



UNIVERSITY *of* MARYLAND

SCHOOL OF NURSING

Guidance on Space Heaters

While personal comfort is very important, **space heaters are not permitted in the School of Nursing building** because they frequently overload electrical circuits and pose safety risks.

Why Space Heaters Are Not Allowed

- High electrical demand can overload building circuits.
- Circuit breakers may trip, causing power loss to offices, suites, or entire floors.
- Increased fire risk and potential damage to building electrical infrastructure.
- Operational disruptions for classes, research activities, and administrative work.

Recommended Low-Energy Alternatives

- **Heated Foot Warmer Mat:** Provides localized warmth at floor level while using minimal electricity.
- **Electric Heating Pad:** Can be placed on a chair or lap to provide personal warmth while seated.
- **Heated Desk or Mouse Pad:** Keeps hands warm while working and uses very little electricity.

If Your Office Temperature Feels Too Cold

- Dress in layers during colder months.
- Keep office doors closed to maintain temperature.
- Submit a request through the UMSON Facilities Help Desk if temperatures remain outside comfortable ranges so Facilities can assess HVAC performance and adjust.