EMPLOYEES WORKING ON UMB’S CAMPUS

PROTECTING MYSELF AND OTHERS FROM COVID-19

CHECK TWICE A DAY FOR:

FEVER
COUGH
SHORTNESS OF BREATH

Other COVID-19 symptoms may include: sore throat, fatigue, aches, loss of taste, and loss of smell.

UMB COVID-19 HOTLINE: 800-701-9863

Call the UMB COVID-19 Hotline with questions or concerns about COVID-19, including if:

› You are experiencing symptoms consistent with COVID-19
› You have been exposed to COVID-19, including:
   › exposure to a co-worker with COVID-19
   › community exposure to COVID-19
   › exposure to a patient with COVID-19 without appropriate protective equipment
› You receive a diagnosis of COVID-19
› A doctor recommends that you quarantine
› A COVID-19 test is taken
› You have concerns about recent travel related to COVID-19

IF YOU HAVE SYMPTOMS OF COVID-19:

› Stay home
› Separate yourself from others
› Wear a cloth face mask
› Clean your hands often
› Clean and disinfect surfaces

EMPLOYEES NOT WORKING ON CAMPUS:

Employees working remotely who are experiencing symptoms of, believe they have been exposed to, or have been diagnosed with COVID-19 should contact their primary care physician for medical advice. Employees working remotely should also contact UMB Human Resource Services at 410-706-2606 to receive support.

For more information, visit:
coronavirus.gov
umaryland.edu/coronavirus