

STUDY PLAN for your Kaplan NCLEX-RN® Preparation

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Welcome to Kaplan NCLEX® Prep! This is the recommended study plan for utilizing the robust Kaplan NCLEX® Prep resources. These resources are designed to give you plenty of realistic practice for success on NCLEX® Test Day. As you begin your preparation, please keep in mind that preparing for the NCLEX® is a marathon, not a sprint! It is important not to rush your studies, but it's also important not to procrastinate.

While you are utilizing the Kaplan NCLEX® Prep resources, it is important that you follow these steps: analyze, review/remediate, think, study, and continue practicing. Remediation is the key to your NCLEX® success.

Prior to Your Kaplan NCLEX® Review Course

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The following resources are located on your Kaplan student homepage.

Date
Completed

	Download the NCLEX-RN® Content Review Guide e-book . It can be downloaded to any computer or e-reader device.
	Watch the 5 videos under “ Pathway to NCLEX® Success. ”
	Watch the Orientation video titled Phase One
	Take the Diagnostic Test as scheduled and proctored by your school. ** This resource will be located in the Green Integrated Testing box. All other NCLEX® resources are in the Gray NCLEX® Prep box. Your school may also choose to replace or compliment this resource with a proctored Kaplan Secured Predictor exam.
	Take Question Trainer 1 . Review/remediate before progressing to Question Trainer 2, and then follow the steps listed below.
	Take Question Trainer 2 . Review/remediate before progressing to Question Trainer 3, and then follow the steps listed below.
	Take Question Trainer 3 . Review/remediate and follow the steps listed below.
	Watch the Essential Nursing Content Videos .
	Download the Classroom Posters . These will be referenced in the Review Course.

As you are completing tests, look at your **Analysis** page to see how you performed on each test. Aim for scores of 65% or higher. (*your school may require higher scores.*)

Complete the Test Reflection Worksheet to identify your strengths and weaknesses. Ask yourself the following and think about how you are thinking:

1. Did I change any answers? Which way: correct to incorrect, or incorrect to correct?
2. Did I take enough time on each question, or did I take too much time on each question?
3. Did I lose concentration, and if so, is there a pattern? Should I have taken a break?

Review/remediate all questions. Ask yourself the following:

1. Did I not know the content of any of the questions?
2. For each question I got wrong, why did the author of the question choose one answer and why did I choose another?

Use the **Essential Nursing Content Videos** and your **NCLEX-RN® Content Review Guide e-book** to fill in any knowledge gaps, working from your content area of greatest weakness toward your area of greatest strength.

Attend Your Kaplan Live Review Course as scheduled by the University of Maryland School of Nursing

Kaplan's live review course consists of three day, in person sessions, held at your school, an online course, and practice tests, led by one of Kaplan's expert nurse educators. Your review will concentrate on helping you answer passing-level NCLEX® questions utilizing your clinical judgment skills in order to ensure success on Test Day. While the structure of the lectures is not content focused, you will receive high-yield content tips while reviewing NCLEX®-style questions in class.

Pre-Class: UMSON Phase I of Live Review. Watch the Kaplan Orientation Video titled *Phase II* and Print Class Posters

In-Class: UMSON Phase II of Live Review as scheduled by your school
Session 1: Class Start/Decision Tree; held on day one as scheduled by your school
Session 2: Pharmacology/Reduction of Risk; held on day one
Session 3: Reduction of Risk/Physiological Adaptation; held on day two as scheduled by your school
Session 4: Physiological Adaptation/Basic Care & Comfort/Management of Care; held on day two
Session 5: Management of Care/Safety and Infection Control; held on day three as scheduled by your school
Session 6: Safety and Infection Control/HPM/Psychosocial; held on day three
After Class: UMSON Phase III of Live Review taken at home, online; as scheduled by your school
Session 7: RN Practice Test: 60-question NCLEX®-style test
Session 8: Roadmap for Success

After Attending the Kaplan NCLEX® Review Course

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	Take Question Trainer 4 . Review/remediate Question Trainer 4 before progressing to Question Trainer 5, then follow the previous steps as well as the steps below.
	Take Question Trainer 5 . Review/remediate Question Trainer 5 before progressing to Question Trainer 6, then follow the previous steps as well as the steps below.
	Take Question Trainer 6 . Review/remediate Question Trainer 6 and follow the previous steps as well as the steps below.
	Qbank . Take two 75-question Qbank tests each day (do no more than 150 questions) and review/remediate, following the previous steps and the steps below.
	Take Qbank Sample Tests 1–4 . (Space these out in Phase 3, between other tests.) Sample Test 4 contains all “alternate response” questions. Sample Test 3 contains all “priority” questions. (These question types are also mixed throughout the other resources.)
	Question Trainer 7 . Set aside time to take the test in one sitting, and treat it as a mock NCLEX®. It consists of 265 questions (the maximum number of questions allowed on the NCLEX®) and can take several hours to complete. Take the test in a quiet, controlled, distraction-free environment to simulate conditions on Test Day.
	Readiness Test . Take this test approximately one week prior to your NCLEX® Test Day. It is a 180-question NCLEX®-style test. Take the test in a quiet, controlled, distraction-free environment to simulate conditions on Test Day.

Continue to look at your **Analysis** page to see how you performed on each of these tests and continue to complete the test reflection worksheet. **Continue to review/remediate all** questions. For Question Trainers 4 and 5, aim for scores of 65% or higher. For Question Trainers 6 and 7, plus the Qbank, aim for scores of 65% or higher (*your school may require higher scores on any of these resources.*) Ask yourself the same questions as before, as well as these:

1. Did I use the Decision Tree effectively?
2. Am I seeing improvement as I progress from test to test?
3. Am I thinking about how I am thinking?
4. Did I take a break at the best time for me?

Continue to use the **Content Lecture** Videos and your **NCLEX-RN® Content Review Guide e-book** to fill in knowledge gaps.

Complete all Question Trainers and Qbank questions and review/remediate all questions before you take the NCLEX®. The day before your test, rest your mind and exercise your body.

Additional Resources

The **Orientation, Decision Tree, and Class Questions videos** revisit information covered in the class sessions. Additional guidance on formulating your study plan leading up to your NCLEX® Test Date can be found in Session 8 of Phase Two and Chapter 2 of the **NCLEX-RN® Content Review Guide e-book**. Email NCLEX-Expert@kaplan.com for questions about a question. Please include the QID and/or a screenshot of the question.