

# FAMILY SOCIAL INCLUSION: GLOBAL LEARNING FROM BRAZIL TO BALTIMORE



**Yolanda Ogbolu, PhD, CRNP-Neonatal, FAAN**

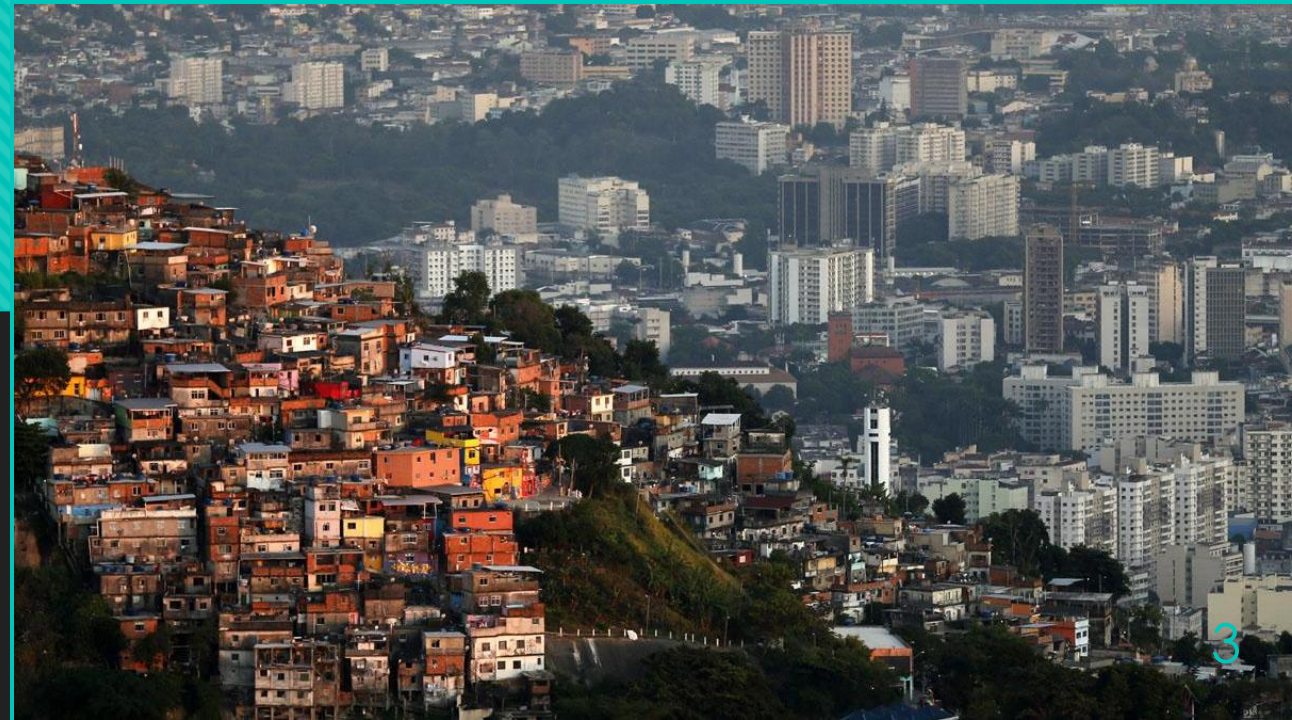
**Associate Professor and Chair, Partnerships, Professional  
Education and Practice**

**University of Maryland Baltimore, School of Nursing**

Baltimore, Maryland, USA

Rio de Janeiro, Brazil

Shared Challenges  
Shared Solutions







# Social Inclusion is central to health



Recruit marginalized families from health system



Baseline assessment



Co-Responsibility Agreement



Develop Individualized Family Action Plan (FAP)



Monthly Coaching, Support & access to SDOH resources over a 24 visits- 2years

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# From Brazil to Baltimore

**Working with Community Members to Understand and Act  
on  
Social Isolation in Baltimore**



# Phase 1-Community Voices

**“A lot of things scare us...**

it makes us not want to allow our kids to go to the recs that open because we fear that a drive by [shooting] or... standing in the doorway you can get shot.”

“I fear standing at the bus stop or going to the subway stations [because] **I’ll be caught up in somebody else’s mess.**”

# Community Voices & Contributions to Study

- Feedback on Social isolation and global learning- **Situational isolation**
- Testing survey instruments & virtual implementation
- Co-creating study content
  - Expanding ages of children to 0-5 years of age
  - Content for support groups
  - Dose of the intervention
  - **Belong to Baltimore**



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## Phase 2- Test adapted program

# Belong to Baltimore Study



Recruit families of children 0-5 yrs. from Baltimore for longitudinal cohort study



Social isolation, Community Sense of Belonging, SDH screening, Anxiety, Stress, Hope at baseline, 6 and 12 months



**Individualized Family Action Plan (FAP)- Health, Housing, Education, Income, Global Citizenship**



Monthly Coaching, Support groups, referral to SDOH resources over 24 visits/ 1 year





# Monthly Social Support Groups



**Goal Setting**

**Strength  
Awareness**

**Growth and  
Development**

**Self-Care**

**Entrepreneurship**

**Racism  
The Talk &  
Interactions with  
Police**

# Community Voices- at 6 months

**“Before coming to B2B,  
finding resources and  
someone to help was like  
searching under a rock in  
the middle of the ocean”**

**.....Cohort 1 Participant**

**“Having people call, check up  
on me and give me advice **has**  
**really helped me to stop,**  
**focus, think about what I**  
**really want to do”****

**.....Cohort 1 Participant**

# At study's end, What will be different?



Increased individual, community, and policy awareness of relationship between social inclusion and health



A proof of concept for global learning and lessons learned from working alongside marginalized families residing in Baltimore



Disseminated data to families, community organizations, researchers, and policymakers for use and promotion of social inclusion and social determinants of health approaches





# Meet the Belong to Baltimore (B2B) Team!

YOLANDA OGBOLU



Principal Investigator  
She / Her

BEVERLY ROBINSON



Program Manager  
She / Her

CHARLOTTE NWOGWUGWU



Co Investigator  
She / Her

JANETTE NORTH-KABORE



Program Manager  
She / Her

KELSIE CHALLENGER



Family Navigator  
She / Her

MARIDIAN SKYY GARCIA



Family Navigator  
They / Them

KRISTA BROOKS



Family Navigator  
She / Her

ANNIE COPLES



Family Navigator  
She / Her

DELEISHA ALSTON



Family Navigator  
She / Her