WEBVTT

1

00:00:00.000 --> 00:00:00.960

He's

2

00:00:03.930 --> 00:00:29.520

Ayamba Ayuk-Brown: all right. I would like to introduce you to our speaker, Dr. David Bakluni, who is an assistant professor in the public health program at Morgan, State University School of Community health and Policy. He's well known in the research community for his perspectives on storytelling and community research, and we are incredibly incredibly excited to have him share those perspectives with us today, Dr. Boule, Knight? It's all yours.

3

00:00:29.910 --> 00:00:31.189

David Fakunle: Go,

4

00:00:31.340 --> 00:00:33.319

David Fakunle: Hey, everybody! How are you doing

5

00:00:33.610 --> 00:00:37.389

David Fakunle: so? We don't have a lot of time, and I got a lot to say, so we don't get right to it all right.

6

00:00:37.830 --> 00:00:38.930

David Fakunle: Grow

7

00:00:39.640 --> 00:00:57.049

David Fakunle: So one of the things that I like to say is still a sign that you call Well, no, I guess that's true. But if i'm not like whoever know me um that part of the story, and uh, you know, all I can do is be grateful for that.

8

00:00:57.060 --> 00:01:05.079

David Fakunle: But it's great to see you all great to be a part of this, and hopefully, i'll learn at least one thing if I can teach. I want it, and I've done my job

9

00:01:05.090 --> 00:01:06.229

David Fakunle: all right,

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00:01:10.770 --> 00:01:14.820

David Fakunle: all right. So I call this presentation crafting it narrative because

11

00:01:15.580 --> 00:01:21.409

David Fakunle: you all are in that part of the journey during that update in

12

00:01:21.550 --> 00:01:30.820

David Fakunle: It's all about craft in the narrative, and all I want you to do is be very intentional about this process. Yes, you need to

13

00:01:30.830 --> 00:01:41.689

David Fakunle: show your aptitude to be competent researchers. Those who are in the dissertation phase, let me tell you right now. The only thing that you need to prove is that you are.

14

00:01:41.700 --> 00:01:42.860

David Fakunle: That's it.

15

00:01:43.720 --> 00:01:47.140

David Fakunle: It should be some of the worst research you ever do,

16

00:01:47.300 --> 00:01:52.989

David Fakunle: because you only get better after you're done. So show your competencies as the researcher

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00:01:53.070 --> 00:01:55.490

David Fakunle: start crafting a story even off the beginning.

18

00:01:55.500 --> 00:01:56.399

David Fakunle: There.

19

00:01:57.150 --> 00:02:19.879

David Fakunle: I always like to give the kind of to redboard and a Viggo when I do this, because it was the foundation of a lot of my work as a teacher of storytelling. I've been doing so much for a long time, but something different, and this opportunity, which came out of South Africa to Brazil, following the Baltimore, was an opportunity for me to locate that a bit

20

00:02:20.420 --> 00:02:26.950

David Fakunle: storytelling, so i'm very grateful to you regular people for the part that you played in my church.

21

00:02:28.160 --> 00:02:47.430

David Fakunle: So when I kick off my my workshops I like to set the thing you'll notice there's a lot of things that I thought about in my presentation uh that in folk storytellers not just talking about storytelling itself, even if this is storytelling. Ah, what i'm going to do all day, so I like to

22

00:02:47.440 --> 00:02:51.880

David Fakunle: way to like to set the scene and start breaking the height, because you all don't know me,

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00:02:52.020 --> 00:02:53.410

David Fakunle: and I don't know you.

24

00:02:53.530 --> 00:02:55.130

So i'm going to.

25

00:02:55.760 --> 00:02:59.439

David Fakunle: What I want you to think about.

26

00:02:59.510 --> 00:03:04.070

David Fakunle: What I want you to do right now is to think about what your superpower would be.

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00:03:04.460 --> 00:03:09.050

David Fakunle: If you have any super power in the world, you can have any super power in the multiverse

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00:03:09.060 --> 00:03:10.920

David Fakunle: You have a need to go power in the universe.

29

00:03:10.960 --> 00:03:12.820

David Fakunle: What would it be? And why?

30

00:03:13.620 --> 00:03:19.690

David Fakunle: For me it would be the abilities of nightcrawler, particularly the ability of teleportation.

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00:03:19.700 --> 00:03:21.710

David Fakunle: I have two reasons with it.

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00:03:22.350 --> 00:03:23.700

David Fakunle: The reason

33

00:03:23.740 --> 00:03:31.700

David Fakunle: it's reason number one. It's back in my twentys. If I had the ability of teleportation I would have had a lot more fun than I already did.

34

00:03:32.000 --> 00:03:43.600

David Fakunle: And now, in my thirtys, if I had a teleportation I wouldn't have to worry about. They're catching flights. I won't have to worry about taking a train. I would have to worry about gas. I wouldn't worry about traffic,

35

00:03:48.210 --> 00:03:55.670

David Fakunle: so it's become a very practical superpower that I was, but nevertheless a superpower that I would very much enjoy.

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00:03:55.680 --> 00:04:15.539

David Fakunle: So as we go through the workshop, please feel free to introduce yourself.

37

00:04:15.610 --> 00:04:32.639

David Fakunle: I want you to write with people in mind. I want you to write with the narrative in My, because that's what's doing. And this is coming from someone who's done in the phase that we're supposed to do with research, and I can tell you what matters the most. It's the connection with this spoil alerts what us

38

00:04:32.650 --> 00:04:34.879

David Fakunle: next? Fifty minutes that we got together.

39

00:04:35.780 --> 00:04:40.059

David Fakunle: This is the context that I like to introduce when I do my work.

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00:04:40.430 --> 00:04:47.490

David Fakunle: Yes, you may know of the name Dr. David Focal lay, and yes, you got a brief rundown of my biography, but that

41

00:04:49.210 --> 00:04:50.410

David Fakunle: this part of it

42

00:04:51.530 --> 00:04:57.170

David Fakunle: he plays his role. I accept that, I acknowledged, and I appreciate it all. This is what matters to me.

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00:04:57.260 --> 00:05:03.480

David Fakunle: So I want you to know that I have a wife who puts up with me, and I love her very much.

44

00:05:03.840 --> 00:05:07.310

David Fakunle: I have a son who I put up with, and I love him very much.

45

00:05:07.460 --> 00:05:25.699

David Fakunle: I have two parents who put up with me, and I put up with them

46

00:05:26.570 --> 00:05:33.560

David Fakunle: of this makes up the tapestry of who I am, and as a storage dollar in any space,

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00:05:33.800 --> 00:05:39.920

David Fakunle: take every opportunity and utilize every aspect of my power to tell people who I am,

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00:05:40.170 --> 00:05:44.299

David Fakunle: of who I am, and I encourage you all to do the same.

49

00:05:44.390 --> 00:05:52.340

David Fakunle: You can do this in a dissertation in the beginning of my dissertation I give homage to all of these people.

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00:05:52.500 --> 00:06:00.389

David Fakunle: My wife, my son, my parents, my sister, my ancestors, because the reason that dissertation was written was because of them.

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00:06:00.490 --> 00:06:14.409

David Fakunle: It was not because of any class, but that's what they happened. It was because of them, so I wanted them to know as well as anyone who dare read my dissertation to know that you are reading something that is a reflection of the love of all these people,

52

00:06:15.460 --> 00:06:20.260

David Fakunle: even before they turn any page to any analysis that I've done. I've set the phone.

53

00:06:20.740 --> 00:06:23.079

David Fakunle: This is what storytelling allows it to do.

54

00:06:23.230 --> 00:06:27.030

David Fakunle: I take every opportunity to let people know who you truly are. It makes it use different.

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00:06:27.980 --> 00:06:43.099

David Fakunle: So in your minds I want you to think of a story that made you happy. Maybe it made you angry. Perhaps it motivated you. Perhaps it made you think, or, most importantly, you never forgot the story. That's the thing I really want you to focus on.

56

00:06:43.110 --> 00:06:54.379

David Fakunle: So, no matter what the emotions were that you felt with that story, no matter what it called you to do or to think, or how it made you react or respond. If it's a story that's embedded in your memory,

57

00:06:54.680 --> 00:07:00.759

David Fakunle: it's a good story. That is the hallmark of a good story is one that you never forget.

58

00:07:00.840 --> 00:07:10.139

David Fakunle: So a story that I never forgot is the story of the yellow ribbon. So if you really thought that I was going to do a workshop or a storytelling, and not tell you a story. I don't know what you thought you were going to do.

59

00:07:10.150 --> 00:07:11.210

David Fakunle: So Here we go

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00:07:12.150 --> 00:07:29.989

David Fakunle: with the best of friends, and they did everything together. They were inseparable. One of the things that John always noticed about Mary that she always wore.

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00:07:30.000 --> 00:07:35.110

David Fakunle: And so he asked John, Mary, what's up with the what's up with the yellow ribbon? I never see you without it.

62

00:07:35.360 --> 00:07:39.219

David Fakunle: Mary would always play it all like. I don't worry about it. I'll tell you some other time.

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00:07:40.520 --> 00:07:47.429

David Fakunle: Elementary school, past middle school pads, high school pets. They went to college together, and they became more and friends they fell in love with.

64

00:07:47.880 --> 00:07:52.199

David Fakunle: So John and Mary, after they got their college degree, because we are promoting great education Here

65

00:07:52.250 --> 00:08:01.680

David Fakunle: they got married, and they had a beautiful wedding. Everybody attended. Everybody was on their best behavior. It was a beautiful event.

66

00:08:02.440 --> 00:08:10.589

David Fakunle: John and Mary are on their way to their honeymoon, and is just looking at his beautiful wife, and he's thinking i'm the luckiest man in the world. But there's something, Kathy,

67

00:08:10.600 --> 00:08:11.460

David Fakunle: all right,

68

00:08:11.680 --> 00:08:13.270

David Fakunle: and so he has baby

69

00:08:14.090 --> 00:08:16.100

with the yellow women around you that

70

00:08:16.110 --> 00:08:18.010

David Fakunle: now that I notice it

71

00:08:18.070 --> 00:08:25.860

David Fakunle: like the whole, like on the off of the wedding kind of revolved around that yellow ribbon like I realized why everything was yellow. Now,

72

00:08:26.450 --> 00:08:27.770

David Fakunle: what to do,

73

00:08:28.180 --> 00:08:37.220

David Fakunle: and very good is it all again? Don't worry about it. We're going on our honeymoon. We just had this beautiful wedding. We're starting the rest of our lives. I'll tell you some other time. We've got plenty of time,

74

00:08:37.740 --> 00:08:39.469

David Fakunle: and will you? To our pay?

75

00:08:39.970 --> 00:08:45.959

David Fakunle: They had children, they had successful careers, they had grandchildren, they had lives of fulfillment.

76

00:08:46.250 --> 00:08:48.510

David Fakunle: Now it's time for them to Park. The

77

00:08:49.410 --> 00:08:56.140

David Fakunle: John was sitting by Mary's bedside, and she's breathing very weakly.

78

00:08:56.310 --> 00:08:58.780

David Fakunle: He knows that the time is there,

79

00:08:59.300 --> 00:09:04.019

David Fakunle: and he's just holding her hand, and he's looking at her, and he's the second of all of the memories that he had

80

00:09:04.130 --> 00:09:05.910

David Fakunle: with their lives together,

81

00:09:06.370 --> 00:09:09.050

David Fakunle: and he leans over to her, and he says,

82

00:09:10.640 --> 00:09:14.390

David Fakunle: from the moment I first saw you I knew I was going to spend the rest of my life.

83

00:09:15.230 --> 00:09:17.620

David Fakunle: I know that you have to go.

84

00:09:19.000 --> 00:09:20.400

David Fakunle: It's out of.

85

00:09:21.030 --> 00:09:24.220

David Fakunle: Why do you wear the yellow ribbon around it?

86

00:09:25.260 --> 00:09:31.320

David Fakunle: Mary turned to John very slowly, and she opened the eyes a little.

87

00:09:31.740 --> 00:09:33.079

David Fakunle: She said:

88

00:09:34.220 --> 00:09:37.080

David Fakunle: I loved you before I even knew what love was.

89

00:09:37.790 --> 00:09:39.860

David Fakunle: And because I love you,

90

00:09:39.950 --> 00:09:43.480

David Fakunle: I'm going to untie this women from around my neck.

91

00:09:44.390 --> 00:09:48.130

David Fakunle: And so Mary grab the end,

92

00:09:48.230 --> 00:09:50.910

David Fakunle: the ribbon, and she pulled them apart.

93

00:09:51.940 --> 00:09:53.269

Has the law

94

00:09:54.400 --> 00:10:03.580

David Fakunle: Now, why do I tell a story about somebody? T's going on? Because this was the first story I distinctly remember in my life.

95

00:10:04.070 --> 00:10:06.700

David Fakunle: It was polled by Mary Carter Smith, the

96

00:10:07.240 --> 00:10:24.710

David Fakunle: Mary Carter Smith, was about a time with Mellon's official brio that is now held by the esteemed Janice Kurz Great, who was also a mentee of Mary Carter Smith. I had the honor of connecting with Mary Carter Smith when I was ten years old at the national Grade Like to actually David Vaughn and I had

97

00:10:24.890 --> 00:10:26.580

David Fakunle: the nerve

98

00:10:26.830 --> 00:10:31.630

David Fakunle: to tell a story. That story. The yellow ribbon in her present,

99

00:10:32.050 --> 00:10:33.940

David Fakunle: not even knowing she was there.

100

00:10:34.490 --> 00:10:45.019

David Fakunle: She was so impressed by my rendition that she mentioned me on her radio show a radio show that she had for twenty five years at Morgan State University, called the Real for the Young and young at heart.

101

00:10:45.410 --> 00:10:47.259

David Fakunle: She told the story again,

102

00:10:47.380 --> 00:10:54.540

David Fakunle: and she eventually reached out to my mother and asked permission for me to go on to her radio show to read stories

103

00:10:55.960 --> 00:10:57.540

David Fakunle: all the while.

104

00:10:57.730 --> 00:11:00.829

David Fakunle: That beautiful home that you have for such a long time.

105

00:11:00.890 --> 00:11:05.470

David Fakunle: She was teaching me the art and the science of black storytelling.

106

00:11:06.150 --> 00:11:08.400

David Fakunle: This is the way that I put it. Think of

107

00:11:08.720 --> 00:11:14.320

David Fakunle: your field. Think of your interest, and think of the top person in that field

108

00:11:14.980 --> 00:11:18.930

David Fakunle: when it came to black storytelling. Mary Carter Smith was that person.

109

00:11:19.420 --> 00:11:21.509

David Fakunle: That's why I learned black storytelling from.

110

00:11:22.200 --> 00:11:23.660

David Fakunle: So for me

111

00:11:24.100 --> 00:11:29.810

David Fakunle: there was no better foundation for this art and size than the learning from her.

112

00:11:30.370 --> 00:11:38.500

David Fakunle: More importantly, she was a grandmother figure to me she was someone that gave me a lot of love, a lot of wisdom, a lot of time and entity, and

113

00:11:38.640 --> 00:11:43.239

David Fakunle: whether she do it or not. And I think she did. She changed the course of my life

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00:11:43.480 --> 00:11:44.800

David Fakunle: forever.

115

00:11:45.410 --> 00:11:47.399

David Fakunle: So this workshop,

116

00:11:47.590 --> 00:11:51.600

David Fakunle: with any presentation of storytelling that I ever do

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00:11:51.660 --> 00:11:54.089

David Fakunle: because of Mary Carter Smith. The

118

00:11:54.140 --> 00:12:06.190

David Fakunle: I know in research we talk about correlation and causation like correlation. There's not equal causation. This is causation, and I'm very honest and blessed that she is the cause of why I

119

00:12:06.220 --> 00:12:17.189

David Fakunle: She is the cause of why you are taking this workshop so as much as I thank her. I hope that a little part of you will thank her as well, because he made a hell of a difference in my life, and because of that

120

00:12:17.200 --> 00:12:18.870

David Fakunle: I want to make a difference in Europe.

121

00:12:19.500 --> 00:12:22.969

David Fakunle: The story of your work, and what's the story in your work?

122

00:12:22.980 --> 00:12:29.630

David Fakunle: You all are crafting your digitation as you are just doing your work in research in general. This is what I want you to think of.

123

00:12:29.680 --> 00:12:33.300

David Fakunle: You are telling a story, whether you realize it or not.

124

00:12:33.480 --> 00:12:42.319

David Fakunle: But now you're going to realize it, and I want you to be intentional about how that story is crafted, and what the purpose of the story is,

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00:12:45.940 --> 00:13:04.149

David Fakunle: I want to just make sure we're all grounded in public health, public health in my field. And yet there are many definitions of public health. Is anything related to the acknowledgment of

126

00:13:04.610 --> 00:13:06.090

David Fakunle: anything.

127

00:13:06.230 --> 00:13:12.019

David Fakunle: The reason I love public health is because anything can be public health, even storytellers.

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00:13:12.060 --> 00:13:20.189

David Fakunle: So when it comes to practice, research, education, activism, advocacy, messaging. You name it public health.

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00:13:20.740 --> 00:13:23.260

David Fakunle: There is a there is a connection to it.

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00:13:23.270 --> 00:13:28.490

David Fakunle: So the nebulous nature of public health suits someone like me

131

00:13:28.560 --> 00:13:48.020

David Fakunle: because it's built off of innovation. It's built off in ingenuity. It's built off of creativity. Now, did they necessarily realize how important storytelling was? No, but they created this space for me to help them. See how important storytelling it, and many people before me, because I would never take so

132

00:13:48.030 --> 00:13:49.470

David Fakunle: of an effort.

133

00:13:49.810 --> 00:13:53.900

David Fakunle: So let's talk real quick about why arts and culture, work and help. Storytelling is art.

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00:13:53.960 --> 00:13:56.010

David Fakunle: It is an expression of culture.

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00:13:56.360 --> 00:13:57.779

How and why it works.

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00:13:57.940 --> 00:13:59.040

David Fakunle: It does.

137

00:14:00.350 --> 00:14:04.059

David Fakunle: I know we're not used to such a simple answer as researchers.

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00:14:04.090 --> 00:14:05.250

David Fakunle: All right,

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00:14:05.280 --> 00:14:08.589

David Fakunle: humbly encourage you to embrace the simplicity of that answer.

140

00:14:08.600 --> 00:14:09.630

David Fakunle: It does.

141

00:14:11.020 --> 00:14:13.610

David Fakunle: The reason, you know, is because, you know,

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00:14:13.980 --> 00:14:17.430

David Fakunle: I challenge any of you to not have an experience,

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00:14:17.480 --> 00:14:23.330

David Fakunle: some form of artistic or cultural expression that has not made you feel better.

144

00:14:24.560 --> 00:14:26.199

David Fakunle: Anybody want to help me on that?

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00:14:26.390 --> 00:14:30.180

David Fakunle: If I don't say No, no, yeah, exactly. That's my point.

146

00:14:30.440 --> 00:14:32.290

David Fakunle: Experiential

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00:14:33.430 --> 00:14:34.780

cultures and experience.

148

00:14:34.880 --> 00:14:44.599

David Fakunle: So Yes, we want to put it in forms of the empirical space, and I get that. I'm a researcher. But there are just certain things that don't

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00:14:45.330 --> 00:14:57.240

David Fakunle: in that world, Arthur. Culture is one of them. We're trying and trust me, some of my work. A lot of my work is around that we want to try to do our best to operationalize this experience. We will only get so close, and we know this

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00:14:57.750 --> 00:14:59.680

David Fakunle: that we will only get so close.

151

00:14:59.860 --> 00:15:04.749

David Fakunle: Many cultures on this planet do not separate the concept of arts, culture, and health. They don't

152

00:15:05.020 --> 00:15:10.919

David Fakunle: The famous story that i'd like to tell is from one of my colleagues, Dr. Jill Sophie at the University of Florida. The

153

00:15:11.450 --> 00:15:26.920

David Fakunle: he was doing work in Uganda, and was looking to do health promotion to help messaging around. I think he's over, and he was trying to explain to local officials and local representatives about

154

00:15:28.260 --> 00:15:31.119

David Fakunle: culture and health as they were separate constructs

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00:15:31.170 --> 00:15:34.489

David Fakunle: Their reply was, It's all the same thing.

156

00:15:35.020 --> 00:15:38.750

David Fakunle: That was a revelation for her, and certainly a revelation for me

157

00:15:38.930 --> 00:15:44.710

David Fakunle: that the way that we express ourselves as human beings is directly to how we feel

158

00:15:45.080 --> 00:15:50.729

David Fakunle: arts and culture is a reflected of how we feel as individuals and as a collective.

159

00:15:51.080 --> 00:15:55.300

David Fakunle: So this idea that it needs to be separate is not one that we have to accept.

160

00:15:55.370 --> 00:16:02.029

David Fakunle: The idea of arts, and culture is simply for art and Culture's sake is a difficult. It is not. Usually

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00:16:02.400 --> 00:16:06.520

David Fakunle: there's usually a health connection where the conscious of unconscious

162

00:16:06.580 --> 00:16:09.419

David Fakunle: to cultural and artistic expressions.

163

00:16:09.570 --> 00:16:13.399

David Fakunle: So my focus will always be on doing it,

164

00:16:13.430 --> 00:16:23.089

David Fakunle: because I know it works storytelling work in public health. I don't need to write a paper, although I've done it to prove that I know from the stories that I have

165

00:16:23.700 --> 00:16:28.939

David Fakunle: a research, I would be my best to explain it, because it has values in the scientific state.

166

00:16:29.480 --> 00:16:42.099

David Fakunle: So that's why it's very important for me to give that background so that people don't think it's all flu. You know what I mean like. There's this to be grounding for all this like it has value. But don't let them see. Receive what you know inherently.

167

00:16:42.110 --> 00:16:47.870

David Fakunle: You're all human beings, I presume any aliens, any access to rest your life for them. It's cool if you are,

168

00:16:47.930 --> 00:16:52.559

David Fakunle: I want to build you cover. But my point is because you're all human. I'm presuming

169

00:16:52.570 --> 00:16:55.919

David Fakunle: that you all have this reference point in your own lives.

170

00:16:56.120 --> 00:17:00.409

David Fakunle: You have your own data set that's going to validate everything that I've just said. Here.

171

00:17:01.040 --> 00:17:09.140

David Fakunle: They need to go to a paper. They need to go to another conference. We know It's okay to accept our own wisdom, and that's what story something allows us to do.

172

00:17:09.740 --> 00:17:11.700

David Fakunle: The why stories of it.

173

00:17:13.010 --> 00:17:20.370

David Fakunle: The first step in the acquisition of wisdom is the second listening, the third memory, the fourth practice, the fifth teaching, other. The

174

00:17:21.339 --> 00:17:23.310

David Fakunle: storytelling is universal.

175

00:17:23.380 --> 00:17:26.529

David Fakunle: There are very few things in this world that feel universal.

176

00:17:26.550 --> 00:17:28.110

David Fakunle: Storytelling is one of them.

177

00:17:28.180 --> 00:17:32.559

David Fakunle: Every culture on this planet has some form of expressing a narrative.

178

00:17:32.810 --> 00:17:35.390

David Fakunle: It's a universal art form, and it's a universal science

179

00:17:35.400 --> 00:17:38.340

David Fakunle: that Yes, there was a science. Two stories about

180

00:17:38.650 --> 00:17:40.190

David Fakunle: voice is power.

181

00:17:40.250 --> 00:17:44.070

David Fakunle: When we get to tell our truth unapologetically,

182

00:17:44.130 --> 00:17:47.100

David Fakunle: there is a power that is generated from that

183

00:17:47.280 --> 00:17:50.119

David Fakunle: anytime we see forms of oppression,

184

00:17:50.180 --> 00:17:54.090

David Fakunle: lot of times. The first thing that will happen is we want to to press the stories,

185

00:17:55.150 --> 00:18:08.479

David Fakunle: so there is clearly power in the voice that we can share when we tell our story. But it is not this physical voice, and I know I can be very loud, but it is our metaphorical voice. It's our truth, it's our wisdom. It's our knowledge that power

186

00:18:08.580 --> 00:18:16.069

David Fakunle: as important as telling our story is listening is just as important, if not more important. Listening is acknowledgment,

187

00:18:16.280 --> 00:18:20.339

David Fakunle: and in most cases all people really want is to be acknowledged.

188

00:18:20.450 --> 00:18:22.690

David Fakunle: They want to know that someone sees them

189

00:18:22.700 --> 00:18:25.100

David Fakunle: again. Doctors physically,

190

00:18:25.620 --> 00:18:32.800

David Fakunle: experientially right, existentially. You see their existence. You acknowledge that they are who they are.

191

00:18:33.620 --> 00:18:37.009

David Fakunle: That leads me to this conclusion. Storytelling is mutually beneficial,

192

00:18:37.200 --> 00:18:49.910

David Fakunle: and I know that we don't see many situations in scenarios for things being mutually beneficial, because we seem one-sided storytelling is not that way. True storytelling is not that way.

193

00:18:50.000 --> 00:18:56.249

David Fakunle: So, as you think about your research, I want you to think about again. What is the power that you are exuding with your voice.

194

00:18:57.120 --> 00:19:00.590

David Fakunle: Who else who other voices? Are you a shooting?

195

00:19:00.600 --> 00:19:04.389

David Fakunle: What other? How are you doing through your voice? What other voices are being represented.

196

00:19:04.960 --> 00:19:06.949

David Fakunle: How much listening have you done

197

00:19:07.370 --> 00:19:10.480

David Fakunle: when it comes to crafting your narrative?

198

00:19:10.790 --> 00:19:16.640

David Fakunle: You reflecting what you've learned from others? And does your research benefit someone other than you.

199

00:19:17.890 --> 00:19:19.499

David Fakunle: I'm just going to get right to it.

200

00:19:19.870 --> 00:19:22.870

David Fakunle: Does the research benefit someone other than you?

201

00:19:29.790 --> 00:19:38.260

David Fakunle: I don't want to just do research to get more funding, to do more research, to get more funding, to do more research, to get more funding until I get tenure, and then i'm done

202

00:19:39.400 --> 00:19:41.500

David Fakunle: to me that accomplishes nothing.

203

00:19:42.280 --> 00:19:44.879

David Fakunle: I want my research to save lives.

204

00:19:46.330 --> 00:19:52.680

David Fakunle: So I got to make sure i'm doing everything that I can to make sure my research saves life. That's the point of the research.

205

00:19:53.150 --> 00:19:55.250

David Fakunle: So how that research is expressed

206

00:19:55.660 --> 00:19:58.499

David Fakunle: goes a long way to where they demand the

207

00:19:59.440 --> 00:20:02.910

David Fakunle: You've got it in the front of your mind, not the back, the front of your mind.

208

00:20:03.290 --> 00:20:05.199

David Fakunle: What makes the story a story?

209

00:20:05.630 --> 00:20:09.460

David Fakunle: Every story has a beginning, a middle, and an end.

210

00:20:09.840 --> 00:20:12.500

David Fakunle: I feel like we all knew that. But I'm just going to reiterate

211

00:20:12.790 --> 00:20:16.820

David Fakunle: the simplicity and the beauty of storytelling, beginning, middle end.

212

00:20:16.860 --> 00:20:21.560

David Fakunle: The plot is how we navigate from beginning to middle.

213

00:20:22.630 --> 00:20:27.089

David Fakunle: So my scientific writers out there. I hope that a lot of this sounds very familiar, because it should.

214

00:20:28.370 --> 00:20:30.569

David Fakunle: The critical elements of a story, the title,

215

00:20:31.080 --> 00:20:34.630

David Fakunle: the characters, the sceneries, the challenges, and the resolution.

216

00:20:34.720 --> 00:20:38.800

David Fakunle: So this is the way I like to raise the gap or make sure this is clear.

217

00:20:39.050 --> 00:20:47.010

David Fakunle: We all think about the title that we write for our research papers right? Because that's the first thing that people see when they consider actually reading our research papers.

218

00:20:47.110 --> 00:20:49.140

David Fakunle: It tells a story in itself.

219

00:20:49.260 --> 00:20:51.799

The characters in our research papers,

220

00:20:52.480 --> 00:20:59.730

David Fakunle: the researchers, our research team, the people that we serve, the populations that we're researching are the characters in our store,

221

00:21:00.170 --> 00:21:01.510

David Fakunle: the sceneries

222

00:21:01.830 --> 00:21:03.630

David Fakunle: where's the research taking place?

223

00:21:04.190 --> 00:21:05.919

David Fakunle: What's the catchment area?

224

00:21:06.070 --> 00:21:07.530

David Fakunle: That's our scenery,

225

00:21:07.590 --> 00:21:21.439

David Fakunle: the challenges and the resolutions. What a challenge is the question that you're trying to answer our hypotheses, our exploration? The resolution is the methodology and the discussion of what we actually did to get some sense of resolution to that challenge.

226

00:21:21.700 --> 00:21:26.549

David Fakunle: So the spirit of storytelling is already in research.

227

00:21:26.840 --> 00:21:30.789

David Fakunle: The only difference is, how intentional are we about this.

228

00:21:30.820 --> 00:21:34.980

David Fakunle: How much are we thinking about it? Not just as research, but as storytelling. The

229

00:21:35.270 --> 00:21:38.700

David Fakunle: The three are the storytelling reason, responsibility, and respect. The

230

00:21:39.150 --> 00:21:40.410

David Fakunle: reason

231

00:21:40.670 --> 00:21:44.330

David Fakunle: it should make sense. Let me go back real quick. It should make sense.

232

00:21:45.040 --> 00:21:49.819

David Fakunle: Your audience can understand what you are talking about. Then it doesn't make sense.

233

00:21:51.140 --> 00:21:58.640

David Fakunle: That goes for any audience, whether it's the audience or community members, whether it's the audience of lawmakers, whether it's the audience of other researchers that

234

00:21:58.900 --> 00:22:06.610

David Fakunle: researchers will nod their heads like they know what you're talking about all the time. So you really want to make sure that your research makes that

235

00:22:06.620 --> 00:22:08.389

David Fakunle: it has to be reasonable.

236

00:22:08.400 --> 00:22:14.070

David Fakunle: They're the responsibility. Like as scientists, we know this. There's a responsibility to finding truth right

237

00:22:14.110 --> 00:22:28.080

David Fakunle: There's a responsibility of telling a good story to make sure that your audience understands and takes everything away from the knowledge that you are trying to provide, and whether it's written down, or whether it's expressed,

238

00:22:28.310 --> 00:22:29.630

David Fakunle: and then respect

239

00:22:30.010 --> 00:22:31.889

David Fakunle: that to go without that.

240

00:22:31.970 --> 00:22:39.249

David Fakunle: Respect yourselves, respect your audience, respect the science, respect the story, respect, respect

241

00:22:40.420 --> 00:22:45.559

David Fakunle: five tools of storytelling, voice, body, mind, imagination, and connection.

242

00:22:46.110 --> 00:22:57.650

David Fakunle: So again, even though we may be thinking primarily about how we write down our stories. That's not the only way we disseminate. We know this. We go to conferences. We do seminars, we do workshops. We're disseminating our stuff all the time.

243

00:22:58.360 --> 00:23:01.000

David Fakunle: Think about all the tools that you could be using

244

00:23:01.080 --> 00:23:05.079

David Fakunle: to tell your story, and the question that I'm going to probe is, who's stopping you?

245

00:23:07.670 --> 00:23:08.900

David Fakunle: Who's stopping you?

246

00:23:09.340 --> 00:23:29.140

David Fakunle: I learned that a long time ago no one stopped at me. So if I want to tell a folktale from the African tradition before I go into my research, i'll do it, and I've done it, and i'll continue to do it If I want to do some African drumming to set the tone for my presentation, i'm going to do it. Why? Because I can't, and because of the reflection of me

247

00:23:29.150 --> 00:23:34.839

David Fakunle: no one stopped me. They loved the drumming, and they still understand everything. I'm talking about with the sign,

248

00:23:35.150 --> 00:23:37.359

David Fakunle: and yet it creates for a better environment.

249

00:23:37.370 --> 00:23:39.669

David Fakunle: So I truly want you to think who's stopping you.

250

00:23:39.960 --> 00:23:48.709

David Fakunle: I know that we understand that we're within a system and within our structure, and within a culture that told us like there is a box in which you have to find yourself.

251

00:23:49.510 --> 00:23:51.529

David Fakunle: I humbly say that's crap.

252

00:23:53.440 --> 00:23:57.049

David Fakunle: You can be your genuine self.

253

00:23:57.250 --> 00:24:01.139

David Fakunle: Be a good researcher at the same time.

254

00:24:01.210 --> 00:24:02.870

David Fakunle: You don't have to choose.

255

00:24:03.580 --> 00:24:09.990

David Fakunle: I learned that I doesn't have to choose. I can do both, and I can do both exceedingly well, and so can you.

256

00:24:10.010 --> 00:24:12.050

David Fakunle: Storytelling allows us to do that.

257

00:24:16.870 --> 00:24:34.420

David Fakunle: These two people are critically important to my story as Well, the reason I'm. A researcher is because of Dr. Andrew Peterson at Records University in the School of Social Work, and Dr. Yamala Diaz, who's at Nyu in the clinical psychology. I believe

258

00:24:34.530 --> 00:24:41.180

David Fakunle: I met Dr. Diaz when she was a grad student at the University of Maryland College Park, shot out Mary Clay. I see that, Mary, with flag in the back, love it?

259

00:24:43.100 --> 00:24:44.690

Huh! Yeah, we love, We love our flag.

260

00:24:44.700 --> 00:24:45.240

David Fakunle: The.

261

00:24:45.610 --> 00:24:54.490

David Fakunle: And she gave me the opportunity to be a part of a research program as an undergrad called project learn

262

00:24:54.530 --> 00:25:10.410

David Fakunle: surprising learn was specifically attuned to students of color introducing them to social science research. So she and a Latina went through Project Learn. They changed their life. She's one of the best-known researchers in adhd for youth in the World,

263

00:25:10.920 --> 00:25:20.499

David Fakunle: that's the best, and because of her. I met Dr. Peterson, as you can see, this big white guy in the Midwest who introduced me to tobacco outlet density.

264

00:25:20.720 --> 00:25:25.010

David Fakunle: Really one of the godfather of that field of drug epidemiology.

265

00:25:25.380 --> 00:25:44.970

David Fakunle: So it's the story that I was able to cultivate with these two people that allow for the stories that were cultivated at Project learning, which allow for the story that were cultivated at Don Hawkins, that you see where it's going right. There's all storytelling in action. So because they were able to make research relevant to me. That young black kids meet Baltimore.

266

00:25:45.290 --> 00:25:51.379

David Fakunle: That's why I found myself in research. It literally was a revelation because of these two people that day. You know what

267

00:25:58.590 --> 00:26:04.830

David Fakunle: this field of research. So again, when you think about your work, think about the people who got you to this point

268

00:26:05.140 --> 00:26:10.660

David Fakunle: like it should make you a little period right. It always makes me teary out because most of them I can still

269

00:26:11.130 --> 00:26:14.919

David Fakunle: appreciate in this realm that makes a difference.

270

00:26:15.740 --> 00:26:20.549

David Fakunle: So this story, and then there's telling both have values. If you didn't know what storytelling was,

271

00:26:22.990 --> 00:26:27.689

David Fakunle: appreciate the simplicity of all this, I beg you appreciate your simplicity.

272

00:26:28.100 --> 00:26:31.700

David Fakunle: So on the story, and tell me we have these made the questions that we asked,

273

00:26:32.120 --> 00:26:36.649

David Fakunle: Who? What, where, when, how and why.

274

00:26:37.470 --> 00:26:38.540

David Fakunle: All right.

275

00:26:39.130 --> 00:26:44.689

David Fakunle: I may upset some people right now, and it's not intentional, but i'm going to really kind of break it down for you. Here we go.

276

00:26:47.020 --> 00:26:50.520

David Fakunle: Quantitative research answers the questions, Who?

277

00:26:50.770 --> 00:26:53.749

David Fakunle: What, where, and when?

278

00:26:56.210 --> 00:27:05.040

David Fakunle: The most important questions that we have in pretty much all of science, whether it's social science, earth, sciences, Life, Science is what doesn't matter or how?

279

00:27:05.190 --> 00:27:06.470

David Fakunle: Why?

280

00:27:07.130 --> 00:27:12.770

David Fakunle: Why? Is the question that we ask as children as babies? We ask, Why?

281

00:27:13.600 --> 00:27:19.479

David Fakunle: The only way. Yes, i'm telling you I'm trying to save you a lot of stress, anxiety,

282

00:27:19.540 --> 00:27:23.599

David Fakunle: frustration, and anger by just giving you the answer Now

283

00:27:24.140 --> 00:27:28.379

David Fakunle: the only way that she will answer the question,

284

00:27:28.960 --> 00:27:35.729

David Fakunle: Why, in the field of public health, or really, a lot of health rises. Really, anything dealing with human being

285

00:27:36.110 --> 00:27:39.520

David Fakunle: is through qualitative data,

286

00:27:40.090 --> 00:27:42.570

David Fakunle: ie. Story.

287

00:27:43.920 --> 00:27:46.820

David Fakunle: I just encourage you to accept it. Now

288

00:27:48.450 --> 00:27:49.900

David Fakunle: embrace it,

289

00:27:50.370 --> 00:27:57.750

David Fakunle: Don't. Try to run against the wall, saying, No, I can do this logistic regression, and it's going to explain how I know It's not not

290

00:27:57.810 --> 00:27:58.919

David Fakunle: It's not

291

00:27:59.140 --> 00:28:01.470

David Fakunle: that's even involved in the being it won't.

292

00:28:01.510 --> 00:28:06.380

David Fakunle: So don't waste your time, Don't waste the funding. Don't wait the pages of writing

293

00:28:06.390 --> 00:28:07.600

David Fakunle: just accepted.

294

00:28:07.900 --> 00:28:12.229

David Fakunle: You need qualitative methods to answer the question. I'll watch. There's no other way

295

00:28:12.860 --> 00:28:24.149

David Fakunle: for my experience and my document, whatever acumen I have, storytelling is the purest way to get the purest answer to how it was.

296

00:28:29.280 --> 00:28:30.550

David Fakunle: I'm gonna stop right there

297

00:28:32.780 --> 00:28:33.960

David Fakunle: on the field

298

00:28:33.970 --> 00:28:35.009

David Fakunle: to know that.

299

00:28:44.440 --> 00:28:52.289

David Fakunle: Think about it. I've done logistic regression. I've done linear regression. I've done a nova. I've done spatial analyses.

300

00:28:54.130 --> 00:28:56.720

David Fakunle: They're not answering the questions, how and why.

301

00:28:57.890 --> 00:29:01.449

David Fakunle: But let me add a story to all of that information.

302

00:29:02.150 --> 00:29:04.630

David Fakunle: The context just reveals itself,

303

00:29:08.050 --> 00:29:20.589

David Fakunle: and it saved me a lot of headache, a lot of stress, a lot of frustration. I'm not wasting any money. I'm not wasting any painted on paper, because I know how to get that. People really want.

304

00:29:21.810 --> 00:29:22.950

David Fakunle: Tell the story.

305

00:29:23.490 --> 00:29:25.470

David Fakunle: Let the people tell the story

306

00:29:25.490 --> 00:29:29.479

David Fakunle: so when you think about how you craft your narrative, and how you tell it.

307

00:29:29.860 --> 00:29:34.860

David Fakunle: Think about all of these dimensions. You may not be able to answer them all the way you want to,

308

00:29:35.200 --> 00:29:37.959

David Fakunle: but as long as you're thinking about it that goes a long way

309

00:29:38.440 --> 00:29:40.669

David Fakunle: on the story. Who's in a story?

310

00:29:41.260 --> 00:29:42.680

David Fakunle: What's the story about?

311

00:29:43.000 --> 00:29:46.370

David Fakunle: Where's the story happening when's the story happening?

312

00:29:46.780 --> 00:29:48.449

David Fakunle: How does this story take place?

313

00:29:48.770 --> 00:29:50.760

David Fakunle: Why does this story exist?

314

00:29:51.650 --> 00:29:54.949

David Fakunle: This is very existential, very fast. That's intentional

315

00:29:55.170 --> 00:29:57.500

David Fakunle: telling. Who's telling the story?

316

00:29:57.570 --> 00:29:58.610

David Fakunle: Right?

317

00:29:59.010 --> 00:30:06.480

David Fakunle: What are they telling? Because we know stories can be manipulated. This is an unfortunate fact of life. Stories can be manipulated, and they're always manipulated.

318

00:30:06.490 --> 00:30:08.299

David Fakunle: Where is the story being told?

319

00:30:08.390 --> 00:30:10.470

David Fakunle: When is the story being told

320

00:30:10.480 --> 00:30:25.189

David Fakunle: so. You all are catching me at like my magic hour, right? Magic hours between ten A. M. And one Pm. Each in time is when you get the best of David about anything before ten o'clock in the clock. Anything after one P. M. I can't promise you anything.

321

00:30:25.200 --> 00:30:27.569

David Fakunle: Okay, but between ten and one

322

00:30:27.630 --> 00:30:32.190

David Fakunle: you get the good for, all right. So when makes a difference,

323

00:30:32.390 --> 00:30:34.259

David Fakunle: why is the story being told

324

00:30:35.240 --> 00:30:36.670

David Fakunle: right? What's the endgame?

325

00:30:37.030 --> 00:30:41.089

David Fakunle: There's an end to all this? What's the endgame? And how is the story being told?

326

00:30:41.100 --> 00:30:48.890

David Fakunle: Because again, you don't necessarily have to stand in front of a podium with the Powerpoint presentation? Yes, I feel like kind of a hypocrite, because i'm using a Powerpoint presentation. But

327

00:30:49.520 --> 00:30:51.820

David Fakunle: that's how you have to do that to tell the story.

328

00:30:52.030 --> 00:30:53.710

David Fakunle: How are you telling a story,

329

00:30:54.090 --> 00:30:58.109

David Fakunle: going to resonate most with the audience. Now, we're doing a dissertation you got

330

00:30:58.570 --> 00:30:59.990

David Fakunle: There's a way you got to do it like,

331

00:31:00.000 --> 00:31:02.970

David Fakunle: Okay, there's only so much flexibility we got there. But

332

00:31:03.990 --> 00:31:06.060

David Fakunle: you got to defend the dissertation right?

333

00:31:07.080 --> 00:31:08.619

David Fakunle: That's your time to shot,

334

00:31:13.630 --> 00:31:22.610

David Fakunle: and i'll give you an idea of how I chose to defend my dissertation, and what kind of tone I wanted to set for talking about my science, and i'll give you a spoiler.

335

00:31:22.770 --> 00:31:27.829

David Fakunle: You will see if you choose to see the link, I'll make sure to send it. You will see a shrine.

336

00:31:28.160 --> 00:31:29.799

David Fakunle: You will see a shrine

337

00:31:30.070 --> 00:31:33.060

David Fakunle: to all the people that allow me to be in that place.

338

00:31:33.390 --> 00:31:39.370

David Fakunle: And I said, you will not learn about what I did for the past four years, and not know the reasons why

339

00:31:39.900 --> 00:31:49.659

David Fakunle: So everybody saw pictures of my grandfather, but who I am named. They saw my godfather, who always let me know that. Yes, you can be black and be a

340

00:31:49.750 --> 00:31:51.630

David Fakunle: I knew that my entire life,

341

00:31:52.860 --> 00:31:57.600

David Fakunle: my grandmother, Mary Carter Smith, my grandmother's storytelling

342

00:31:57.800 --> 00:32:00.389

David Fakunle: so as much as they were there to honor me

343

00:32:00.540 --> 00:32:04.189

David Fakunle: in this new, you know path into being a doctor.

344

00:32:04.510 --> 00:32:06.599

David Fakunle: They had to honor them, too.

345

00:32:07.780 --> 00:32:10.180

David Fakunle: So truly. Think about how you want to tell your stories.

346

00:32:11.680 --> 00:32:12.849

David Fakunle: We see this

347

00:32:12.890 --> 00:32:16.849

David Fakunle: now more than ever because of a little thing called Kovat Nineteen. Okay.

348

00:32:17.390 --> 00:32:22.269

David Fakunle: I have seen now more than ever how people are getting to the heart of the matter,

349

00:32:22.560 --> 00:32:24.410

David Fakunle: even in health messaging.

350

00:32:24.570 --> 00:32:26.850

David Fakunle: So look at it. Just take a look.

351

00:32:29.240 --> 00:32:32.440

David Fakunle: Yes, it's promoting a healthy behavior.

352

00:32:32.700 --> 00:32:35.490

David Fakunle: Get a bad thing where a mask.

353

00:32:36.590 --> 00:32:39.159

David Fakunle: But what are they focusing more than anything else?

354

00:32:39.900 --> 00:32:41.160

David Fakunle: Why,

355

00:32:47.000 --> 00:32:58.599

David Fakunle: it seems very clear right? Because there's someone out there that you love. There's someone out there that you care about, and if you truly love them, if you truly care about them,

356

00:32:58.920 --> 00:33:00.220

you'll do this.

357

00:33:01.180 --> 00:33:10.010

David Fakunle: It also promotes collective efficacy, right? We can do this. It's not just this one, but in Baltimore is not just this one. We

358

00:33:10.270 --> 00:33:24.989

David Fakunle: can address this public health issue. So one of the things that has been like, you know, the blessing to come out of this pandemic. And yes, there's been a lot of tragedy in a lot of sadness. No doubt there's been a lot of blessings that come out of this, too. The importance of storytelling is one of them.

359

00:33:25.000 --> 00:33:30.189

David Fakunle: We can just get to the point. The heart of the matter, and it doesn't seem so lovely W. Anymore.

360

00:33:30.200 --> 00:33:34.550

David Fakunle: Right like it doesn't seem like fluff like No, that's it. That's why we do this.

361

00:33:34.570 --> 00:33:43.080

David Fakunle: So I like to give people real-life examples of real-life public health messaging. That shows Yes, we can promote the behavior

362

00:33:43.750 --> 00:33:50.370

David Fakunle: we don't have to ignore why we do it the real? Why not? Just because we want to save lives, but because there are people we care about.

363

00:33:52.710 --> 00:33:57.530

David Fakunle: So when it comes to those dimensions of who what we're when, and how and storytelling

364

00:33:57.540 --> 00:33:59.100

David Fakunle: this is how it looks

365

00:33:59.630 --> 00:34:10.909

David Fakunle: so understory. We have the narrative. The narrative is the core point like what the too long didn't read what the too long. Didn't listen what the too long didn't watch version of the story

366

00:34:12.170 --> 00:34:18.089

David Fakunle: the way I like to tell people to kind of conceptualize, that is, if you had to summarize your dissertation,

367

00:34:18.429 --> 00:34:19.850

David Fakunle: your work

368

00:34:20.090 --> 00:34:21.759

David Fakunle: in five words.

369

00:34:21.850 --> 00:34:23.190

What would it be?

370

00:34:25.850 --> 00:34:31.400

David Fakunle: Essentially your dissertation? Your research work should be an extended version of those five words.

371

00:34:33.880 --> 00:34:36.159

David Fakunle: That's the narrative. That's the point.

372

00:34:37.179 --> 00:34:43.489

David Fakunle: Again we talked about characters. We talked about structure, the tone and the motion. Yes, scientists, I want you to feel a little something

373

00:34:43.500 --> 00:34:47.139

David Fakunle: check. I want you to feel a little something, even in your research,

374

00:34:47.179 --> 00:34:55.530

David Fakunle: because i'm going to venture to guess that most of you are doing what you are doing, because there is a moment or a collection of moments that have called you to this work.

375

00:34:56.350 --> 00:34:59.230

David Fakunle: Public health is a field of passion.

376

00:34:59.380 --> 00:35:06.119

David Fakunle: There are relatively few people in this field that Aren't doing it because they're someone or someone that are driving their work.

377

00:35:06.530 --> 00:35:08.199

David Fakunle: It's okay to be passionate.

378

00:35:08.210 --> 00:35:10.359

David Fakunle: It's Ok. To feel in this space.

379

00:35:10.380 --> 00:35:12.730

David Fakunle: You want your audience to react.

380

00:35:12.800 --> 00:35:16.159

David Fakunle: You want them to feel something, And let me tell you.

381

00:35:16.180 --> 00:35:18.699

David Fakunle: Emotions process faster than a thought,

382

00:35:19.930 --> 00:35:25.520

David Fakunle: so I can make you happy. I can make you angry. I can make you perplexed much faster than I can change your mind

383

00:35:25.880 --> 00:35:27.099

David Fakunle: so I will.

384

00:35:27.950 --> 00:35:29.470

David Fakunle: I'll get you here,

385

00:35:30.200 --> 00:35:32.030

David Fakunle: and then i'll get you here.

386

00:35:32.880 --> 00:35:34.590

David Fakunle: You can do the same thing,

387

00:35:35.100 --> 00:35:39.850

David Fakunle: Make your audience feel something, and then it's that much easier to change their minds about them.

388

00:35:40.820 --> 00:35:48.680

David Fakunle: Within our stories there's struggle in solutions. Is that not the nature of research? We're struggling to figure out something. The solution is how we figure it out

389

00:35:50.400 --> 00:35:51.680

David Fakunle: in telling.

390

00:35:51.870 --> 00:35:53.509

David Fakunle: Think about your format.

391

00:35:54.320 --> 00:35:58.070

David Fakunle: What does the story actually look like when it's told.

392

00:35:58.910 --> 00:36:00.620

David Fakunle: How is it distributed

393

00:36:01.160 --> 00:36:02.479

David Fakunle: that we're thinking about

394

00:36:02.980 --> 00:36:16.490

David Fakunle: passing it along in the tradition? The African old tradition has been of that in oral tradition of the past down you heard the story. It became yours. You told somebody else, and that's how the same stories from one hundred plus generations that don't really fit to that.

395

00:36:17.540 --> 00:36:21.550

David Fakunle: Think of it as the think of it as the ultimate longitudinal study.

396

00:36:21.930 --> 00:36:23.879

David Fakunle: That's what our traditions are,

397

00:36:24.430 --> 00:36:28.569

David Fakunle: and as much as it may be different. There's a lot that's still the same

398

00:36:29.750 --> 00:36:32.620

David Fakunle: ivy, replacement and ideal timing. The

399

00:36:33.160 --> 00:36:37.109

David Fakunle: I love that I can see this thing. I know exactly what i'm talking about. These are your founders

400

00:36:38.270 --> 00:36:46.560

David Fakunle: ideal place when the ideal timing of the compounders, because you can have all this other stuff to get out. If those two don't go your way doesn't matter.

401

00:36:47.040 --> 00:36:52.520

David Fakunle: Sometimes it's about where you tell the story, and when you tell the story

402

00:36:52.880 --> 00:36:55.830

David Fakunle: it just has to be the right place in the right time

403

00:36:56.700 --> 00:36:58.429

David Fakunle: the way that I like to

404

00:36:58.500 --> 00:37:05.349

David Fakunle: how people think about that and think about me. Think about all those funny things that show up on the Internet for all the ones that go viral.

405

00:37:05.460 --> 00:37:07.119

David Fakunle: There are thousands that don't

406

00:37:07.570 --> 00:37:12.290

David Fakunle: doesn't mean. They weren't. Funny. They just wanted the right place at the right time

407

00:37:12.690 --> 00:37:14.089

David Fakunle: to catch the momentum.

408

00:37:15.620 --> 00:37:24.499

David Fakunle: I don't want you to be discouraged by that. I just want you to be mindful, and that's a feeling you just kind of have to know. You know what I think. The time is right to tell this story this way.

409

00:37:24.960 --> 00:37:26.319

David Fakunle: What I will say is

410

00:37:26.520 --> 00:37:31.329

David Fakunle: post covid. Now the time to just tell the truth. Shame and devil, as we say,

411

00:37:31.360 --> 00:37:41.389

David Fakunle: just go for it. I know there's a lot of times we like to bite our tongue about stuff. Don't bite you down right. You need to call it out. We're now in. Call out little. Okay,

412

00:37:41.430 --> 00:37:43.350

David Fakunle: where we have to think about

413

00:37:43.520 --> 00:37:49.019

David Fakunle: the depth to which we are guided by our science, and the depth to which we have to think about the illusions,

414

00:37:49.510 --> 00:37:51.950

David Fakunle: actual generational challenges.

415

00:37:52.040 --> 00:37:53.290

David Fakunle: That's where we are.

416

00:37:54.120 --> 00:37:59.810

David Fakunle: We know a lot of things that are going wrong. We've been known a lot of things that have gone wrong. We got to call it out.

417

00:38:01.060 --> 00:38:02.540

David Fakunle: You got to know your audience.

418

00:38:02.800 --> 00:38:04.839

David Fakunle: One of the things that I will say is,

419

00:38:04.880 --> 00:38:14.920

David Fakunle: it's important to know your audience and to understand the language that they speak and understand. And I don't mean just again the literal language, what I mean, how they understand information,

420

00:38:15.160 --> 00:38:19.509

David Fakunle: but that doesn't mean you have to always acquiesce exactly to that audience.

421

00:38:19.700 --> 00:38:28.560

David Fakunle: One thing that I've learned is that I will talk the same way to you all that I will talk to the policymakers, and I will talk to the community members that I will talk to anyone,

422

00:38:29.400 --> 00:38:32.320

David Fakunle: because the language that I speak is one that everyone can understand.

423

00:38:32.330 --> 00:38:33.419

David Fakunle: Again,

424

00:38:33.430 --> 00:38:34.479

reason

425

00:38:34.590 --> 00:38:37.290

David Fakunle: everybody should understand what you're talking about

426

00:38:37.300 --> 00:38:42.089

David Fakunle: like we said. If you can't explain it to a five year old, then you don't know you really don't know the word.

427

00:38:42.760 --> 00:38:54.130

David Fakunle: You should have this understood so much that you can explain it to literally any random person, and at some point they can kind of understand right. So audience is important. But again, you want to make sure that your audience

428

00:38:54.600 --> 00:38:56.319

David Fakunle: fund it really doesn't matter,

429

00:38:56.730 --> 00:39:00.999

David Fakunle: because you know that whatever you say in whatever knowledge you are conveying you

430

00:39:01.660 --> 00:39:03.289

David Fakunle: is clear to everyone.

431

00:39:04.220 --> 00:39:05.479

David Fakunle: Discovery.

432

00:39:06.410 --> 00:39:11.240

David Fakunle: Discovery is about what is revealed, and how it's revealed through your Telly,

433

00:39:11.720 --> 00:39:22.120

David Fakunle: so you can have some drama to it right like every day. How a research you can go, anyway, like we got our background in our introduction, and it kind of leads to the methodology, and then it culminate with the outcome.

434

00:39:22.790 --> 00:39:24.640

David Fakunle: And then we have to explain what happened.

435

00:39:25.190 --> 00:39:31.449

David Fakunle: So there's discovery in our work, and you can convey that discovery. When you do your research,

436

00:39:31.600 --> 00:39:34.549

David Fakunle: when you explain and diminish your research.

437

00:39:37.380 --> 00:39:46.149

David Fakunle: The incubate a struggle, too, We know research is hard. I know research is hard. You can convey that as well in your tellers, and then shareability. How do you pass this along to other people?

438

00:39:46.340 --> 00:39:48.410

David Fakunle: How do you make sure people are encouraged

439

00:39:48.550 --> 00:39:50.619

David Fakunle: to pass it. Laws to other people.

440

00:39:50.670 --> 00:39:52.240

David Fakunle: This is how I do it.

441

00:39:52.630 --> 00:39:54.329

David Fakunle: You can have all my slides.

442

00:39:54.810 --> 00:39:58.189

David Fakunle: You can let people know you came to this conversation.

443

00:39:58.260 --> 00:40:04.869

David Fakunle: I want you to use everything that is presented during our time together, and I have no problem giving it to you.

444

00:40:05.040 --> 00:40:06.910

David Fakunle: That's how I promote your ability

445

00:40:09.200 --> 00:40:16.269

David Fakunle: when you think about that audience. One of the ways that I like to make my work relevant is to bring my audience into my work.

446

00:40:16.580 --> 00:40:23.599

David Fakunle: They can be the characters in my story, right? So who sees themselves in your dissemination story? It's a question that I want to ask for.

447

00:40:23.610 --> 00:40:31.590

David Fakunle: This is a snippet from a time long ago called by dissertation when I was looking at the impact of race and socioeconomic status,

448

00:40:31.880 --> 00:40:34.719

David Fakunle: tobacco, outlet density in the state of malice.

449

00:40:35.910 --> 00:40:39.399

David Fakunle: How do you have any idea what the back wall identity is

450

00:40:41.620 --> 00:40:42.680

David Fakunle: right?

451

00:40:42.930 --> 00:40:50.600

David Fakunle: It's very nice, and my story short, it's the availability and access to tobacco outlets in any jurisdiction

452

00:40:51.000 --> 00:41:00.120

David Fakunle: that can be a corner store that can be a liquor store that can be a gas station that can be a supermarket for a long time. Some still sell tobacco product

453

00:41:00.160 --> 00:41:06.589

David Fakunle: pharmacies. I don't farm a lot of promises that follow what Cbs is lead to, no longer sell tobacco products, but a lot of them still do

454

00:41:06.700 --> 00:41:10.990

David Fakunle: anywhere you can buy. A pack of cigarettes legally is a tobacco outlet.

455

00:41:11.000 --> 00:41:17.690

David Fakunle: I was curious about what the connection was between race and socioeconomic status and to back wall identity,

456

00:41:17.860 --> 00:41:20.710

David Fakunle: going back to Dr. Peterson back in Ruckers,

457

00:41:21.210 --> 00:41:34.109

David Fakunle: because when we first started talking about the backwater identity. I thought about my neighborhood in each Baltimore, and the fact that I can go down the street for a few blocks is the several places to buy cigarettes,

458

00:41:34.890 --> 00:41:40.839

David Fakunle: but if I go to a wealthier area for them once they roll in the park, which i'm very familiar with friends school class in two thousand and five. The

459

00:41:41.920 --> 00:41:46.610

David Fakunle: there's hardly any place to find a cigarette around Rolling Park. You gotta take a little trick

460

00:41:46.870 --> 00:41:52.010

David Fakunle: to find a place right. It's not everywhere. You may know a place, but it's not everywhere. See me.

461

00:41:52.360 --> 00:41:59.439

David Fakunle: So, understanding the dynamics of the neighborhoods of Baltimore, which I know, experienced me at the Baltimore, and

462

00:41:59.580 --> 00:42:03.410

David Fakunle: knowing the dynamics of Maryland as the Maryland resident in Maryland native.

463

00:42:03.700 --> 00:42:05.620

I really wanted to explore this as

464

00:42:07.480 --> 00:42:11.200

David Fakunle: that. I bring people into this without asking this question. Think about where you grew up.

465

00:42:12.270 --> 00:42:13.540

David Fakunle: Think about

466

00:42:13.940 --> 00:42:20.499

David Fakunle: your old neighborhood. Maybe it's still your neighborhood. I'm just ten minutes away from where I live now, so I never really want any.

467

00:42:20.950 --> 00:42:24.909

David Fakunle: Think about how far you would have to go to buy a pack of cigarettes.

468

00:42:26.090 --> 00:42:27.449

David Fakunle: Would it be a block

469

00:42:27.610 --> 00:42:28.759

David Fakunle: two blocks

470

00:42:29.310 --> 00:42:30.540

David Fakunle: five blocks

471

00:42:30.910 --> 00:42:32.310

David Fakunle: half a mile

472

00:42:32.530 --> 00:42:34.430

David Fakunle: whole mile, two miles

473

00:42:34.940 --> 00:42:39.090

David Fakunle: and a lot of times I will get answers that have all of those responses.

474

00:42:39.150 --> 00:42:41.630

David Fakunle: Somebody would say literally down the street.

475

00:42:47.410 --> 00:42:49.429

And then my next question will be,

476

00:42:49.720 --> 00:42:52.549

David Fakunle: what was the general dynamic of your neighborhood

477

00:42:52.880 --> 00:42:53.930

David Fakunle: race?

478

00:42:54.100 --> 00:42:59.150

David Fakunle: Socio-economic status? You know? Was it middle class, middle income. Things like that. Mys was

479

00:43:00.790 --> 00:43:02.240

David Fakunle: exclusively black,

480

00:43:03.530 --> 00:43:05.530

David Fakunle: comfortable, middle income,

481

00:43:06.370 --> 00:43:10.570

David Fakunle: but I lived in an area of a lot of lower income.

482

00:43:13.350 --> 00:43:18.849

David Fakunle: Know even experientially. I kind of understood it. A lot of people thought to make those connections between

483

00:43:19.490 --> 00:43:20.689

David Fakunle: that makes sense.

484

00:43:20.800 --> 00:43:22.830

David Fakunle: So my research went into those debt

485

00:43:22.900 --> 00:43:25.689

David Fakunle: to really understand those dynamics in those relationships.

486

00:43:25.700 --> 00:43:30.680

David Fakunle: But again, for people that have no idea or don't care about the backward identity,

487

00:43:30.740 --> 00:43:36.209

David Fakunle: I've yet to have anybody not be able to answer that question. How far would you have to go to Bypack? A cigarette thing in a

488

00:43:36.520 --> 00:43:39.180

David Fakunle: that in itself creates relevance,

489

00:43:39.810 --> 00:43:53.890

David Fakunle: even if they just care for the rest of my presentation and don't care. I think that's fine. But for that moment that i'm talking about my research, they care they make some sense to them. They can see themselves in the research so definitely pursue those opportunities.

490

00:43:53.900 --> 00:44:01.090

David Fakunle: Bring your audience into the work, let them become the subject matter right. Let them explore the dynamics and the variables in the

491

00:44:01.100 --> 00:44:06.479

David Fakunle: all the things that you would support as a researcher. I want them to explore. As i'm disseminating the research.

492

00:44:09.230 --> 00:44:11.010

David Fakunle: All of this is

493

00:44:11.380 --> 00:44:13.040

David Fakunle: epistemic justice.

494

00:44:13.420 --> 00:44:24.120

David Fakunle: My use of storytelling is the way that I promote epidemic justice and epidemic justice is an acknowledgment that our basis of knowledge, particularly in public health. Again, I just want to tell the truth,

495

00:44:24.710 --> 00:44:27.939

David Fakunle: was full, cultivated, and

496

00:44:29.450 --> 00:44:30.620

codified

497

00:44:30.850 --> 00:44:34.180

David Fakunle: by older, privileged white men.

498

00:44:35.510 --> 00:44:39.720

David Fakunle: You can see I am not an older, privileged white man,

499

00:44:40.660 --> 00:44:42.759

David Fakunle: so understandably, so

500

00:44:43.060 --> 00:44:44.560

David Fakunle: basis of knowledge

501

00:44:45.030 --> 00:44:46.639

David Fakunle: have they found itself

502

00:44:46.680 --> 00:44:55.070

David Fakunle: ever present in public health. A lot of our knowledge and wisdom has not been found in public health, but we realize now, and except that it's been problematic

503

00:44:55.680 --> 00:45:00.079

David Fakunle: once again, Kovat nineteen has been a revelation in many ways, and this is one of them.

504

00:45:00.140 --> 00:45:05.299

David Fakunle: So for me storytelling is the way that I can elevate the wisdom in the knowledge of other people.

505

00:45:07.640 --> 00:45:17.990

David Fakunle: I do it in practice. I do it as research. And if you're looking for again that theoretical framework which I only found like a couple months ago. But that's how the

506

00:45:18.000 --> 00:45:21.109

David Fakunle: transformative grounded theory take a look at that.

507

00:45:22.030 --> 00:45:31.770

David Fakunle: Take a look at transformative grounded theory, because it shows that again, we can't continue to advance in this field if we're not going to acknowledge the contact with the people within the field,

508

00:45:31.850 --> 00:45:33.290

David Fakunle: and that's everybody.

509

00:45:33.660 --> 00:45:40.800

David Fakunle: So I, as a public health researcher, can never divorce myself of the fact that I myself am in public health.

510

00:45:42.110 --> 00:45:43.969

David Fakunle: I experience public health,

511

00:45:43.980 --> 00:45:48.759

David Fakunle: not just as a research, and not just as a practitioner, but as a recipient of public health.

512

00:45:49.900 --> 00:46:02.079

David Fakunle: It behooves me to think about me and my family, and my friends, and my colleagues, and my neighborhood, and my city and my state and my country, and this world

513

00:46:02.660 --> 00:46:04.519

David Fakunle: as part of the work that I do.

514

00:46:04.560 --> 00:46:10.450

David Fakunle: And with that I know that there are so many perspectives that don't show up in this field, and that's why stuff doesn't work.

515

00:46:11.720 --> 00:46:23.910

David Fakunle: And the reason we've been circling around the same perpetual issue over and over and over again, because we think we can look at it objectively like there's one answer and let's just keep getting that answer in until it worse.

516

00:46:24.510 --> 00:46:29.680

David Fakunle: If it doesn't. Reflect the context of the populations that you're serving my fellow researchers. It ain't going to work.

517

00:46:31.280 --> 00:46:32.549

David Fakunle: If you're

518

00:46:32.640 --> 00:46:36.990

David Fakunle: policies. If your intervention, if your research

519

00:46:37.070 --> 00:46:39.460

David Fakunle: it does not include the context

520

00:46:39.600 --> 00:46:41.859

David Fakunle: of the population that you're serving.

521

00:46:42.110 --> 00:46:43.440

David Fakunle: It won't work.

522

00:46:47.730 --> 00:46:50.419

David Fakunle: I'm trying to save you the headache. I'm trying to save you the stress.

523

00:46:56.530 --> 00:47:02.379

David Fakunle: Please make sure that it includes the context of the populations you're looking to,

524

00:47:03.890 --> 00:47:06.090

David Fakunle: because if you give that a shot,

525

00:47:06.590 --> 00:47:08.080

David Fakunle: not only will it

526

00:47:08.110 --> 00:47:12.030

David Fakunle: likely work, it'll likely work Very well.

527

00:47:12.470 --> 00:47:15.629

David Fakunle: That's what i'm pushing for in the work that I do.

528

00:47:21.940 --> 00:47:33.170

David Fakunle: Does anybody have any questions? So i'll take a pause right there. There is more slides, but I feel like I turn up through my board a little bit, so I really want to make sure i'm answering questions. I want to make sure things are clear.

529

00:47:33.700 --> 00:47:41.339

David Fakunle: If there's things you want to push back on. If anything that needs more clarity. If you want to talk about your research what people are doing.

530

00:47:42.240 --> 00:47:43.270

David Fakunle: What do you have?

531

00:47:56.900 --> 00:47:57.589

And so five.

532

00:48:02.120 --> 00:48:04.190

David Fakunle: I know you. I want to go to Carmen, you that I thought it was, too.

533

00:48:04.200 --> 00:48:05.169

David Fakunle: Some of

534

00:48:05.460 --> 00:48:09.310

David Fakunle: It's Okay, I'm not going by.

535

00:48:11.660 --> 00:48:14.330

Mary-Claire Roghmann: I I I like um

536

00:48:14.340 --> 00:48:20.830

David Fakunle: fascinated by i'm really curious. Given the

537

00:48:20.840 --> 00:48:34.589

Mary-Claire Roghmann: given this storytelling aspect about what you can think so. I'm. An infectious disease, doctor and epidemiologist. I have been working in nursing Homes um managing Covid, nineteen for the entire pandemic,

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00:48:34.600 --> 00:48:40.229

Mary-Claire Roghmann: and I I like everybody has sort of struggled with the

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00:48:40.540 --> 00:48:48.120

Mary-Claire Roghmann: the problems that we have had in in messaging about this pandemic.

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00:48:48.180 --> 00:48:58.189

Mary-Claire Roghmann: It's actually not my area of research interest. It just happens to be something that I had the skill set to do during the pandemic.

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00:48:58.200 --> 00:49:06.700

Mary-Claire Roghmann: But what would you? How would you? Um, What would you say that we've done? You showed some. You showed some advertisements.

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00:49:07.410 --> 00:49:17.199

Mary-Claire Roghmann: Can we do better? How would you take some of the things that you've talked about and put them into action around around future pandemics.

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00:49:19.010 --> 00:49:26.660

David Fakunle: So I've done a lot of work around storytelling. Thanks to Kovat nineteen, I did some work in New York, and I did some work in Vermont.

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00:49:26.770 --> 00:49:33.849

David Fakunle: The New York one was fascinating. So we got a health system in the bog with frontline workers,

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00:49:34.220 --> 00:49:40.290

David Fakunle: good number, of whom, despite all the things they experienced with Covid nineteen, the horrors of this pandemic, the

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00:49:40.300 --> 00:49:43.069

David Fakunle: still did not want to take the back to that.

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00:49:43.210 --> 00:49:44.250

Yeah,

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00:49:44.930 --> 00:49:47.079

David Fakunle: it's not about organizing.

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00:49:47.730 --> 00:49:56.949

David Fakunle: Yeah, Covid. Nineteen again, was the revelation that allowed us to talk about these issues.

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00:49:57.130 --> 00:49:58.620

David Fakunle: It's all about the

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00:49:58.630 --> 00:50:01.659

David Fakunle: Umhm. People are in the back to me because they don't trust

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00:50:01.850 --> 00:50:02.979

David Fakunle: eighty five.

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00:50:03.360 --> 00:50:08.080

David Fakunle: That's what it was for the health care workers. They didn't trust the employers that they worked for.

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00:50:08.260 --> 00:50:13.100

David Fakunle: They didn't trust the city that they worked in. They didn't trust the state that they worked in,

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00:50:13.660 --> 00:50:20.179

David Fakunle: that they've worked in, and many of the many of the workers are people of color. There's a contact.

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00:50:20.330 --> 00:50:28.670

David Fakunle: So this is the way that I break it down specifically. When you want to understand some of the wine, I don't speak for all people of color. I would never do that. But I I understand a little bit of the context.

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00:50:30.780 --> 00:50:33.999

David Fakunle: Currently. The United States, when you've been in the country

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00:50:34.230 --> 00:50:36.490

David Fakunle: that has taken every opportunity.

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00:50:36.740 --> 00:50:41.719

David Fakunle: Reduce your humanity on every possible level,

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00:50:42.280 --> 00:50:46.499

David Fakunle: economically and occasionally, intellectually.

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00:50:46.560 --> 00:50:47.859

David Fakunle: You name it

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00:50:49.190 --> 00:50:55.770

David Fakunle: any opportunity to help. They've done the opposite. So we think of Tuskegee right? We think of Henrietta lacks, and Hopkins

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00:50:56.400 --> 00:50:59.569

David Fakunle: like. Not only will we not help you, we will use you

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00:50:59.800 --> 00:51:03.140

David Fakunle: for our advancement, even in science, even the Health.

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00:51:03.960 --> 00:51:06.110

David Fakunle: And now, all of a sudden,

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00:51:07.070 --> 00:51:08.680

David Fakunle: which comes out of nowhere,

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00:51:08.840 --> 00:51:11.430

David Fakunle: You're begging me to take your help.

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00:51:13.270 --> 00:51:15.210

David Fakunle: Why the hell would I do that?

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00:51:21.210 --> 00:51:22.569

The answer is,

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00:51:22.830 --> 00:51:25.939

David Fakunle: there's a lot of relationship repairing that he's

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00:51:26.510 --> 00:51:29.020

David Fakunle: because when the next pandemic comes around,

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00:51:29.070 --> 00:51:32.370

David Fakunle: we're going to be in the same place for a lot of the a lot of people.

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00:51:32.400 --> 00:51:37.039

David Fakunle: Yes, some people were convinced, because unfortunately they got really sick.

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00:51:37.590 --> 00:51:46.420

David Fakunle: They lost somebody to this, so they learned the lesson. Unfortunately, it's the worst way possible, like we're trying to beg people. Please don't take it to that level for you to understand what you're doing.

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00:51:46.620 --> 00:51:48.620

David Fakunle: Some people had to learn it that way.

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00:51:49.700 --> 00:51:52.019

David Fakunle: They lobby right, such as life.

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00:51:52.150 --> 00:52:01.060

David Fakunle: But if you want people to engage in healthy behaviors, certainly when it's coming from institutions of power.

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00:52:01.200 --> 00:52:07.420

David Fakunle: You have to be very cognizant of what the relationship is between that institution of power and then the people that you're asking for.

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00:52:09.440 --> 00:52:12.969

David Fakunle: I can deal with this all the time I can talk about. I'm there, right?

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00:52:13.850 --> 00:52:17.509

David Fakunle: My, this is what this is a problem.

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00:52:17.950 --> 00:52:28.739

David Fakunle: And yeah, you don't want to hold it against any one researcher, and you want a faculty member. You don't even want to hold it against the President because it's not just them. It's the history that they got to

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00:52:28.880 --> 00:52:32.360

David Fakunle: like. It's not your fault, but it's your responsibility,

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00:52:32.490 --> 00:52:34.380

David Fakunle: like, if you're going to be the president

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00:52:34.400 --> 00:52:43.580

David Fakunle: of John talking. You got to understand the history, and you can't ignore it and say, Oh, it's not My, I didn't do it. Well, yeah, we know you didn't do it. We know that it

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00:52:44.800 --> 00:52:49.250

David Fakunle: it's your responsibility. You can do something about it, because if that's the power that you possess,

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00:52:49.340 --> 00:53:03.360

David Fakunle: so it really is about how you navigate the relationships and how you make them genuine like. I think people understand that First of all, most governments are not genes like they can't just snap their fingers, and everything is fake like It's deeper than that. But there are things that institutions of power can do,

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00:53:03.730 --> 00:53:05.079

David Fakunle: and you need to see it

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00:53:05.330 --> 00:53:08.509

David Fakunle: for a lot of people. It has to be experiential.

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00:53:08.620 --> 00:53:11.270

David Fakunle: Their data set is what they experience.

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00:53:11.610 --> 00:53:17.779

David Fakunle: You can't give him a paper like that. What the people gonna do for me. All right. You can't give him a Powerpoint. What the power you're gonna do for me.

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00:53:17.800 --> 00:53:22.659

David Fakunle: But if you show them and demonstrate what it can do,

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00:53:22.790 --> 00:53:35.290

David Fakunle: and the storytelling is my is my prom example. I can give you. I was like I got paid for those stories. I don't even want you to read the papers on storytelling. This is what I want to do. I want to create the experiences of storytelling, because that's what

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00:53:35.300 --> 00:53:42.869

David Fakunle: That's the reason I've done this workshop. I have to organize it. It ain't because of a paper that I wrote. No, because they had the experience of story telling it like, Yeah,

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00:53:43.420 --> 00:53:48.700

David Fakunle: I get that. So it's about creating experiences and about cultivating healthy relationships,

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00:53:48.950 --> 00:53:56.029

David Fakunle: healthy relationships, healthy behavior, healthy behaviors, makes for a healthier jurisdiction, whatever the jurisdiction may be.

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00:53:59.330 --> 00:54:04.720

David Fakunle: Thank you. Okay, Yeah, we have lots of we have lots of processing to do.

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00:54:04.730 --> 00:54:05.790

David Fakunle: Basically

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00:54:05.800 --> 00:54:11.079

David Fakunle: It's a process. And that's the point, so I never want people to be discouraged. It's a process, and

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00:54:11.540 --> 00:54:13.310

David Fakunle: it's what you can do

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00:54:13.410 --> 00:54:26.239

David Fakunle: with the opportunities that you have with the time that you have, and I don't like getting more of it, but I just have to remind it. We are finite. We have our time. See what you can

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00:54:27.370 --> 00:54:31.809

David Fakunle: make sure that you've left enough for somebody to pick it up when it's their turn.

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00:54:32.120 --> 00:54:36.319

David Fakunle: That's how progress happens that's how revolution happened.

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00:54:36.940 --> 00:54:38.589

So sorry with that.

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00:54:38.600 --> 00:54:39.700

Thank you.

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00:54:45.510 --> 00:54:47.060

David Fakunle: Any other questions.

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00:54:48.630 --> 00:54:53.300

Emily Werthman: I have one. But I see the time. So I might email you. If that's okay with you. I don't know.

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00:54:53.310 --> 00:55:01.390

Emily Werthman: Okay. My Name's Emily I'm. A third-year Phd. Student at the School of Nursing and I'm also I work at Johns Hopkinsburg Center So

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00:55:01.400 --> 00:55:02.289

Emily Werthman: failure on the Hopkins that

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00:55:02.300 --> 00:55:15.719

Emily Werthman: my dissertation and research is focused on It's a mixed method study that looks at the experience of diversity in childhood, and how that impacts the experience of pain and adulthood,

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00:55:15.730 --> 00:55:34.369

Emily Werthman: and my qualitative work is focused. It's really guided by story theory and by asking participants to tell me their stories. And i'm wondering if you can kind of speak to the ethics of asking people to be so vulnerable, and sharing their own stories of storytelling and research and kind of

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00:55:34.380 --> 00:55:41.799

Emily Werthman: your thoughts on on expecting vulnerability from people who we really shouldn't be expecting that

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00:55:42.540 --> 00:55:44.369

I don't work with expectations,

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00:55:44.710 --> 00:55:45.889

basically the disappointment

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00:55:46.650 --> 00:55:55.789

David Fakunle: I work with anticipation, and I work with expectancy. So there's certainly what I would like to happen. I don't know how it's going to actually happen, but I have

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00:55:56.030 --> 00:56:00.510

David Fakunle: um The best way to encourage vulnerability is to be vulnerable. You don't,

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00:56:01.240 --> 00:56:03.240

David Fakunle: if there's anything choir of all this,

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00:56:03.410 --> 00:56:10.840

David Fakunle: my success with storytelling is because I've become comfortable in not opening up who I am revealing myself.

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00:56:12.160 --> 00:56:15.390

David Fakunle: What happens is that people will reveal themselves to me.

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00:56:15.890 --> 00:56:21.889

David Fakunle: It's about modeling the behavior, and it's about doing so in a space where people know their vulnerability won't be taken advantage of,

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00:56:21.900 --> 00:56:27.200

David Fakunle: and that's hard as a researcher. It's critically hard right? So that's extra work that you have to do

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00:56:28.380 --> 00:56:32.040

David Fakunle: It's possible, and a lot of the ways to Again,

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00:56:33.920 --> 00:56:35.890

David Fakunle: if it's relevant to you

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00:56:36.190 --> 00:56:37.629

David Fakunle: to me that to them,

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00:56:38.770 --> 00:56:41.100

David Fakunle: they're not going to necessarily believe in the research.

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00:56:41.120 --> 00:56:42.679

They don't believe in you.

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00:56:45.870 --> 00:56:50.389

Emily Werthman: Yeah, that's That's a helpful reframe. The expectations piece. Thank you.

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00:56:50.620 --> 00:56:51.830

David Fakunle: Welcome,

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00:56:53.260 --> 00:56:56.789

David Fakunle: all right. It's one hundred and one. I can't be all a minute over. I hate doing that. But

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00:56:57.290 --> 00:56:58.700

David Fakunle: I had to answer that question.

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00:57:00.570 --> 00:57:09.890

Ayamba Ayuk-Brown: Thank you so much, Dr. Cole, and I appreciate. We all appreciate your words, the information you shared. It was, it was amazing. So thank you. Thank you.

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00:57:09.900 --> 00:57:12.279

David Fakunle: You're very welcome. Thank you all. Appreciate it.

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00:57:13.380 --> 00:57:14.529

David Fakunle: Take it.