



**Background:** Healthcare organizations face challenges in ensuring the successful transition of newly licensed registered nurses from academia to practice. The establishment of nurse residency programs (NRPs) within medical centers is foundational to the nurse graduates' transition with curriculums designed to support development as professional nurses (Warren, Perkins, & Greene, 2018). The integration of wellness into the NRP curriculum has the potential to mitigate stress, fatigue, and burnout of the new graduate nurse yet little is known about the harmonization of these efforts between academia and practice



**Goal:** To understand the state of the relationship between hospital-based Nurse Residency Programs and schools of nursing.

<b>Phase 1</b>	<b>Objective:</b> To assess the state of the literature regarding coordination between nurse residency program and academia wellness curriculums.
	<b>Methods:</b> We conducted a systematic review of the literature using the databases PubMed, Embase, Cochrane and CINAHL Plus with terms related to wellness, nurse residency programs and academia. The group completed a title, abstract and full text screening using Microsoft Excel. Elements to extract from each article were agreed upon by the team.
	<b>Results:</b> 338 records were identified with 4 duplicates, 334 titles were screened, of these 113 abstracts were screened, 31 underwent full text review. None answered the practice question.

<b>Phase 2</b>	<b>Objective:</b> Assess the face validity of a survey tool to explore wellness curricula in NRPs and Schools of Nursing (SONs) and any collaboration between the two.
	<b>Method:</b> Development of an open-ended questionnaire was informed by expert opinion and relevant literature. Six experts, three from academia and three from practice were invited to provide qualitative feedback. Of the six experts consulted, two academicians and two hospital educators provided feedback. All feedback was incorporated and the survey revised accordingly.
	<b>Results:</b> Feedback indicated the questionnaire may offer a valuable standardized assessment of the integration and collaboration of wellness within the NRPs and SONs. The team made minor modifications to flow, clarity, and scope of the questionnaire. The American Nurses Association definition of a healthy nurse and items related to new graduate retention and resource allocation was also included in a revised questionnaire.

**Discussion and Recommendations:** Although articles described wellness programs in academia or NRPs, no literature was identified that discussed the linkage between the two settings. Therefore, we recommend completing informant interviews and analyzing these data in order to create recommendations and disseminate the findings to contribute to the body of literature.