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ARP Foundation

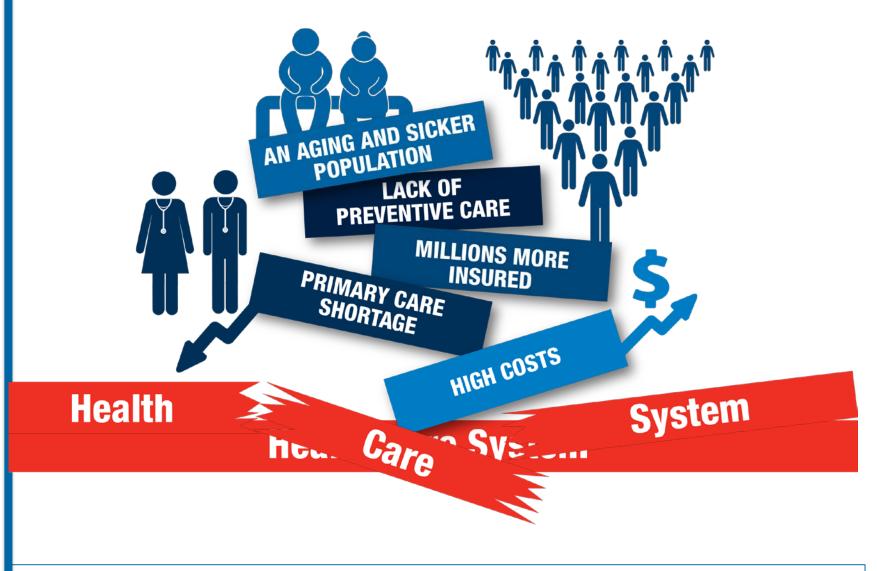
The Role of Nurses in Building a Culture of Health

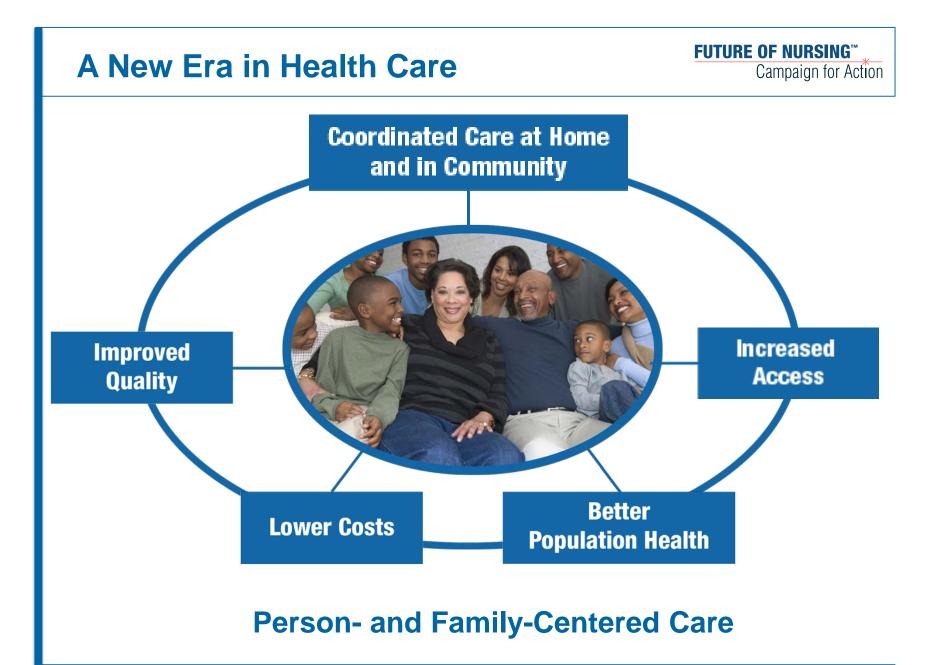
Maryland Action Coalition Retreat and Leadership Summit May 22, 2017 Susan B. Hassmiller, PhD, RN, FAAN, RWJF Senior Adviser for Nursing, and Director, Campaign for Action

@suehassmiller@campaign4action

Health System Challenges

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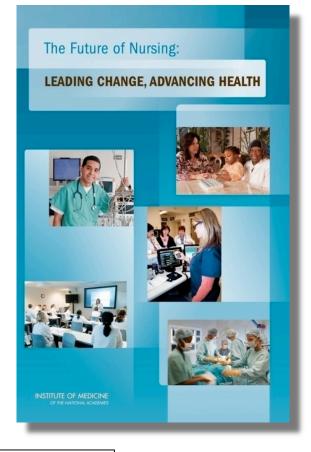
Maryland Action Coalition Leadership Summit, Susan B. Hassmiller, May 22, 2017

Institute of Medicine Report

Landmark report:

- Offers recommendations to transform health through nursing
- Re-conceptualizes roles for nurses

www.nationalacademies.org



Everyone in America can live a healthier life, supported by a system in which nurses are essential partners in providing care and promoting health



Areas of Focus

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Education



Practice & Care



Leadership



Diversity



Interprofessional Collaboration

Progress: Strengthen Nursing Education Campaign for Action

IOM Report: Prepare more nurses to earn baccalaureate degrees and higher and to engage in lifelong learning

Progress:

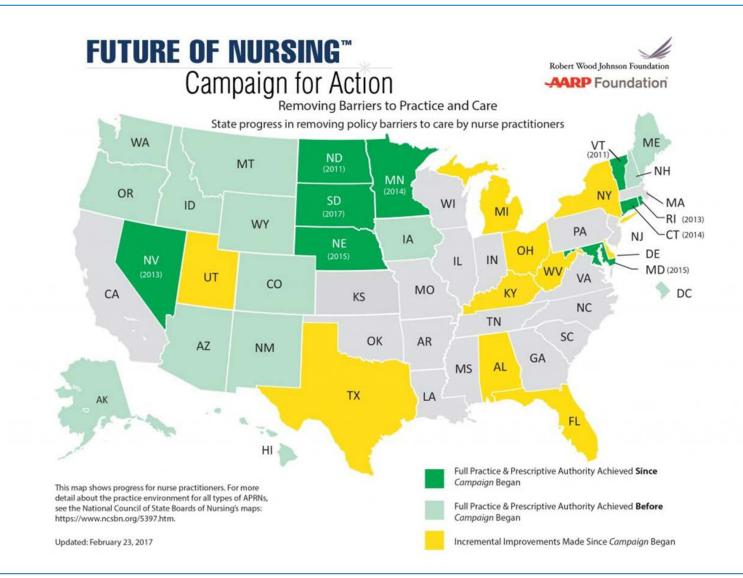
- 1) Strong academic progression programs
- 2) More nurses graduating with BSN degrees than associate's degrees starting in 2012
- Incorporating population health and social determinants of health into curriculum



Progress: Removing Barriers

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Progress: Leadership

IOM Report: Promote nursing leadership and prepare nurses for board positions

Progress:

- 1) Formed Nurses on Boards Coalition
- 2) 26 members
- 3) 2,761 nurses serve on boards
- 4) Goal: reach 10,000 by 2020



www.nursesonboardscoalition.org

Maryland Leadership

Leadership Development Program



Source: University of Maryland School of Nursing

Progress: Interprofessional Collaboration

IOM Report: Better collaboration between professionals will improve care

Progress:

- Top nursing schools are increasing the number of interprofessional classes offered
- University of Maryland-Baltimore one of 16 schools to receive grant to boost community-based interprofessional education and practice



Progress: Diversity

IOM Report: Nurses should reflect the population in terms of race, gender and ethnicity

Progress:

- Nearly all Action Coalitions implementing diversity strategies
- 2. 30.1% of BSN grads in 2014 represent minority populations (up from 24.1% in 2005)



The Campaign and a Culture of Health

Campaign's efforts to advance IOM recommendations are giving *all* nurses tools to build a Culture of Health



Address All Factors That Affect Health

Health tied to:

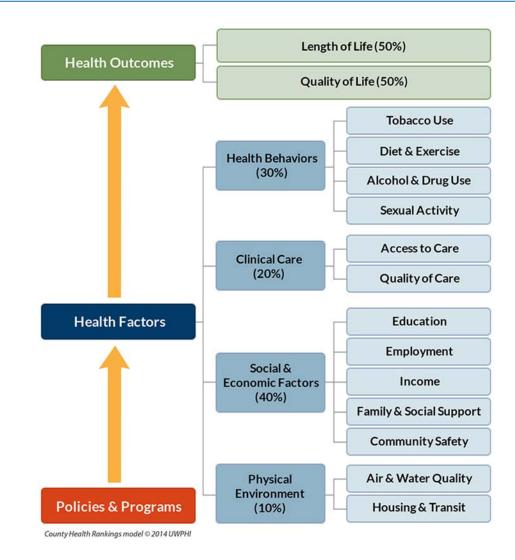
- How much money people make
- How much school they've completed
- Neighborhoods they live in



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The choices we make are based on the choices we have

Many Factors Affect Health





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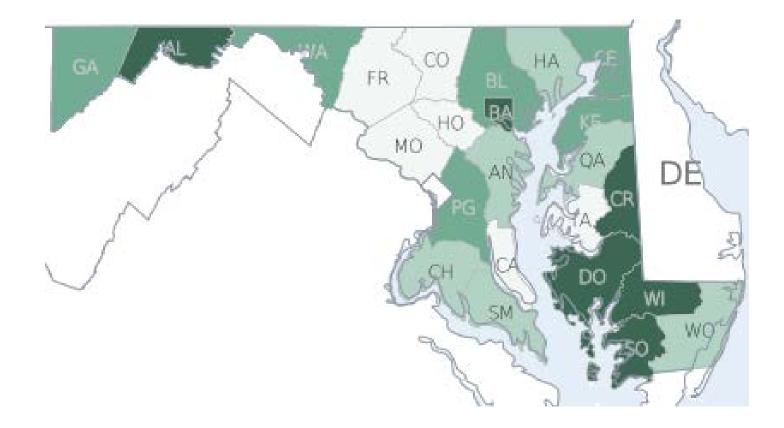


Our 2017 Rankings are here! Read the 2017 Key Findings Report

www.countyhealthrankings.org

County Rankings by Health Outcomes

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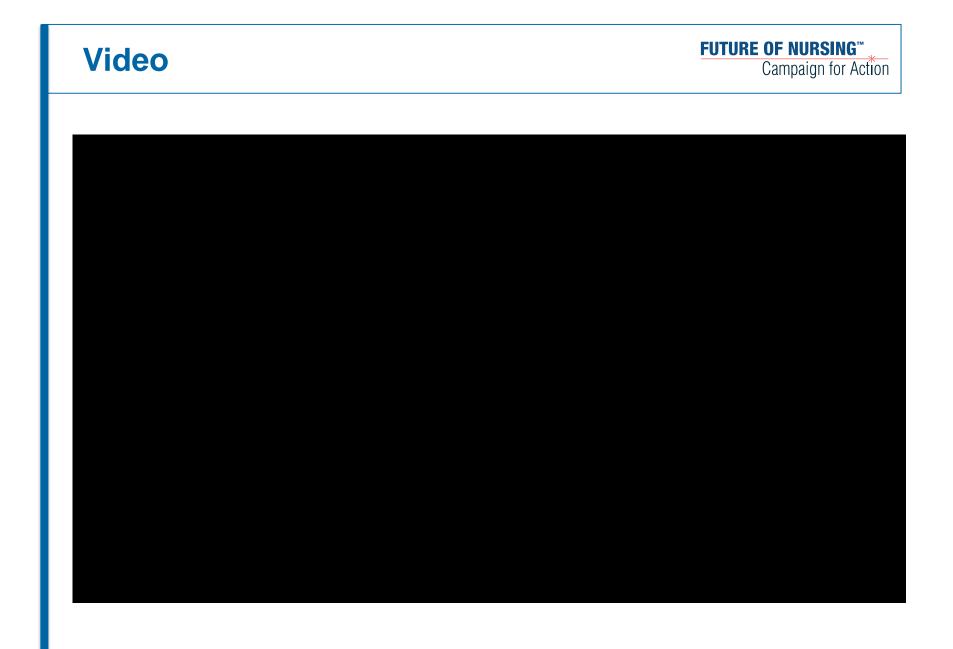


RANK 1-6 7-12 13-18 19-24 NOT RANKED (NR)

Source: www.countyhealthrankings.org



Source: University of Wisconsin Population Health Institute. County Health Rankings Health Gaps Report 2015.



We, as a nation, will strive together to build a Culture of Health enabling all in our diverse society to lead healthy lives, now and for generations to come



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Many Partners...

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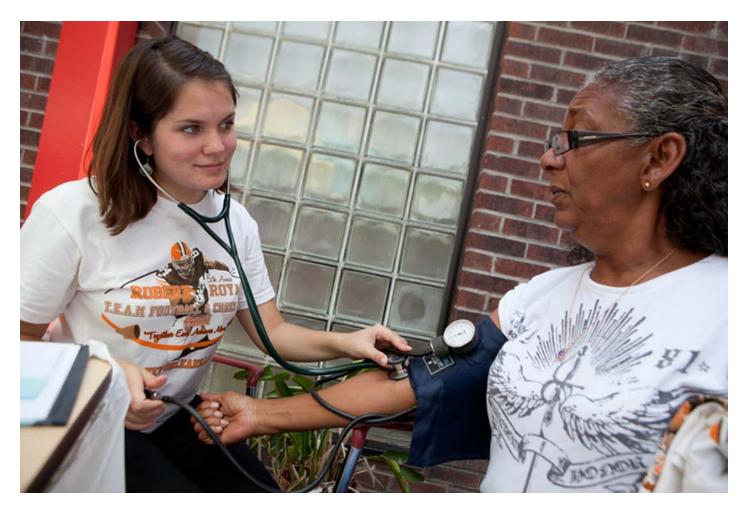
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...Including Nurses

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Nurse-Family Partnership

Nurses visit low-income, first-time moms during their pregnancy and until their child turns 2

- Check overall health of mothers and infants
- Offer assistance with breastfeeding and infant care
- Enhance educational and employment opportunities for parents

Results: Return of \$5.70 per \$1 spent for highest-risk families

Copyright: Nurse-Family Partnership





Nurses and other volunteers ropackage bospital food

- repackage hospital food bound for landfill to local food pantries
- Nurses provide health screenings when meals are served

Copyright <2016> Jennifer Grenier





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Action Framework



ACTION AREA

TO:



MAKING HEALTH A SHARED VALUE

DRIVERS

SENSE OF

COMMUNITY

MINDSET AND EXPECTATIONS

Value on health interdependence Value on well-being Public discussion on health promotion and well-being

Sense of community Social support

Voter participation Volunteer engagement

CIVIC

ENGAGEMENT

Example: Health Ministries

New York Action Coalition and Genesee Baptist Church

Health Ministries:

- Provide health education
- Promote well-being
- Improve health of congregation and community



Source: Genesee Baptist Church



Local health department collaboration

Opportunities to improve health for youth at schools

Business support for workplace health promotion and Culture of Health U.S. corporate giving Federal allocations for health investments related to nutrition and indoor and outdoor physical activity Community relations and policing

Youth exposure to advertising for healthy and unhealthy food and beverage products

Climate adaptation and mitigation

Health in all policies (support for working families)

Example: Healthy Kids and Families Coalition

West Virginia Action Coalition joined Healthy Kids and Families Coalition

Goal: to improve access to quality health care

- Our Children, Our Future Campaign to end child poverty
- Try This! Healthy Communities
 Project



ACTION AREA



CREATING HEALTHIER, **MORE EQUITABLE COMMUNITIES**

DRIVERS

BUILT ENVIRONMENT/ PHYSICAL CONDITIONS

SOCIAL AND ECONOMIC **ENVIRONMENT**

POLICY AND GOVERNANCE

Housing affordability Access to healthy foods Youth safety

Residential segregation **Early childhood** education **Public libraries**

Complete Streets policies **Air quality**

Example: Clean water for Families



ACTION AREA



STRENGTHENING INTEGRATION OF HEALTH SERVICES AND SYSTEMS

DRIVERS

CONSUMER EXPERIENCE AND QUALITY

BALANCE AND

Access to public health

ACCESS

Access to stable health insurance

Access to mental health services

Routine dental care

Consumer experience Population covered by an Accountable Care Organization Electronic medical record linkages

Hospital partnerships

Practice laws for nurse practitioners

Social spending relative to health expenditure

Example: Family Participation in Rounds

Inviting families to participate in rounds:

- Supports their involvement in decision-making
- Gives them an opportunity to ask questions and share information
- Engages them as partners in the care of their family member



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"Legacy. What is a legacy? It's planting seeds in a garden you never get to see."



--Lyrics from "The World Was Wide Enough," Hamilton, the Musical

