, Dean Janet D. Allan, and other dignitaries, 2009

Master's student Merha Feseha conducts a physical assessment on a standardized patient in the Clinical Education and Evaluation Lab, 2012

Susan G. Dorsey, PhD '01, MS '98, RN, FAAN, associate dean for research, 2011

PhD student Luke Michaelson dissects muscles, 2011





for Research Excellence to be developed under the Strategic Initiatives set forth in the 2003-2006 Strategic Plan. The new Center was dedicated to improving the health of communities through research, education, advocacy, and practice directed at the prevention of occupational and environmental causes of illness and injury among vulnerable populations.

The Center's distinguishing feature was its commitment to translating work into practice and advocacy, as well as its integration into current educational efforts.

With more than \$7 million in research awards for occupational, environmental, and health-related research since 2001, the Center consisted of a team of internationally recognized researchers, educators, practitioners, and advocates, and it concentrated the

"It is not the fruits of scientific research but the urge to intellectual work.

expertise of these researchers to better understand the complex issues that contribute to the physical and psychological well-being of health care employees. Focusing on those working in traditional health care institutional settings, as well as community and home-based workers, research interests included workplace violence, musculoskeletal disorders, and needle stick injuries. The Center also housed the nation's first graduate program in Environmental Health Nursing.

Representing its continued emphasis on research, the School opened its second Center of Research Excellence, the Center for Disorders in Neuroregulatory Function, in 2009. The new Center had two main research focuses: the mechanisms of treatment-induced chronic pain, and diseases leading to dysfunction in skeletal and heart muscle.

Meanwhile, the School received its first P30 grant, a five-year, \$2.4 million grant from the National Institutes

of Health National Institute of Nursing Research, to launch a collaborative Center for Pain Studies at the University of Maryland, Baltimore (UMB) to conduct translational research on cancer treatment-related pain, including peripheral neuropathy and oral mucositis.

Under the leadership of Center Director Susan G. Dorsey 'PhD '01, MS '98, RN, FAAN, an associate professor and principal investigator of the grant, the Center's goal was to eliminate the pain that sometimes occurs in response to cancer treatment. The interdisciplinary Center, spearheaded by the School, brought together researchers from the School of Nursing, the School of Medicine, the School of Dentistry, and the University of Maryland Medical Center's Marlene and Stewart Greenebaum Cancer Center.

In 2012, building on its broad research agenda established over the past two decades, the School consolidated the growing research centers into two Organized Centers of Research-the Center for Biology and Behavior Across the Lifespan and the Center for Health Outcomes Research. With their interdisciplinary approach, these centers powerfully reflect the goals set forth in both the School's and UMB's current strategic plans.

### Center of Excellence in Pain Education

Also in 2012, the University of Maryland, Baltimore was among 11 universities in the nation designated as Centers of Excellence in Pain Education (CoEPEs) by the National Institutes of Health Pain Consortium. The School of Nursing is one of four UMB schools collaborating in the UMB CoEPE, along with the Schools of Dentistry, Medicine, and Pharmacy, with the goal of developing an interprofessional pain management curriculum resource for health care professionals to advance the assessment, diagnosis, and treatment of pain.

The CoEPEs are designed to act as hubs for the development, evaluation, and distribution of pain

management curriculum resources to improve how health care professionals are taught about pain and its treatment.

### Faculty Research

In 2002, the Institute of Medicine (IOM) report, A National Agenda for Nursing Workforce: Racial/Ethnic Diversity 2000, recommended research to develop population-appropriate interventions to increase access and care in underserved communities. Faculty members at the School of Nursing focused on reducing health disparities in vulnerable populations by combining their expertise with that of professionals in other disciplines in the child welfare system and the courts to provide evidence-based interventions to break the cycle of child abuse and neglect and parental substance abuse.

Meanwhile, faculty from the departments of Behavioral and Community Health and Adult Health Nursing were involved in occupational and environmental health research to improve workplace safety, the quality of health care, and the health and well-being of communities:

Jane Lipscomb PhD, RN, FAAN, associate professor, was principal investigator on a three-year, \$680,413 grant to study the effectiveness of implementing the Occupational Safety and Health Administration's violence prevention guidelines for health and community workers in four New York state psychiatric hospitals. The goal of the research was to help hospital staff create conditions that prevent patients from becoming violent.

Barbara Sattler, DrPH, RN, FAAN, associate professor and director of the School's Environmental Health Education Center, was awarded a \$364,000, five-year subcontract in 2002 to provide community outreach for the Center for Hazardous Substances in Urban Environments. The goal was to explain to community members their rights as residents near contaminated sites.

In 2003, Barbara Resnick, PhD '96, RN, CRNP, FAAN, FAANP, associate professor, received a \$3,147,694 grant from the Agency for Healthcare Research and Quality, Department of Health and Human Services to support her five-year study of restorative care programs in long-term care facilities. The primary goals of the study were to implement a two-tiered program incorporating self-efficacy-based interventions for both nursing assistants and long-term care residents to improve functional performance, maintain or improve range of motion and muscle strength, decrease falls and fall-related injuries, and improve quality of life for long-term care residents.

drug abuse.

Other significant grants included a \$3 million award in 2008 to Assistant Professor Lynn Oswald, PhD, RN, to study why some people abuse drugs and alcohol and others do not. The five-year grant from the National Institute on Drug Abuse funded a study to examine mechanisms that may play a critical role in these behaviors. Oswald's investigative team, including collaborators from the University of Maryland School of Medicine and the Johns Hopkins School of Medicine, would observe whether symptoms such as chronic stress and impulsivity affect brain dopamine systems in ways that could increase a person's risk for

In 2012, Professor Deborah McGuire, PhD, RN, FAAN, received a four-year, \$2 million grant from the National Institute of Nursing Research (NINR) to explore methods for helping to manage acute pain in critically ill, hospitalized palliative care patients who cannot communicate the presence of pain or its intensity to health care providers. McGuire, along with collaborators from the University of Maryland Schools of Medicine and Pharmacy and the University of Maryland Medical Center, is evaluating whether patients who are managed with a PAIN algorithm have less severe pain and increased use of pharmacologic pain management strategies than those who are not managed with the PAIN algorithm.

A two-year, \$442,125 grant from NINR, awarded to Assistant Professor Deborah Wiegand, PhD, RN, CCRN, CHPN, FAHA, FAAN in 2012, is funding an investigation on the best clinical approaches for preparing and supporting families through the end-of-

Assistant Professor Deborah Wiegand, PhD, RN, CCRN, CHPN, FAHA, FAAN, prepares a family for end-oflife decision-making, 2012



Jen Nock, Wellmobile driver on the Eastern Shore, parks at the Fresh Pride grocery store in Crisfield, one of the towns served by the mobile clinic, 2009



School of Nursing faculty and staff welcome the Wellmobile team back after their trip to Mississippi to aid Hurricane Katrina Survivors, 2005 life decision-making process by developing and refining educational and physiological support interventions to prepare families for these difficult times and to determine if the proposed new approaches were acceptable to the families.

### **Clinical Enterprise**

The health care system and the role of nurses as key health care providers were both changing rapidly, and the Clinical Enterprise was the School of Nursing's response. At the heart of the Clinical Enterprise was a new model of clinical learning that emphasized hands-on, community-based experiences for students and their faculty nurse practitioner mentors.

The framework was an evidence-based clinical practice model, which uses systems theory to define the set of relationships between community and student needs, the clinical practice program, and student and community outcomes. The model ensures that every component of the Clinical Enterprise rests on a solid foundation of research and puts the faculty and students into active clinical practice roles, providing patient care and case management in the community. It enables students to work with faculty mentors as role models in nurse-centered and nurse-managed health care settings, integrating the essential elements of scholarship: teaching, research, service, and practice.



The Clinical Enterprise offered exciting answers to the question of how to provide safe, high-quality, affordable health care to every member of our society at a time when demand was rising and resources were shrinking. It was conceived as a new approach to nursing education and practice, a core aspect of the academic enterprise of the 21st century. It enables uninsured and underserved populations to access high-quality health care in the neighborhoods where they live. These initiatives brought together under one umbrella many specialties—nurse practitioners, physicians, pharmacists, social workers, and other therapists—in an interdisciplinary team approach. They were innovative and financially self-sufficient. Because they took place in communities where direct payment or third-party reimbursement was not always available, the Clinical Enterprise teaches both students and nurse practitioner faculty members the importance of developing partnerships with key constituencies to ensure the financial viability and sustainability of nurse-centered practice models.

These new practice models—based on evidence yielded by sound research into best practices—define the School's academic approach. They continue to make a world of difference in the learning and teaching of nurses and in the lives of some of Maryland's most vulnerable residents and communities. Several experienced growth and recognition early in Dean Allan's tenure.

The 2003 addition of a new Wellmobile site in Anne Arundel County, in collaboration with the Anne Arundel County Health Department, brought the total number of Wellmobile sites to 40. In response to the devastation of Hurricane Katrina in 2005, two Wellmobiles, stocked with medical supplies and accompanied by a team of nurses, traveled to Brookhaven, Miss., 130 miles north of New Orleans, where they stayed for two weeks providing health care to hurricane survivors.

The team treated 200 to 300 patients daily, including those from Louisiana, local residents, National Guard troops, and Red Cross volunteers. They also conducted school physicals so that children who had been evacuated could enter local school systems, and made referrals for eyeglasses and dental and medical services. They distributed water and sports drinks; worked with local health departments to locate Hepatitis A and tetanus vaccines for patients; donated IV fluids, medications, and food to the local hospital's evacuee clinic; and provided supplies to patients in long-term care units that had been evacuated.

Meanwhile, the School offered to admit nursing students who had been displaced by Katrina, and Angelle McConduit, a traditional BSN student who was displaced from Charity School of Nursing in New Orleans, arrived in September. Her husband and 3-year-old daughter joined her later from Baton Rouge.

MedStar Health presented a \$1 million to the School in support of the Wellmobile program in 2006. "It [the Wellmobile] is a visible symbol of our partnership with the School of Nursing," said Steven S. Cohen, (then) senior vice president at MedStar and chair of the School's Board of Visitors.

In 2012, CareFirst BlueCross BlueShield presented the School with a check for \$955,276 to fund a three-year grant in support of the Wellmobile program. The grant will fund primary care and enhanced care management for underserved and uninsured populations in Kent, Queen Anne's and Talbot counties. Through partnerships and collaborations with health care systems, this mode emerger existing Anot the Ope Village, the 2003 The Dai Care He quality H uninsure each yea commun patient of that fall. Also Family O at Open collabor Social W received Marylan Human This nat links agi health ca

this model of care aims to reduce re-hospitalizations and emergency department use by filling the gap in the existing health care system infrastructure. Another example of the School's Clinical Enterprise, the Open Gates Health Center in Pigtown/Washington Village, was recognized for almost a decade of service in the 2003 community outreach category of

*The Daily Record's* First Annual Health Care Hero Awards ceremony. Offering quality health care services for 5,000 uninsured and underserved patients each year, Open Gates increased its community-based programs and patient capacity with a new building that fall.

Also in 2003, the Grandparent Family Connections program, housed at Open Gates and operated in collaboration with the School of Social Work and the School of Law, received a \$1.6 million grant from the Maryland Department of Health and Human Services' Children's Bureau.

This national model for service delivery for grandparents links aging caregivers and children to legal, social, and health care-related assistance, improving grandparents' well-being and helping them alleviate challenges around custody, adoption, guardianship, and housing. Open Gates became a federally qualified health center in 2004. The School also partnered with the School of Medicine and several University of Maryland Medical System clinical centers, including the Evelyn Jordan Center, creating a team of health care and social service professionals to tackle drug and alcohol abuse, as well as physical abuse related to side effects of HIV/AIDS medication.

"Maryland needs nurses, and to get more nurses, we need nurse faculty to educate them. This [Nurse Support] program couldn't have come at a better time." —Janet D. Allan PhD, RN, FAAN, Dean, 2009

> University President Jay A. Perman, MD (left) and others accept a check from CareFirst BlueCross BlueShield for a grant to support the Wellmobile program, 2012



### **Nurse and Nurse Faculty Shortages**

At the time of Dean Allan's arrival, despite the recent increase in associate degree and baccalaureate enrollments and major efforts by health care systems to improve the work environments of nurses, the shortage of nurses was growing worse. Studies reported a clear link between nurse staffing and patient outcomes in tertiary settings, so recruitment and retention of nurses was paramount. Although less well known, the faculty shortage was a growing issue as enrollment in master's programs declined, doctoral programs graduated small numbers, and faculty members retired early.

The School made an early commitment to address the nurse and nurse faculty shortages through a variety of means such as an innovative collaboration with several clinical partners to provide scholarships to BSN students (21 clinical scholars received awards ranging from \$2,500 to \$5,500 in 2002); offering both BSN and MS programs at outreach sites to enable more individuals to become nurses; and offering an online RN-BSN program. In addition, initiatives to address the faculty shortage were a high priority during strategic planning.

In 2005, under Dean Allan's leadership, the statewide 10-year Nurse Support Program (NSP II)

Students develop skills and competencies in one of the School of Nursing's 24 high-tech clinical simulation labs, 2011



Debra L. Spunt, MS '83, BSN '79, RN, FAAN, director, Clinical Simulation Labs, 2006



was approved by the Maryland Health Services Cost Review Commission, the state agency charged with setting rates for Maryland Hospitals, in collaboration with the Maryland Higher Education Commission. Funding was \$9.4 million per year.

The NSP included two initiatives to expand the state's pool of nurses by increasing the capacity of nursing programs. The first initiative provided funding for graduate nursing faculty scholarships and living expenses, new nursing faculty fellowships, and state nursing scholarship and living expenses grants. The second program, the competitive institutional grants initiative, expanded Maryland's nursing capacity through shared resources, increased the state's nursing faculty, improved nursing student retention, and strengthened the pipeline for nurse faculty.

In an effort to meet this need for more bedside nurses, the Health Services Cost Review Commission contracted with the Maryland Higher Education Commission to administer the NSP II Program, which was developed by Dean Allan and her peers in collaboration with health care providers. It focuses on expanding the capacity to educate nurses by concentrating on the nursing educational system, including schools offering nursing programs and hospitals. Funding for NSP II is provided through a 0.1 percent increase to the rate structure of all hospitals retroactive from July 1, 2005. Approximately \$8.8 million is available annually for NSP II grants. At the School, faculty members have received grants totaling more than \$7 million through NSP II to tackle the nursing faculty shortage through a variety of innovative strategies.

In 2007, leaders from Maryland hospitals and nursing schools outlined a bold new strategy to solve the crisis by doubling the number of nurses educated in Maryland. Dean Allan was a charter member of the plan, Who Will Care?, which called for increasing the number of first-year nursing students by 1,800 beginning in 2009 and continuing into the foreseeable future.

Achieving this goal depended upon increasing the number of nursing faculty and funding the educational infrastructure to support increased numbers of students. The group placed a price tag on the plan of \$34 million in the first year and \$25 million in the next year, and it raised more than \$17 million before the unveiling. Two-thirds of the initial funds stemmed from public sources and one-third from the private sector. Over time, the plan became self-sustaining.

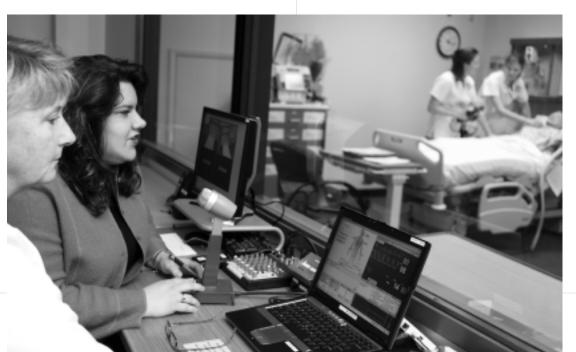


### Transition to Faculty

The Institute for Educators in Nursing and Health Professions was created in 2004 to address the critical and growing shortage of nursing faculty in Maryland and across the nation. Supported initially by the School of Nursing, the Institute has received nearly \$3 million in total funding from two federal grants and four NSP II grants from the Maryland Health Services Cost Review Commission to support its initiatives. Co-directed by Professor Louise S. Jenkins, PhD '85, MS '81, RN, and Associate Professor Carol O'Neil, PhD, RN, CNE, the program is implementing a variety of statewide initiatives to increase the number of nurses who will be prepared to function effectively in a faculty role. Nearly 650 people have taken coursework through the Institute since its inception and hundreds more have participated in a variety of nursing faculty development programs.

### Hospital-Based Clinical Instructors

Professor Mary Etta Mills, ScD, RN, NEA-BC, FAAN, and Assistant Professor Linda Hickman, PhD, MBA, RN,



FACHE, received funding for a second NSP II grant, a three-year, \$1.9 million grant, Master's Preparation of Staff Nurses to Expand Clinical Instruction Capacity, to increase the number of nursing faculty who are hospital-based clinical instructors through partnerships between the School and selected hospitals. By identifying, recruiting, mentoring, and graduating staff nurses as master's-prepared clinical instructors, schools of nursing in Maryland will be able to accommodate increased enrollment of undergraduate nursing students through enhanced access to necessary clinical experiences.

Modeling real health care settings and fully equipped with instruments such as intra aortic balloon pumps, hydrodynamic monitoring devices, and ventilators, the School of Nursing's clinical simulation labs are fully integrated into the curriculum, an integral element in preparing students for clinical practice. Designed to teach particular tasks, the "sim" labs offer students the opportunity to gain confidence and competencies without the potential for compromising patient safety. Also used for research and data collection, they are available for hospitals and health care agencies to use for in-service education and training. In 2002, Edward Lifesciences, a global leader in products and technologies to treat advanced cardiovascular disease, donated \$2.2 million of lab equipment. The equipment, an array of high-tech

### Simulation Learning

catheters to assess pulmonary artery pressure and cardiac output and to diagnose and treat cardiac pulmonary problems, helped the sim labs continue to replicate a high-tech hospital environment. The School has collaborated with Laerdal Medical, an international manufacturer of stethoscopes, automatic Barbara Covington, PhD, RN, associate dean, Information and Learning Technologies, poses with the Laerdal Center of Excellence in Simulation Education Award. Dean Janet D. Allan: Debra Spunt, MS '83, BSN '79, director, clinical simulation laboratories; and Rosie Patterson, a representative from Laerdal Medical, ioin in the celebration, 2006

Through a one-way mirror, faculty members observe the clinical interaction of students managing a rapidly deteriorating patient, 2009



Jeffrey Johnson PhD. director, Office of Global Health. (front row, second from left) represents the School of Nursing at the Clinton Global Initiative's annual meeting. 2012

defibrillators, and interactive computer and patient simulators, since the 1980s to develop learning strategies and health care simulation. In 2003, it was one of eight schools chosen by the NLN to conduct a research project for documenting the importance of simulation learning.

As part of the partnership, Debra L. Spunt, DNP '08, MS '83, BSN '79, director of the simulation labs and an expert in the design and educational applications of simulation laboratories, worked with Laerdal to help facilitate the Create a Lab program to assist schools of nursing with integrating simulation into the curriculum. Beyond the partnership, Spunt consulted with nursing schools both nationally and internationally on the development of realistic learning environments to bring simulation alive and help provide active, hands-on learning for nursing students and health care providers.

Because students working in simulation labs develop keen clinical

skills-a pedagogical approach the National League for Nursing (NLN) had recognized and wanted to buttress with empirical research-the School of Nursing was awarded a NLN/Laerdal Research Grant for \$12,000 in 2004. The funding was part of a \$375,000 grant to eight schools to document the importance of simulation learning. The research was designed to identify the underlying constraints of simulation learning and develop clinical assessments for research in simulation.

Also that year, the opening of the simulated operating room brought the total number of sim labs to 24-the most of any school of nursing in the nation-and the new Nurse Anesthesia master's program made immediate use of the new lab. Sim labs already in place included the neonatal intensive care lab, pediatric lab, maternity and midwifery lab, adult critical care lab, and community/home care environment lab, totaling 31,393 square feet.

The following year, SimBaby Jordan joined the School's SimFamily: Noelle the birthing mother, SimMan Dexter, and David, a non-computerized 2-year-old with integrated heart and breathing sounds. The new addition—worth \$30,000 and able to mimic a range of conditions, injuries, and common illnesses-gives students the opportunity to learn IV skills, such as drawing blood and administering and infusing medications in a baby's veins, and broadens pediatric clinical experience to include such emergency situations as a cardiac or pulmonary arrest "code."

The School's longstanding and ongoing commitment to simulation learning was recognized when Laerdal named the School a Center of Excellence in Simulation Education in 2006 and again in 2008. The School was chosen for this prestigious

"Nurses are the most numerous of health parts of the world. They are critical to addressing global health problems but they are often

honor because of its leadership, education, and research initiatives in simulation learning. Upon Spunt's death in 2007, the labs were named the Debra L. Spunt, DNP, RN, FAAN, Clinical Simulation Labs in honor and in memory of the nurse educator who contributed so much to simulation learning at the School.

### **Global Perspective**

In 2006, the School's Pan American Health Organization/World Health Organization (PAHO/WHO) Collaborating Center for Mental Health Nursing was re-designated for a period of four years. The Center

was one of only two WHO-designated nursing centers in the world dedicated to improving mental health care. It focuses on mental health nursing through education, training, information, and research projects that involve interdisciplinary collaborations with institutions in South America and Central America.

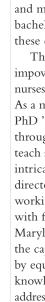
Public health statistics showed that 11.5 percent of diseases globally in 2001 were represented by mental disorders such as depression and schizophrenia, with the number of people suffering from mental illness in the Western Hemisphere expected to reach 176 million by 2010.

In 2009, under the direction of Professor Jeffrey Johnson, PhD, the new Office of Global Health realized one of the goals of the School's Strategic Plan by

bringing all of the international health programs together under one roof, creating a single clearinghouse for all global health and international activities. In a move away from "international health," global health focuses on populations who are at-risk and vulnerable, usually because of a political or economic process that has had an effect on their health care or public health infrastructure, which includes areas of concentrated poverty in the U.S. Nurses take the lead in providing primary health care services in such environments, training community health workers, organizing preventive programs, and providing essential care. Under the auspices of the new Office, the School trains educators who train the nurses who serve on the front line in delivering health care to resourcepoor communities.

In 2010, the Office would go on to offer a master's certificate in Global Health. Examples of the work include nurses working with community heath providers in rural Zambia, with the International Rescue Committee in Baltimore, and around the globe to help nurses in or from developing countries take leading roles in treating and preventing disease among poor communities with limited access to health care.

2011 was an active year for global activities, as the School also became one of 13 top U.S. institutions of higher learning chosen to assist the government of Rwanda. Following a competitive recruitment





campaign, the School sent seven faculty membersthree of whom were also alumnae-to help rebuild Rwanda's health care system.

Rwanda faces challenges with AIDS, malaria, malnutrition, high infant mortality rate, and chronic diseases resulting from a lack of physical activity and proper diet. Rwanda's government had committed itself to significantly increasing the number of nurses and midwives with advanced certificates and bachelor's and master's degrees to defeat these challenges.

The School also reached out to other impoverished regions to help build the capacity of nurses through partnerships in education and training: As a master's and doctoral student, Yolanda Ogbolu, PhD '11, MS '05, BSN '04, studied health disparities throughout the world and traveled to Nigeria to teach several dozen health care providers the intricacies of neonatal resuscitation. As deputy director of the Office of Global Health, she began working to address those disparities by collaborating with faculty and partners at the University of Maryland and around the world to help increase the capacity of nurses in under-resourced countries by equipping people and organizations with the knowledge and resources they need to independently address their countries' public health.

In 2011, Yolanda Obgolu, PhD '11, MS '05, BSN '04, traveled to Nigeria to teach health care professionals the intricacies of neonatal resuscitation. "If I can save just one baby's life, it will have been worth it," Ogbolu said.

While working in La Cienega, Honduras in 2011 with the Medical Brigades group from the University of Maryland, Baltimore, nursing student Genevieve Parr, MS '11, provided fluoride treatments and counseled families on dental hygiene.



Three million people live with HIV/AIDS in Nigeria, only 35,000 physicians and 210,000 nurses are available for 150 million citizens, and 70 percent of Nigerians lack access to health care in primary, secondary, or tertiary care centers. Nigeria also accounts for more than 10 percent of the world's maternal deaths in childbirth, though it has only 2 percent of the population. In response, faculty members trained nurses and community health workers at primary care facilities to effectively take on roles outside of their own and prescribe antiretroviral drugs and assess and treat patients with infectious diseases.

After the January 2010 earthquake in Haiti killed an estimated 316,000 people and injured 300,000, Marik Moen, Assistant Professor, MSN, MPH, RN, worked to develop a postgraduate certificate program in infectious diseases designed to teach experienced nurses in Haiti the best practices and most current knowledge related to HIV/AIDS, tuberculosis, malaria, and other diseases.

Meanwhile, students from UMB's Medical Brigades group visited La Cienega, Honduras, where few people have access to medical services. There, they set up a small clinic. Over three days, the 26 students saw 700 patients and had the opportunity to use the skills and knowledge they had acquired to provide care, tools, education, and support to help residents make healthy changes in their everyday lives. In 2012, Johnson represented the School at the

closing session of the Clinton Global Initiative's annual



Celebrating the opening of the

Dean Janet D. Allan; Dr. Patricia

Carmela Coyle; and Dr. William

Student Success Center:

Morton: Robert Chrencik:

lav A. Perman, MD:

"Brit" Kirwin, 2011

meeting in New York City. The School was recognized for its participation in the Human Resources for Health Program.

### **Supporting Students**

As health care needs and practices evolve in the 21st century, the School remains committed to supporting students-through scholarships, innovative teaching, and other opportunities-on their path to becoming nurses, educators, researchers, and leaders in the field.

In 2008, the School was among the first 58 nursing schools in the nation to receive funding from the Robert Wood Johnson Foundation (RWJF) through the RWJF New Careers in Nursing Scholarship Program. The program's goal was to strengthen the nation's pipeline of new nurses by providing scholarships to students enrolling in fast-track or accelerated nursing degree programs. These programs offer the most efficient route to licensure as a registered nurse for adults who have already completed a baccalaureate or graduate degree in a discipline other than nursing. The School was awarded \$80,000 for eight \$10,000 scholarships for students admitted to the Clinical Nurse Leader (CNL) program for the spring semester. By the end of 2012, the School had received a total of \$430,000 for CNL scholarships.

In 2009, the School received its largest gift ever, a pledge of \$1 million from alumna Mary Catherine Bunting, MS '72. The donation established a scholarship in her name designated for Maryland residents enrolled in the Clinical Nurse Leader program. In making her gift, Bunting, a retired nurse practitioner and teacher, cited her concern for the nursing shortage and her desire to attract talented individuals to the CNL program and make it possible for them to pursue the profession.

In 2011, Nancy Staggers, PhD '92, MS '84, RN, FAAN, a professor at the School as well as a two-time graduate, announced that she had included the School in her will with a \$1 million bequest to establish an endowed professorship in nursing informatics.

Also in 2011, the School received a \$1.1 million grant from the U.S. Health Resources and Services Administration to enhance the Doctor of Nursing Practice (DNP) program to benefit executive nurse leaders and the communities where they live and work. The grant helped create new electives specifically for DNP students who are or want to become nurse executives, chief nurse officers, or directors of nursing.

A \$941,219 grant from Health Resources and Services Administration, funded the Chrysalis Project, designed to increase the pipeline of nurses from backgrounds traditionally underrepresented in nursing, including racial and ethnic minorities and educationally



and economically disadvantaged students. The program, led by Assistant Professor Vanessa Fahie, PhD '94, BSN '76, RN, was launched in 2010.

The same year, the Student Success Center opened its doors to improve the retention and graduation rates of pre-licensure students. Funded by a four-year, \$980,000 grant through the Who Will Care? campaign, an initiative to increase the number of nurse graduates in Maryland by 1,500 per year, the Center offers a variety of services to help nursing students meet their academic and

graduation goals. In 2012, six doctoral students were among more than 100 students nationwide to be named Jonas Scholars by the Jonas Center for Nursing Excellence. Four students were selected to receive grants from the Jonas Nurse

Leaders Scholar Program, which aims to address the nursing faculty shortage by increasing the number of doctoral-prepared faculty available to teach in nursing schools nationwide. Jonas Scholars also expand the number of advanced practice nurses who can serve as primary care providers and health care leaders. Two doctoral students were among the first cohort to receive scholarship awards from the Jonas Nursing Scholars Program for Veterans Health, which seeks to improve veterans' health care.



In 2010, the Commission on Collegiate Nursing Education (CCNE) granted its maximum first-time accreditation of five years to the School's undergraduate and graduate programs following a rigorous on-site evaluation and assessment of the curricula. The three programs-all previously accredited by the National League for Nursing Accrediting Commission—were the Bachelor of Science in Nursing, the Master of Science, and the Doctor of Nursing Practice. Patricia Morton, PhD '89, MS '79, RN, CRNP, FAAN, professor and associate dean for Academic Affairs, led the Scholars Education team. The PhD program was reviewed separately through the University of Maryland, Baltimore Graduate School.

Jonas Scholars pose with Darlene Curley, MS '82, BSN '80, executive director of the Jonas Nurse Leadership Scholar Program, Donald Jonas, and Dean Janet D. Allan. The scholars are Mari Griffioen, Sonia Brown, Kathryn Gift, Susan Postal, Ana Duarte, and Beniamin Canha. 2012

### Accreditations

ate

In 2007, the Nurse Anesthesia master's program was granted continued accreditation for 10 years by the Council on Accreditation (COA) of Nurse Anesthesia Education Programs, with no progress report required during the 10-year period. In their letter of notification to Lou Heindel, DNP, CRNA, director of the program, the COA stated that "very few programs are

> granted accreditation with no progress report required, and even fewer programs have achieved maximum accreditation of 10 years." Heindel credited the program's success to its excellent collaboration with its 16 clinical sites and numerous contributions from the School's faculty.

Dean Janet D. Allan with new faculty emeriti Dr. Frieda Holt, Dr. Ada Jacox. and Dr. Barbara R. Heller, 2007



### **Emeritus Appointments**

In 2005, the School of Nursing conferred emeritus status upon a former dean and three former faculty members. Dean and Professor Emeritus Nan B. Hechenberger, PhD, RN, served as dean of the School of Nursing from 1978 to 1989. During her tenure, one of the nation's first doctoral programs designated for nurses was established, and the world's first master's program in nursing informatics was introduced.

Professor Emeritus Ann Ottney Cain, PhD, RN, CSP, FAAN, served more than 30 years as a member of the faculty, beginning in 1959 as a clinical instructor in the psychiatric component of the undergraduate program

Dean Janet D. Allan and Dr. Karen Soeken, 2008



and retiring in 1994 as associate dean for graduate studies and research. Cain was a pioneer and self-proclaimed maverick in the early days of psychiatric nursing and family therapy.

Professor Emeritus Lisa Robinson, PhD, MS '65, CS-P, FAAN, began her career as a faculty member in 1970. She later served in various administrative roles, including interim department chair and coordinator of the graduate program in psychiatric mental health nursing.

Professor Emeritus Betty Shubkagel's, PhD, BSN '54, RN, tenure at the School spanned nearly three decades, beginning in 1957 as a faculty member in the undergraduate program. When Shubkagel retired in 1985, she was chair of the Medical-Surgical graduate program, and had developed the School's Gerontology and Trauma/Critical Care graduate programs.

In 2007, three more former faculty members were awarded emeritus status. Frieda Holt, EdD, RN, was a member of the faculty from 1974 to 1992. During her tenure, the PhD program was developed and implemented, the number of master's specialities increased significantly, enrollment in graduate education rose considerably, and outreach sites were established.

Ada Jacox, PhD, RN, FAAN, was a member of the faculty from 1980 to 1990. During her tenure, she served as director of the Center of Nursing and Health Services Research and director of the Center for Health Policy Research. She was responsible for creating a culture for research at the School and helping faculty members obtain external funding.



Barbara R. Heller, EdD, RN, FAAN, was a member of the faculty from 1981 to 2006 and served as dean from 1990 to 2002. During her tenure as dean, the new School of Nursing building was opened, many collaborative educational programs were initiated, bench research was incorporated into the School, and accessible health care for the state's most vulnerable populations was enhanced.

Karen Soeken, PhD, RN, who had served on the faculty for 27 years before retiring in 2006, was awarded the rank of professor emeritus in 2008. She produced more than 100 publications and was a statistician and statistical consultant on numerous research grants. Soeken's teaching skills and her work with graduate and doctoral students best defined her contributions to the School and the nursing profession. She served on or chaired more than 100 master's thesis committees and more than 80 doctoral dissertation committees.

In 2009, Ruth Harris, PhD, RN, CRNP-BC, FAAN, who served on the faculty for 24 years before retiring in 2006, was awarded the rank of professor emeritus. Harris began as an assistant professor and rose to a tenured professor and chair of the Department of Organizational Systems and Adult Health, where she developed key academic policies and worked closely with faculty and administrators to offer high-quality courses and programs.

Barker Bausell, PhD, who was awarded the rank of professor emeritus in 2011, served on the School's faculty for 30 years before retiring in January. Bausell was a tenured faculty member, author, biostatistician, mentor, and member of countless research grants.

Shortly after her retirement in 2013, Dean Janet D. Allan was awarded dean emeritus status by Jay A. Perman, MD, president of the University of Maryland, Baltimore.

### Toward The Future

In 2012, the School launched its third Strategic Plan under the tenure of Dean Allan. Building on the successes of the previous two plans and setting the stage for continued leadership in education, research, and practice, the Plan included five broad and longranging goals:

• Prepare leaders to shape and influence the nursing profession and the health care environment

- Optimize health through discovery and translational science
- Create a robust and enduring financial model
- Elevate the School's competitive position through advancing a culture that embodies its Core Values
- Leverage technology to enhance and expand education, research, and practice

As Dean Allan's tenure drew to a close in 2012, the School planned an exciting transition of its six Advanced Practice Registered Nurse specialties from the present Master of Science to the nationally recognized practice doctorate for advanced practice nursing, known as the Doctor of Nursing Practice, scheduled to launch in fall 2014.

Dr. Mary Etta Mills (left) presents flowers to Dr. Ruth Harris at a reception celebrating Harris' new faculty emeritus status, 2009

These four jubilant members of the Class of 2012 were among 648 School of Nursing graduates who earned degrees at Commencement on May 18, 2012—the largest class of nurses in the state.



### **Reflecting on a Decade**

As her decade of leadership drew to a close, Dean Allan took time to reflect on some of its highlights and on the trends she foresees in the future.

The School's faculty members have always been talented educators, but Dean Janet D. Allan witnessed them grow into additional roles, as they took on greater leadership in areas such as governance and curriculum innovation. They were always involved with revising curriculum content, for example, but the development of Post-BSN to DNP curriculum and major reconceptualization of the Bachelor of Science in Nursing curriculum are true exemplars of the innovative work.

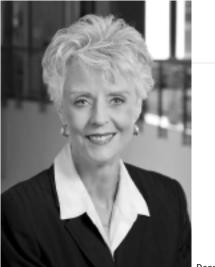
Similarly, the School was always known as an education innovator, pioneering the nurse practitioner program, nursing informatics, and online education, among other programs. That innovation deepened over the last decade, as the Doctor of Nursing Practice, Clinical Nurse Leader (CNL), and nurse anesthesia programs were initiated, representing and leading advances rippling through the entire discipline of nursing.

Research is another area that saw tremendous growth. Two interprofessional Organized Research Centers were established, and faculty members attracted more than \$2.5 million in National Institutes of Health grants in 2012 alone. Along with the growth, Dr. Allan had seen the image of the researcher shift; no longer do researchers work in isolation. Instead, team science and interprofessional research had become the norm.

Another highlight was the opportunity to offer leadership at the state level to reduce the nursing shortage, particularly through addressing the shortage of nursing faculty. Maryland's schools of nursing worked together to improve nursing education across the board—in educational programs, graduation rates, faculty quality, and funding levels. A new, streamlined articulation model is in use statewide to increase career mobility. The Nurse Support Program II and Who Will Care? program have transformed a previously competitive environment into one of collaboration, providing funding for every school to increase the numbers of new nurses and nursing faculty. Grants to address the lack of educated nurse managers are improving the quality of nursing in many hospitals.

Meanwhile, the UM NURSING partnership between the School and the University of Maryland Medical Center promotes shared activities in education, research, and practice. Fifteen research projects had been jointly funded, and the collaboration continued in such areas as curriculum and residency placement.

Looking ahead, health care reform, demographic changes, and technological advances will likely set the stage for the biggest changes to come.



Dean Janet D. Allan

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Regardless of federal developments, Maryland is poised to move forward with health care reform that will create tremendous workforce changes and needs. As increased health coverage creates increased demand for care, and as the Baby Boomer generation ages and lives longer, more primary care providers, including nurses, will be needed. As the institution that educates most of the state's nurse practitioners, the School will hold significant responsibility. But perhaps even more important is the anticipated need for more care in community settings, as people with mental health and/or substance abuse conditions become insured and begin to seek care from providers who are not yet available. Similarly, Dean Allan foresaw that we will need to make improvements in discharge planning and ensure that more community resources are in place to help people stay healthy at home, instead of returning to hospitals, creating a demand for more baccalaureateprepared nurses and CNLs to provide coordinated care.

As technology evolves, it will continue to reshape education. The School, already innovative in its use of technology both in the classroom and in online programs and hybrids, will continue to use more technology and move away from the traditional classroom. The use of electronic medical records will also continue to grow, along with the need for health care professionals who have the skills to use them effectively. Nurses will also need to increase their skills with technology to evaluate outcomes of care and be able to use data to monitor quality and safety and institute changes based on the information.

Another area poised for growth is interprofessional education, as team science and interdisciplinary teams become the norm in the areas of research, education, and practice. More research centers will likely provide the venue for additional interprofessional opportunities in the lab, and classes will likely see more interdisciplinary objectives. Dean Allan predicts that, in practice, nursing will become more and more intertwined with such professions as medicine, public health, social work, and pharmacy.

# Innovation in Action









### School of Nursing Deans, 1952-present

Dr. Florence M. Gipe, 1952-1966 Dr. Marion I. Murphy, 1966-1978 Dr. Nan B. Hechenberger, 1978-1989 Dr. Frieda M. Holt (acting), 1986-1987; 1989-1990 Dr. Barbara R. Heller, 1990-2002 Dr. Janet D. Allan, 2002-2012 Dr. Jane M. Kirschling, 2013-present

### School of Nursing Leadership, 1889-1952 (School of Nursing graduates in italics)

### Superintendents and Directors, 1889-1952

Louisa Parsons, December 14, 1889-January 8, 1892 Florence Sydney Wilton, January 1892-January 1893 Janet Hale, class of 1892, January 1893-January 1898 Miss Fehrman, January-May 1898 Mary Adelaide Russell, class of 1897, June-October 1898 Mary M. McKechnie, November 1898-January 1900 Sophia Featherstone, class of 1900 (acting), January 1-March 4, 1900

atherine la	ylor, March 4, 1900-July 1, 1904
rthur Shiple	ey, MD (acting), July 1-10, 1904
lettie L. Flar	nnigan, class of 1902, July 11, 1904-July 1, 1908
obert Bay, I	MD (acting), July 1-10, 1908
lice F. Bell,	class of 1907, (acting), July 10-October 1, 1908
ertha Wilso	on, October 1, 1908-February 1, 1910
lice F. Bell,	class of 1907, February 1, 1910-June 1, 1911
thel Palmer	<i>Clarke</i> , class of 1906, July 1, 1911-August 15, 1914
<i>lary E. Sulli</i> eptember 1	van, class of 1911, August 15, 1914- , 1917
lelen V. Wis	e, class of 1902, September 1, 1917-May 1, 1919
ane R. Garn	er, class of 1911 (acting), May 1-June 1, 1919
illian K. Mc	Daniel, class of 1915 (acting) June 1-July 1, 1919
llen Stewar	t, July 1, 1919-June 15, 1920
rances Brar	nley (relieved), June 15-July 12, 1920
	nam, class of 1909 (relieved), Der 15, 1920
ucy Marsha	ll, October 15, 1920-July 1, 1922
nnie Creigh	ton, July 1, 1922-July 1, 1943
atherine Sh	nea, class of 1913 (acting), July-September 1943
	Director of Nursing and Nursing Education), 3-October 1945
	<i>he Hoffmaster</i> , class of 1916 (acting director), 5-February 1946
	Gipe (Director of Nursing Education and vices), February 1946-May 1952
ichool o	f Nursing Alumni Association
xecutive Co	ommittee, 2012-present
	ss, 1993, President Iofield, 2009, 1995, Immediate Past President
ast Preside	nts, 1897-2012
897-1898	Elinor Van Santwoort, 1893
	Catherine V. Weitzell, 1894
903-1905	Nannie J. Lackland, 1898
	Eliza Bond Gray, 1900
	Nancy McNabb, 1907
913	Clara E. Query, 1906
913-1918	Mary E. Rolph, 1895
018-1020	Frances M. Meredith, 1910

Millicent Geare Edmunds, 1905

Serina Selfe Bridges, 1916

Isabelle Griffith Fleck, 1907

1924-1926 Lillian Kemp McDaniel, 1915

1926-1928 Ethel Monroe Troy, 1917

1920-1921

1921-1923

1923-1924

1928-1931 1931-1935 1935-1936 1936-1939 1939-1941 1941-1942 1942-1943 1943-1944 1944-1945 1945-1950 1950-1954 1954-1955 1955-1956 1956-1958 1958-1960 1960-1962 1962-1964 1964-1966 1966-1970 1972-1974 1974-1976 1976-1978 1978-1980 1980-1981 1981-1982 1982-1984 1985-1986 1986-1992 1992-1993 1994-1996 1996-1997

Blanche Martin Horine, 1921 Marie Sander Stockett, 1914 Ethel Monroe Troy, 1917 Bessie Lee Maston, 1920 Ruth Roush Horrigan, 1935 Ethel Monroe Troy, 1917 Margaret Wilson Webster, 1939 Lillian Kemp McDaniel, 1915 Margaret Wilson Webster, 1939 Virginia C. Conley, 1940 Flora Mitchell Streett, 1938 Martha Curtiss, 1948 Mary Francis Dennis, 1947 Elizabeth Rohr Singleton, 1947 Norma Schriver Long, 1949 Elizabeth Roth Hipp, 1929 Doris M. Stevens, 1951 Lolah Marshall Mihm, 1939 Jane Brown Johnson, 1947 1970-1972 Joyce S. Fletcher, 1956 Eleanor Slacum, 1961 Susan Dorsey Wilson, 1966 Verna Zang Martin, 1953 Claire Payne Greenhouse, 1966 Ruth Busch Lovett, 1975 Catherine Kerr, 1979 Jean Warfield Keenan, 1948 Linda Williams, 1970 Jane Glick Wobbeking, 1972 Lisa Rowen Moray, 1986 Judith Hodge Littlejohn, 1975 Diane L. Krasner, 1979 1997-2000 Maggie Kelly Whall, 1975

- 2001-2006 Barbara Resnick, 1996
- 2006-2008 Caleb Rogovin, 1992
- 2008-2009 Pamela Lentz, 1984
- 2009-2012 Deborah Schofield, 2009, 1995, 1992

Honorary Degree Recipients Nominated by the School of Nursing

- 1975 Dr. Mary K. Carl Dean, College of Nursing, University of Delaware and School of Nursing faculty member, 1955-1966
- 1978 Dr. Jessie M. Scott Director, Division of Nursing, Health Resources and Services Administration, Public Health Service, U.S. Department of Health, Education and Welfare
- 1982 Brigadier General Hazel W. Johnson Chief, Army Nurse Corps
- 1985 Dr. Marion I. Murphy Former Dean, University of Maryland School of Nursing
- 1988 Dr. Ada S. Hinshaw Director, National Center for Nursing Research
- 1993 Dr. Claire M. Fagin Former Dean, University of Pennsylvania School of Nursing
- 1994 Dr. Shirley S. Chater Commissioner, Social Security Administration
- 1995 Dr. Donna E. Shalala Secretary of Health and Human Services
- 1996 Dr. Patricia A. Grady, MS '68 Director, National Institute of Nursing Research, National Institutes of Health
- 1997 Honorable Constance A. Morella Member, U.S. House of Representatives (R-Md.)
- 2000 Honorable Howard P. (Pete) Rawlings Member, Maryland House of Delegates (D-Baltimore City)
- 2005 Major General Gale Pollock, BSN '76
- 2008 Virginia Saba, EdD, RN, FAAN
- 2011 Linda Aiken, PhD, RN, FAAN, FRNC Claire M. Fagin Leadership Professor in Nursing Professor of Sociology and Director, Center for Health Outcomes and Policy Research University of Pennsylvania
- 2012 Peter Buerhaus, PhD, RN, FAAN Valare Potter Professor of Nursing Director, Center for Interdisciplinary Health Workforce Studies Vanderbilt University Medical Center

### **Deans and Faculty Emeriti**

Janet Allan, PhD, RN, FAAN, dean emeritus Nan Hechenberger, PhD, RN, dean emeritus

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