

Shattering Silence: Clinical Perspectives on Sexual Violence 1970 - 2020.

Ann Ottney Cain Lecture
University of Maryland Baltimore
Ann W. Burgess

Clinical at University of Maryland SON Circa 1959



Spring Grove State Hospital

- ▶ Half the group to psychiatric unit at Univ. Maryland and half to SGSH
- ▶ Open wards/Thorazine
- ▶ Harry Stack Sullivan's Interpersonal theory & Hildegard Peplau's Interpersonal Relations theory
- ▶ Post MS; taught diploma students rotating every 3 months at SGSH
- ▶ Moved back to Boston and BU for DNSc

Maryland university Hospital

Massachusetts Mental Health Center, Boston

- ▶ Boston Psychopathic Hospital, 1912; with additions in later decades including a therapeutic wing (1954) and research building (1957);
- ▶ Freudian framework
June Mellow's nurse psychotherapist program @ Boston University with a DNSc. One of the first doctoral programs



Rape through Art and Literature

- ▶ For centuries, the topic of rape thrived on silence, shame and prudery. Art and literature point this out to us.
- ▶ Not until the 1970s and second women's movement did the landscape begin to change.
- ▶ CR groups, rape crisis centers, emergency room and psychiatric nurses and women's' health centers picked up the drum beat to shatter the silence.
- ▶ Victims did not report, did not receive health care or counseling while predators committed their crimes with impunity.

Titian's "The Rape of Europa"



- ▶ Children watching in protest

"The Rape of the Sabine Women"



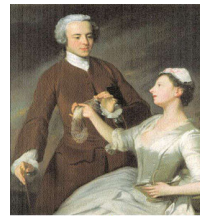
- ▶ Children watching and crying
- ▶ War and rape analysis by Susan Brown Miller's "Against Our Will"

Rape of Lucretia



- ▶ The rape of the virtuous noblewoman Lucretia was a starting point of events that led to overthrow of Roman Monarchy and establishment of Roman Republic.
- ▶ As a direct result of rape, Lucretia committed suicide.
- ▶ Many artists and writers were inspired by the story, including Shakespeare, Botticelli, Rembrandt, Dürer, Artemisia Gentileschi, Geoffrey Chaucer

Richardson's Clarissa (1747)

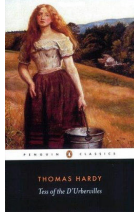


- ▶ Arguably the most significant 18th century classic is Samuel Richardson's 'epistolary' novel CLARISSA
- ▶ a very astute psychological portrait of a strong intelligent virtuous young woman who holds off her proudly ambitious upper middle class family and the aristocratic rake whom they favor for hundreds of pages while he woos her by correspondence, tricks her into joining him in order to escape her family, imprisons and seduces her in person to the very edge of love -- and then, since he can't stand the idea of being tied in marriage and she remains virtuously resistant to his anticipating marriage -- he drugs her and rapes her

SAMUEL RICHARDSON
Clarissa, or, The History of a Young Lady

Tess of the D'Urbervilles: A Pure Woman Thomas Hardy (1891)

- ▶ the classic 19th century rape novel-as-tragedy. The young Tess is seduced and abandoned by the aristocratic Alec early in the novel, and the novel traces her struggles to continue working and living after she is thus "ruined"; later she falls in love with and marries a "virtuous" man named Angel Clare.
- ▶ After the marriage he confesses a previous infidelity and she forgives him, confident that she can then at last tell him her secret.
- ▶ But he is too shocked by the revelation and abandons her for a time, during which she meets the original rapist again, who is (sort of) repentant, but in a strangely melodramatic frenzy she kills him before Angel can return, and is executed for murder at the end of the novel.



Rape Circa 13th -19th century: the Legal Principle

- ▶ Laws greatly shape public opinion and attitudes
- ▶ 17th century legal theorists
- ▶ Chief Justice Matthew Hale: "an accusation easily made and hard to be proved"
- ▶ John Wigmore's concern of unchaste women
- ▶ "She must go at once and when the deed is newly done, with the hue and cry, to the neighboring townships and show the injury done to her to men of good repute, the blood and her clothing stained with blood and her torn garments."
- ▶ If the accused man protests his innocence, the raped virgin must then have her body examined by four law-abiding women sworn to tell the truth as to whether she was defiled or is still a virgin
- ▶ This is still called "making a fresh complaint".

Cases that haunt me: Kitty Genovese

- ▶ On March 13, 1964, a 28-year-old woman named Catherine "Kitty" Genovese was raped and killed in two separate late-night attacks near her home in Kew Gardens, Queens
- ▶ The story was barely reported until two weeks later, when Martin Gansberg covered it in vivid detail in The New York Times: "For more than half an hour 38 respectable, law-abiding citizens in Queens watched a killer stalk and stab a woman in three separate attacks in Kew Gardens."



Case solved

- ▶ Later that week, there was suspected robbery by Winston Moseley, who was arrested
- ▶ Moseley drove a white Corvair; Witnesses of Kitty's murder reported seeing a white car
- ▶ Police accused him; he confessed
- ▶ Hands had scratches and cuts
- ▶ Had spotted Kitty at traffic light and followed her home
- ▶ Had been driving around Queens looking for a victim
- ▶ Married with three children; No prior record
- ▶ He confessed to several other rapes and two more murders
- ▶ Provided information only the murderer would know
- ▶ Sentenced to death; Reduced to a life sentence
- ▶ Check the location of the crimes
- ▶ SERIAL KILLER PATTERN

Location of the Murder

Alley where Kitty Genevese murdered



Close location of Moseley's home

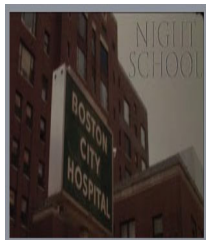


Rape History: Women's Rights Movement

- ▶ Anti-rape movement in the 1970s
- ▶ Concerns with legal recognition of women
- ▶ Consciousness raising or CR
- ▶ Discussion as an assertive act
- ▶ Sharing private experiences
- ▶ Part of women's lives throughout history
- ▶ 1971 New York Speak-Out on rape
- ▶ 1972 Berkeley BAWAR
- ▶ Ann Arbor, Washington, DC, Minneapolis, Boston, Memphis
- ▶ Volunteer model for victim services

Clinical Issues in the 1970

- ▶ The Rape Study at Boston City Hospital
- ▶ 146 people ages 3 to 73
- ▶ Over 1 year
- ▶ Interviewed by Burgess & Holmstrom
- ▶ 26 papers and 3 books
- ▶ Used Chicago style interviewing



Boston City Hospital Study: Classifying Sexual Trauma

- ▶ The study population consisted of all persons who entered the emergency ward of Boston City Hospital the one-year period with the complaint of having been raped.
- ▶ The sample was made up of 146 patients: 109 adults, 34 female children, and 3 male children.
- ▶ Classified 146 patients into **three sexual trauma** categories: 1) victims of forcible rape (either completed or attempted rape, usually the former), 2) victims pressured into sex due to their inability to consent; and 3) victims of sexually stressful sexual encounters to which they had initially consented but that went beyond their expectations and control.
- ▶ Data from 92 adult women ages 18-73 comprised the group who were diagnosed with rape trauma syndrome and were in the study.

Prevailing Rape Myths: Compare to 2020

- ▶ (1) false accusations of rape,
- ▶ (2) only certain women are raped,
- ▶ (3) victim-offender relationship,
- ▶ (4) violence of the assault,
- ▶ (5) resistance of the victim,
- ▶ (6) emotional response of the victim,
- ▶ (7) sexual history of the victim

Blitz v Confidence Style Rape

Blitz Rape

- ▶ Occurs out of the blue
- ▶ No interaction between victim and offender
- ▶ No explanation for offender's behavior
- ▶ Victims are usually strangers
- ▶ Surprise attacks outdoors or with victim sleeping indoors

Confidence Rape

- ▶ Assailant obtains sex under false pretenses - using deceit, betrayal, and often, violence
- ▶ Previous interaction existent between assailant and victim
- ▶ Linguistic strategies control the victim before, during and after rape
- ▶ Variations of the sexual confidence game are:
 - ▶ Capturing the victim
 - ▶ Knowing the victim
 - ▶ Controlling the victim

Glen Ridge Rape Trial: Question of Consent

BY KAREN HOUPPERT

Defense attorney: "Some people, not me . . . say that I'm retarded. Now, that's not true, is it?"
Young woman witness: "Well, a lot of people at school told me that."

DOn March 1, 1989, 13 teenage boys from Glen Ridge, New Jersey, persuaded a neighborhood teenage girl with mental disabilities to follow them home from a local park, where they'd been engaging in baseball practice. Promising the 17-year-old a date with a popular boy, they lured her into a rec room basement and asked her to address. She complied. When they asked her to give one of them a blow job, to spread her legs they could penetrate her vagina with a Vaseline-broomstick, a fungo bat, and a stick, she complied again. When they asked to suck on her breasts and told her to finger herself, she again obliged them.

"These were the boys. None of them might have been in."

Ann W. Burges

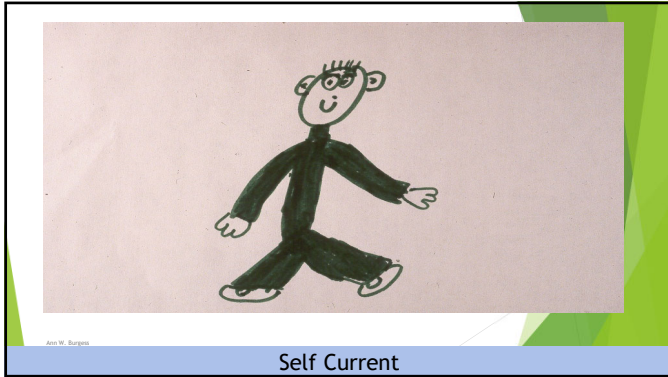


Glen Ridge Case

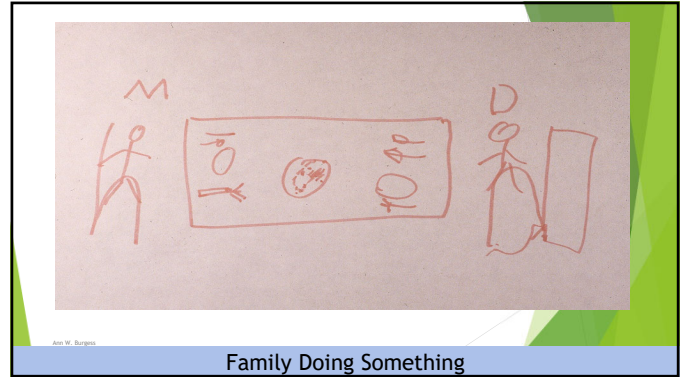


Ann W. Burges

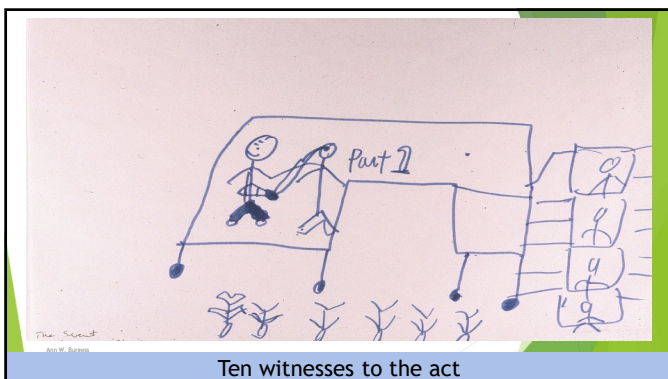
Self Younger



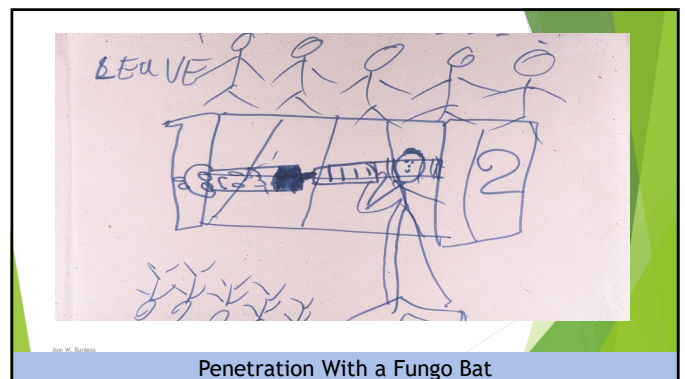
Self Current



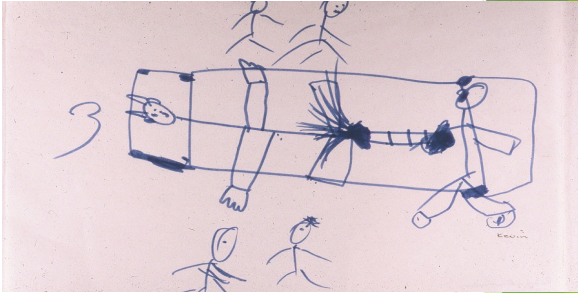
Family Doing Something



Ten witnesses to the act

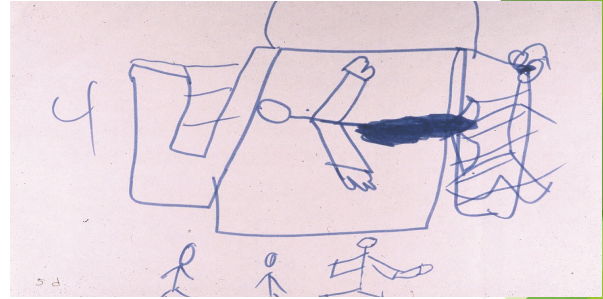


Penetration With a Fungo Bat



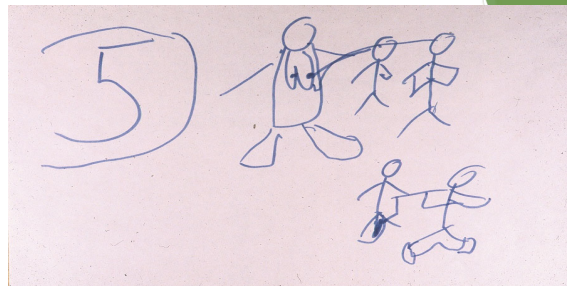
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A Broom Stick



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A Stick



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Glen Ridge Case



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Victim's perception of interview

COPING BEHAVIOR OF RAPE VICTIMS

- ▶ Study of 92 Adult Victims
- ▶ 4 Phases
 - ▶ Early Awareness
 - ▶ Threat of Attack
 - ▶ During Attack
 - ▶ After Attack
- ▶ Important to dive down into the incident for variation in behavior

TRAUMA THERAPY: Diagnosis

- | | |
|---|--|
| <ul style="list-style-type: none"> ▶ Rape trauma syndrome <ul style="list-style-type: none"> ▶ acute ▶ chronic ▶ silent ▶ compounded ▶ delayed <p>Published 1974 before DSM3</p> | <ul style="list-style-type: none"> ▶ Post-traumatic stress disorder <ul style="list-style-type: none"> ▶ Re-experiencing the trauma ▶ Avoidant symptoms ▶ Hyperarousal symptoms <p>Published in DSM 3</p> |
|---|--|

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Trauma Therapy: A Multidimensional Model

- | | |
|--|---|
| <ul style="list-style-type: none"> ▶ Principles of intervention ▶ Use of expressive therapies ▶ Outcome Evaluation <ul style="list-style-type: none"> ▶ physical recovery ▶ psychological recovery ▶ social recovery ▶ Forensic factors <ul style="list-style-type: none"> ▶ use of hospital records ▶ testimony in court | <ul style="list-style-type: none"> ▶ Self-Report Testing <ul style="list-style-type: none"> ▶ SCL-90R ▶ Beck Depression Scale ▶ Horowitz Impact of Event Scale ▶ Briere Trauma Symptom Inventory ▶ Working with family ▶ Major Approaches to Treatment <ul style="list-style-type: none"> ▶ Crisis Intervention ▶ Cognitive Behavioral Intervention ▶ Traditional Psychotherapy |
|--|---|

Ann W. Burgess

Legislative Gains in the 1970

- ▶ Legislation
- ▶ Laws greatly shape public opinion and attitudes
- ▶ 17th century legal theorists
- ▶ Chief Justice Matthew Hale: "an accusation easily made and hard to be proved"
- ▶ John Wigmore's concern of unchaste women
- ▶ Rape can make policy

National Center for the Prevention and Control of Rape

- ▶ Senator Charles Mathias of Maryland
- ▶ Introduced bill in 1973
- ▶ Passed by 93rd Congress
- ▶ Vetoes by President Ford
- ▶ Successfully reintroduced
- ▶ Public Law 94-63

February 21, 1974

CONGRESSIONAL RECORD—SENATE

S 2027

responsibilities for various and remote tasks they probably cannot accomplish, but look to be made many other things, giving the public a true picture of the condition of their stock. A price is set, on the whole, a neat prescription for corporate misdeeds.

THE MATTER OF STOCK OPTIONS
It is no secret that one of the reasons corporate executives are so concerned about the "Wall Street" regards their securities is that so many of them are the owners of stock options, and therefore have a personal interest in the matter. But should such an interest be permitted to exist? Why should corporate executives be permitted to trade in the securities of their own firm? There may be something to be said for executives owning stock in their corporations, but to recognize the right of executives to sell stock in their own companies—however this stock is acquired—is to create the favorable conditions for scandals involving "insider trading." Would it not be reasonable to insist that no executive be permitted to sell any of his stock in his company so long as he holds office?

I will be frank—I have been told that such restriction would make stock options meaningless, since corporate executives, not being wealthy men for the most part, have to sell their stock in order to get the money to exercise new stock options. But are stock options all that desirable anyway? It seems to me that many corporate executives suffer from a confusion of identity—they think that they are entitled to entrepreneurial rewards instead of merely managerial ones, which is to say, they think they have the right to become wealthy—that is, the hope behind stock options—not simply to be well

corporate president proudly announcing to his million unemployed Americans that he is reducing his salary by 20%—say, from \$200,000 a year to \$160,000 a year—add then wondering why no one is impressed with his self-imposed "sacrifice."

There is only one more that can, and should, and hopefully will be made—add, of course, deduct—these lines. But the point I wish to make is that the American corporation is in serious trouble, to which it is reacting in a largely irrational way, fiscal responsibility begins at home, and if the large corporation wishes to gain the trust of the American public, it has to consider what kinds of changes will make it more worthy of this trust. It is true that the corporation is in a worse condition than it deserves. But it is also true that this issue is not going to be changed by a mere change of "public relations." There is no reason why "Operation Clean" should be restricted to the White House.

NATIONAL CENTER FOR THE PREVENTION AND CONTROL OF RAPE
MR. MATHIAS. Mr. President, 6 months ago, I introduced S. 2422, a bill to establish a National Center for the Prevention and Control of Rape. Among the compelling reasons for this legislation was the 1972 FBI Uniform Crime Reports which clearly showed a steady and alarming increase in the volume of reported forcible rapes in America. Ten days after I introduced S. 2422, I was heartened by a Justice Department an-

19 of my colleagues have joined in co-sponsorship of S. 2422. At this time, I wish to express my appreciation to Senators Stevens, Moss, Stevenson, Andrews, Kennedy, Humphrey, Bell, Harris, Church, Chafee, Ewings, Chaworth, Monrath, Case, and Javors for joining with me on this important piece of legislation. I would also add that my bill was introduced in the House of Representatives by Representative H. John Heinz III, of Pennsylvania, and H.R. 10845 now enjoys the support of 51 Members of the House.

As recently as last evening, February 20, 1974, NBC television presented a frank and revealing picture of the problems encountered by a victim of rape. "A Case of Rape" vividly depicted both the mental and physical anguish the victim is forced to undergo both during as well as after the crime, and the psychological effects of the rape upon those around her. Yet what perhaps came across most clearly was the near impossibility of obtaining a conviction under our present laws. As was rather bitterly, yet possibly all too accurately pointed out by the prosecutor in the story, it might be fruitless to try a rape case unless the victim is a 20-year-old run with at least four dead wounds.

S. 2422 is aimed directly at this national shame and tragedy. As I said last

Rape can make policy: Mary Vincent, 15

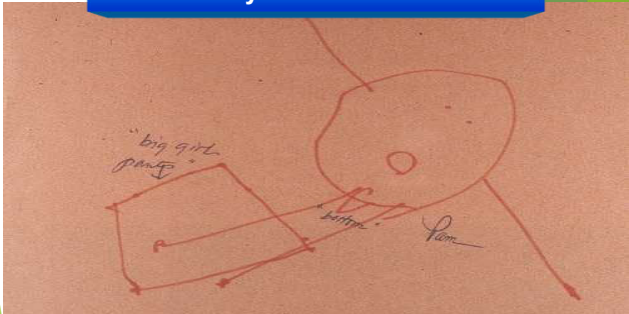
- ▶ on the 29th of September, 1978, 15-year-old Mary Vincent decided she was going to run away from home. Her parents were going through a divorce and she needed some time alone. Los Angeles was the destination
- ▶ Larry Singleton stopped to give her a ride in his van



Policy

- ▶ After raping and sodomizing Mary, Singleton severed both of her arms with a hatchet and threw her down a 30 foot culvert
- ▶ He believed that he had killed Mary and that nobody would ever know what he had just done. He was wrong.
- ▶ Mary Vincent was found stumbling down the road, nude, holding up her arms so that the muscles and blood would not fall out.
- ▶ Singleton sentenced to 14 years but only served 8 for "good behavior"
- ▶ After being released he murdered another woman.
- ▶ Singleton became a national symbol of the shortfalls within the criminal justice system. If laws had been less lenient then Lawrence Singleton would never have been released and Roxanne Hayes would still be alive.
- ▶ Policy on prison sentences changed from this case

Babysitter Civil Suit



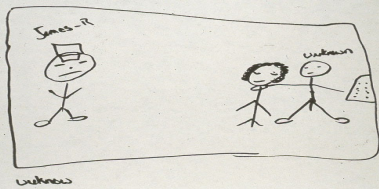
4 year old's drawing of twelve year old offender

Memory and Trauma

- ▶ NYC apartment building: James enters elevator with unidentified man
- ▶ 19-year-old pregnant woman choked after the elevator door shuts
- ▶ Wakes up on the building roof
- ▶ Draws two memories between being strangled
- ▶ Does survive to testify
- ▶ Bernard Goetz' victim-rapist

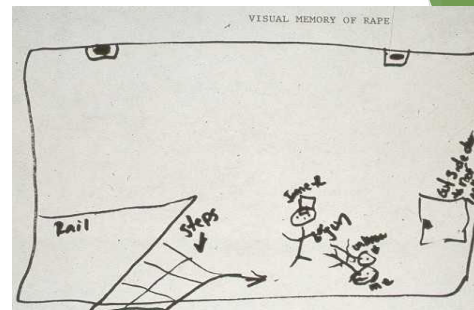
VISUAL MEMORY IN ELEVATOR

(1)



James in elevator, unidentified man chokes

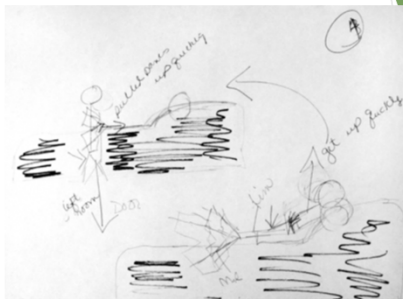
VISUAL MEMORY OF RAPE



James holding gun, unidentified man assaulting

Memory during anesthesia

- ▶ 19-year-old having dental surgery
- ▶ Wakes up several times
- ▶ Pushes dental assistant away
- ▶ Believes she was assaulted; tells parents and goes to police
- ▶ Man denies it until pregnancy; DNA trumps his denial



Baby in a Diaper Case

- ▶ 32-year-old admitted after stroke; 3 years in nursing home
- ▶ Around midnight, January 14, 2001 heard moaning; vomiting; in distress
- ▶ Nursing aide called to her room
- ▶ Pulled open diaper; saw meconium baby
- ▶ Cut cord; suctioned baby

Ann M. Burgess

Issues in the 1990s

- ▶ Forensic Nursing
- ▶ Victims were half of the equation; attention needed to focus on the offenders and preventing attacks.
- ▶ The FBI Academy was tasked with training their special agents in rape victimology.
- ▶ This was an opportunity to learn more about the criminal mind.

FORENSIC NURSING HISTORY 101

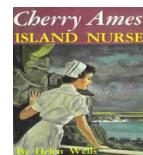
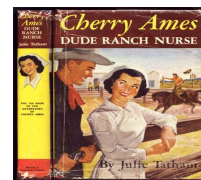


- ▶ Forensic nursing has been practiced in one form or another since the 18th century.
 - ▶ Midwives testifying on "virginity"
- ▶ The term "Forensic Nurse" was coined in 1992 by Virginia Lynch.
- ▶ International Association of Forensic Nurses was established in 1992.
- ▶ The ANA recognized forensic nursing as a subspecialty in 1995.

Florence Nightingale... the <true> first forensic nurse?



Cherry Ames.... paved the way to Forensic Nursing





False Allegation

- ▶ False statement of unwanted sexual contact
- ▶ Cases: Potiphar's wife accused Joseph when he mocked her; imprisoned for 2 years
- ▶ Tawana Brawley, 15, missing 4 days claimed gang raped by 4-6 whites
- ▶ Duke Lacrosse case

Ann W. Burgess

Murder and the role of dissociation

- ▶ Difference between dissociation of affect vs the targeted victim
- ▶ Trauma and its impact of memory and what attention is drawn to it at the time is the strongest anchor
- ▶ There are peripheral anchors

Cover of the Journal of Psychosocial Nursing



15 year old offender and his

Big Dan's Tavern Gang Rape Case, 1983

- ▶ Cheryl Ann Araujo, 21, gang-rape at age by four men on a tavern pool table
- ▶ No one called police: Bystander paralysis
- ▶ TV Viewers heard graphic descriptions of her assault, as well as the victim-blaming on cross examination
- ▶ Defense argued Araujo had consented, and that "one thing led to another."
- ▶ Single mom living with boy friend "What are you doing running around the streets getting raped?"
- ▶ the large Portuguese community of New Bedford felt the case was a catalyst for stirring ethnic discrimination



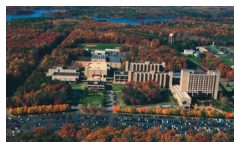
Understanding Serial Killers and Their Victims



Serial Killer Profiling Began by Victimology

FBI Academy in Quantico, VA

- ▶ Academy
 - ▶ Training Agents
 - ▶ Training Law Enforcement
 - ▶ Behavioral Science Unit (BSU) - Now Investigation Services (ISU)
- Invited to Lecture: AJN publication
- Discussed criminal personality study
- Started on a shoestring



Behavioral Science Unit

- ▶ Requests from Local Law Enforcement for help with random, no specific motive homicides
- ▶ Requests for help on serial rapists
- ▶ Wm Webster's directive "Train Agents on Rape and Rape victims"
- ▶ Wants the project to be a success; align with outside academics and experts
- ▶ No "shoe box" research



Study of 36 Sexual Killers from 20 State Prisons

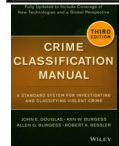
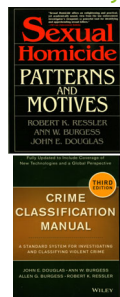
7 killed one victim
29 killed multiple victims

Total of 118 victims
200/250 Victims Suspected

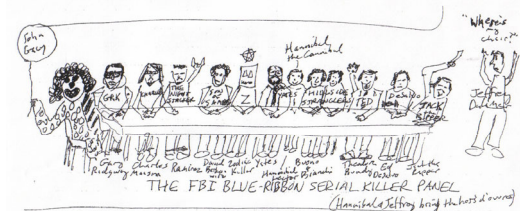


Textbooks from Criminal Personality Study

- ▶ Sexual Homicide Book
- ▶ Rape Investigation Book
- ▶ Crime Classification Manual
- ▶ Numerous Journal Articles



The FBI Blue-Ribbon Serial Killer Panel



Ann W.

By Mark Prothero

Issues in the 21st Century

- ▶ The study of sexual predators by analyzing crime scenes was based on the premise that facets of a criminal's personality are evident in his offense.
- ▶ Like a fingerprint, the crime scene can be used to aid in identifying the murderer.
- ▶ The findings were published in scientific journals as well as the crime book, "Mindhunter" named after the profiling unit at the FBI Academy.

#Me Too cases

- ▶ remarkably similar accounts of multiple women, who said that Bill Cosby gave them pills that rendered them unconscious or semi-conscious and then penetrated them, disclose Cosby's signature method, which showed his *intent* to penetrate Constand without consent in that instance—as distinct from a mere propensity to commit sexual assault.
- ▶ sheer number of women alleged to be victims of Harvey Weinstein, Charlie Rose, Matt Lauer and countless others, in the course of decades and generations, a basic concept of #MeToo is the power of numbers across time: the difference between a single victim, whose lone account might not be believed, and the choruses of "me too" that make each individual's account that much more believable.

#Me Too

From top left, Harvey Weinstein, Mark Halperin, Louis C.K., Charlie Rose, Matt Lauer, Glenn Thrush, Jeffrey Tambor, Dustin Hoffman, Russell Simmons and Kevin Spacey.

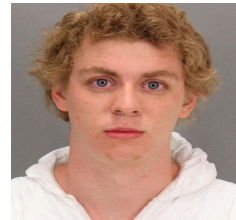


Bill Cosby, Larry Nasser, Matt Lauer



Brock Turner

- ▶ on January 18, 2015, when he sexually penetrated an intoxicated and unconscious 22-year-old woman (later called "Emily Doe") with his fingers
- ▶ Turner was apprehended by two Stanford International students from Sweden, who testified that they intervened because the woman appeared to be unconscious



Victim Statement

- ▶ The victim impact statement to the court was also widely disseminated by international media outlets, fueling a resurgence of the wider debate regarding the epidemic of campus sexual assault overall.
- ▶ Her statement described her suffering in vivid detail, dissecting and criticizing Turner's actions both during and after the assault, and criticizing the probation department's recommendation of a short sentence for Turner.



Mattress Girl

- ▶ During her senior year at Columbia University, Emma Sulkowicz carried a 50-pound mattress around wherever she went, a performance-art project, "Carry That Weight," representing that the man who Sulkowicz said raped her walked free on campus.



Rape 1970 - 2020: A Review

- ▶ Rape, until the 1970s, thrived on prudery, misunderstanding, and silence.
- ▶ It was not until the 1980s that academic and scientific publications on the subject multiplied.
- ▶ But despite increased attention to the public health issue, statistics haven't budged much.
- ▶ Between 25-30% of females and 10% of males will be sexually assaulted over their life span and more than half will never report the crime to law enforcement.
- ▶ Rape does not discriminate by age. Victims can be as young as toddlers and as old as seniors in nursing homes.

First and foremost...
when in doubt...
look like you know what you are doing....
(because you probably do...!)



Mentorship

► The mentor and the protégé honor the often unspoken commitment of growing and nurturing the fledging into a soaring eagle.



Criminal Minds and Profiling



Meeting Dr. Wendy Carr

