

THREE WAYS TO MASTER DISASTER SIMULATIONS WITHOUT BREAKING A SWEAT!

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INNOVATION

LEARNING OUTCOMES

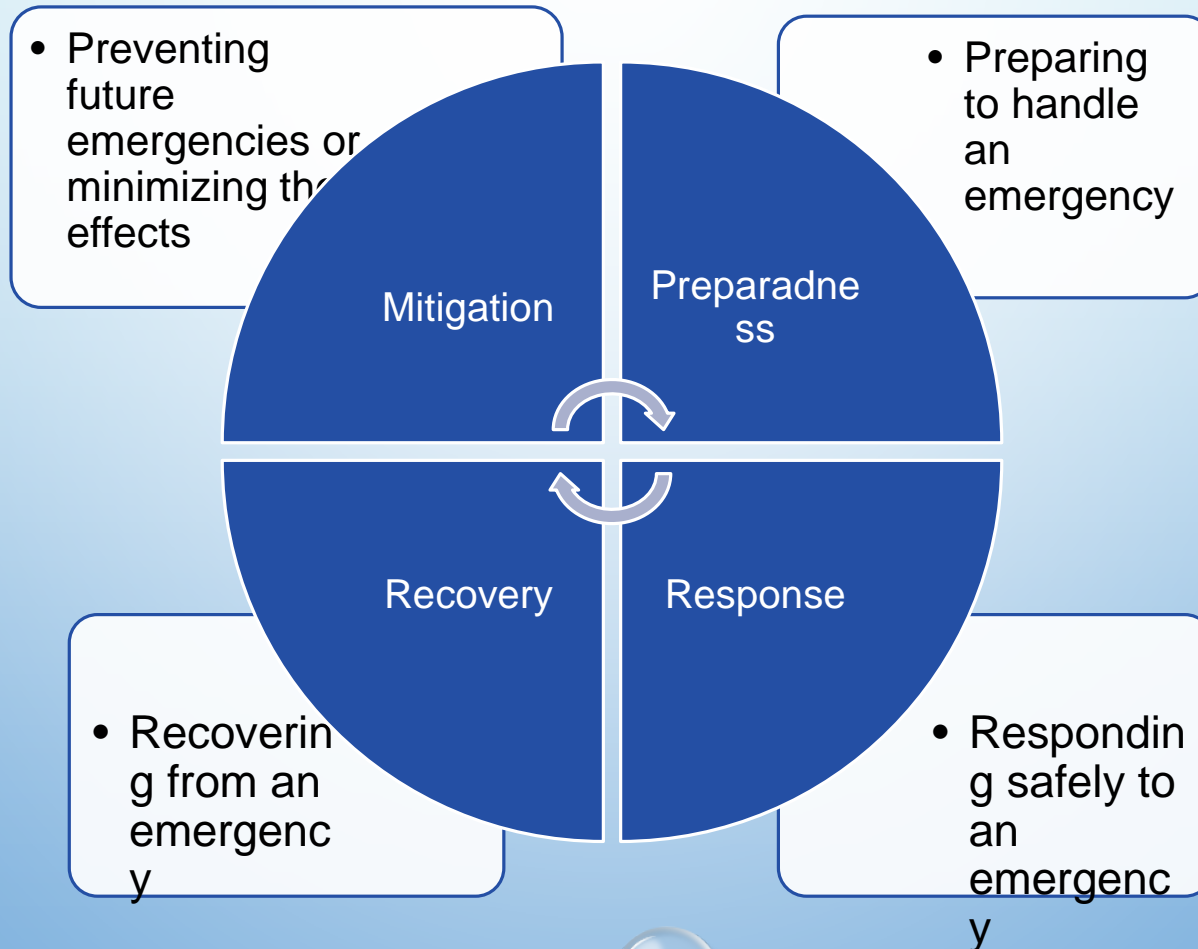
- UNDERSTAND WHAT IT TAKES TO PUT ON AN EFFECTIVE DISASTER SIMULATION
- LEARN HOW TO INCORPORATE TECHNOLOGY INTO DISASTER SIMULATIONS
- LEARN A DEBRIEFING METHOD CALLED AFTER ACTION DEBRIEFING
- DISCLOSURE-I HAVE NO RELEVANT INTEREST IN ANY TECHNOLOGY PRODUCTS

TYPES OF DISASTER OR EMERGENCY PREPAREDNESS SIMULATIONS

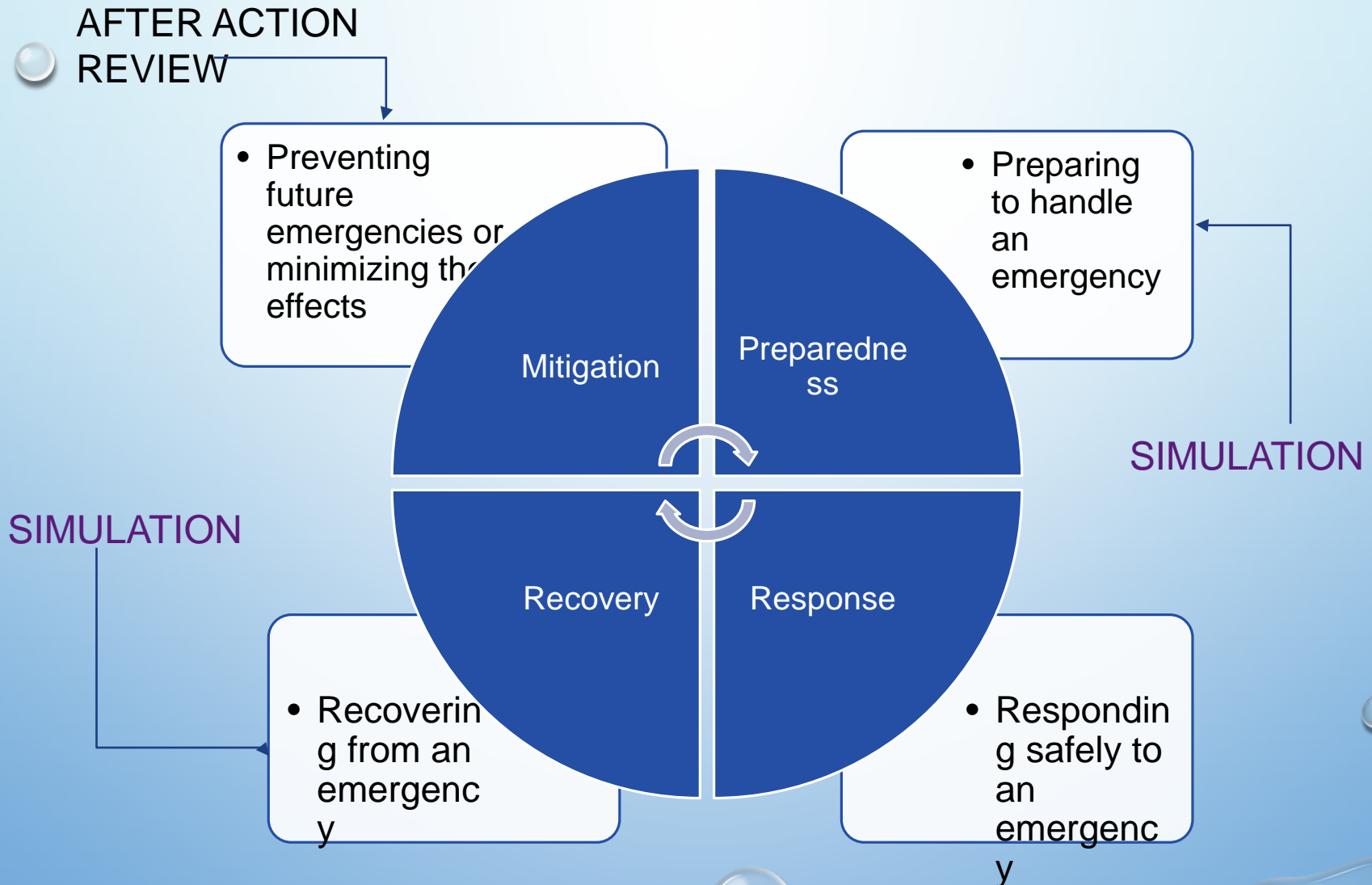
- **TABLETOP EXERCISE (TTX):** A TABLETOP EXERCISE INVOLVES KEY PERSONNEL DISCUSSING SIMULATED SCENARIOS IN AN INFORMAL SETTING. TTXS CAN BE USED TO ASSESS PLANS, POLICIES, AND PROCEDURES.
- **GAMES:** A GAME IS A SIMULATION OF OPERATIONS THAT OFTEN INVOLVES TWO OR MORE TEAMS, USUALLY IN A COMPETITIVE ENVIRONMENT, USING RULES, DATA, AND PROCEDURE DESIGNED TO DEPICT AN ACTUAL OR ASSUMED REAL-LIFE SITUATION.
- **DRILL-**A DRILL IS A COORDINATED, SUPERVISED ACTIVITY USUALLY EMPLOYED TO TEST A SINGLE, SPECIFIC OPERATION OR FUNCTION WITHIN A SINGLE ENTITY (E.G., A FIRE DEPARTMENT CONDUCTS A DECONTAMINATION DRILL).
- **FULL-SCALE EXERCISES (FSE):** A FULL-SCALE EXERCISE IS A MULTI-AGENCY, MULTI-JURISDICTIONAL, MULTI-DISCIPLINE EXERCISE INVOLVING FUNCTIONAL (E.G., JOINT FIELD OFFICE, EMERGENCY OPERATION CENTERS, ETC.) AND “BOOTS ON THE GROUND” RESPONSE (E.G., FIREFIGHTERS DECONTAMINATING MOCK VICTIMS).

<https://www.calhospitalprepare.org/post/types-exercises>

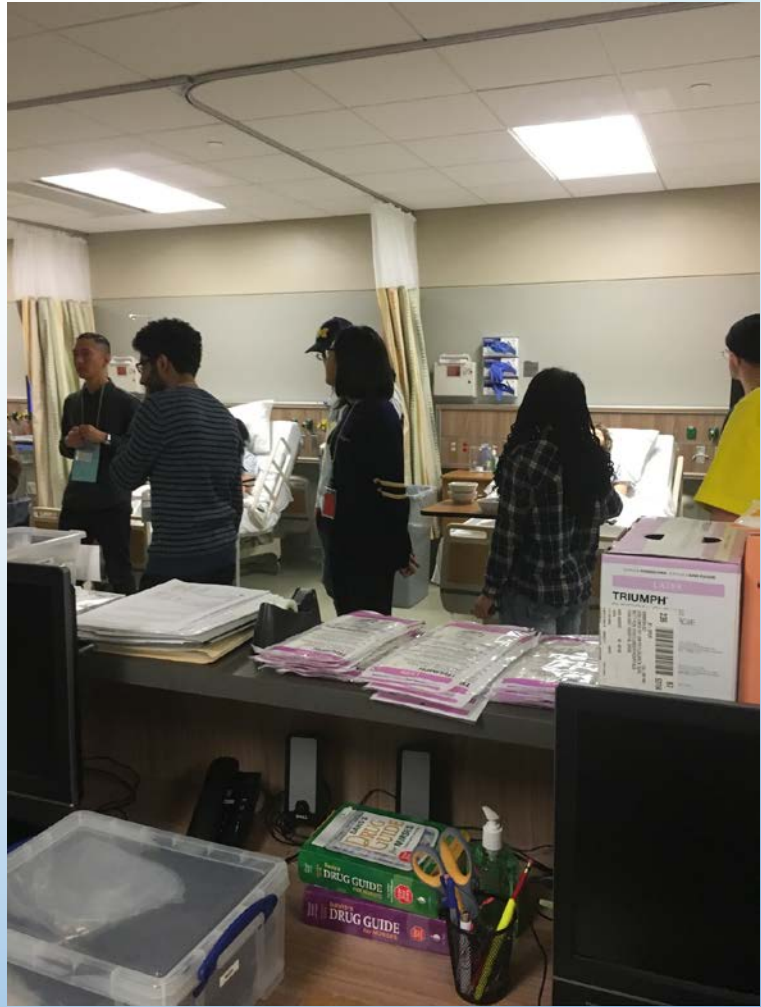
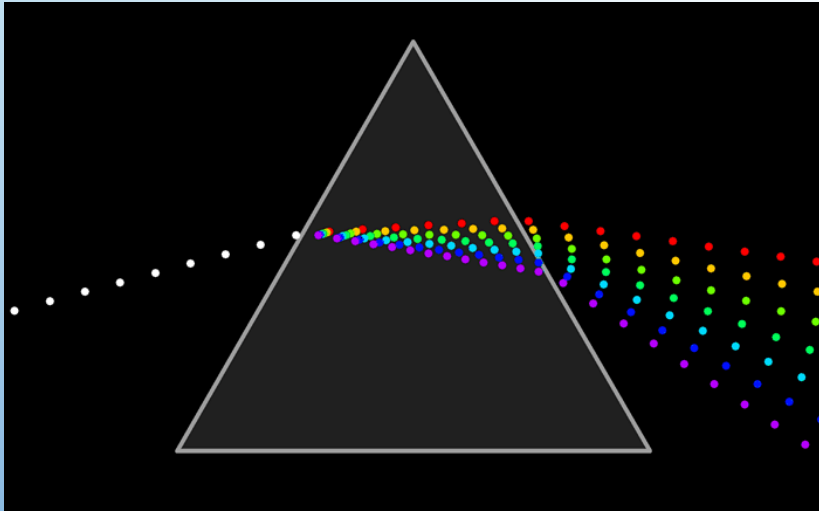
DISASTER LIFE CYCLE



DISASTER LIFE CYCLE



SIMULATION





ELSEVIER



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Clinical Simulation
in Nursing

www.elsevier.com/locate/ecsn

Standards of Best Practice: Simulation

INACSL Standards of Best Practice: SimulationSM Simulation Design

INACSL Standards Committee

KEYWORDS

pedagogy;
simulation design;
simulation format;
needs assessment;
objectives;
prebriefing;
debriefing;
fidelity;
facilitation

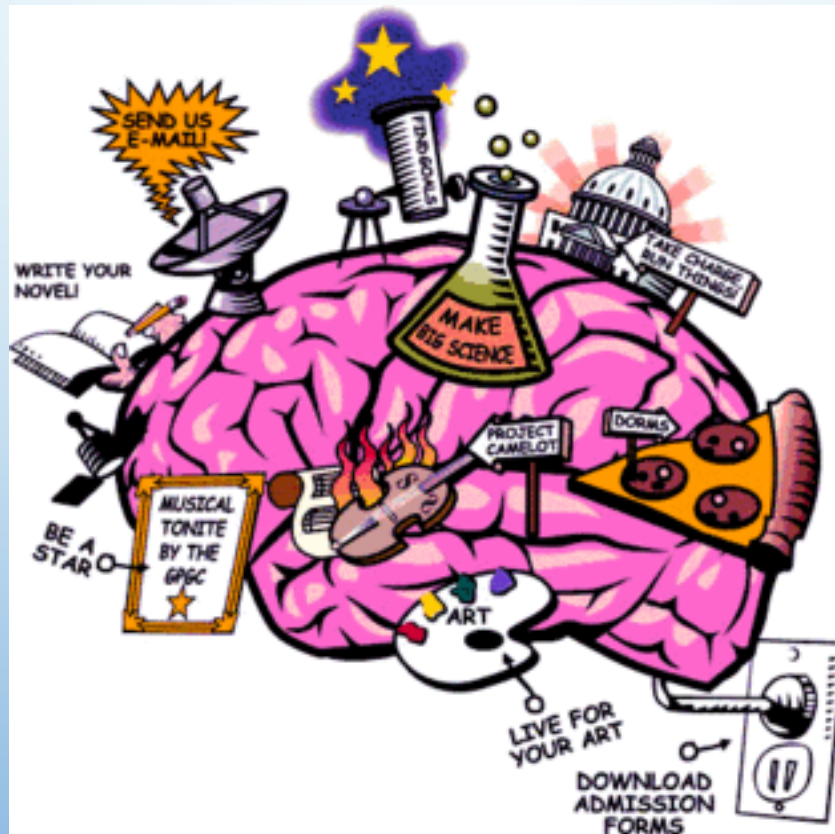
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As the science of simulation continues to evolve, so does the need for additions and revisions to the INACSL Standards of Best Practice: SimulationSM. Therefore, the INACSL Standards of Best Practice: Simulation are [living documents](#).

BRAINSTORM



IDEA # 1

- USE AN EVENT THAT OCCURRED IN YOUR AREA OR SOMETHING THAT WAS IN THE NEWS THAT YOU CAN GATHER ENOUGH INFORMATION ABOUT

N.Y. / REGION

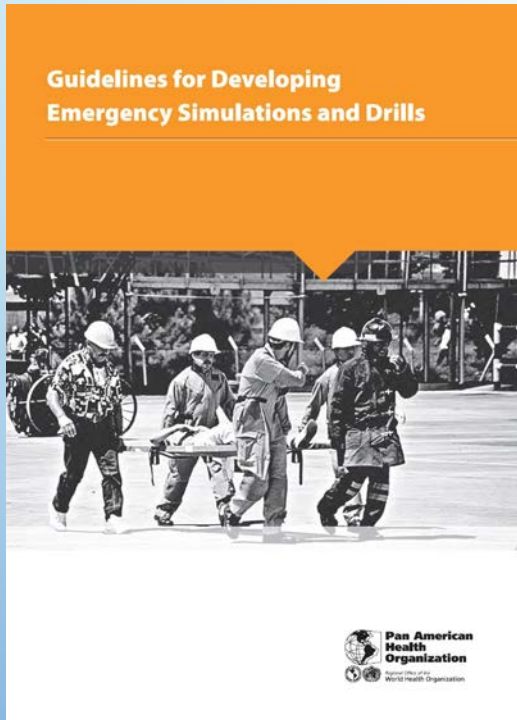
THE BLACKOUT OF 2003: The Overview; POWER SURGE BLACKS OUT NORTHEAST, HITTING CITIES IN 8 STATES AND CANADA; MIDDAY SHUTDOWNS DISRUPT MILLIONS

By JAMES BARRON AUG. 15, 2003

IDEAS # 2 & 3

- USE RESOURCES LIKE MED ED PORTAL, JOURNAL ARTICLES, CDC, FEMA OR OTHERS TO GET IDEAS ON PLANNING A SIMULATION
- LOOK FOR AREAS OF VULNERABILITY OR AREAS OF NEEDS OR REQUIREMENTS IN YOUR OWN ORGANIZATION OR LEARNER GROUP AND PLAN AROUND THAT

WHO/PAHO



https://www.paho.org/disasters/index.php?option=com_content&view=article&id=1637:guidelines-for-developing-emergency-simulations-and-drills&Itemid=807&lang=en

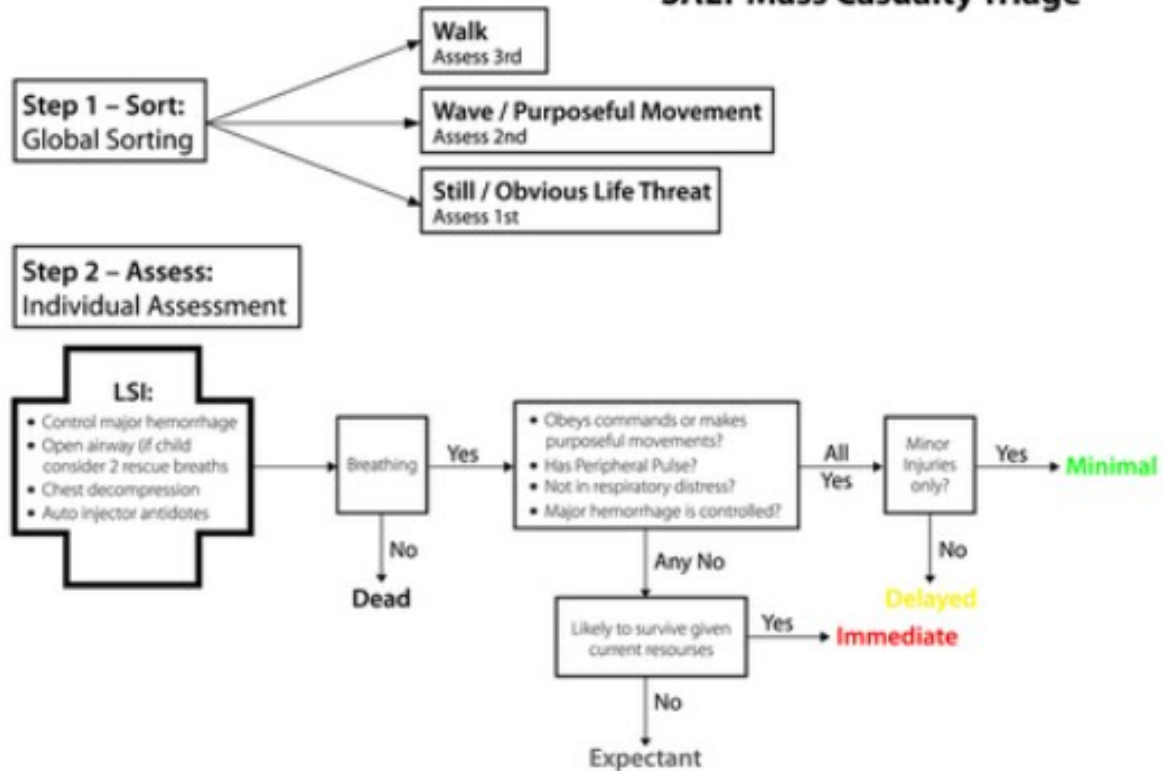
TRIAGE ALGORITHMS

<p>START Triage <i>Assess, Treat, (use bystanders)</i> When you have a color STOP - TAG - MOVE ON</p>			
<p>-- <i>Move Walking Wounded</i></p>			
<p>-- No RESPIRATIONS after <i>head tilt</i></p>			
M I N O R	D E C E A S E D	I M M E D I A T E	D E L A Y E D
			<p>-- Breathing but UNCONSCIOUS</p>
			<p>-- Respirations - over 30</p>
			<p>-- Perfusion Capillary refill > 2 or NO RADIAL PULSE <i>Control bleeding</i></p>
			<p>-- Mental Status Unable to follow simple commands</p>
<p>-- Otherwise</p>			
<p>REMEMBER:</p> <p>Respirations - 30 Perfusion - 2 Mental Status - Can Do</p>			

TRIAGE ALGORITHMS

Skinny Medic

SALT Mass Casualty Triage



DISASTER CATEGORIES

Triage category	Priority	Color	Conditions
Immediate	1	RED	Chest wounds, shock, open fractures, 2-3 burns
Delayed	2	YELLOW	Stable abdominal wound, eye and CNS injuries
Minimal	3	GREEN	Minor burns, minor fractures, minor bleeding
Expectant	4	BLACK	Unresponsive, high spinal cord injury

TECHNOLOGY TOOLS



SIMULATE SOCIAL MEDIA



Instantly Informed: the First #SMEM-driven Training Exercise

Created in 03/19/2014 Posted by Simulationdeck In Case Study , Comments 0

Adam Crowe, author of Emergency Management's Disasters 2.0 blog, brought in Nusura's SimulationDeck to add much needed realism to a first-of-its-kind exercise supporting the Toledo-Lucas County Advanced Practice Center. The unique exercise concept required participants to respond to an emergency scenario - a tornado that hit a nuclear power plant in northwest Ohio - using social media as their only tools.

The #SMEM exercise, called Instantly Informed, was part of a longer seminar on social media's role in emergency management. The program and exercise were broadcast across the country to public health advanced practices centers and emergency management agencies.

The video below, produced by the Toledo-Lucas County Advanced Practice Center, has been excerpted with permission.

<http://simulationdeck.com/>

APP FOR FIRST RESPONDERS OR HELP WITH TRIAGE

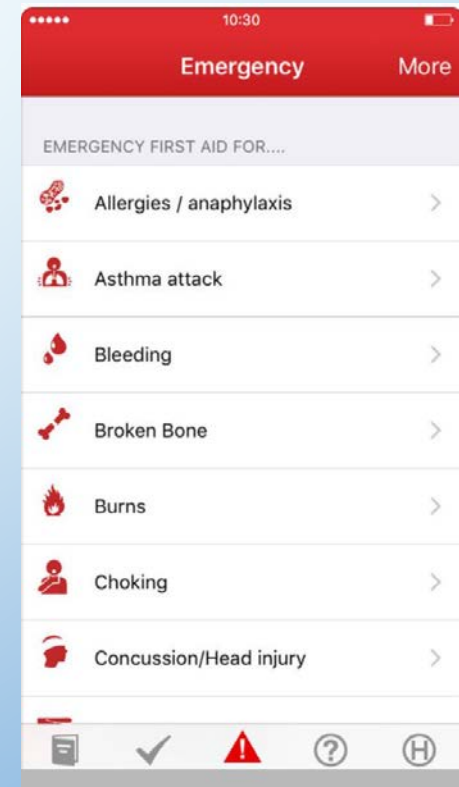


First Aid: American Red Cross

American Red Cross

★★★★☆ 4.5, 147 Ratings

Free



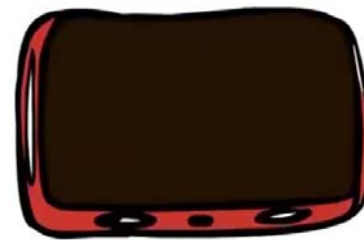
PATIENT TRACKING APPLICATION



EMTrack Mobile 4+

EMSystems, LLC

Free

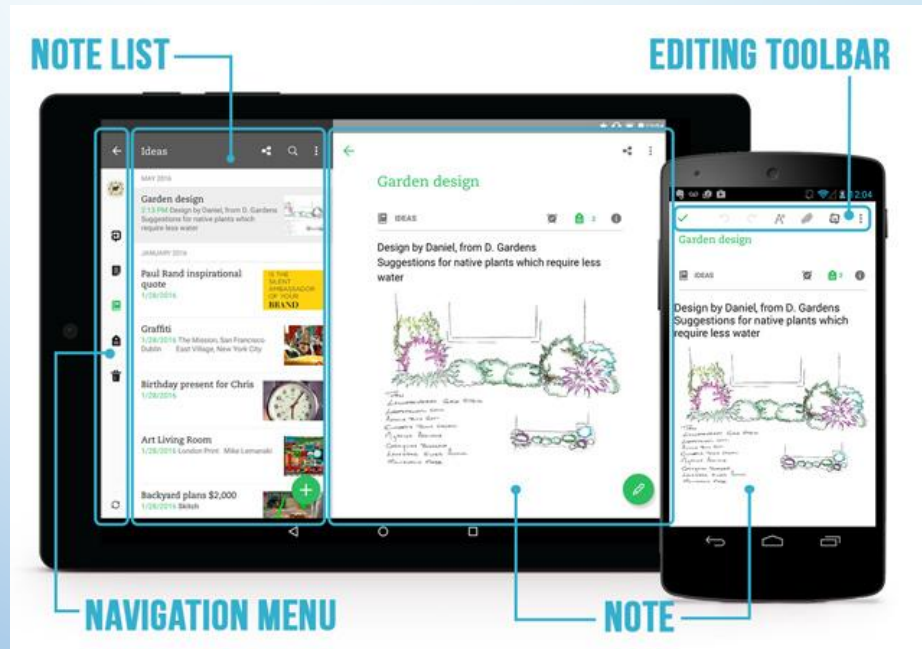


is used as a strap for our innovative patient wrist tag.

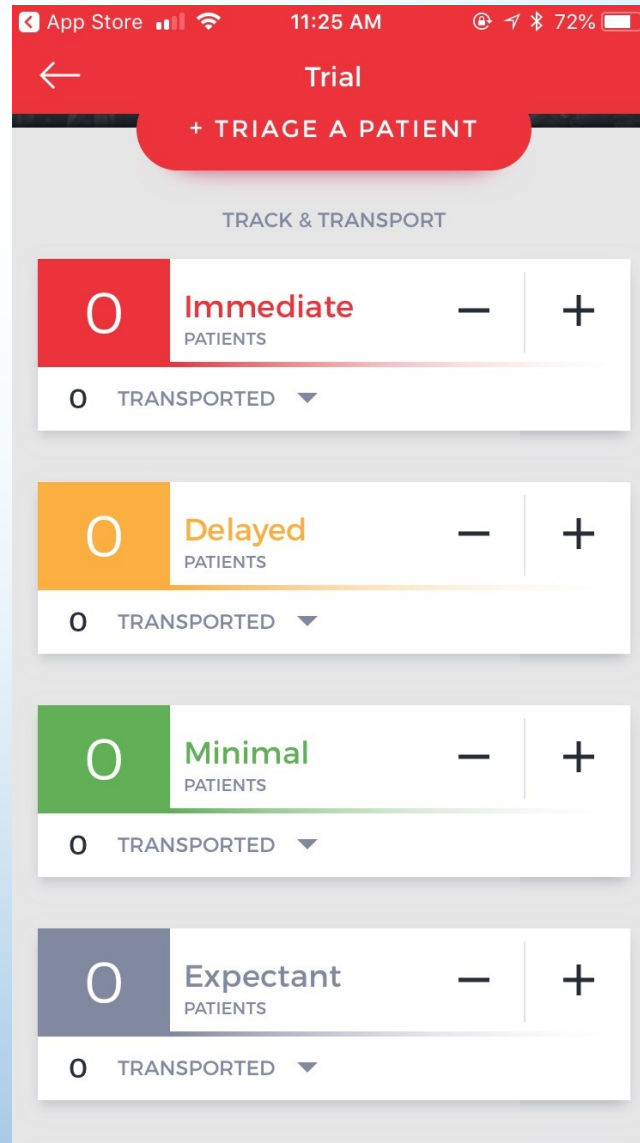
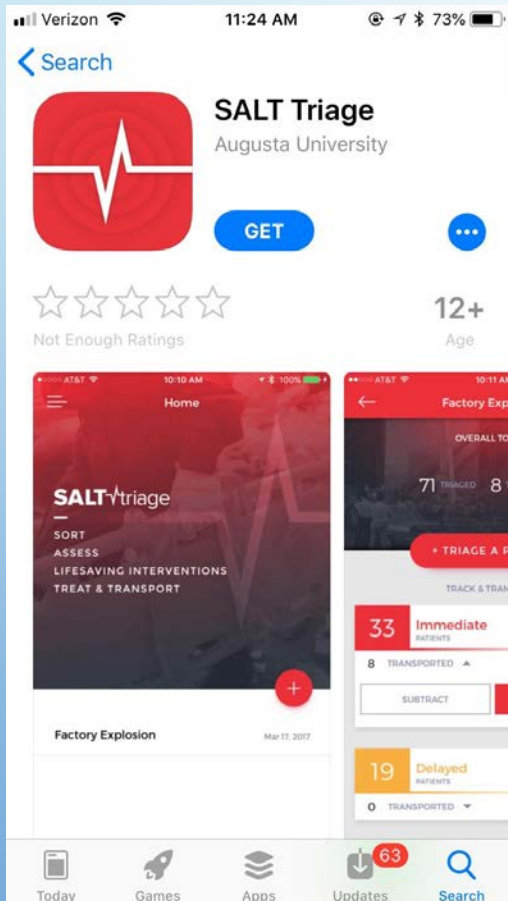
<https://youtu.be/TtjSvikvfCk>

borda

NOTE TAKING APPLICATIONS



TRIAL TRIAGE APPS



DISASTER SCENARIO EXEMPLARS



SIMULATION CENTER DRILLS

- OBJECTIVES WILL VARY
- TRIAGE
- TREATMENT
- COORDINATION
- MULTIDISCIPLINARY/MULTI-PROFESSIONAL
- VARIOUS PHASES



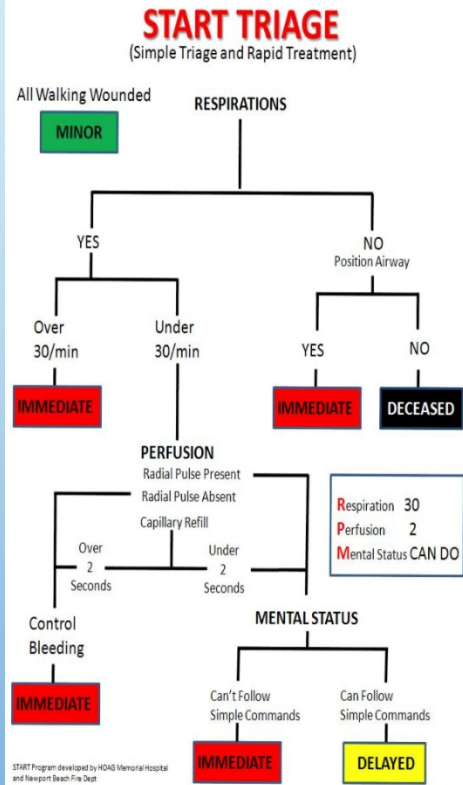
FRESHMAN-MASS CAUSALITY SIM



LEARNING TRIAGE



GRADUATE ACUTE CARE NURSE PRACTITIONERS



START Triage Assess, Treat, (use bystanders) When you have a color STOP - TAG - MOVE ON	
MINOR	DECEASED
	IMMEDIATE
	DELAYED
	-- Move Walking Wounded
	-- No RESPIRATIONS after head tilt
	-- Breathing but UNCONSCIOUS
-- Respirations - over 30	
-- Perfusion Capillary refill > 2 or NO RADIAL PULSE	
Control bleeding	
-- Mental Status Unable to follow simple commands	
-- Otherwise	
REMEMBER:	
Respirations - 30	
Perfusion - 2	
Mental Status - Can Do	

START TRIAGE

- SIMPLE TRIAGE AND RAPID TREATMENT
- MOST COMMON MCI TRIAGE SYSTEM IN USE
- DESIGNED FOR INDIVIDUALS WITH ONLY FIRST AID SKILLS TO BE ABLE TO UTILIZE
- EXAMPLES OF START TRIAGE ALGORITHMS:

[HTTP://WWW.REMM.NLM.GOV/STARTADULTTRIAGEALGORITHM.PDF](http://www.remm.nlm.gov/startadulttrriagealgorithm.pdf)

Wallus & Ko

TRIAGE CATEGORIES

- FOUR COMMON TRIAGE CATEGORIES
 - IMMEDIATE (RED TAG)
 - DELAYED (YELLOW TAG)
 - MINIMAL (GREEN TAG)
 - EXPECTANT (BLACK TAG)

DNP LEADERSHIP STUDENTS



ESTABLISHING COMMAND

- NOTIFY OTHER RESPONDERS.
- REQUEST NECESSARY RESOURCES.
- COMMAND SYSTEM ENSURES RESOURCES ARE COORDINATED
- COMMUNICATIONS: OFTEN THE KEY PROBLEM AT A MASS CASUALTY INCIDENT (MCI) OR DISASTER
- PROBLEMS SHOULD BE WORKED OUT BEFORE A DISASTER HAPPENS.
- PLAIN ENGLISH SHOULD BE USED.
 - AVOID USE OF SIGNALS AND CODES.

PARTNERING WITH SCHOOL OF INFORMATION



DISASTER SCENARIO

- TRAIN DERAILMENT
- MULTIPLE VICTIMS
- MUSCULOSKELETAL INJURIES
- HEAD TRAUMA
- LACERATIONS
- PEDIATRICS AND ADULTS

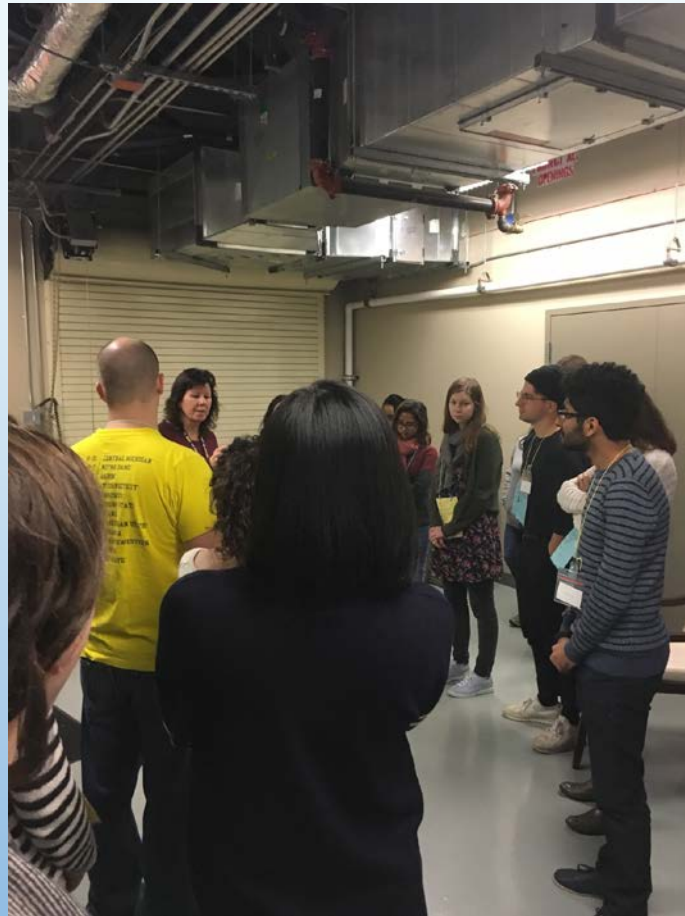
TECHNOLOGY CHALLENGES

- LENGTHY DATA ENTRY – TRAUMA NARRATOR
- LACK OF DATA ENTRY POINT OF CARE STATIONS
- MOBILE TECHNOLOGY
- PAPER BACK UP

DISASTER SCENARIO WALKTHROUGH



AMBULANCE ENTRANCE



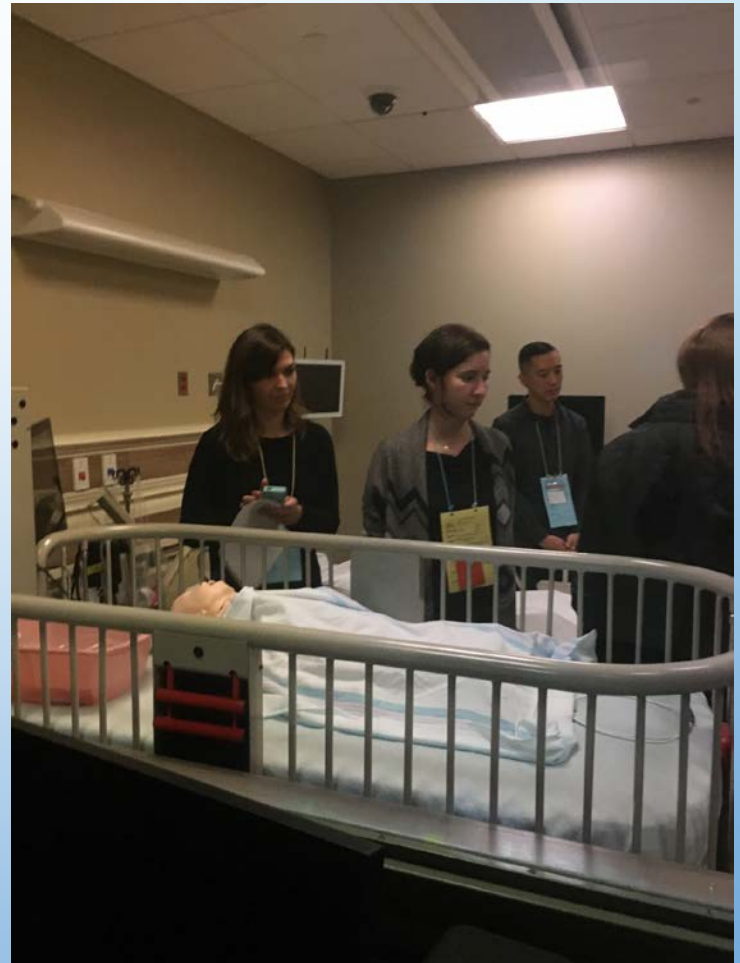
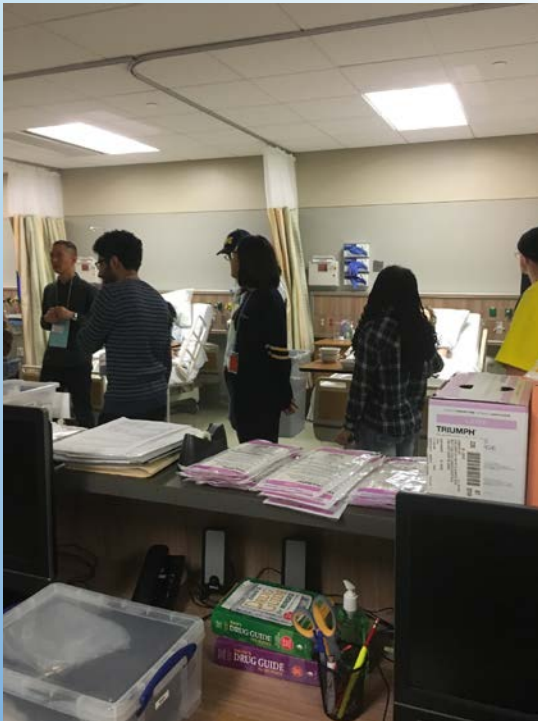
SECONDARY TRIAGE



TRIAGE CONDITIONS



EMERGENCY ROOM CARE



AFTER ACTION DEBRIEF



Question	Purpose
<ul style="list-style-type: none">• What was supposed to happen?• What actually happened?• Why were there differences?	These questions establish a common understanding of the work item under review. The facilitator should encourage and promote discussion around these questions. In particular, divergences from the plan should be explored.
<ul style="list-style-type: none">• What worked?• What didn't?• Why?	These questions generate reflection about the successes and failures during the course of the project, activity, event or task. The question 'Why?' generates understanding of the root causes of these successes and failures.
<ul style="list-style-type: none">• What would you do differently next time?	This question is intended to help identify specific actionable recommendations. The facilitator asks the team members for crisp and clear, achievable and future-oriented recommendations.

QUESTIONS/THOUGHTS/IDEAS

