

EMPLOYEES WORKING ON UMB'S CAMPUS

PROTECTING MYSELF AND OTHERS FROM COVID-19

CHECK TWICE A DAY FOR:



FEVER



COUGH



SHORTNESS OF BREATH

Other COVID-19 symptoms may include: sore throat, fatigue, aches, loss of taste, and loss of smell.

UMB COVID-19 HOTLINE: 800-701-9863

Call the UMB COVID-19 Hotline with questions or concerns about COVID-19, including if:

- › You are experiencing symptoms consistent with COVID-19
- › You have been exposed to COVID-19, including:
 - › exposure to a co-worker with COVID-19
 - › community exposure to COVID-19
 - › exposure to a patient with COVID-19 without appropriate protective equipment
- › You receive a diagnosis of COVID-19
- › A doctor recommends that you quarantine
- › A COVID-19 test is taken
- › You have concerns about recent travel related to COVID-19

IF YOU HAVE SYMPTOMS OF COVID-19:

- › Stay home
- › Separate yourself from others
- › Wear a cloth face mask
- › Clean your hands often
- › Clean and disinfect surfaces

EMPLOYEES NOT WORKING ON CAMPUS:

Employees working remotely who are experiencing symptoms of, believe they have been exposed to, or have been diagnosed with COVID-19 should contact their primary care physician for medical advice. Employees working remotely should also contact **UMB Human Resource Services** at **410-706-2606** to receive support.

For more information, visit:
coronavirus.gov
umaryland.edu/coronavirus

