Baltimore City Division of Aging and Care Services Home and Community Based Services

April 17, 2023

Brandon M. Scott
Mayor, Baltimore City
Letitia Dzirasa, M.D.
Commissioner of Health, Baltimore City

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Agenda

- Welcome

- Baltimore City Older Adults Snapshot

- Baltimore City Health Department (BCHD) Programs and Services

- Additional Resources

- Questions and Discussion

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Trends and Demographics: *Residents aged 60 and over*

| Year	Population aged 60 and over
2011	106,425
2021	122,290

Data source: American Community Survey 1-year estimates, 2011 and 2021

Population aged 60 and over by race, Baltimore City, 2021

- Other 0.80%
- Asian 1.60%
- Two or more races 4.50%
- White 29.60%
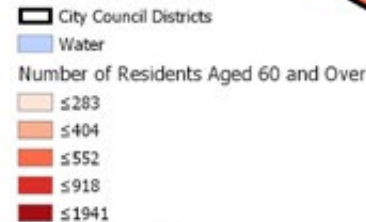- Black or African American 63.30%
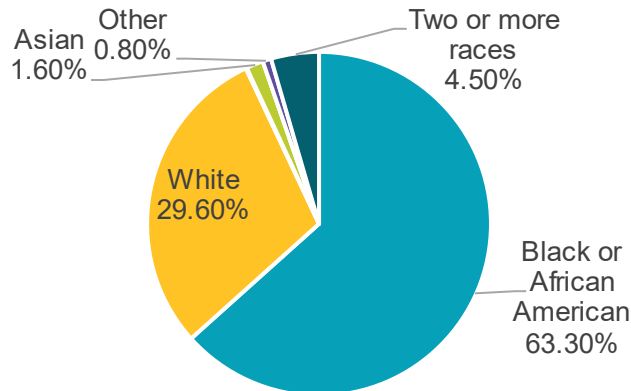
Data source: American Community Survey 2021 1-year estimates, American Indian and Alaska Native (0.10%) and Native Hawaiian or Other Pacific Islander (0.0%), not shown.

Number of Residents Aged 60 and Over by Census Tract, Baltimore City, 2014-2018

Legend
- City Council Districts
- Water

Number of Residents Aged 60 and Over
- ≤283
- ≤404
- ≤552
- ≤918
- ≤1941
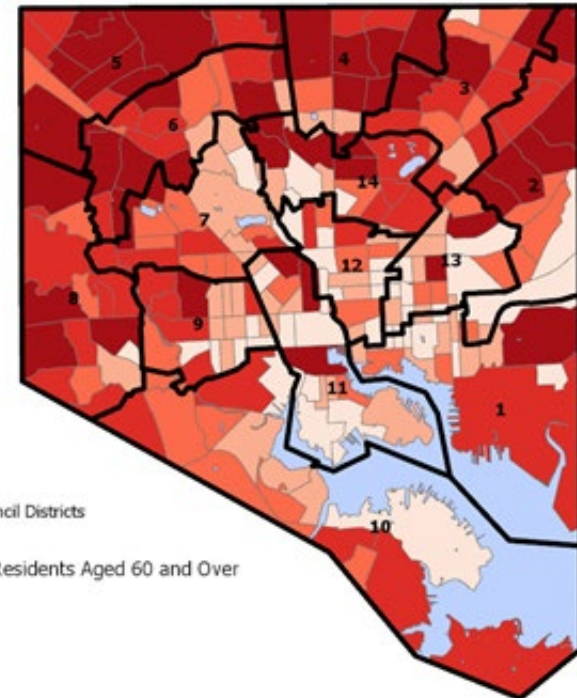
Note: Categories based on quintiles

N

0 1 2 4 Miles

Data source: American Community Survey 5-year Estimates (2014-2018).
Map prepared by Baltimore City Health Department (BCHD), January 21, 2020.

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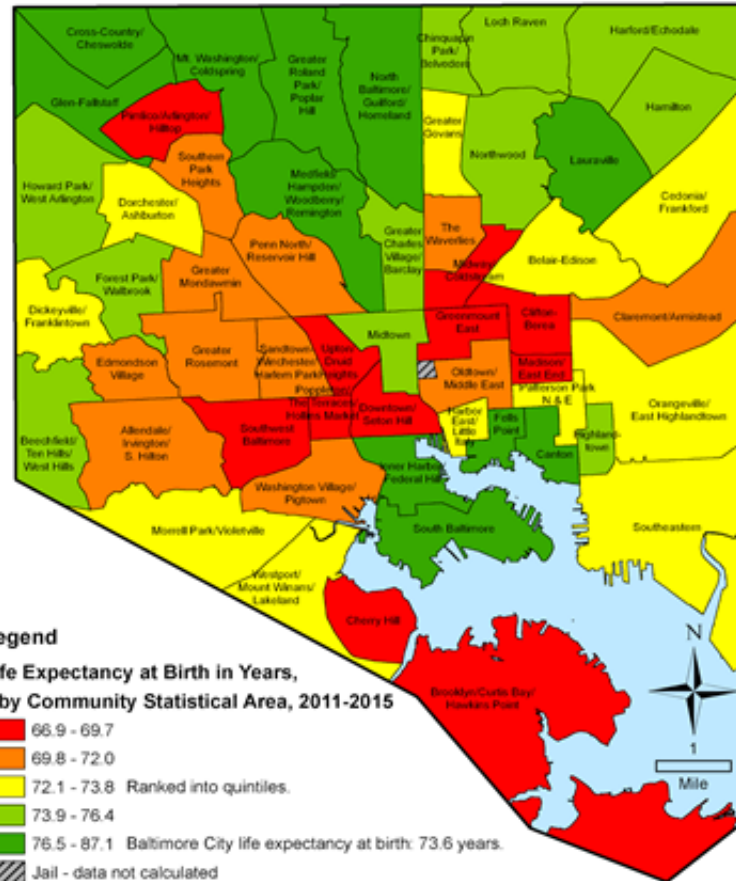*Letitia Dzirasa, M.D.*
Commissioner of Health, Baltimore City

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Life Expectancy

City Council District	Life Expectancy at Birth (years)
1	74.5
2	72.4
3	75.5
4	75.6
5	79.1
6	73.1
7	71.3
8	73.9
9	68.2
10	70.5
11	74.9
12	68.9
13	70.1
14	76.6

Data source: CDC National Center for Health Statistics, Life Expectancy 2010-2015

Life Expectancy at Birth in Years, Baltimore City, 2011-2015

Legend

Life Expectancy at Birth in Years, by Community Statistical Area, 2011-2015

- 66.9 - 69.7
- 69.8 - 72.0
- 72.1 - 73.8 Ranked into quintiles.
- 73.9 - 76.4
- 76.5 - 87.1 Baltimore City life expectancy at birth: 73.6 years.
- Jail - data not calculated

Prepared by the Office of Epidemiology Services, Baltimore City Health Department, January 2018. BCHD calculations of data from the Maryland Department of Health, Vital Statistics Administration.

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Commission on Aging and Retirement Services (CARE)

Eighteen-member mayoral appointment Commission that serves as the Advisory and advocacy body for the City

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Baltimore City's Area Agency on Aging

Area Agency on Aging (AAA) for Baltimore City, mandated by the *Older Americans Act* – is a system of services to help older adults age in place in the homes and communities of their choice.

Vision: An enhanced quality of life for older City residents.

Mission: Supports older adults in their aspirations to remain independent, healthy and in their own homes, and with the ability to participate in the life of their communities.

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Aging Services

Serving an estimated 23,000 older residents annually though 25 programs that aim to help older adults age in their place of choice:

- **Access to Care**
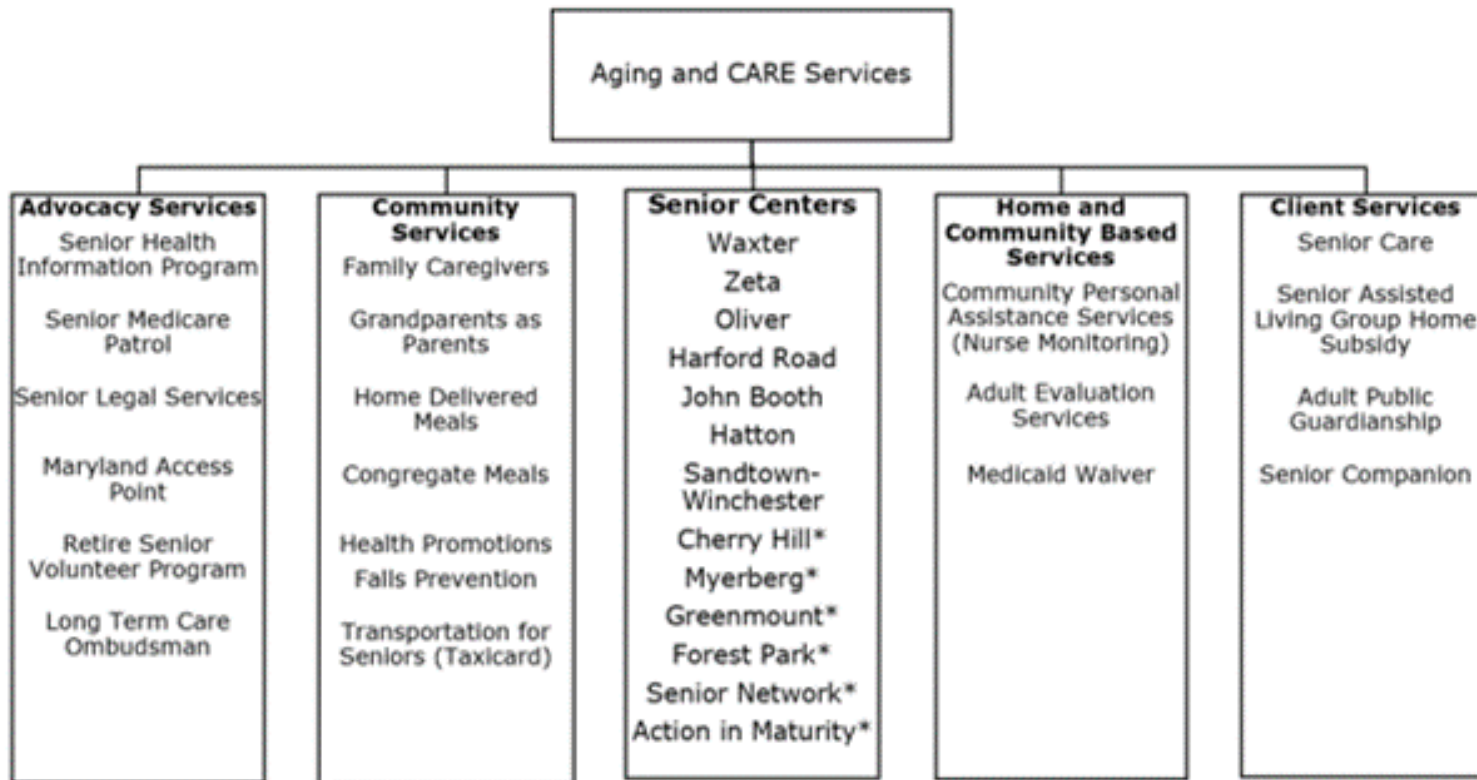- **Senior Centers**
- **Support the most vulnerable**

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Division of Aging and CARE Services

Aging and CARE Services

Advocacy Services
Senior Health Information Program

Senior Medicare Patrol

Senior Legal Services

Maryland Access Point

Retire Senior Volunteer Program

Long Term Care Ombudsman

Community Services
Family Caregivers

Grandparents as Parents

Home Delivered Meals

Congregate Meals

Health Promotions
Falls Prevention

Transportation for Seniors (Taxicard)

Senior Centers
Waxter

Zeta

Oliver

Harford Road

John Booth

Hatton

Sandtown-Winchester

Cherry Hill*

Myerberg*

Greenmount*

Forest Park*

Senior Network*

Action in Maturity*

Home and Community Based Services
Community Personal Assistance Services (Nurse Monitoring)

Adult Evaluation Services

Medicaid Waiver

Client Services
Senior Care

Senior Assisted Living Group Home Subsidy

Adult Public Guardianship

Senior Companion

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Health Inequities

Crude death rate is higher for Baltimore City compared to Maryland state.

(Data source: 2020 Maryland Vital Statistics Annual Report)

Life expectancy in Baltimore City is lower than the state average.

(Data source: 2020 Maryland Vital Statistics Annual Report)

The percent of residents 60 and older that are below 100% of the poverty level in Baltimore City is over double that of the state.

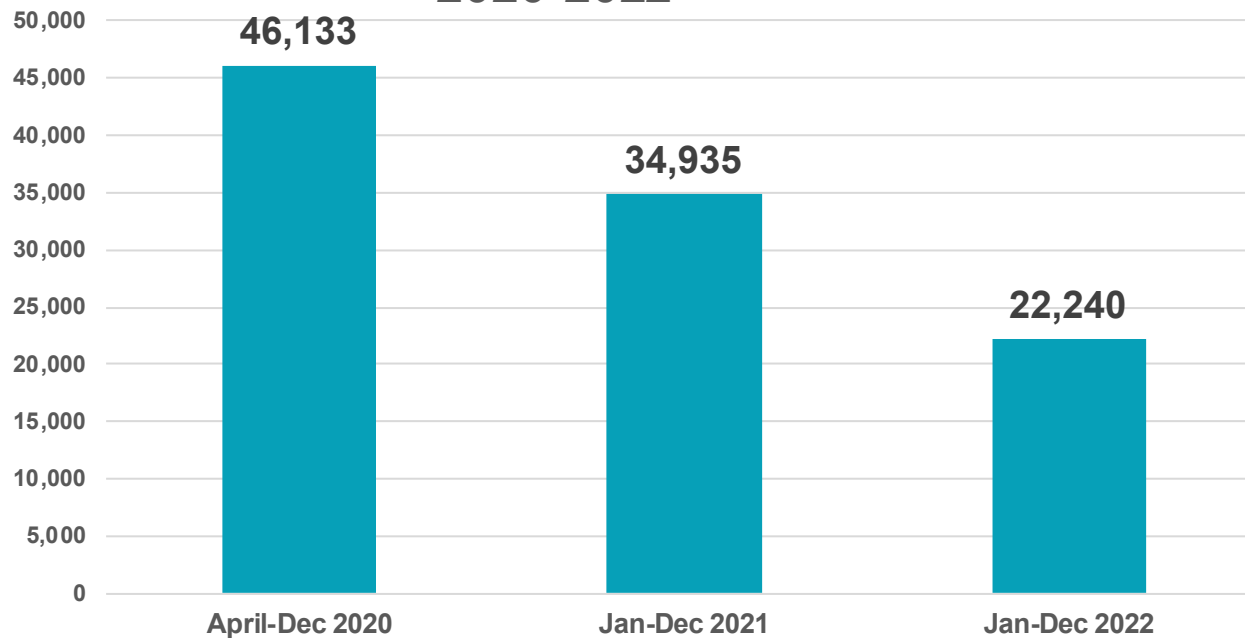(Data source: 2021 1-year American Community Survey estimates)

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Advocacy Services

- Maryland Access Point

- Long Term Care Ombudsman

- Retired Senior Volunteer Program (RSVP)

- State Health Insurance Assistance Program (SHIP)

- Senior Legal Services

- Transportation (TaxiCard Program)

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Maryland Access Point

- To access services and to be connected with resources

- Call 410-396-2273 (410-396-CARE) Monday- Friday 8:30 AM -4:30 PM.

- MAP staff will connect callers to all of the services and programs I will describe today.

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Advocacy Services: Maryland Access Point

- The Maryland Access Point serves as the City's Aging and Disability Resource Center
- Adults and their caregivers can call **(410) 396-2273** for support.

Baltimore City MAP Call Volume 2020-2022

Period	Call Volume
April-Dec 2020	46,133
Jan-Dec 2021	34,935
Jan-Dec 2022	22,240

Advocacy Services: Maryland Access Point

The top five needs for consumers contacting MAP (FY 2022 OAAPS)

- Health related (including Medicare inquiries)
- Food access
- Housing
- In-home care services
- Caregiver support

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Advocacy Services: Protecting the Rights of Vulnerable Older Adults

- In FY 2022, the LTC Ombudsman responded to 1577 complaints. 1371 were from SNFs; 206 were from ALFs.

- This was a significant increase from previous years.

- Private equity ownership is a growing trend in nursing home ownership in the City.

- The number of ALFs is growing in the City, including unlicensed ALFs.

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Community Services

- Nutrition Services
  - Home Delivered Meals
  - Congregate Meals (Eating Together)
  - Home Delivered Grocery Boxes
- Health Promotions
  - Evidence Based Classes
  - Virtual and in person
- Family Caregivers
  - Support caregivers of older adults
  - Support grandparents who care for their grandchildren

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Family Caregivers Grandparents as Parents

- Information Resource Fair
  - In partnership with Baltimore City Schools
- Family Caregivers Walk
  - Launched in 2021
- Family Caregiver Award Reception
- Family Caregiver Conference
  - Relaunching Fall 2023
- Family Caregiver Corner
- Support Groups
  - BDS Network
  - Coffee Tea & Me
  - Called To Care
  - MACAB
- Supplemental Services

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Senior Centers

Client Services

- Senior Care
- Senior Subsidy Assisted Living Program
- Senior Companion Program

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Home and Community Based Services Bureau

- Medicaid Home and Community Based Options Waiver (HCBOW)

- Adult Assessment and Review Services (AERS)

- Community Personal Assistance Services (CPAS)

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Medicaid Home and Community Based Options Waiver (HCBOW)

- Serves individuals who are medically, technically and financially eligible for Medicaid Waiver services who have been transitioned or diverted from a nursing facility.

- Person-Centered Planning (PCP) The PCP process is essential to assure that the participant's personal strengths, goals, risks and preferences are incorporated into service planning and reflected on the POS.

Home and Community Based Services Bureau

Adult Assessment and Review Services (AERS)

- Provides interRAI Assessments and Pre-Admission Screening and Resident Review (PASRR) for Medicaid recipients to determine eligibility for community-based services and provides services to persons who are at risk of institutionalization.

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Adult Assessment and Review Services (AERS)

- AERS interRAI Assessments are performed by Registered Nurses and Licensed Social Workers.

- The assessment may be conducted in the home or in the individual's current location

- All assessments are web-based and are completed utilizing the Long-Term Services and Supports (LTSS) system

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Home and Community Based Services Bureau

Adult Assessment and Review Services (AERS)

- Pre- Admission Screening and Resident Review (PASRR) screens individuals seeking nursing facility care and identifies the most appropriate and least restrictive services

- The Developmental Disabilities Administration – (DDA) administers PASRR for individuals with intellectual disabilities or related conditions (ID/RC),

- The Behavioral Health Administration – (BHA) administers PASRR for individuals with serious mental illness

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Community Personal Assistance Services (CPAS)

- Provides services for individuals who are medically, technically, and financially eligible and require assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADL).

- CPAS Nurse Monitoring is provided semi-annually

- CPAS does not have an age requirement for participation or a cost neutrality limitation

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Additional Home and Community Based Services

- Community First Choice (CFC) - A program created by Section 2401 of the Affordable Care Act (ACA) that allows states the option to offer certain community-based services as a state plan benefit to individuals who meet an institutional level of care.

- Increased Community Services (ICS) - A program included in the MDH 1115 waiver that allows individuals in institutions with incomes above 300% of Supplemental Security Income (SSI) to move into the community while also permitting them to keep income up to 300% of SSI.

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Additional **Home and Community Based Services**

- Money Follows the Person (MFP) - A demonstration authorized by the Deficit Reduction Act of 2005 and extended through the Affordable Care Act of 2010 offered through CMS as an opportunity for states to rebalance long-term care systems.

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Systems Navigation

- Contact Maryland Access Point (MAP) at 410-396-2273 (410-396-CARE) Monday- Friday 8:30 AM -4:30 PM.

- MAP staff complete a Level 1 phone screen, counsel potential clients and identify resources for which the client is potentially eligible.

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Systems Navigation (Application Assistance for Community Applicants)

- MAP staff can request the LHD complete an interRAI Home Care (HC) or interRAI Pediatric HC assessments

- The LHD will also create a recommended Plan of Care (POC) based on the assessment

- The supports planning provider will coordinate with the LHD to ensure that the assessment and recommended POC are completed

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Systems Navigation (Application Assistance for Applicants in a Nursing Facility)

- Options Counselors funded through the MFP Demonstration will assist nursing facility residents with accessing services and completing any required applications

- For individuals with long term care Medical Assistance, the MFP Options Counselor will complete and submit a waiver application to EDD through LTSSMaryland

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Systems Navigation (Coordination of Medical Eligibility Determination)

- All applicants will be assessed for medical eligibility for the CPAS, CFC, HCBOW and ICS programs by the LHD.

- All referrals to the LHD for the assessment will be made via LTSSMaryland. For individuals interested in CPAS or CFC services, he Department or the local MAP site will complete a referral for the medical eligibility determination.

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Systems Navigation (Developing a Plan of Service (POS)

- If the individual is determined to be medically eligible for the programs, the supports planning provider will meet with the applicant to develop a POS.

- The provider will submit the initial POS to the Department for review within 20 calendar days of completion of the assessment by the LHD.

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Systems Navigation (Applicants Transitioning from a Nursing Facility)

- The supports planning provider will assess the applicant's need for all items that are necessary to fully support the transition.

- If the applicant does not have a community residence identified, the provider will share information about available housing supports, including subsidized housing, permanent supportive housing and other affordable housing opportunities.

Home and Community Based Services Bureau

- Byron Pugh, Assistant Commissioner Home and Community Based Services Bureau
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  443-842-2650

- Rochelle Purnell, AERS and CPAS Nursing Supervisor Rochelle.Purnell@baltimorecity.gov
  410-396-6006

- Anita Clay-Stark, HCBOW Program Manager
  Anita.Clay@baltimorecity.gov
  410-370-1947

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Questions?

Thanks!

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